QMA Brisbane Metropolitan - 16/10/2010

State AthleticsFacility Nathan

Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 1 W50 5000 Metre Run

	Name	Age	Team	Finals	Age-Grading
Finals					
1	Sheer, Marcia	W52	Metro Central	18:37.59	15:39.00 92.09%

Event 1 M40 5000 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Wood, Neil	M44	Metro South	18:36.38	17:03.61 73.95%

Event 1 M50 5000 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Davies, Phil	M53	Metro Central	17:08.58	14:38.00 86.22%
2	Andrews, Paul	M50	Visitor	20:05.01	17:34.03 71.82%

Event 1 M55 5000 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Reeves, Peter	M56	South Queensland	16:52.70	14:02.98 89.80%

Event 1 M60 5000 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	James, Peter	M63	Ashgrove Rangers	19:17.65	15:06.68 83.49%
2	Sheer, John	M63	Metro Central	20:04.62	15:43.46 80.24%
3	Dale, Rick	M62	Metro South	22:10.47	17:31.34 72.00%

Event 2 W40 5000 Metre Race Walk

	Name	Age	Team	Finals	Age-Grading
1	Beikoff, Donna	W43	Metro North	39:14.70	36:53.42 53.63%

Event 2 W65 5000 Metre Race Walk

	Name	Age	Team	Finals	Age-Grading
1	McKinven, Noela	W68	Metro North	37:33.11	27:08.33 72.90%

Event 2 M40 5000 Metre Race Walk

	Name	Age	Team	Finals	Age-Grading
1	Chand, Dip	M41	Visitor	30:45.05	28:58.60 61.98%

Event 2 M50 5000 Metre Race Walk

	Name	Age	Team	Finals	Age-Grading
1	Bennett, Peter	M54	Metro Central	25:44.97	21:47.67 82.41%

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State AthleticsFacility Nathan

Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 3 W50 80 Short Hurdles

	Name	Age	Team	Finals	Wind	Age-Grading
1	Pryor, Jill	W52	Coastal South	14.45	0.9	

Event 3 W65 80 Short Hurdles

	Name	Age	Team	Finals	Wind	Age-Grading
1	Hamilton, Lesley	W67	Sunshine Coast	19.58	0.9	

Event 3 M70 80 Short Hurdles

	Name	Age	Team	Finals	Wind	Age-Grading
1	Daniels, Ken	M72	Sunshine Coast	19.43	0.9	18.93 68.24%

Event 4 M60 100 Short Hurdles

	Name	Age	Team	Finals	Wind	Age-Grading
1	Kennedy, Peter	M64	Metro Central	19.81	0.9	16.77 76.98%

Event 7 W35 Shot Put

	Name	Age	Team	Finals	Age-Grading
1	Harvey, Camille	W36	Metro South	8.20m	8.83m 39.05%

Event 7 W40 Shot Put

	Name	Age	Team	Finals	Age-Grading
1	Beikoff, Donna	W43	Metro North	5.89m	7.39m 32.67%

Event 7 W45 Shot Put

	Name	Age	Team	Finals	Age-Grading
1	Bateson, Lynda	W47	Ashgrove Rangers	6.85m	9.49m 41.95%

Event 7 W65 Shot Put

	Name	Age	Team	Finals	Age-Grading
1	McKinven, Noela	W68	Metro North	3.32m	6.69m 29.56%

Event 7 W75 Shot Put

	Name	Age	Team	Finals	Age-Grading
1	Doherty, Heather	W77	Metro Central	7.62m	19.86m 87.79%

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Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 8 M30 Discus Throw

	Name	Age	Team	Finals	Age-Grading
1	Norwood, Darrin	M31	South Queensland	34.20m	34.20m 46.17%

Event 8 M50 Discus Throw

	Name	Age	Team	Finals	Age-Grading
1	Parr, Josh	M54	Metro South	20.39m	21.96m 29.65%

Event 8 M60 Discus Throw

	Name	Age	Team	Finals	Age-Grading
1	Kennedy, Peter	M64	Metro Central	29.91m	36.59m 49.40%

Event 8 M65 Discus Throw

	Name	Age	Team	Finals	Age-Grading
1	Quinn, Don	M66	Metro North	32.89m	42.11m 56.85%

