

Week 16

A full program was on offer at Seaford Little Athletics over the weekend with athletes kept busy with sprints, hurdles, throws and jumps. Now at the business end of the season, the chase is on for every last point towards end of season awards.



PBs were hard to come by at the meet but that didn't stop athletes giving their all. The Centre Records were once again in focus with 2 new achievements added to the book. U/8 athlete Hannah Kemp reclaimed the Scissor High Jump record for her age group when she cleared 0.99m to overtake the previous best of 0.90 set by Rose Parker in Week 10. A keenly contested event for this age group, Hannah had previously held the record at 0.89m back in Week 7. The final event of the day saw U/14 Mali Goggin better her own 200m Hurdles record with a new time of 32.81. This latest time eclipsed her previous record of 35.42 which she set in Week 3 of the current season.

On the circular track, the youngest age groups of 6-8 tackled the 200m. Lilly Kemp, Summer Goddard, Poppy Joyce, Lucy Parker, Kiera Savage, Eliza Urmston, Kai Tenny, Connor Boyd, Rose Parker, Claire Gould and Josiah Bright all achieved new Personal Best times in their heats. Leading the pack in each age group were Lilly Kemp (47.53) and Kai Tenny (47.26) in the U/6s, Haven Lennon (47.80) and Seth Littler (40.46) in the U/7s and Rose Parker (44.34) and Josiah Bright (44.88) in the U/8s.

The older age groups tested their jumping abilities with 2 lots of hurdles and High Jump throughout the morning. On the straight track, the 60m Hurdles proved a challenge for most athletes with only a small group able to set a new PB. Claiming a new Personal Best were Hannah Kemp, Rose Parker, Claire Gould, Josiah Bright, Alice Parker, Holly White, Sunshine Harington-Hawes, Harvey Scroggie, Angus Mitchell and Leonard Harrington. Fastest times for the morning went to U/14 Mali Goggin (12.25) and U/13 Angus Mitchell (12.37).



In the field, the older age groups tested their throwing skills with the Discus. In the U/13 age group, Leonard Harrington recorded the biggest throw of the day with 21.12m while for the girls Celestine Debargue lead the way with 17.64m. For the U/14s, a close contest in the girls saw Mali Goggin finish ahead with 15.71m ahead of Emily Smith at 14.17m while for the boys Xavier Bright took honours with 17.57m. Kelsey Hughes was the lone competitor in the U/15 girls while Dan Li finished first for the boys at 19.67m. In the U/16s, a close contest in the girls saw Teaghan Thorpe (14.00m) edge out Nikayla Walker (13.52m) Annika Mitchell (13.44). In the boy's division Lachlan Smith (15.49m) finished ahead of Hayden Dyball.

PBs for 29/02/2020

4 PBs: Claire Gould, Rose Parker, Josiah Bright, Celestine Debargue, Angus Mitchell, Mali Goggin

3 PBs: Eliza Urmston, Asher Savage, Alice Parker, Elijah Bright, Leonard Harrington, Xavier Bright

Week 17 of competition is a twilight meet on Friday 6th March at Riviera Park, Eel Race Road. First events will commence at 6pm sharp.

