



My Passport to Senior Baseball

Juniors playing seniors should fill out this self-assessment and provide to your senior coach



Name		
Age Group / Age		
Position(s)	(Primary)	(Secondary)

Skill (Please indicate the level you assess yourself to be at. Discuss with your senior coach(es) to identify ways to develop each skill and monitor progress)	Consistently	Developing	Request Instruction
Game Sense	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Identifies primary play for the situation			
Considers secondary play for situation			
Communicates with players/coaches every pitch			
As a hitter knows how to preserve outs			
Limits runners advance and (extra) runs scored.			
Offence (Hitting)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Puts batted ball in to play (low swing-and-miss rate)			
Adjusts approach pending situation (outs, runners, signal)			
Adjusts approach pending count			
Bunt execution			
Understands situational base running (steals, tag-ups, collision avoidance)			
Defence (Fielding)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Executes 120ft throw (across diamond) for clean catch			
Pitching (skip if not applicable)			
Can consistently pitch strikes (55-60%)			
Uses 'best pitch' regularly to maintain efficiency			
Can hold runners / pick-off			
Knows pitches-cover, bunt defence, back-up requirements for throws			
Catching (skip if not applicable)			
Positions feet/glove to receive the pitch (inc. framing)			
Blocks/catches stray pitches			
Executes 120ft throw to 2 nd base for clean catch			
Knows bunt defence			
Executes Foul-Fly catches			
Corner Infielder (skip if not applicable)			
Confidently fields ground balls / blocks stray throws			
Knows when/how to hold base runners			
Knows bunt defence role			
Knows cut-off roles			
Middle Infielder (skip if not applicable)			
Confidently fields ground balls / blocks stray throws			
Holds base runners			
Adjust positioning for situation			
Knows cut-off roles			
Outfielder (skip if not applicable)			
Comfortably catches routine fly balls			
Reads flight of ball to quickly position for straight forward catch			
Quickly identifies and accurately throws to cut-off			



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Development Plan

Action 1	
Over the coming weeks I need to talk to	
And ask them to show me how I can	
During my senior games, I should be looking at	

Action 2	
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Action 3	
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