Event 8 M70 Discus Throw

	Name	Age	Team	Finals	Age-Grading
1	Daniels, Ken	M72	Sunshine Coast	22.92m	34.13m 46.08%
2	Lakin, Alf	M70	GC Masters	19.09m	26.96m 36.40%

Event 9 M45 High Jump

	Name	Age	Team	Finals	Age-Grading
1	McInnes, Callum	M49	Metro South	1.46m	1.76m 72.28%

Event 9 M60 High Jump

	Name	Age	Team	Finals	Age-Grading
1	Kennedy, Peter	M64	Metro Central	1.38m	1.99m 81.18%

Event 9 M80 High Jump

	Name	Age	Team	Finals	Age-Grading
1	Grigg, Russell	M83	Metro South	1.00m	1.90m 77.52%

Event 10 W45 800 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Bateson, Lynda	W47	Ashgrove Rangers	3:16.63	2:59.90 62.97%

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Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 10 W55 800 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Ryan, Anne	W55	Metro Central	2:47.97	2:20.36 80.71%

Event 10 W65 800 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Menzies, Betty	W66	Metro Central	3:04.03	2:06.86 89.30%

Event 10 M35 800 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Scully, Graham	M36	Metro Central	2:34.47	2:32.59 66.27%

Event 10 M40 800 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Eisentrager, Scott	M42	Metro Central	2:48.76	2:37.54 64.18%

Event 10 M45 800 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Treschman, John	M46	South Queensland	2:20.67	2:06.65 79.84%

Event 10 M50 800 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Davies, Phil	M53	Metro Central	2:19.26	1:58.08 85.63%
2	Dimauro, Con	M51	Metro South	2:20.67	2:01.29 83.37%
3	Walke, Rod	M50	Metro North	2:43.31	2:21.97 71.22%

Event 10 M55 800 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Collie, Jason	M59	Metro Central	2:25.30	1:57.32 86.19%

Event 10 M60 800 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Ryan, Sean	M62	Metro Central	2:28.21	1:56.90 86.50%

Event 10 M75 800 Metre Run

	Name	Age	Team	Finals	Age-Grading
1	Woods, Colin	M75	Metro Central	2:58.08	2:00.28 84.06%

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Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 11 W30 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Venema, Anne	W32	Metro North	9.66	-0.8	9.66	71.64%	2
2	Cocksedge, Kim	W34	Metro North	9.84	-0.8	9.84	70.33%	2

Event 11 W40 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Cavanough, Jodi	W42	Metro North	9.91	0.5	9.35	74.07%	3
2	Beikoff, Donna	W43	Metro North	10.35	-0.8	9.66	71.69%	2

Event 11 W50 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	
1	Pryor, Jill	W52	Coastal South	9.09	-0.2	7.71	89.88%

Event 11 W55 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Brameld, Noela	W57	Sunshine Coast	10.22	-0.8	8.25	83.95%	2

Event 11 W60 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	McDonnell, Hazel	W63	Metro South	10.66	0.5	8.13	85.18%	3

Event 11 W65 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Hamilton, Lesley	W67	Sunshine Coast	10.97	0.5	8.07	85.78%	3

Event 11 M30 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	
1	Witelus, Rafal	M34	Metro South	7.98	-0.2	7.97	80.33%

Event 11 M50 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Valentine, Bevan	M51	Visitor	8.63	-0.8	7.59	84.24%	2

Event 11 M55 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	
1	Begley, Joe	M56	Metro North	8.29	-0.2	7.04	90.83%
2	Malouf, Ian	M56	Metro Central	8.94	-0.2	7.59	84.23%

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Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 11 M60 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading
1	Reisenleiter, Robin	M60	Coastal South	8.28	-0.2	6.85 93.36%
2	Wight, John	M64	Metro South	8.43	-0.2	6.79 94.19%

Event 11 M70 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	Lakin, Alf	M70	GC Masters	10.63	0.5	8.24 77.52%	3

Event 11 M75 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	Coogan, Hughie	M75	Metro North	9.23	-0.8	6.90 92.63%	2

