



On Target

ADELAIDE ARCHERY CLUB NEWSLETTER

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ADELAIDE ARCHERY CLUB AGM

WAS HELD ON TUESDAY 20 SEPTEMBER

CONGRATULATIONS AND THANKS TO THE NEWLY ELECTED CLUB VOLUNTEERS:

President:	Daniel Caon	Club Coach Longbow	Jeff Nicoll
Vice-President	Chris de Mello	Club Coaches Recurve	Andy Cooper
Secretary	<i>Vacant</i>		Jean-Michel Favre
Treasurer	Kylie Steyn	Club Coach Compound	Ken Osborne
Tournament Director	Carol Ashlee*	Field Captain Thursday	Nigel Steyn
Coaching Coordinator	James Henriks	Deputy Field Captain Thursday	<i>Vacant</i>
AJAD Coordinator	Andy Stanford	Field Captain Saturday	Tony Loi
Ass't AJAD coordinator	Junior Alexander	Deputy Field Captain Saturday	Mariagrazia Panetta
Recorder	Naomi Johnson	Field Captain Sunday	Keith Bown
Ass't Recorder	Alan Chapple	Deputy Field Captain Sunday	Kevin Buckett
Equipment Officer	Chris Lech		
Ass't Equipment Officer	Paul Bergin		
Building Officer	Junior Alexander		
Social Coordinator	<i>Vacant</i>		
Groundsman	Tony Ward		
Club Steward	Helen Illman		
Publicity Officer	Annette Humphries		
Librarian	Steve Sykes		

*Carol nominated for the position of Tournament Director at the meeting. This will be ratified at the next General meeting

**PLEASE CONSIDER VOLUNTEERING
FOR ONE OF THE VACANT POSITIONS
SECRETARY
SOCIAL COORDINATOR
DEPUTY FIELD CAPTAIN THURSDAY**

TOURNAMENTS October 2022

Monday 3 October: AAC Major Duncan Clout at oval adjacent to club ground, 12noon. Please come early to help set-up

Sunday 9 October: AAC Annual Wand Shoot, 1.00pm; this shoot has priority on the field. 90-70-60 Cadets and above; 60-50-40 Intermediates and Cubs

See Archery SA website for details & to enter these events: <https://archerysa.org.au/events>

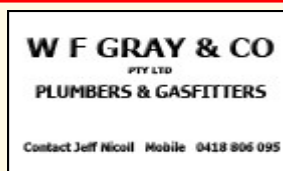
Saturday 15 and Sunday 16 October: AAC hosts part of Youth National Postal Shoot for U16 and U14

Saturday 22 and Sunday 23 October: Barossa Archery Club Archery Carnival at Tanunda. Field, 9.00am and Indoor, 3.30pm Saturday and Target, 9.00am Sunday.

Saturday 29 October: Torrens Valley Archers Jim Hale Memorial Clout Tournament at Birdwood High School, 9.00am-3.30pm

Sunday 30 October: Southern Vales Archery Club Deb Upright Classic Field Shoot at Victor Harbor Archery Club, Lower Inman Valley, 10.00am-3.00pm

Sunday 6 November: Archery SA Tyro Tournament and AJ Barter 50plus Tournament, hosted by Hills Archers at Mylor Oval, 1.00-5.00pm



Congratulations!

AUGUST HANDICAP AWARDS

Keyring: **ANKUR CHOPRA** with a handicap adjusted score of 980

Longbow Wooden Arrow: **JILL VARDON** with an adjusted score of 915



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JAMES HENRIKS, CLUB COACHING COORDINATOR, NEEDS EXTRA VOLUNTEER INSTRUCTORS FOR THE PULTENEY GRAMMAR SCHOOL COURSE ON WEDNESDAY 28 SEPTEMBER FROM 3.30-5.30PM. THIS GROUP OF CHILDREN HAVE SOME EXPERIENCE

FROM LIBRARIAN, STEVE SYKES (No 1)

BOW INTERNATIONAL No 160

Being a fitness special there are a number of articles focussing on this very theme.

First up is an article titled **"Fixing Fitness"** suggesting that 2022 should be the year we transform ourselves and our shooting. There is a **Q&A** in which some of the elite are asked how they stay on top of their game. How to get organised and maximise range time is covered in another article and another tackles **"Building a Strong Back"**, something that is essential not only for archery, but also life itself. Following on from these pieces is an article called **"The Game Changer"**, which suggests if you only do one thing, then do press-ups (aka push-ups)!

