



On Target

ADELAIDE ARCHERY CLUB NEWSLETTER

JULY 2022 Page 1

ELECTRONIC SHOOTING TIMERS NOW IN USE!

FROM THE EQUIPMENT OFFICER, CHRIS LECH

Thank you very much to **Steve Hahn** from Archery Supplies for including 4 surveyor's tripods in the price of the timers. Also, thanks to **Stano** who did the leg work in acquiring the hardware and is now helping us to configure the charging setup.

Finding options for moving the timers and tripods out onto the field without much fuss is the next priority. Using a hand-pull cart is one possibility.

If you have any ideas, we're listening. Keep in mind we're short on storage space.



Several members competed at the **NATIONAL & STATE INDOOR CHAMPIONSHIPS**. Congratulations to all the competitors, especially **James Azli**, who became national champion in his age group. Several members finished second or third in their divisions - congratulations to all. The full list is on the notice board:



MEDAL WINNERS

GOLD: James Azli, U14 Male Recurve

BRONZE: Chase Pitman, U16 Male Recurve

SILVER: Annabelle Conboy, U18 Female Recurve

SILVER: Georgina Graham, U21 Female Compound

SILVER: Christine Favre, 50+ Female Recurve

BRONZE: Steven Hann, 50+ Male Recurve

SILVER: Alan Chapple, 70+ Male Longbow

TOURNAMENTS AUGUST 2022

Saturday 6/Sunday 7 August: Whyalla Bowmen Berger Nielsen Memorial Shoot at Mullaquana, Whyalla, 9.45am-3.00pm, Saturday clout, Sunday Canberra, short Canberra, junior Canberra

Sunday 14 August: Great Southern Archers Fairweather Invitational Field Shoot at Strathalbyn, 9.00am-4.00pm, 24-target round

Sunday 21 August: Archery SA Clout Championships at Light Archers, Kapunda Trotting Club, 9.30am-4.00pm

Sunday 28 August: Cressy Bowmen Invitation Tournament at Salisbury South, 10.00am-2.30pm

See Archery SA website for details & to enter these events: <https://archerysa.org.au/events>

Sunday 4 September: The Farm Archery Golf Day at Ashbourne Golf Club, 9.30am. (Great fun, an opportunity to try long distance shooting; details in next month's newsletter)

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Contact: Jeff Nicoll Mobile 0418 806 095



SNIPPETS

FROM THE GROUNDSMAN, TONY WARD

I am finding arrows during my work on the area behind the butts and the mound, and unfortunately some are **still not being recorded in the lost arrow book.**

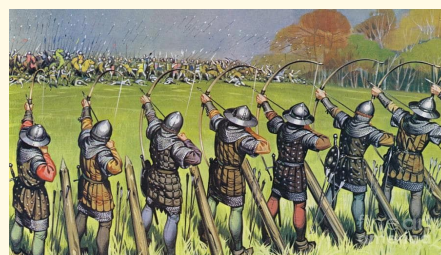
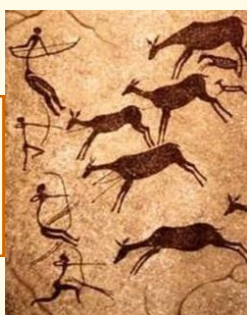
Thanks to **Tod Greeneklee** who has repaired another fibreglass target butt cover

EQUIPMENT FOR SALE

Club member **Gianni Capurso** has generously donated a large collection of archery accessories (arrow pullers, armguards, T-squares, quivers, Allen keys) to the club. They are for sale in the clubroom.



I'd like to see this. It's an early French master-piece.



JULY 2022 Page 2

GRAFFITI 'artists' AT IT AGAIN

Some people obviously didn't like our newly painted fence

These are some of the comments posted on our Facebook page by members, in response to their efforts:

"Would have taken ages to do that

Going on the tags I counted, I reckon there was about 10 of them

I say leave it as this is better than past efforts and they will only do it again.