Event 11 M80 60 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	Harrod, George	M81	Sunshine Coast	10.05	0.5	7.05 90.65%	3
2	Grigg, Russell	M83	Metro South	13.94	0.5	9.53 67.07%	3

Event 12 W30 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	Venema, Anne	W32	Metro North	15.32	-1.5	15.32 68.47%	2
2	Cocksedge, Kim	W34	Metro North	15.69	-1.5	15.69 66.86%	2

Event 12 W40 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	Cavanough, Jodi	W42	Metro North	15.86	-1.5	14.81 70.87%	2
2	Beikoff, Donna	W43	Metro North	16.55	-0.1	15.28 68.70%	3

Event 12 W45 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	Lakin, Karen	W47	GC Masters	16.12	-1.5	14.24 73.70%	2

Event 12 W50 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading
1	Pryor, Jill	W52	Coastal South	14.68	-0.6	12.31 85.29%

Event 12 W55 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	Brameld, Noela	W57	Sunshine Coast	16.74	-1.5	13.35 78.61%	2

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Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 12 W60 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	McDonnell, Hazel	W63	Metro South	16.77	-0.1	12.64	83.01%	3

Event 12 W65 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Hamilton, Lesley	W67	Sunshine Coast	18.05	-0.1	13.12	80.00%	3

Event 12 M30 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	
1	Witelus, Rafal	M34	Metro South	12.42	-0.6	12.39	79.07%

Event 12 M35 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	
1	Scully, Graham	M36	Metro Central	12.65	-0.6	12.43	78.81%

Event 12 M45 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	
1	Denman, Gary	M49	Metro South	13.82	-0.6	12.41	78.87%

Event 12 M50 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Valentine, Bevan	M51	Visitor	14.48	-1.5	12.83	76.31%	2

Event 12 M55 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	
1	Begley, Joe	M56	Metro North	12.95	-0.6	11.12	88.11%
2	Malouf, Ian	M56	Metro Central	14.10	-0.6	12.10	80.92%

Event 12 M60 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Reisenleiter, Robin	M60	Coastal South	13.10	-0.6	10.97	89.31%	1
2	Wight, John	M64	Metro South	13.48	-0.6	11.01	88.95%	1
3	Kennedy, Peter	M64	Metro Central	15.12	-0.1	12.35	79.30%	3
4	Chaplain, Paul	M61	Gold Coast Victory	15.44	-1.5	12.85	76.23%	2

Event 12 M70 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Daniels, Ken	M72	Sunshine Coast	16.27	-0.1	12.52	78.18%	3

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Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

....Event 12 M70 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
2	Lakin, Alf	M70	GC Masters	16.85	-0.1	13.28	73.71%	3

Event 12 M75 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Coogan, Hughie	M75	Metro North	14.79	-1.5	10.97	89.25%	2

Event 12 M80 100 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Harrod, George	M81	Sunshine Coast	16.42	-0.1	11.13	87.94%	3
2	Grigg, Russell	M83	Metro South	23.48	-0.1	15.38	63.67%	3

Event 13 W35 Discus Throw

	Name	Age	Team	Finals	Age-Grading	
1	Harvey, Camille	W36	Metro South	20.13m	21.00m	27.35%

Event 13 W40 Discus Throw

	Name	Age	Team	Finals	Age-Grading	
1	Beikoff, Donna	W43	Metro North	14.24m	16.51m	21.51%

Event 13 W45 Discus Throw

	Name	Age	Team	Finals	Age-Grading	
1	Bateson, Lynda	W47	Ashgrove Rangers	17.86m	22.13m	28.82%

Event 13 W50 Discus Throw

	Name	Age	Team	Finals	Age-Grading	
1	Pronk, Joanne	W54	Metro North	19.05m	26.80m	34.90%

Event 13 W75 Discus Throw

	Name	Age	Team	Finals	Age-Grading	
1	Doherty, Heather	W77	Metro Central	20.61m	52.25m	68.04%

Event 14 M30 Shot Put

	Name	Age	Team	Finals	Age-Grading	
1	Norwood, Darrin	M31	South Queensland	11.59m	11.59m	50.13%

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Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 14 M50 Shot Put

