

L1 Knowledge Assessment

1. Choose the correct answer:

What is the minimum distance the on-deck hitter and other individuals must remain from the hitter?

- a. 5 metres
- b. 10 metres
- c. 15 metres
- d. 20 metres

Answer _____

Fill in the missing words:

2. _____ and _____ can be dangerous and may fly unexpectedly in any direction

3. Encourage players to avoid any unnecessary c_____.

4. Which of these coaching elements is NOT required at this level?

- a. a long list of fun, skills-enhancing activities
- b. participation by all players
- c. technical instruction
- d. teaching skills through games

Answer _____

Fill in the missing words:

5. Kids at this stage of development learn best by d_____, and this creates more effective l_____ -term learning.

6. Which of these is not an important part of a training session for tee-ballers?

- a. Plan the session beforehand
- b. Discuss the points table
- c. Finish on time
- d. Vary the activities

Answer _____

7. In addition to throwing, fielding and hitting activities, what other skill development activity should be included in each session?

- a. Running
- b. Catching
- c. Sliding
- d. Pitching

Answer _____

8. _____ According to the recommended Aussie T-Ball Session provided, what is the first physical activity to be done once actual training commences?

- a. Debrief
- b. Structured warm-up
- c. Fielding activity
- d. T-ball game

Answer _____

9. The acronym which suggests the ways in which activities can be adapted to cater for differing levels of ability is:

- a. F.U.N.N.Y.
- b. G.A.M.E.
- c. T.R.E.E
- d. M.A.T.E.S.

Answer _____

10. Promote good s_____, stay enthusiastic, and reward e_____ rather than s_____. Do not make or allow n_____ comments about or to the umpire.

11. So that all players have equal involvement in the game, the players r_____ positions every inning.

12. When rotating, the players move in the following manner:

pitcher becomes _____
_____ becomes 1st base
1st base becomes 2nd base
2nd base becomes _____
_____ becomes shortstop
Shortstop becomes _____

13. All drills and activities can be adjusted to cater for varying ability by adjusting the T _____, the Rules, the E _____, or the Environment.

14. Everyone deserves e _____ opportunity. Competitive games are fun, but w _____ is not the only issue.

15. Which of these is **not** a way in which an out may be made in Aussie Tee-Ball?

- a. Fly ball caught in foul territory
- b. Tagged out
- c. Leaving early on a fly ball
- d. Force out

Answer _____

16. How many foul balls may a hitter have in an at bat?

Answer _____

17. A “fly ball” is a batted ball that is c _____ on the f _____

18. A baserunner is forced to run when all bases behind him are o _____

19. The main base coach should be positioned in foul territory on the _____ Base side.

20. If your number 3 hitter is the last hitter in one inning, number _____ must lead off the next inning

21. How many hitters may bat each inning?

Answer _____

22. How frequently must fielders rotate in their positions?

Answer _____

The bench:

23. Sit in h _____ order

24. One hitter on d _____

25. G _____ and d _____ arranged for ease of access

26. P _____ stay away from the bench and out of dugout

27. _____ second changes between inning

28. Everyone r _____ to position (and off when the o _____ inning is over)

29. Teammates take g _____ out to those on base etc

Preparing for a game:

30. Write out your l _____ -up (o _____ and d _____), including copies for scorer, umpire and (according to local rules)

31. Team meeting: inform players of f _____ position and b _____ order

32. Warm-up, including batting and fielding p _____ if feasible.

33. Have e _____ ready on t _____.