



# On Target

## ADELAIDE ARCHERY CLUB NEWSLETTER

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### Adelaide Archery Club Break-up and Barbecue



**SUNDAY 11 DECEMBER**

**AT THE CLUB 9.30AM**

**NOVELTY SHOOT STARTS 10.00AM**

**LUNCH 12.30PM**



***GET INTO THE SPIRIT OF THE SEASON WITH APPROPRIATE DRESS***

***CLUB UNIFORM STRICTLY DISCOURAGED***

**PLEASE ADD YOUR NAME TO THE FORM ON THE NOTICE BOARD BY 4 DECEMBER AND  
NOTE WHETHER YOU WILL BRING A SALAD OR A DESSERT**



**AND DON'T FORGET TO PUT SOMETHING IN THE HAMPER (FOOD AND BEVERAGE) AND THE CHRISTMAS STOCKING (GIFTS FOR ADULTS AND CHILDREN) IN THE CLUB ROOM. THESE WILL BE RAFFLED ON THE DAY AND PROCEEDS WILL BE DONATED TO A CHARITY (TBA)**

**W F GRAY & CO**  
PTY LTD  
PLUMBERS & GASFITTERS

Contact Jeff Nicoll Mobile 0418 806 095





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### TOURNAMENTS November/December/January 2022/3

See Archery SA website for details & to enter these events: <https://archerysa.org.au/events>

**Saturday 26 November:** AAC Club Championships rescheduled; practice 12noon, start 12.30pm register via Archers Diary

**Sunday 27 November:** Longly Longbow Tournament at Southern Vales Archery Club, Morphett Vale, 1.00-5.00pm

**Sunday 4 December:** Rosney Johns Memorial Junior Tournament at Southern Vales Archery Club, Morphett Vale, 9.00am-4.30pm

**Sunday, 29 January:** Archery SA Australia Day Field, 10.00am-3.0pm

#### OTHER EVENTS

**Wednesday 23 November:** Club Annual dinner; bookings now closed

**Sunday 11 December:** Club Christmas Break-up shoot and Barbecue 9.30am

**Sunday 22 January:** St Sebastian Day Round and Barbecue (Reverse Robin Hood, only round for the day)

### The clout shot on Saturday 29 October

at Birdwood was an interesting exercise in stamina. It involved trekking through very long grass and boggy ground, slightly uphill, to reach the target.

There was a delay at the start while the area around the target was mown, which was fortunate or we would have spent a long time hunting arrows!

Nevertheless, it was a very enjoyable day that started off quite cool, but was pleasantly warm by lunch-time.



Photos: Steve Sykes



### CLUB CHAMPIONSHIPS—NOT!

Disappointment at the postponing of the Club Championships, due to the terrific storm last Saturday, when lightning made it unsafe to shoot.

Photos: Andy Stanford





## STORM DAMAGE

A large limb broke away from one of the trees and lodged among the other branches. Council workers quickly came, lowered it to the ground and trimmed it.

However, the large branch may not be removed till next week so please don't climb on it.

*Photo: Graham Winston*



### SNIPPETS

At the AGM of Archery SA three new board members were elected: **John Vine Hall, Bruce Lang, Caroline Girke**.

**The builder, G-Force**, has provided an updated quote for the club rooms extension, due to increased building costs:

- In 2021 it was: \$298,100
- In 2022 it is: \$384,450

**The AJADs** are having their breakup on Saturday 10 December, so the Sunday will be a senior's event (juniors can still come along of course). A "fun" shoot will be held, followed by lunch, and trophies. **Stano (Andy Stanford) & Terry Line** are coordinating these events

### FROM COACHING CO-ORDINATOR, JAMES Henriks

The beginners at the last course were instructed by **Dean Pettman, Pam Pettman, Steve Sykes, Steve La Vista, Sue Martin, Helen Illman and Jeff Nicoll**. Recent member, **Michael Devonshire-Gill** joined the team week two.