A more academic piece discusses mobility for archers looking at joints and anatomy to help reduce injury and increase flexibility.

Of course physical fitness is important but it is not everything: a well-intentioned article focuses on the mental game; how to maintain focus and concentration.



Headlined as the **"Fitness Special"**, Issue 160 of Bow International has been placed on the clubroom table for members to read before being available for loan when the next edition arrives.

"Fine-tuning: When to Adjust" covers making very small equipment adjustments while shooting to improve tightness of groups. For those just starting recurve, the second article in the new concept series entitled "Starting Out" covers bow tuning specifically designed for newcomers to archery.

If you are in the market for a **spotting scope**, there is a showcase article covering this very theme from entry point models right up to a nosebleedingly expensive end Zeiss model (remember prices given are in pounds sterling).

Finally there is coverage of the **Antalya World Cup 2022 event** and, for archery historians/archaeologists, a piece on **Neolithic Yew Bows** from the alpine region.

As usual, this edition of Bow International provides varied reading that will appeal in some way to most archers.

ARCHIVAL ARCHERY MAGAZINES

Following on from last month's report, one box of old magazines has been placed on the table in the club room and members are welcome to take a look through these and, after the date indicated on the box, help themselves should they want any to take home for reading. More boxes will follow.



THE GAZELLES TOURNAMENT

Saturday, 10 September

Photos: Felicity-Eve Pearce



SNIPPETS

Investigation of an Indoor venue continues:.

Under consideration are:

- Croatian Sports Centre being considered (upper floor)
- Walkerville community centre (old YMCA centre)
- Glenunga International High School (use of their gym)
- Annesley School (use of their gym)

THE FARM ARCHERY GOLF DAY

THE DAY: The Adelaide forecast for Sunday 4 September: 16 degrees, partly cloudy, wind ESE at 13km/h. The **actual** weather at Ashbourne was: 12 degrees, full overcast, wind SE at about 25km/h. Chill factor significant, and the "feels like" temperature around 7 degrees. Perfect weather for a round of archery golf at **The Farm Archery Golf Day!**



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AAC FIELDLED FIVE ARCHERS, with another five from Torrens Valley, and a big group from The Farm., including a number of children. It was Fathers' Day, and had the old man not insisted they turn up, they probably would have been at home, warm and cosy with a bit of screen time. The five from Adelaide were **Annette Humphries, Simon Cameron, Andy Cooper**, with **Steve Sykes** on his first ever outing of archery golf, and **Alan Chapple**.

For those of you not familiar with archery golf, allow me a small precis.



IT IS INDEED CONDUCTED ON A GOLF COURSE and you tee off, so to speak, standing at the head of the fairway, and loose one arrow as far as you can get it, or as far as the green, whichever is the shorter. There is something rather delightful about launching an arrow as far as you can down a 400 metre fairway.

You then walk to where your arrow lands, and take your next shot from there, until you are near the green. Your aim is to hit a tennis ball sitting on a wire frame, just to the right of the green. You count the shots to achieve this, just like golf. Shooting too long and ending up in the scrub behind the green, however, is not good, and can result in severe melancholy.

You then head off to the next fairway, and repeat the process. Did I say it was fun?

The Torrens Valley group chose to start at hole 1, while the mob from The Farm started on hole 7. This left the Adelaide group to start at hole 4, which just happens to entail the longest walk to any hole from the clubhouse.

APART FROM CONVENTIONAL ARROWS, the group used various designs of flu-flu arrows (heavily spiral fletched arrows which stop quickly and drop) and judo points, wicked little numbers with spikes radiating from the point, to stop the arrow from skipping when in close.

Simon Cameron suffered a skipping arrow on hole 1, with the arrow ending up somewhere in the scrub under a huge pine tree behind the green. We were about to give it up as lost when Steve Sykes put his scientific logical brain to work, calculated where the arrow would have gone given where it was shot from and what it skipped off, and promptly found the offending arrow.



ANDY COOPER also found himself long on that hole, and had to recover using a rather fancy horizontal bow shot out from under the same pine tree. Again, rather impressive. Alan, however, became the only person to have the point of the arrow 10 cm from the ball, and miss. Somewhat less than impressive.

THERE WERE MOANS, groans, cheers, encouragement and some hilarity around the green. Annette surprised all of us with the distance she was achieving in the early part of the day, and Steve Sykes amazed all with the way he handled things on his first ever outing, particularly with his birdie on the final par 3 hole. His **tee shot** landed within a metre of the ball. Remarkable!