	Name	Age	Team	Finals	Age-Grading
1	Parr, Josh	M54	Metro South	7.37m	9.18m 39.73%

Event 14 M60 Shot Put

	Name	Age	Team	Finals	Age-Grading
1	Kennedy, Peter	M64	Metro Central	9.55m	13.62m 58.91%

Event 14 M65 Shot Put

	Name	Age	Team	Finals	Age-Grading
1	Quinn, Don	M66	Metro North	9.61m	14.60m 63.18%

Event 14 M70 Shot Put

	Name	Age	Team	Finals	Age-Grading
1	Lakin, Alf	M70	GC Masters	7.95m	10.34m 44.76%
1	Daniels, Ken	M72	Sunshine Coast	7.95m	10.93m 47.32%

Event 15 M55 Pole Vault

	Name	Age	Team	Finals	Age-Grading
1	Cameron, Allan	M59	Metro Central	2.80m	4.06m 66.35%

Event 15 M60 Pole Vault

	Name	Age	Team	Finals	Age-Grading
1	Kennedy, Peter	M64	Metro Central	2.00m	3.17m 51.68%

Event 16 M35 Long Jump

	Name	Age	Team	Finals	Wind	Age-Grading
1	Scully, Graham	M36	Metro Central	5.20m	NWI	5.52m 61.76%

Event 16 M45 Long Jump

	Name	Age	Team	Finals	Wind	Age-Grading
1	McInnes, Callum	M49	Metro South	4.69m	NWI	5.81m 64.96%

Event 16 M60 Long Jump

	Name	Age	Team	Finals	Wind	Age-Grading
1	Kennedy, Peter	M64	Metro Central	4.28m	NWI	6.55m 73.29%

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Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 16 M80 Long Jump

	Name	Age	Team	Finals	Wind	Age-Grading
1	Grigg, Russell	M83	Metro South	2.10m	NWI	4.66m 52.11%

Event 18 W30 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	Venema, Anne	W32	Metro North	31.51	-0.6	31.51 67.72%	2

Event 18 W40 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	Beikoff, Donna	W43	Metro North	36.35	0.4	33.08 64.51%	3

Event 18 W45 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	Lakin, Karen	W47	GC Masters	33.25	0.4	28.86 73.95%	3
2	Kirby, Jenny	W49	Metro Central	35.29	-0.6	29.93 71.29%	2

Event 18 W60 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	McDonnell, Hazel	W63	Metro South	34.62	0.4	25.36 84.17%	3

Event 18 W65 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading	H#
1	Hamilton, Lesley	W67	Sunshine Coast	39.50	0.4	27.85 76.63%	3

Event 18 M30 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading
1	Witelus, Rafal	M34	Metro South	24.99	0.5	24.30 79.55%

Event 18 M35 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading
1	Scully, Graham	M36	Metro Central	25.67	0.5	24.57 78.65%

Event 18 M40 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading
1	Eisentrager, Scott	M42	Metro Central	29.46	0.5	26.93 71.76%

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Event 18 M45 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Denman, Gary	M49	Metro South	27.33	0.5	23.73	81.41%	1
2	Treschman, John	M46	South Queensland	30.00	-0.6	26.62	72.60%	2

Event 18 M50 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Valentine, Bevan	M51	Visitor	28.35	-0.6	24.27	79.61%	2
2	Dimauro, Con	M51	Metro South	29.75	0.4	25.47	75.87%	3

Event 18 M55 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Begley, Joe	M56	Metro North	26.51	0.5	21.93	88.12%	1
2	Malouf, Ian	M56	Metro Central	28.99	0.5	23.98	80.58%	1
3	Reeves, Peter	M56	South Queensland	31.74	-0.6	26.25	73.60%	2

Event 18 M60 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Reisenleiter, Robin	M60	Coastal South	27.30	0.5	21.98	87.91%	1
2	Chaplain, Paul	M61	Gold Coast Victory	31.73	-0.6	25.39	76.11%	2

Event 18 M70 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Lakin, Alf	M70	GC Masters	34.46	0.4	25.81	74.87%	3

Event 18 M75 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Coogan, Hughie	M75	Metro North	30.05	-0.6	20.81	92.85%	2

