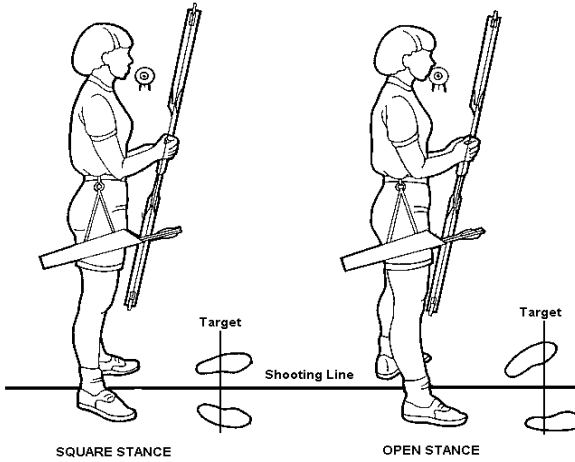
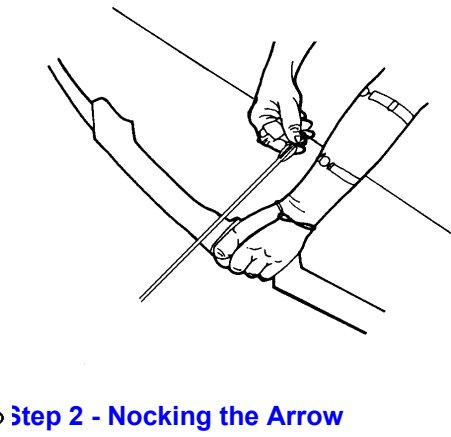


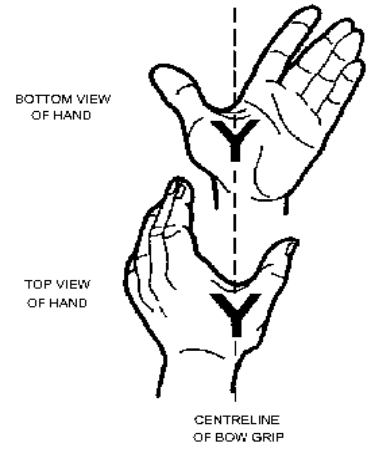
Shooting Sequence - THE TEN STEPS



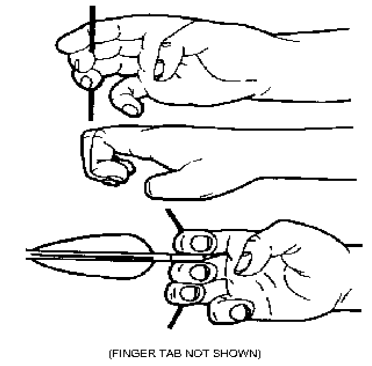
Step 1 - Stance



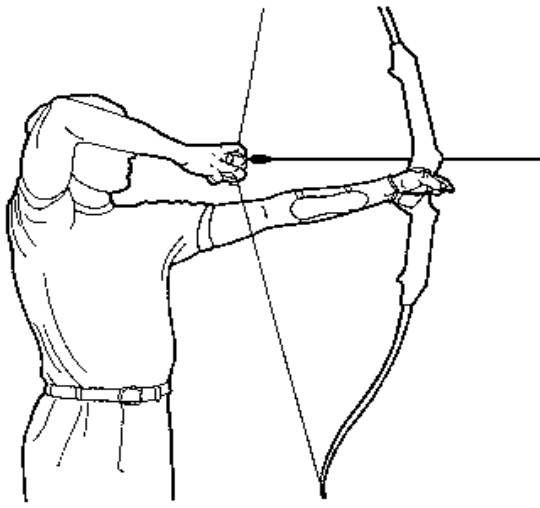
Step 2 - Nocking the Arrow



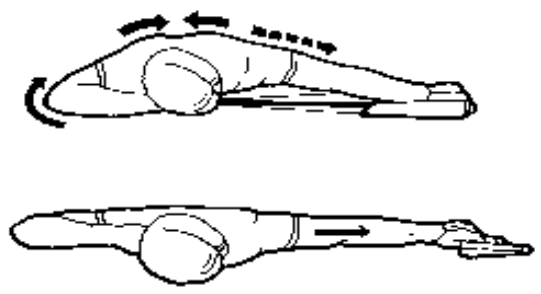
Step 3 - Bow Hand



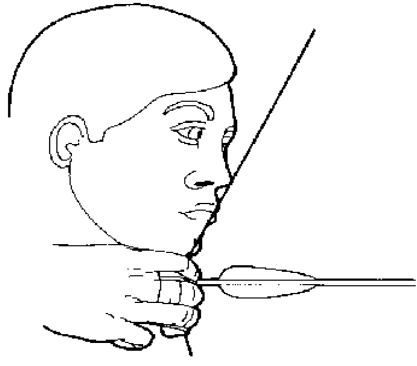
Step 4 - String Fingers



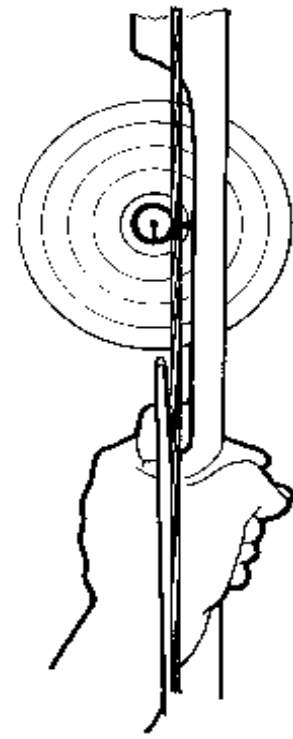
Step 5 - Set-up and Predraw



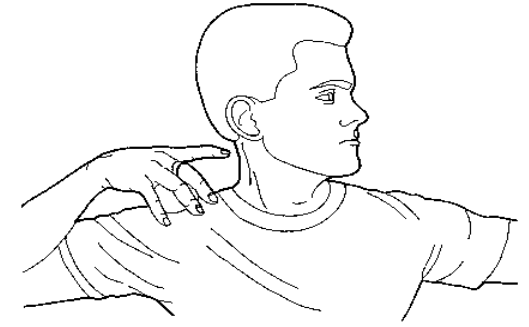
Step 6 - Drawing the Arrow



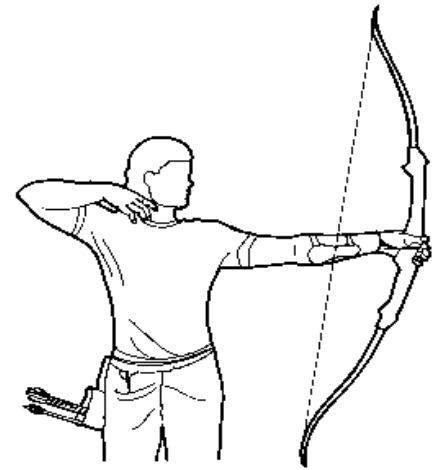
Step 7 - Anchor



Step 8 - Target Alignment (Aiming)



Step 9 - Release



Step 10 - Follow Through