Alan had made up a judo point with four X 4cm nails brazed to a screw, which then screwed into an arrow shaft. It was extremely effective, but difficult to handle, and didn't help with this shot into the top of a tree stump! He has undertaken to cut the nails shorter and blunt them for next year.



Photos:
Steve Sykes

Text:
Alan Chapple



WE HAD LUNCH while we waited for the other groups to finish. We found out who got first, second and third, discovered that none of us won anything in the raffle, and then headed off home. **We'll be back next Fathers' Day to do it all again.**

HIGH ACHIEVING JUNIOR ARCHER

AJADs was proud to present **Annabelle Conboy** with the first award for completion of all Level 1 rounds. **Well done, Annabelle**, for passing 10, 15, 20, 30, 40, 50 & 60m rounds.

Four-five other archers also are on the verge of completing Level 1.
Photos: Andy Stanford



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SNIPPETS

FROM THE EQUIPMENT OFFICER, CHRIS LECH

Gianni Capurso and Chris Lech have requested that the club hold the next Annual Swap Meet on Saturday 3 December, from 10am to 12noon. It was considered to be a successful event last year but they hope to improve it.

The time and date overlaps with a Saturday morning AJADs shoot. However, **Andy Stanford**, our AJADs Coordinator, thinks both can happen concurrently without clashing.

They ask if others could help us on the day. Please notify Gianni or Chris if you can assist. As last time, it would be open to one and all, from our club, of course, and all other ArcherySA affiliates.

A simple sausage sizzle (cooked by us with our BBQ) for a small fee, could be all that is needed to enhance the event.

FROM THE SOCIAL COORDINATOR, TERRY LINES

Catering for the Silver Quiver Tournament was very well received. It should be noted, though, that food costs have increased significantly and hence future events may compromise the budget for this year.



CODE OF CONDUCT

Archery South Australia has updated their Code of Conduct. The 1-page version is on our notice board, and you will be asked to acknowledge it when you pay your annual fees.

RENT INCREASE

Adelaide City Council has informed us that our annual rent is increasing by 4%, from \$1,657.57 to \$1,723.87 + GST.

And Green Adelaide is proposing to charge for bore water, \$6.50/ML.

FROM THE GROUNDSMAN, TONY WARD

The fence has been repainted **again** by **Gerry Davies** and **Tony**.

The safety sign near the Bundeys Road toilets has now been fixed.

The mower and line trimmer will be picked up for an annual service on 28 September, and returned on Wednesday 12 October. This will be done by Allmake Mowers, who offer free pick up and delivery.

Tony is also in the process of organizing a Weed and Feed with the Adelaide City Council. He will advise of dates as soon as they are available. This will be done either on Tuesday, 27 or Wednesday, 28 September between 4.00-6.00am; we will need to stay off the grounds until 7.00am.

ROBIN HOODED!

This is a photo of **Jeff Nicoll** taken during a recent shoot at the club.

This was a spectacular Robin Hood of sorts when another archer in the group split the nock on his wooden arrow.

The smile took some time coming... and on walking away from the butt Jeff was heard to mutter .."that's the last time I'm going near the Gold again!..."

Peter Stamatakis

There were 55 archers shooting at AJADs on Saturday, 17 September — they could barely fit into the club room!

Photo: Tony White



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FROM THE AJADs COORDINATOR, ANDY STANFORD

AJADs UPCOMING EVENTS

Saturday 15 and Sunday 16 October: Youth Challenge

Sunday 6 November: Archery SA Tyro Tournament at Mylor Oval

Saturday 19 November: Novelty Shoot and barbecue

And he is happy to report that the new digital sign in process is working fantastically with everyone signing in now and not forgetting.

THE GORDON PAWSON CHALLENGE

This was completed in less-than-ideal conditions. It was cold with strong wind being a challenge. Rain, for once, was on our side, considering it rained until 7:30am then stopped until it bucketed down about 11:45am!

A sausage sizzle was provided on the day and was well received.

Thanks to **Terry Line** for provided sausages and bread, and **Laura Johnson** who assisted in cooking, serving and cleaning up.

Photo: Andy Stanford



FROM LIBRARIAN, STEVE SYKES (No 2)

BOW INTERNATIONAL No 161

As usual, this edition has been placed on the clubroom table for members to read before being available for loan when the next edition arrives. provides varied reading that will appeal in some way to most archers.

