



Frequently Asked Questions

1. WHEN DOES THE TRACK & FIELD SEASON START AND END?

The little athletic season runs from October 2018 until March 2019.

Our 'come and try' night is Friday 21 September 2018 where children can take part and experience little athletics events. Committee members will be available to assist with all registration enquiries.

Our first competition night is Friday 5 October 2018.

We commence at 5:45pm but encourage you to come down from 5:00pm. We aim to be finished by 7:30pm.

2. WHERE IS MOORABBIN LAC?

Our athletic track is at G.R. Bricker Reserve on Rowans Road, Moorabbin.

3. WHAT AGES DO YOU CATER FOR?

Children turning five (5) between 1 October and 31 December 2018 and under the age of 16 on 31 December 2018 are eligible to compete.

From 1 January 2019, a child must have turned five (5) before being able to register.

Refer to the Age Group Calculator on page five (5) to determine which age group your child will participate in for season 2018/2019.

4. WHAT HAPPENS ON A FRIDAY NIGHT?

U9 - U16, athletes undertake four (4) to five (5) events each week. This is usually in the format of a sprint, middle distance or hurdles, a throw and a jump.

U6 - U8 run a special skill based program called 'On Track'.

On arriving, make your way over to the front straight and find the correct age group co-ordinator*.

Age group co-ordinators are identified by coloured fluorescent vests, which can be collected from the age group 'bins'. The bins are placed on the front straight each Friday night prior to competition.

* Each age group is managed by an age group co-ordinator. All parents/carers are encouraged to take on the role of age group co-ordinators throughout the season.



5. HOW DO I REGISTER FOR LITTLE ATHLETICS?

Registration is via the Little Athletics Victoria website portal. Here's a link can be accessed [here](#).

6. CAN I REGISTER AND NOT PAY?

Yes, the website portal allows you to register and opt not to pay. You can come and try before making your payment.

7. HOW MUCH DOES IT COST?

One athlete is \$190.00, two (2) members of one family is \$340.00, three (3) members is \$460.00, four (4) members is \$580.00 and five (5) members \$700.00.

8. ARE THERE OTHER COSTS?

To compete at Moorabbin your athlete must wear a Moorabbin t-shirt, singlet or crop top. The cost of these vary from \$35.00 - \$45.00.

Athletes can wear any black shorts. We sell "Little Athletics" branded shorts for \$25.00

Please note: logos, other than the Little Athletics logo, are NOT permitted on shorts at regional or state events.

Other costs apply to athletes wanting to participate in regional and state events and other centre 'open days'.

9. CAN I COME AND TRY WITHOUT REGISTERING?

For insurance reasons, we require you to register online even if you're only planning to 'come and try'. Otherwise you will be asked to complete a paper form on the first night you attend.

Your athlete can 'come and try' twice before needing to register.

Please note: results are NOT captured if your athlete(s) has not registered and paid.



10. WHEN IS TRAINING AND WHO CAN ATTEND?

Training is 'free of charge' to all registered and paid athletes.

Training is held on Wednesday nights from 5:00pm – 6:00pm. Training is a great opportunity for athletes to practice and refine their technique.

Our first training night will be held on Wednesday 10 October 2018.

There are additional costs for some of our elite training groups. Please ask the Coaching Manager for more details.

11. WHAT HAPPENS IN WINTER?

Moorabbin does not hold a winter session however we are affiliated with Bayside Cross Country. To register you must be a winter member of Little Athletics Victoria and the cost is approximately \$50.00.

Moorabbin does not benefit from this - this is a fee set by the governing body Little Athletics Victoria.

12. OPEN DAYS

Different clubs within Victoria hold 'open days' throughout the season. Open days are typically published via our Facebook page.

Moorabbin athletes can register for any of these events. Additional costs are payable based on the number of events entered.

This is a good opportunity for athletes to compete against (with) athletes from other centres and make new friends.

13. REGIONAL AND STATE EVENTS

Little Athletics Victoria is made up of seven (7) regions. Moorabbin falls under Southern Metropolitan Region (SMR).

There are two regional events athletes can choose to participate in:

1. **Regional Relay Championships** - this is a team based event where athletes represent Moorabbin with their team mates and compete against other teams from other centres within SMR. This regional event is a qualifier for the State Relay Championship. Athletes must nominate and express their interest if they wish to be involved. This is not a selective process – everyone is welcome to participate.



2. **Regional Track & Field Championships** - athletes may nominate for up to four (4) individual events to compete in over a two (2) day event. Athletes will be sent instructions on how to register for this event and there will be additional costs to participate. This event is a qualifier for the State Track & Field Championships. This is not a selective process – everyone is welcome to participate.

State Multi-Event Championship

Little Athletics Victoria also offer the State Multi-Event Championships for athletes to participate. There is no qualifier event for the State Multi-Event Championships.

This event is similar to the concept of a heptathlon or decathlon. U9 - U13 athletes compete in five (5) 5 events in one full day of competition. U14 - U16 compete in seven (7) events across two days of competition. This is not a selective process – everyone is welcome to participate.

Like our centre competition, regional and state events cannot run without volunteers. Centres are assigned hours of 'duty' and all families with athletes registered for regional and state events will be expected to assist with duty allocations. Our Competition Manager will provide more detail later in the season.

14. EXPECTATIONS OF PARENTS/CARERS

This is very important. Our centre is run completely by volunteers. We all have children competing at the centre, just like you.

Parents/carers will be assigned duty approximately twice a season for either setup, pack up, bar-b-que duties etc. In addition, we rely on families to assist with the running of each age group, every week. This may mean recording, measuring or general 'crowd control' of the age group.

Little athletics is not set up to enable a drop-off environment. We expect parents/families to be present most weeks.

We cover the costs of coaching for anyone who is interesting in helping out each week. Our Handbook is a good go-to if you have technical questions such as how to measure the shot put etc.

Anyone on the Committee will be happy to answer any questions you might have or you can email us as time via moorabbin@lavic.com.au

AGE GROUP CALCULATOR

	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
JANUARY	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	U6
FEBRUARY	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	U6
MARCH	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	U6
APRIL	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	U6
MAY	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	U6
JUNE	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	U6
JULY	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	U6
AUGUST	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	
SEPTEMBER	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	
OCTOBER	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	
NOVEMBER	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	
DECEMBER	U16	U15	U14	U13	U12	U11	U10	U9	U8	U7	U6	

Age groups for the 2018-19 season are based on how old the athlete is as of the 31st December 2018.

From the 1st January 2019, an athlete must have turned 5 before being able to register.