

Centre Senior Records

Woodberry ANSW Athletes Records

U12 Male				U12 Female			
100m	16.2	N Kuszelyk	2010	100m	16.2	V Norris	2010
200m	33	R Kuszelyk	2011	200m	32.4	M Nowland	2010
400m	1:21.5	R Kuszelyk	2010	400m	1:35.7	V.Norris	2010
800m	3:00.2	R Kuszelyk	2011	800m	3:30.7	V Norris	2010
1500m	5:53.0	R Kuszelyk	2010	1500m	7:05.8	V Norris	2010
1500m Walk	8:19.2	N Kuszelyk	2011	1500m Walk	12:32.2	V Norris	2011
60m Hurdles	13.3	N Kuszelyk	2010	60m Hurdles	14.8	V Norris	2010
Shot Put 3kg	6.49	R Kuszelyk	2010	Shot Put 2kg	9.87	M Nowland	2011
Discus 750g	18.56	R Kuszelyk	2010	Discus 750g	19.42	M Nowland	2010
Javelin 400g	19.35	R Kuszelyk	2010	Javelin 400g	8.62	V Norris	2011
Long Jump	4.12	R Kuszelyk	2010	Long Jump	4.08	C Alley	2010
High Jump	1.13	N Kuszelyk		High Jump	1.07	V Norris	2010
Triple Jump	8.76	R Kuszelyk	2011	Triple Jump	7.10	M Nowland	2011

U13 Male				U13 Female			
100m	13.0	D Izzard	1996	100m	14.2	K Nean	2008
200m	27.1	D Izzard	1996	200m	30.0	K Nean	2009
400m	1:09.2	M Murphy	1995	400m	1:10.9	N Gray	1992
800m	2:35.6	D Hayden	1999	800m	2:50.4	J Roberts	1986
1500m	5:38.5	P Murray	1986	1500m	5:34.1	J Sagorny	1994
1500m Walk	8:19.2	N Kuszelyk	2011	1500m Walk	8:04.3	C Lukes	1999
3000m				3000m	13:09.4	K Nean	2008
90m Hurdles	15.5	B Glover	1989	80m Hurdles	15.9	A Garden	1995
60m Hurdles	12.8	W Kirby	2009				
200m Hurdles	31.2	A Flory	1992	200m Hurdles	31.9	S Burley	1996
Shot Put 3kg	14.29	J Hill	1996	Shot Put 3kg	10.41	R Evans	1998
Discus 1kg	33.68	S Collins	1991	Discus 750g	30.94	S Burley	1997
Javelin 600g	31.41	J Parsons	2006	Javelin 400g	24.80	V Bungie-Beard	1990
Long Jump	5.14	C Carter	1997	Long Jump	4.60	M Soper	1992
High Jump	1.56	B Glover	1988	High Jump	1.37	V Bungie-Beard	1990
Triple Jump	10.77	C Carter	1996	Triple Jump	9.79	M Soper	1993

U14 Male				U14 Female			
100m	12.7	C Lowe	1994	100m	13.7	D McLellan	1990
					13.7	K Nean	2009
200m	25.1	J Parsons	2007	200m	29.5	K White	1993
400m	1:02.7	C Little	2001	400m	1:06.9	K White	1993
800m	2:30.1	G Crossley	1984	800m	2:35.0	N Simmonds	1987
1500m	5:13.5	A Hume	1991	1500m	5:13.5	N Simmonds	1987
3000m	11:48.5	A Cluff	2001	3000m	13:09.4	K Nean	2008
1500m Walk	8:19.2	N Kuszelyk	2011	1500m Walk	7:42.0	N Simmonds	1987
80m Hurdles	15.5	B Glover	1989	80m Hurdles	15.2	L Howitt	1999
200m Hurdles	28.9	C Lowe	1994	200m Hurdles	31.9	S Burley	1996
Shot Put 4kg	13.91	J Hill	1996	Shot Put 3kg	11.33	S Timms	1998
Discus 1kg	35.97	J Parsons	2006	Discus 1kg	31.73	R Evans	1999
Javelin 600g	40.07	J Parsons	2007	Javelin 600g	27.25	V Bungie-Beard	1991
				Javelin 500g	18.23	M Ingrey	2011
Long Jump	5.33	C Kirk	1999	Long Jump	4.64	N Gray	1992
High Jump	1.65	J Parsons	2006	High Jump	1.40	K Sapwell	1986
Triple Jump	10.90	C Kirk	1999	Triple Jump	10.26	N Gray	1993