A couple of pages devoted to new products feature: a stand useful for arrow builders, a new Leatherman multi-tool, some new tungsten weights for stabilisation and a zip range kit for hanging and positioning targets. The product that is likely to give the reader the biggest buzz, however, is a new 3D target hornet measuring 60 x 28cm from Italy.

For archers heading offshore with their bows, the ultimate guide to taking your bow abroad gives a good "how-to" heads up to help make the exercise hassle-free.

Just starting out and not sure whether you should shoot with both eyes open or only one? A two-page article on pages 52 and 53 will be worth a read.

For traditional bowmakers or those interested in the art, there is the second of a two-part article of activities in the UK. Apparently, there are far more bowmakers in our midst than realised, and they are part of a loosely affiliated network of artisans in both the UK and across the world.

While on traditional archery, there is another article on the **Korean bow** with a report covering the second European KTA meeting in Turkey. Here there is an interesting image of the author shooting a foot bow.

Composite bows and their dangerous curves, being mainly associated with nomadic peoples from the Eurasian steppes and their use on horseback, are the focus of this edition's history article. If you have ever wondered about some of the bows hanging in our club room, this article will help form some clarity about them.



Who didn't see the Royal Company of Archers marching in the Queen's funeral procession?

Check out the fabulous turkey feathers in their hats!

The Royal Company of Archers were the official bodyguards of the Queen when she was in Scotland. They will now serve as the King's Scottish bodyguards.

AN OVERVIEW OF THE YEAR'S ACTIVITIES

In this, and the next two or three issues, the newsletter will print the reports of the club officers, which were tabled at the AGM on 20 September.



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President (Daniel Caon)



Firstly, I'd like to thank all our volunteers and especially the officials who collectively keep the club running, perhaps only needing a couple of hours a month, but at other times several hours a week. I will keep this report shorter than previous years, so will not espouse their individual contributions (which they can cover in their reports), other than to note that we're all here for the love of archery, and these people donate their time for every other member's benefit. Thanks to you all.

In 2022 our membership expanded significantly, about 24% over the financial year, and that growth is showing no signs of abating:

The club's finances have improved again this year – I won't steal the thunder of our treasurer – but will add that several members made tax deductible donations to the

club totalling \$4,500 (which we don't have to repay), so thanks to all of those donors!

This year, disruptions due to COVID restrictions eased, and it's fair to say our club managed it well and even increased our participation in the sport. Archery seems more popular than ever, with many other clubs also organising tournaments that allow archers to experience different clubs. And with this wider exposure and influx of new members, if you have a suggestion on how to improve our club or a query, please put it forward, our monthly General Meetings are how we run the club, so either come along or let one of the officials know.

On the administration side, it seems like the load increases each year with updated policies and government & council requirements, yet the officials handle this in their stride so hopefully members only see things running smoothly. Unfortunately, the new State Government has delayed the opening of the new facility grant program, so we have been waiting over a year to reapply for funds for our building extension. Once our extension is underway, we will also be investigating whether an indoor archery venue is viable.

So, the new year will continue to be a time of change and growth!

Building officer (Junior Alexander)



The past year for the building has seen several incursions. The big metal box in the office has finally been livened up, which means we are connected to the NBN. The big metal box has only one node connected which is ours. (A huge box for one connection). It would have been nice had we been told that we were disconnected from our broadband provider, this caused our alarm system to be idle for many weeks. Thanks to Stano who supplied us with a wireless network connection to reconnect us with our alarm provider.

The graffiti boys returned again and decided this time to decorate the outside walls, this is why we have a patchwork on the south clubroom wall. They also left their signatures on the safety fence twice.

We also had an invasion of white ants into the equipment room. The whole clubroom was checked for the little pests, fortunately they were confined to the equipment room only. They had come through some cracks by the walls and made their presence in behind the equipment room draws. The exterminators were called in and the area right around the clubroom was injected to stop them hopefully from future penetrations. They also started to make their presence felt in the tree behind the clubroom. (It will take many years before they devour the tree as I was told they are of the slow eating variety).

The clubroom is very short on storage space so can members please not bring equipment or accept equipment or any of members' unwanted goods to the club, we do not want it. As per last year's report, members still seem unable to clean up after themselves or put things back where they got them from.

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News, letters, comments
and photographs are all
welcomed by the editor

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