# Teeball Areas to Improve

## Back Foot Movement – Rule 16.4

Two scenarios are occurring where players are moving their back foot after the umpire has called played ball:

* Batter is attempting to “switch hit”
* Stepping back with their back foot prior to taking their swing

Back foot movement is covered by rule 16.4 which requires a batter to take position at the call of “batter up” and once the calls “play ball” a player is “**not permitted to reposition the back foot such that, in the umpires opinion, the ball will be hit in an appreciably different direction”.** If a back foot movement is determined by the umpire a “Foul Ball” will be called and a strike be given on the batter.

The rule is in place to provide the best batting stance for the batter so they are well balanced and in a good position to hit the ball whilst playing teeball and in preparation for future ball sports.

Coaches need to work with their batters to take position and plant their back foot so they are balanced ready to hit the ball with a forward movement.

### Contact EHH Chief Coach for further information on training drills to assist players to stop throwing the bat.