



## WELCOME to the world of Seniors Tennis

### Over 35 and interested in tennis

Seniors tennis competitions are played in all Regions and many senior players compete each year in the individual Championships and Teams Event. Players have the opportunity to compete for the honour to represent New Zealand at the ITF Worlds Team Championships.

### Why is Seniors Tennis so successful?

Tennis is a sport that we can play for a lifetime. Seniors tennis competitions are divided into five-year age groups starting at 35 years so opportunities are there for all. If you ever needed inspiration to get off the couch and pick up a racquet, now is the time and you can enjoy playing with players your own age. New Zealand have over 2,500 players participating in seniors tennis throughout the country.

### Find a Club

Tennis NZ Seniors have 31 Clubs around New Zealand. Return to the home page and from the menu bar click on "Clubs", to find where you can play Seniors Tennis.



Seniors play for the love of the game