Event 18 M80 200 Metre Sprint

	Name	Age	Team	Finals	Wind	Age-Grading		H#
1	Harrod, George	M81	Sunshine Coast	35.34	0.4	21.99	87.89%	3

Event 19 W50 Weight Throw

	Name	Age	Team	Finals	Age-Grading	
1	Pronk, Joanne	W54	Metro North	7.92m	10.57m	44.80%

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Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 19 W75 Weight Throw

	Name	Age	Team	Finals	Age-Grading
1	Doherty, Heather	W77	Metro Central	8.17m	16.57m 70.25%

Event 20 M30 Weight Throw

	Name	Age	Team	Finals	Age-Grading
1	Norwood, Darrin	M31	South Queensland	8.92m	8.96m 34.67%

Event 20 M50 Weight Throw

	Name	Age	Team	Finals	Age-Grading
1	Parr, Josh	M54	Metro South	8.38m	9.96m 38.55%

Event 20 M65 Weight Throw

	Name	Age	Team	Finals	Age-Grading
1	Quinn, Don	M66	Metro North	12.69m	16.35m 63.26%

Event 21 W30 4x100 Metre Relay

	Team	Finals
1	Qma 'A'	1:03.68
	1) Lakin, Karen 47	2) Venema, Anne 32
	3) McDonnell, Hazel 63	4) Hamilton, Lesley 67

Event 21 M35 4x100 Metre Relay

	Team	Finals
1	Qma 'A'	52.64
	1) Scully, Graham 36	2) Valentine, Bevan 51
	3) Denman, Gary 49	4) McInnes, Callum 49

Event 21 M60 4x100 Metre Relay

	Team	Finals
1	Qma 'A'	1:03.21
	1) Lakin, Alf 70	2) Chaplain, Paul 61
	3) Burtt, Don 65	4) Daniels, Ken 72

Event 22 W30 400 Metre Sprint

	Name	Age	Team	Finals	Age-Grading	H#
1	Venema, Anne	W32	Metro North	1:12.90	1:12.37 65.78%	2

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Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 22 W45 400 Metre Sprint

	Name	Age	Team	Finals	Age-Grading		H#
1	Kirby, Jenny	W49	Metro Central	1:19.01	1:05.33	72.86%	2

Event 22 W60 400 Metre Sprint

	Name	Age	Team	Finals	Age-Grading		H#
1	McDonnell, Hazel	W63	Metro South	1:25.08	1:01.86	76.95%	2

Event 22 M35 400 Metre Sprint

	Name	Age	Team	Finals	Age-Grading	
1	Scully, Graham	M36	Metro Central	58.10	55.97	77.16%

Event 22 M40 400 Metre Sprint

	Name	Age	Team	Finals	Age-Grading	
1	Eisentrager, Scott	M42	Metro Central	1:07.45	1:02.19	69.44%

Event 22 M45 400 Metre Sprint

	Name	Age	Team	Finals	Age-Grading	
1	Denman, Gary	M49	Metro South	58.79	51.62	83.67%

Event 22 M50 400 Metre Sprint

	Name	Age	Team	Finals	Age-Grading		H#
1	Valentine, Bevan	M51	Visitor	1:05.49	56.73	76.13%	2

Event 22 M55 400 Metre Sprint

	Name	Age	Team	Finals	Age-Grading	
1	Malouf, Ian	M56	Metro Central	1:05.89	55.22	78.21%

Event 22 M60 400 Metre Sprint

	Name	Age	Team	Finals	Age-Grading		H#
1	Chaplain, Paul	M61	Gold Coast Victory	1:16.66	1:02.22	69.40%	2

Event 22 M65 400 Metre Sprint

	Name	Age	Team	Finals	Age-Grading	
1	Burtt, Don	M65	Metro Central	1:08.45	54.19	79.69%

QMA Brisbane Metropolitan - 16/10/2010

State AthleticsFacility Nathan

Results - Saturday 16th October - Age Grading: 1 Yr Indiv & 5 yr Multi

Event 22 M75 400 Metre Sprint

	Name	Age	Team	Finals	Age-Grading
1	Coogan, Hughie	M75	Metro North	1:08.15	45.28 95.38%