



<b>Entry Form</b> (Please print NEATLY)				<b>Sunshine Coast Cross Country Series 2018</b>							
FIRST NAME:		LAST NAME:									
POSTAL ADDRESS:				POSTCODE:							
PHONE: (H)		(M)									
EMAIL:											
GENDER: (CIRCLE)		MALE		FEMALE							
DATE OF BIRTH:		/		/							
QA OR LAQ MEMBER? (CIRCLE) YES NO		USCAC QA OR MAROOCHY QA OR MAROOCHY LAQ?				YES NO					
Please tick one box		<b>U10</b>	<b>U12</b>	<b>U 14</b>	<b>U16</b>	<b>U18</b>		<b>30-39</b>	<b>40+</b>	<b>50+</b>	<b>60+</b>
	<b>Born</b>	2009/10	2007/8	2005/6	2003/4	2001/2		1979-88	1969-78	1959-68	1949-58
	<b>1km</b>										
	<b>2km</b>										
	<b>3km</b>						14-29 (1989-2004)				
	<b>4km</b>						FEM ONLY				
	<b>6km</b>						MALE ONLY	U40 (1979-2000)			
	<b>10km</b>							U40 (1979-2000)			
NB: Ages are at 31 December 2018											
Athlete signature:						Parent/Guardian signature:					

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