

**QMA RECORDS UPDATE 20-28 January, 2018**

<b>Date</b>	<b>Place</b>	<b>Age group</b>	<b>Event</b>	<b>Name</b>	<b>Time/distance</b>
20/01/18	Dunedin.NZ	W55-59	5000 Metres	Louisa Abram	18.44.52 QR
20/01/18	Dunedin,NZ	W35-39	Hammer	Fionnula Connors	38.87 QR
23/01/18	Dunedin.NZ	W65-69	200 Metres	Jeanette Flynn	30.55 AR
25/01/18	Dunedin.NZ	W65-69	400 Metres	Jeanette Flynn	69.01 AR
26/01/18	Dunedin.NZ	W55-59	1500 Metres	Louisa Abram	4.59.36 AR
28/01/18	Q.Bris.SAF	W55-59	Heavy Wt.56lb	Desley Ross	1.58 QR
28/01/18	Q.Bris.SAF	W65-69	Heavy Wt.56lb	Rosemary Kopittke	1.53 eq QR
28/01/18	Q.Bris.SAF	M75-79	Heavy Wt.56lb	Ian Kennedy	4.00 QR