U15 Male				Under 15 Female			
100m	12.6	T Bellamy	1989	100m	13.2	N Osmond	1994
200m	25.8	T Bellamy	1990	200m	27.9	N Osmond	1994
		C Carter	2000				
400m	1:00.9	S Cooper	1986	400m	1:04.1	E Stokes	1991
800m	2:28.4	A Hume	1992	800m	2:31.5	N Simmonds	1988
1500m	5:13.5	A Hume	1991	1500m	5:13.5	N Simmonds	1987
3000m	9:57.3	D Hayden	2001	3000m	12:37.4	S Carne-Jordan	2011
1500m Walk	07:37.2	A Hume	1991	1500m Walk	7:36.8	N Simmonds	1988
90m Hurdles	15.3	M Murphy	1987	90m Hurdles	15.5	F Sylva	1989
200m Hurdles	29.5	C Carter	1998	200m Hurdles	32.5	N Gray	1992
Shot Put 4kg	15.48	J Hill	1998	Shot Put 3 kg	11.33	S Timms	1998
Discus 1kg	47.92	J Hill	1998	Discus 1kg	31.73	R Evans	1999
Javelin 600g	45.00	C Kirk	1999	Javelin 600g	27.25	V Bungie-Beard	1991

				Javelin 500g	11.70	S Jordan	2011
Long Jump	5.85	C Carter	1999	Long Jump	4.71	N Gray	1993
High Jump	1.60	B Glover	1989	High Jump	1.40	K Sapwell	1986
					1.40	K Lea	1991
					1.40	K White	1994
					1.40	C Gardener	1998
Triple Jump	12.65	C Kirk	2000	Triple Jump	10.75	N Gray	1993

U16 Male				U16 Female			
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100m	12.0	P Purukama	1998	100m	13.2	N Osmond	1994
200m	25.1	T Bellamy	1990	200m	27.9	N Osmond	1994
	25.1	C Kirk	2000				
400m	57.9	A Hume	1993	400m	1:04.1	E Stokes	1991
800m	2:16.9	A Hume	1992	800m	2:31.5	N Simmonds	1988
1500m	5:13.5	A Hume	1991	1500m	5:13.5	N Simmonds	1987
3000m	9:57.3	D Hayden	2001	3000m	12:37.4	S Carne-Jordan	2011
1500m Walk	7:19.0	A Hume	1993	1500m Walk	7:36.8	N Simmonds	1988
90m Hurdles	14.1	A Hume	1992	90m Hurdles	15.5	F Sylva	1989
200m Hurdles	27.8	T Bellamy	1990	200m Hurdles	32.4	A Garden	1998
Shot Put 4kg	15.48	J Hill	1998	Shot Put 4kg	11.23	B Cameron	1994
Discus 1kg	47.92	J Hill	1998	Discus 1kg	31.81	B Mulder	2010
Javelin 600g	46.86	J Parsons	2009	Javelin 600g	30.26	S Timms	1999
Long Jump	5.94	A Hume	1993	Long Jump	4.79	L Hutt	1986
High Jump	1.70	T Bellamy	1991	High Jump	1.50	K White	1994
	1.70	J Parsons	2007				
Triple Jump	12.65	C Kirk	2000	Triple Jump	10.75	N Gray	1993

U18 Male				U18 Female			
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100m	12.0	P Purukama	1998	100m	13.2	N Osmond	1994
200m	24.9	C Carter	2000	200m	27.2	S Merritt	1998
400m	55.6	A Hume	1997	400m	1:04.0	K White	1995
800m	2:13.5	M Osmond	1993	800m	2:31.5	N Simmonds	1988
1500m	4:27.1	M Osmond	1994	1500m	5:13.5	N Simmonds	1987
3000m	9:57.3	D Hayden	2001	3000m	12:37.4	S Carne-Jordan	2011

1500m Walk	7:12.6	A Hume	1994	1500m Walk	7:36.8	N Simmonds	1988
110m Hurdles	16.7	A Hume	1994	90m Hurdles	14.2	T Diamond	1992
				80m Hurdles	11.3	L Carter	1984
200m Hurdles	27.8	T Bellamy	1990	200m Hurdles	31.9	D McLellan	1990
400m Hurdles	1:08.9	A Hume	1994				
Shot Put 5kg	14.27	J Hill	1999	Shot Put 3kg	11.23	B Cameron	1994
Discus 1.5kg	47.92	J Hill	1998	Discus 1kg	31.81	B Mulder	2010
Javelin 700g	45.00	C Kirk	1999	Javelin 600g	36.74	V Bungie-Beard	1994
Long Jump	6.81	J Parsons	2010	Long Jump	5.11	N Gray	1995
High Jump	1.70	T Bellamy	1991	High Jump	1.50	K White	1994
		J Parsons	2010				
Triple Jump	12.65	C Kirk	2000	Triple Jump	11.00	N Gray	1995

