

Allez Sport Cross Country Series 2018

Runners and Joggers; Competitive and Recreational; All Ages. Be part of this successful series jointly organised since 2000 by Maroochy Athletics Club and University of the Sunshine Coast Athletics Club.

Race 1: Sunday April 22nd

Corbould Park Racecourse Pierce Avenue, Caloundra

Race 2: Sunday April 29th

Ben Bennett Park

Next to Caloundra High School, Queen St. (Continuation of Sugar Bag Road)

Race 3: Sunday May 13th

Maleny Golf Club

Porters Lane (off Obi Lane), Maleny

Race 4: Sunday May 27th

Maddock Park, Ewen Maddock Dam, Mooloolah Connection Rd., Glenview

Race 5: Sunday June 3rd

Ben Bennett Park

Next to Caloundra High School, Queen St. (Continuation of Sugar Bag Road)

Race 6: Sunday June 10th

Sunhine Coast University

Next to Athletics track, Sippy Downs

Just keeps getting bigger and better!

Registration Fee

Once only fee to cover all races in series

*QA, QMA, QLA

Registered members - Nil

*Non Members - \$15 per runner

Race Fees (payable each race day)

*Maroochy senior & LA Members /

*USCAC senior Members:

u8 free

u10 to u18 \$5

18+ \$8

Family (parents and children) \$15

*All other runners:

8

free

u10 to u18

\$10

18+

\$14

Family (parents and children) \$30

Race Day Program

Entries taken on race days.

8:00am - 10km

Male & Female Open; u40; 40-49; 50+



8:00am - 6km

Male - Open; u18; u40; 40+; 50+; 60+; 70+ Female - Open; u40; 40+; 50+; 60+; 70+

9:00am - 3km & 4km

3km - Open; u14; u30; 30-39; 40+; 50+; 60+; (M+F) 4km - u18 girls; u16 boys and girls

9:25am - 2km Boys and Girls under 12

9:40am - 1km Boys and Girls under 10

9:50am - 500m Boys and Girls under 8

Please register 30 minutes prior to race start; Open 10km runners eligible for prizes.

Races run in rain, mud, frost & sunshine!

Contact: Andrew Bock Ph: 0412 145 106 abock@bigpond.net.au

Point Score (each age category)

Runners must complete 4 out of 6 races to be eligible for series trophies

1st - 10 points; **2nd** - 8 points; **3rd** - 6 points; **4th** - 4 points; **5th** - 3 points; **6th** - 2 points;

7th onward - 1 point.

Results and more www.sccrosscountry.com.au

NB. Ages at 31st December 2018