**THE CLUB HAS NEARLY 200 SENIOR MEMBERS ABOUT 10 HELP OUT REGULARLY WITH BEGINNERS COURSES AND ANOTHER 16 WHEN THEY CAN. HOW ABOUT PUTTING YOUR HAND UP? THIS DOES NOT REQUIRE TRAINING—YOU JUST PASS ON THE BASIC KNOWLEDGE THAT YOU LEARNED AS A BEGINNER, UNDER THE SUPERVISION OF JAMES AND OTHER EXPERIENCED ASSISTANTS**



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### FROM THE EQUIPMENT OFFICER, CHIS LECH

Member, **Tod Greeneklee**, has provided about 80kg of glue – this should be enough to last a year!

#### Arrows

It's time to spend some money on arrows. **I am looking for recommendations** re arrow spine and length from all coaches, junior and senior alike. Should we go aluminium and/or carbon? How about arrow length and longevity? Please email, text, tell me your thoughts.

#### Target Butts can be dangerous

The other day I helped a junior pull an arrow stuck in the cover of Target 1. I was being reasonably careful but received a gash when I brushed my arm against the stainless-steel strip holding the butt together. A junior could possibly get a nasty facial scar from where the metal is sticking out.

I've had clothing caught on another target not that long ago. Also, several of the target covers have been quite difficult to manoeuvre when opening and closing. We have members of all ages opening and closing them. Is it time to reappraise the state of our target butts?

Tony Ward has been asked for a report on steel surrounds (sharp edges) and locating pins (may need lubricating). Also, some butts are missing the locking bar at the back



### MELBOURNE CUP LUNCH

A small group of club members gathered for a Melbourne Cup lunch. Everyone enjoyed taking part in the Cup Sweeps, the lucky winners including Carol, Aileen and Sue.

*Photos: Sue Martin*





## SNIPPETS

### FROM THE GROUNDSMAN, TONY WARD

Member **Tod Greeneklee** has repaired another (round) fibreglass butt cover

**Some good news:** the cost of repairs for the mower and line trimmer came in at \$890. This is \$350 or so under the quoted price. This was because of a mix up at Allmake Mowers in regards to which units were ours!

### FROM THE JUNIOR CO-ORDINATOR, ANDY STANFORD

Still to come is the end-of-year

#### Break-Up shoot on 10 December.

A "fun" shoot will be held, followed by lunch, and trophies. **Andy Stanford and Terry Line** are coordinating.

Please be aware we are presenting trophies and serving lunch on this day so there will be more people than usual around the club, with some grandparents also attending. So, afternoon shooters please be patient.

Thirty nine trophies are to be given out, with a reduction in the cost of trophies by ~\$1800 when compared to previous years. This year's trophies cost ~\$640 (instead of \$2,000+).

Thanks to **Andy Cooper**, who has so far netted AJADs \$216.90 from the collection of bottles and cans from the club. This money is being used to provide a sausage sizzle for our Novelty Shoot, hopefully the weather will be kind.

### FROM THE TOURNAMENT DIRECTOR, CAROL ASHLEE

Well, after the lovely weather for my first two tournaments the last one was a abysmal, to say the least.

The Tyro and Juniors Competition were completed minus the last end due to poor weather conditions.

Sadly, however, the Club Target Championships was postponed due to lightning.

### REQUEST FROM GRAHAM WINSTON

The club has agreed to a request from Graham that he will host a training camp on the club field after the World Archery's Oceania Championships.

These will be held in Adelaide from 13 to 16 April, 2023. and the training camp will be held all day on 17, 18 and 19 (Mo-We) April, 2023.

He will hire the clubrooms and targets 1-9, but no equipment; so targets 10-15 would still be available for member use.

The club will charge \$20 per archer per day, including target faces.