Honestly at this stage we should just hire them to do an archery mural across that wall, with the amount of times it gets graffitied

If we have to put up with this the least those responsible could do is paint the whole fence with an archery theme."

They made some suggestions:

SNIPPETS

ARCHIVAL ARCHERY MAGAZINES

Following on from last month's librarian's report, a box of old magazines has been placed on the table in the club room and members are welcome to look through them. After the date indicated on the box, you may help yourselves should you want any to take home for reading. More boxes will follow.

MEMBERSHIP

This is a break-down of our current membership. The largest increase in numbers is in the Junior Club, a tribute to the energy and commitment of Junior Co-ordinator, **Andy Stanford** and his team of coaches.

Annual visitors 10

Juniors 72

Student 11

Senior 156

Life members 12

Social 8

CHARITY DONATION

A decision has been made regarding the donation of funds raised by the club at the recent **Loud Shirt Tournament**. After researching men's charities in the Adelaide area **Chris Lech's** recommendation is that the money be given to the Hutt Street Centre.

Are you aware that 75% of those who take their own life are male and 45% of men will experience mental health challenges throughout their lives? Let's give when we can. Chris's recommendation was accepted at the recent club meeting.

NBN CONNECTION

NBN and Internode were contacted multiple times to arrange a new connection, which has finally been achieved.

NBN was connected on Thursday 14 July, so we now have a new modem.

We have a new NBN Plan from Internode @ \$50 per month. It includes a phone connection so we can keep our phone, but we pay extra for phone calls

Congratulations!

JUNE HANDICAP AWARDS

Keyring: **IAN ROBERTSON** with a handicap adjusted score of 937

Longbow Wooden Arrow: **NORM BIGGS** with an adjusted score of 892



JULY 2022 Page 3

SNIPPETS

FROM THE TOURNAMENT DIRECTOR, GRAHAM WINSTON

Graham has announced that he will retire from the position of Tournament Director at the AGM in September. So the club will be looking for someone else to put up their hand to undertake this important and rewarding role.

FROM THE EQUIPMENT OFFICER, CHRIS LECH

Alan Chapple noted that BCF (maybe) sells some carts that may be suitable for moving the timing equipment on and off the field. He will investigate.

Arrow Cutter: The blade on the arrow cutter has broken several times, apparently due to the thinness of the blade itself. Please seek advice if you haven't had much experience in cutting arrows this way.

AAC INDOOR VENUE PROJECT

A Sub-committee has been created to investigate the possibility of establishing a Club indoor venue.

The Chair is **Jean-Michel Favre**; the first meeting was attended by **Gerry Davies, Lorraine Nicoll, Mark Newton, Ken Osborne, Chris Balla** and **Jeff Nicoll**, with apologies from **Roger Lyons-Davis, Tony White, Andy Cooper** and **Terry Reilly**.

An agenda of actions was formulated, in brief:

- To survey AAC members to quantify internal needs;

- To email neighbouring clubs to assess potential external needs;

- The creation of a basic AAC ID card

- The basic business case to establish venue specifications and potential budget;

- A survey of existing networks (who knows whom)

- The identification of potential venues

- To visit potential venues and analyse feedback before proposing a way forward at the AAC AGM.

For more details and information check the 'Any Other Business' section of the Minutes of the recent club meeting.

FROM THE LIBRARIAN, STEVE SYKES

Latest edition of Bow International now in the clubroom

As usual, this edition of Bow International provides varied reading that will appeal in some way to most archers. Headlined as THE FITNESS SPECIAL, not surprisingly a number of article focus on this very theme!

First up is an article titled **"Fixing Fitness"**, suggesting that 2022 should be the year we transform ourselves and our shooting. Other articles on the theme include:

A **Q&A** in which some of the elite are asked how they stay on top of their game;

"How to Get Organised" and maximise range time;

"Building a Strong Back", something that is essential not only for archery, but also life itself;

"The Game Changer", which suggests if you only do one thing, then do press-ups (aka push-ups)!

