

QMA RECORDS UPDATE 3 March, 2018

Date	Place	Age group	Event	Name	Time/distance
03/03/18	Q.Bris. SAF	M50-54	100 Yards	Gary Parkinson	11.21 QR
03/03/18	Q.Bris. SAF	W55-59	3000 Metres	Louisa Abram	10.51.56 AR
03/03/18	Q.Bris. SAF	W75-79	1 Mile Trk Wk	Noela McKinven	12.52.43 QR
03/03/18	Q.Bris. SAF	W65-69	Triple Jump	Carol Davis	7.55 QR
03/03/18	Q.Bris. SAF	M35+	4x400m Relay	Gary Parkinson 50 Graham Scully 44 Peter Bracken 37 Daniel Mellish 39	3.41.63 QR