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## TYRO TOURNAMENT

The 2022 Tyro competition was held at Mylor this afternoon in brilliant warm sunny weather. There was a good turnout from AAC members. Here is a list of the medal winners from AAC:



### Under 14 Female Recurve

1st Skylar Farley

### Under 14 Male Recurve

1st Josh Holmes  
2nd Logan Stanford  
3rd Rashaad Abbas



### Under 16 Female Recurve

1st Matilda Sims

### Under 18 Female Recurve

1st Celeste Kennedy

Results for Adult AAC members

### Open Female Compound

1st Tammie Paxton



### Open Male Recurve

2nd Hector Marcano

### Male Barebow Recurve

Gold Stephen Nockles (no photo)



**PRE LOVED  
ARCHERY GEAR  
SWAP MEET**  
**SATURDAY DECEMBER 03**  
**10.00AM-12.00PM**  
EVERYONE IS WELCOME TO COME!  
BUY, SELL OR SWAP  
SOME GREAT PRE LOVED ARCHERY GEAR  
RECURVE, COMPOUND OR TRADITIONAL,  
COME DOWN AND HAVE A LOOK, YOU  
MIGHT FIND A BARGAIN

**Adelaide Archery Club**  
Cnr. Bundeys Road &  
Memorial Drive  
North Adelaide



Photos: Andy Cooper

**STOP PRESS: ARE YOU A LITTER BUG??  
HAVE YOU NOTICED THE AMOUNT OF PLASTIC  
LITTER FROM THE BUTTS ON THE GROUND?  
PLEASE PICK IT UP AND PUT IN A BIN. IT IS  
UNSIGHTLY, AND THE COUNCIL COULD STOP US  
USING THE FIELD IF WE LEAVE IT LYING THERE**



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## FROM THE LIBRARIAN, STEVE SYKES

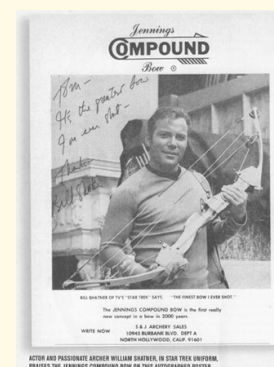
### Bow International

As usual this edition of Bow International will be placed on the table for members to read in the club room until the next one arrives

Aside from the usual newsy snippets, interviews and reports from events, some of the feature articles in issue #163 that may interest members cover the following topics:.

**SEARS WITHOUT TEARS** Many barebow archers have a keen interest in sear techniques, some claiming them as cures for target panic! Here the author claims many seem to cling to the hope it would work for them, but so far none has managed to achieve consistent results. The author wondered why that was and decided to carry out an investigation in which it soon became apparent that there is a lot of conflicting information especially as many were unclear on what a 'sear' was. *Intrigued? Then have a read....*

**COMPOUND BOWS: A HISTORY** In a change from the usual traditional archery bias common to the history section, this edition features the compound bow. On 30 December 1969 the US Patent Office published patent no. 3,486,495 for an archery bow with draw force multiplying attachments. An inventor named Holless Wilbur Allen (1909-1979) had applied for it three years earlier, after spending much time experimenting with different designs in order to develop a bow able to store more energy and accelerate an arrow with greater speed, without the need for a longer draw or more force to hold the string in a fully drawn position. An interesting read that also features an image of Captain Kirk from the Starship Enterprise.



**STABILISERS: DEMYSTIFIED** In association with perhaps the most obvious addition to both recurve and compound bow setups, apart from a sight, are stabilisers. For the archery newcomer the leading questions are "what do stabilisers provide?", and "what stabilisation should I start out with?". As the term stabilisation suggests, these rods work in several different ways to add ease of shooting, by firstly facilitating a steadier aim, by reducing potential torque in the bow grip, and by minimising vibration upon release. A bow minus stabilisation will tend to be shaky to aim, and there is clearly a significant vibration factor on release. By increasing the inertia of the bow via stabilisation, these negative factors are largely neutralised. A stabilised bow is a better-balanced proposition.



*An arrow from c. AD 700 as it was found lying on the stones in the scree, close to the melting ice.*

**SECRETS OF THE ICE** A team of archaeologists in a tiny corner of Norway have been digging some remarkable things out of the ground recently, including an arrow that had been lost in the ice for around 1,500 years. It's not the first such arrow they've found.

