

**WHITTLESEA CITY
LITTLE ATHLETIC CENTRE
112**

**TRACK & FIELD 2018/2019
NEWSLETTER**

NUMBER 18/19-04

For competition on 27 October 2018

WELCOME

Welcome to Week 4

Welcome to the Opening Ceremony and our first ever Nitro Event. See below how competition will proceed for the day.

We will be stopping competition so the kids can march down the track with their clubs. We have special guests and Life Members who are in attendance.

Once the Opening Ceremony is over we will be running the 100M Whittlesea City Plate for Boys and Girls, see on next page those participating.



**TEAM 1
MPSM-MG/L**

**TEAM 2
EPPING-METRO**

**TEAM 3
NS-TIGERS**

Rotation 1

U13 - U16 60m Bolt
U6 - U9 1kilo Target SP
U10 - U12 Short LJ

Rotation 2

U13 - U16 Short LJ
U6 - U9 60m Bolt
U10 - U12 2Kilo Target SP

WHITTLESEA CITY PLATE & OPENING CEREMONY

Rotation 3

U13 - U16 Target Jav
U6 - U9 Short LJ
U10 - U12 60m Bolt

Rotation 4

U6-U9 4x50, 2x100m Team Hurdle Relay
U10-U12 4x50, 2x100m Team Hurdle Relay
U13-U16 4x50, 2x100m Team Hurdle Relay
Parents/Athletes Shuttle Relay

FOR ALL CENTRE INFORMATION

Whittlesea City Website

<http://www.whittleseacitylac.com.au/>

WEEK 4

Saturday 27 October 2018

**Opening Ceremony
Nitro Round
8.30am start**

**At Meadowglen Track
McDonalds Road EPPING**

CALENDAR

PROGRAM OF EVENTS

RULES

Please refer to links on the Centre Website

BIRTHDAYS

If you had a birthday this week Many Happy Returns and have a great season!



100M HANDICAP WHITTLESEA CITY PLATE FOR BOYS & GIRLS

The Whittlesea City Plate for Boys and Girls is being run today. Best of luck to the following athletes who have qualified for this event

Boys

Leon Cardenas (U7)
Levi Robertson (U8)
Hunter Makowski (U9)
Alexis Mainelli (U10)
Dylan De Amicis (U11)
Isaac Malamatinas (U12)
James Arnall (U13)
Jude Georgievski (U14)
Kane Johnson (U15)
Jayden Day (U16)

Girls

Jorja Celic (U7)
Brodie Clark (U8)
Elliah Klein (U9)
Sohani Sidhu (U10)
Taya McClure (U11)
Amelia Djeric (U12)
Anika Gunooroy (U13)
Cheyenne Schroeter (U14)
Shehana Wijesundara (U15)
Maddison McBrien (U16)

CANTEEN

Due to changes of the management of the track there will be no canteen this week. A food truck has been organised by Council and the Barista Sisters will also be in attendance. We are working through these issues with the Committee of Management and Council and aim to have the canteen operating in the near future.

NMR REGION RELAY CARNIVAL – ENTRY CLOSING DATE EXTENDED

Closing date for entries to NMR Region Relay Carnival extended to Saturday, 27 October 2018. Please contact Centre Team Manager, Sammy King from Epping Club. See form on following pages.

REULSTHQ

Athletes Performances can be viewed on ResultsHQ – please see your Club for assistance in accessing this information

Please remember to check out the WCLAC website for any information on the season. You can get a copy of the Season Program and Calendar if you don't already have one.

TEAM APP

Please don't forget to sign up to WCLAC Team App, details are on the next page.

SPONSORS

Welcome our Sponsors for 2018/2019 Season: Telstra Store – Plenty Valley – Major Sponsor, Weatherall Windows – Silver Sponsor; AcademyCoach.com.au-Silver Sponsor; & SportFirst Eltham – Bronze Sponsor.

FUNDRAISING

This week is Tigers Club turn for fundraising. Please support all Clubs when doing Fundraising.

PARENT HELPERS

All clubs are required to man events and all families are required to help out and do their duties during the course of the season, after all we are all volunteers and as they say "many hands make light work". Each Club has different events.

If any parent is interested in becoming a Starter or Walk Judge please speak to a Centre Committee Member.

There are still some vacant positions on the Centre Committee if anyone is interested in one of these positions please speak to Tony Newstead.

WHITTLESEA CITY LAC

NOW HAS ITS OWN APP



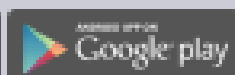
Your Team. Your App.

Download our awesome new app now and stay up to date with all the latest information!

Install the Whittlesea City LAC App on your smartphone or tablet now!

Follow these steps:

1. Download Team App from the Apple or Google Play app stores.



2. Sign up to Team App. You will be sent an email to confirm your registration.
3. Log into the App and search for "Whittlesea City LAC".
4. Choose your applicable access group(s).
5. If you don't have a smartphone go to whittleseacitylac.teamapp.com to sign up and view this App online.



Need help?

Contact: Tony Newstead (Secretary WCLAC)

Email: whittleseacity@lavic.com.au

Phone: 0431 665 350

teamapp.com

WELCOME TO SPONSORS FOR THIS SEASON



The advertisement for Weatherall Windows is presented as a window frame with a grey background. On the left, there is a logo consisting of two stylized 'W's, one yellow and one green. To the right of the logo, the text "Weatherall Windows" is written in a large, black, sans-serif font. Below this, in a smaller black font, is "uPVC Framed Double Glazed Windows & Doors". The phone number "1300 132 095" is displayed in a large, black, sans-serif font. Below the phone number is the tagline "Helping to create a comfortable peaceful home" in a black, cursive font. At the bottom, the website address "www.weatherallwindows.com.au" is written in a black, sans-serif font.

AcademyCoach.com.au

QUALIFIED MASTER LEVEL HURDLES COACH
Coaching Whittlesea City Athletes



