

MENTONE LITTLE ATHLETICS CLUB

PERSONAL BEST (PB) DAY - 21ST MARCH 2015

TIMETABLE

FIELD EVENTS

8:30 AM - 9:15 AM		DISCUS 1	U8 AGE GROUPS
8:30 AM - 9:30 AM		DISCUS 2	U6-U7 AGE GROUPS
8:30 AM - 9:30 AM		SHOT PUT 1	U6, U7, U8 BOYS AGE GROUPS
8:30 AM - 9:30 AM		SHOT PUT 2	U6, U7, U8, GIRLS AGE GROUPS
8:30 AM - 9:15 AM		HIGH JUMP 1	U8 AGE GROUPS
8:30 AM - 9:15 AM		LONG JUMP - PIT 1	U6 - U7 GIRLS AGE GROUPS
8:30 AM - 9:15 AM		LONG JUMP - PIT 2	U6 - U7 BOYS AGE GROUPS
8:30 AM - 9:15 AM		LONG JUMP - TJ PIT 1	U8 GIRLS AGE GROUP
8:30 AM - 9:15 AM		LONG JUMP - TJ PIT 2	U8 BOYS AGE GROUP
10:00 AM - 10:45 AM		JAVELIN	U11 - U16 AGE GROUPS
10:00 AM - 11:30 AM		DISCUS 1	U9 - U16 AGE GROUPS
10:00AM - 11:30 AM		SHOT PUT 1	U12 - U16 AGE GROUPS
10:00AM - 11:15 AM		SHOT PUT 2	U9 - U11 AGE GROUPS
10:00AM - 10:30AM		HIGH JUMP 1 & 2	U9 - U10 AGE GROUPS
10:30AM - 11:00AM		HIGH JUMP 1 & 2	U11 - U12 AGE GROUPS
11:00AM - 11:30AM		HIGH JUMP 1 & 2	U13 - U16 AGE GROUPS
10:00AM - 11:15AM		TRIPLE JUMP - PIT 1	U9 - U11 AGE GROUPS
10:00AM - 11:30AM		TRIPLE JUMP - PIT 2	U12 - U16 AGE GROUPS
10:00AM - 11:15AM		LONG JUMP - PIT 1	U9 - U11 AGE GROUPS
10:00AM - 11:30 AM		LONG JUMP - PIT 2	U12 - U16 AGE GROUPS

TRACK EVENTS

8:30AM - 8:50AM (BS)		60M HURDLES	U8 AGE GROUP
8:30AM - 8:50AM		70M	U6 - U7 AGE GROUPS
8:50AM - 9:00AM		70M	U8 AGE GROUP
9:00AM - 9:20AM		100M	U6 - U8 AGE GROUPS
9:20AM - 9:35AM		200M	U7 - U8 AGE GROUPS
9:35AM - 9:45AM		400M	U8 AGE GROUP
9:45AM - 9:55AM		300M HURDLES	U13 - U16 AGE GROUPS
10:05AM - 10:20AM (BS)		60M HURDLES	U9 - U12 AGE GROUPS
10:20AM - 10:35AM (BS)		80M HURDLES	U9 - U 13 AGE GROUPS, U14 GIRLS
10:35AM - 10:45AM (BS)		90M HURDLES	U14 BOYS, U15-16 GIRLS AGE GROUPS
10:45AM - 10:55AM (BS)		100M HURDLES	U15 - U16 BOYS AGE GROUPS
10:00AM - 10:20AM		70M	U9 - U12 AGE GROUPS
10:20AM - 10:45AM		100M	U9 - U16 AGE GROUPS
11:00AM - 11:20AM		200M	U9 - U16 AGE GROUPS
11:20AM - 11:45AM		400M	U9 - U16 AGE GROUPS
11:45AM - 12:00AM		800M	U9 - U16 AGE GROUPS
12:00AM - 12:15PM		1500M	U11 - U16 AGE GROUPS

PRESENTATIONS

Presentation of PB awards will be made on Saturday 11th April