

## Canberra and Eagles Coaching/Managing Philosophy

We want to be aggressive. We want to create a culture that is unafraid of failure and aggressive at the plate, on the mound, and running the bases. We want hitters to expect that they will end up on second on a base hit right out of the batters box, and to pressure the other team to stop us from taking extra bases. We want to be looking to steal, and to take extra bases if the other team is allowing it. An aggressive approach forces opponents to lose focus and be out of position, and we will capitalise on those mistakes.

### Key Concepts:

- \* We will be aggressive on the base paths, running 1st to 3rd on a hit in the outfield.
- \* Don't worry about walks at a young age; we want the guys to swing the bat.
- \* Don't be scared to strike out swinging. Striking out looking is unacceptable!
- \* Pound the strike zone, and don't nibble around the plate. Come right after hitters.

### Expectations and Points of Contacts

As a Head Coach, you are an extension of the Manager of Player Pathway and Coach Development and the office of Baseball Canberra. You are expected to handle yourself in a professional and collected manner. You are expected to manage parents, the coaching staff, and kids with the type of respect that you expect. When dealing with players, we will praise overtly and criticise privately. It is not acceptable to attack or discipline an athlete on the field for making a physical error, as those commonly happen in baseball. However, mental errors (attitude, focus, and attention-related) are expected to be maintained at all times. We are creating a hard-working, blue-collar culture and expect you to hold yourself and the players to that standard. The team will take on the personality of the Head Coach. Be mindful of this, and act appropriately!  
Thank you for following and adopting the information in this packet, and congratulations on earning your Head Coaching position!

Jeremy Barnes

Manager of Player Pathway and Coach Development Canberra