"Mobility for Archers", a more academic piece discusses joints and anatomy to help reduce injury and increase flexibility.

"The Mental Game": Of course, physical fitness is important, but it is not all that counts, and a well-intentioned article focuses on maintaining focus and concentration.

OTHER ARTICLES COVER:

"Fine-tuning, When to Adjust": very small equipment adjustments while shooting improve tightness of groups.

"Starting Out" covers bow tuning in an article specifically designed for newcomers to recurve archery.

Showcase Article: If you are in the market for a spotting scope, this is the very topic for you, from entry point models right up to a nose-bleeding expensive end Zeiss model (remember prices given are in pounds sterling).



Finally, there is coverage of the Antalya World Cup 2022 event and, for archery historians/archaeologists, a piece on Neolithic Yew Bows from the alpine region.



This **Issue 160 of Bow International** has been placed on the clubroom table for members to read before being available for loan when the next edition arrives.

FROM ARCHERY AUSTRALIA

You are reminded that access to **Archers Diary** will be cut off for old accounts. Therefore, you need to login and change your password to ensure that your account remains active. The naming and bands for **Age Classifications** has been changed. There will no longer be names; instead the description will be age based; that is, for juniors: U14, U16, U18, U21, and for seniors: Open, 50+, 60+, 70+.

BUILDING EXTENSION GRANT UPDATE

President **Daniel Caon** and member **Sonja Baram** recently met with Elena Tieri representing Federal MP for Adelaide, Steve Georganas, to discuss our request for grant funds. It was a productive discussion and Elena was very supportive. She could see all the positives and could see no reason why our club would not be successful with our next submission.

FROM ANDREA SLATTERY, POSTED ON THE CLUB'S FACEBOOK PAGE

I want to share that digital badging is real and a possibility for the club to consider. The concept is similar to a scout's badge of achievement, in a digital form that one could send to friends, post on their social media, and so on.

I appreciate some of our older members and junior members are not on social media, so this may not appeal to all.

Basically a person could, for example, be awarded a "6 Gold 40M" badge with the AAC logo on it.

The key benefits are savings on physical badge costs to the club, a boost for a recipient who can post to friends or public, and of course the "advertising" element this could create for the club.

I'll do some research on how providers could minimise costs for a Not For Profit sporting club.

In the meantime, feedback most welcome



JULY 2022 Page 4

FROM THE COACHING COORDINATOR, JAMES HENRIKS

Beginners courses are increasingly popular; participants have to book 5 to 6 months ahead.

I am continuing to trial finger tabs being set aside for individual archers in preparation for 2023, using small, numbered plastic bags. So far it is successful.

Assistance is requested for the course starting on 21 August. Please consider helping out. You don't have to be a qualified coach; you just have to be an archer! Have a chat with James or put your name on the board.



The new plaques for the sign-up board.

History of AAC Tournaments (final)

ST SEBASTIAN since 1993

Another novelty shoot held on the Sunday nearest to 21st January but not to coincide with another tournament. Barbeque held after the shoot.

LORD MAYOR'S TEAM SHOOT

The club started to pay 50% of the entry fee during the 1990's to encourage entry by club members. The club would pay the entry fee then the team members would reimburse the club their half of the entry fee.

BREAK-UP

Originally, we used to have one event about 4-11 days prior to Christmas on a Sunday. All archers were invited with their families. We used to have Father Christmas arrive to give out presents to up to 20 children (provided by parents). I remember him arriving by walking, car or motorbike. The format was to shoot a novelty round followed by an arrow throwing competition. BBQ tea and then Father Christmas. Hangers on after the event may have left about 8pm. When the junior component of the club started to deteriorate for this event a decision was made to hold the event on a Saturday one year and alternate to Sunday the next year.

PRESENTATION DINNER

This was a separate event from the presentations that now conducted in conjunction with the Annual Break-up.

ANNUAL DINNER

This was instigated when the Presentation Dinner was combined with the Annual Break-up.

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News, letters, comments
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