U20 Male

100m	11.8	C Carter	2001	100m	13.2	N Osmond	1994
200m	24.9	C Carter	2000	200m	27.2	S Merritt	1998
400m	55.4	A Hume	1996	400m	1:04.0	K White	1995
800m	2:09.9	A Hume	1996	800m	2:31.5	N Simmonds	1988
1500m	4:27.1	M Osmond	1994	1500m	5:13.5	N Simmonds	1987
3000m	9:57.3	D Hayden	2001	3000m	12:37.4	S Carne-Jordan	2011
1500m Walk	7:12.6	A Hume	1994	1500m Walk	7:36.8	N Simmonds	1988
100m Hurdles	16.4	A Hume	1995	80m Hurdles	10.9	J Davis	1985
				90m Hurdles	14.2	T Diamond	1992
200m Hurdles	27.8	T Bellamy	1990	200m Hurdles	31.9	D McLellan	1990
400m Hurdles	1:08.9	A Hume	1994				
Shot Put 6kg	13.94	J Hill	1999	Shot Put 3kg	11.23	B Cameron	1994
Discus 1.75kg	38.10	A Cameron	1996	Discus 1kg	31.81	B Mulder	2010
Javelin 800g	44.21	S Wallace	2008	Javelin 600g	36.74	V Bungie-Beard	1994
Long jump	6.81	J Parsons	2010	Long Jump	5.11	N Gray	1995
High Jump	1.76	C Murphy	1996	High Jump	1.50	K White	1994
Triple Jump	12.65	C Kirk	2000	Triple Jump	11.00	N Gray	1995

Open Male

Open Female

100m	11.4	G Moratidis	1993	100m	13.2	N Osmond	1994
200m	24.1	C Murphy	2001	200m	27.2	S Merritt	1998
400m	55.4	A Hume	1996	400m	1:04.0	K White	1995
800m	2:09.9	A Hume	1996	800m	2:31.5	N Simmonds	1988
1500m	4:27.1	M Osmond	1994	1500m	5:13.5	N Simmonds	1987
3000m	9:57.3	D Hayden	2001	3000m	12:18.9	M King	1999
1500m Walk	7:12.6	A Hume	1995	1500m Walk	7:36.8	N Simmonds	1988
110m Hurdles	16.4	A Hume	1995	90m Hurdles	14.2	T Diamond	1992
				80m Hurdles	10.9	J Davis	1985
200m Hurdles	27.8	T Bellamy		200m Hurdles	31.9	D McLellan	1990
400m Hurdles	1:08.9	A Hume	1994				
Shot Put 7.24kg	13.66	J Hill	1999	Shot Put 3kg	11.23	B Cameron	1994
Discus 2kg	39.70	A Cameron	1995	Discus 1kg	32.72	B Mulder	2016
Javelin 800g	51.62	A Darcy	1988	Javelin 600g	36.74	V Bungie-Beard	1994
Long Jump	6.81	J Parsons	2010	Long Jump	5.11	N Gray	1995
High Jump	1.80	C Murphy	1996	High Jump	1.50	K White	1994
Triple Jump	12.65	C Kirk	2000	Triple Jump	11.00	N Gray	1995

Masters/Vets

30-39yrs Male				30-39yrs Female			
100m	12.7	S Kuszelyk	2006	100m	14.7	K Maynard	2004
					14.7	A Cox	2004
200m	25.9	S Kuszelyk	2007	200m	31.3	K Maynard	2004
					31.3	A Cox	2004
400m	58.3	S Kuszelyk	2007	400m	1:13.9	A Cox	2004
800m	2:29.0	S Kuszelyk	2007	800m	3:23.0	K Maynard	2004
1500m	5:33.3	S Kuszelyk	2007	1500m	8:20.2	A Cox	2004
3000m	12:46.5	S Kuszelyk	2007	3000m	17:58.0	R. Polson	2018
1500m Walk	11:46.4	A Bennett	2009				
100m Hurdles	19.6	S Kuszelyk	2006	90m Hurdles	20.5	A Cox	2004
200m Hurdles	38.5	A Bennett	2009				
Shot Put 7.24kg	9.36	M Straker	2006	Shot Put 4kg	7.63	K Maynard	2005
Discus 2kg	28.07	A Bennett	2009	Discus 1kg	20.26	A Cox	2004
Javelin 800g	32.25	M Straker	2006	Javelin 600g	18.45	E Parr	2007

Long Jump	5.22	S Kuszelyk	2007	Long Jump	4.17	A Cox	2004
High Jump	1.40	M Hyde	2008	High Jump	1.25	K Maynard	2004
Triple Jump	11.05	S Kuszelyk	2007	Triple Jump	8.83	A Cox	2004

40-49yrs Male

Shot Put 6kg	6.96	S Wallace	2009
Discus 1.75kg	16.81	L Kirby	2009
Javelin 700g	28.02	S Wallace	2009

40-49yrs Female

100m	17.5	H Wallace	2009
400m	2:23.7	H Wallace	2010
1500m	10:31.4	H Wallace	2010
3000m	22:37.2	H Wallace	2009
Shot Put 4kg	7.55	H Wallace	2009
Discus 1kg	22.29	H Wallace	2010
Javelin 600g	17.5	H Wallace	2009

50-59yrs Male

Shot Put 6kg	8.86	R Mulder	2006
Discus 2kg	25.57	R Mulder	2006
Javelin 800g	26.89	R Mulder	2006

50-59yrs Female

Shot Put 3kg	6.36	A Watts	2007
Discus 1kg	14.76	A Watts	2007
Javelin 600g	11.40	A Watts	2007

60-69yrs Male

100m	28.3	J Newman	2007
Shot Put 6kg	7.53	J Newman	2007
Discus 1.5kg	17.71	J Newman	2007
Javelin 700g	15.03	J Newman	2007
Long Jump	1.69	J Newman	2007