Indeed, for a few years the location of the site, a large patch of ice called Langfonne, was so rich in archery treasures that the team called it the 'secret arrow site'.

More than 200 arrows have been found in the wider region in the past 15 years, carbon dated over a vast range of years. The earliest are an astonishing 6,000 years old. The most recent discovery was a well-preserved leaf-shaped arrowhead made out of iron, which was still attached to its shaft with sinew and pitch.



*Detail of a 1300-year-old arrow*



## A CONTINUING OVERVIEW OF THE YEAR'S ACTIVITIES

The newsletter is printing the reports of the club officers, which were tabled at the AGM on 20 September.

I hope you can take the time to read about the activities undertaken to run our club



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### Equipment officer (Chris Lech)

#### **Thanks**



There are many who contribute to the running of the club from simply opening up the field, tidying up, taking out the portable targets onto the field and so-on, but there are also the behind-the-scenes individuals who keep the whole structure together and maintain it week in - week out.

Special thanks must go to Paul Bergin for providing the club with all those targets attached to cut card. The job at times appears endless. Jeff Nicoll picks up and drops off the card and Paul shapes it to the different sizes needed. He then glues all the bits together so that us guys can shoot them out. Then of course, he repairs them for us.

Also, a thank you must go out to Andy Cooper for building and repairing all the bow strings in the Equipment Room. There aren't just a couple of them, and they take much more than a few minutes to make up or repair. Andy's strings are of a better quality than manufactured ones, and he takes extra measures to ensure a high standard.

Thank you to Jeff Nicoll for straightening the club arrows. The arrow straightener should have his name engraved on it. Thanks to Tony Ward for diligently racking repaired arrows.

Also, thanks to Steve Hahn from Archery Supplies for providing a healthy discount on items purchased for our Equipment Room. Delivery has been prompt and this financial year we have saved a considerable sum.

#### **Initiatives**

#1. A protocol requesting beginners acquire their own arrows after ten shoots is now in place. It came as a result of some archers who had been at our club for over three years and were shooting every week, still didn't have their own arrows and were using our club ones. Unfortunately, repair work for these archers was constant and significant.

#2. The club has acquired electronic timers, tripods and a carrying cart. Whether the outlay has been warranted is still contentious but by all accounts, the field captains and shooters support their purchase

### Librarian (Steve Sykes)

Electronic access to Archery Focus magazine for all members continued until December 2021 on the basis that it was used only by members and not distributed further. Up until this point, a hard copy was also been printed for each issue and has been stored in the library area for members who do not have electronic means to view a pdf copy.

The final edition of Archery Focus was received in December 2021 and so far we have not found a suitable replacement to subscribe to. Members have been canvassed for ideas for a potential new journal, but apart from a general suggestion of a journal focusing on sports coaching, nothing specifically concentrating on archery has been raised.

We have continued to receive Bow International on a bi-monthly basis with each current issue being placed within a folder and left on the club room table for members to read while in the clubroom. When a new issue is received the previous one is housed on the shelves in file boxes and is available for general loan by members.

Summaries of the contents of current periodicals as received have been prepared as part of monthly reports and presented to the Information Officer for inclusion in the newsletter.

There have been no new book acquisitions in the past year. Members are respectfully reminded, however, that any suggestions for new books will be gratefully received and acted upon if the budget allows in the coming year.

Members continue to borrow books, but the numbers are fairly low. It is probable that a lot of our members receive information electronically, especially via the varying media options available. It is, however, worth highlighting that books are continually available for loan to members whenever they so desire.



Adelaide Archery Club Inc.  
Bundeyes Road & War Memorial  
Drive  
North Adelaide 5006  
PO Box 133, Walkerville, SA 5081

News, letters, comments  
and photographs are all  
welcomed by the editor

Email [info@adelaidearchery.org.au](mailto:info@adelaidearchery.org.au)  
Or email editor:  
[publicity@adelaidearchery.org.au](mailto:publicity@adelaidearchery.org.au)  
Web [www.adelaidearchery.org.au](http://www.adelaidearchery.org.au)