

## Q.M.A. MENS' RECORDS AS AT 1<sup>st</sup> OCTOBER, 2018

Record times up to and including 800m must be set with Electronic Timing to be accepted as Queensland /Australian/World Records to conform to World and/or Australian Masters Rules, and a Wind Gauge reading is required for Sprints. 3 Watch Times are needed for any other distance longer than 800m to be recognised. Lap Scoring is required for distances longer than 1500 metres.

### 60 METRES

M30	Pasquale Vescio	2005	7.14
M35	Robin Mirhshahi	2014	7.25
M40	Travis Venema	2016	7.34
M45	Stephen Jones	2009	7.40
M50	Wayne Cousins	2011	7.40 <b>A</b>
M55	John Wight	2001	7.41 <b>A</b>
M60	John Wight	2006	8.00
M65	Rob McDonald	2010	8.10 <b>A</b>
M70	Glen Wilson	2011	8.41 <b>A</b>
M75	Hugh Coogan	2012	8.78
M80	Tom Brown	1999	9.42 <b>A</b>
M85	Charlie Hankins	2001	10.45
M90	Maurice Dauphinet	2016	13.01

### 60 METRES INDOOR (not Qld)

M45	Stephen Jones	2010	7.57 <b>A</b>
M50	Steve Jones	2017	7.81 <b>A</b>

### 100 METRES

M30)	Travis Venema	2007	11.0
M30)	Matt McEwen	2004	11.19
M35	Kevin Silver	1987	10.94
M40	Heinz Steinmann	1984	10.9
M45	Ted Eden	1977	11.4
M50	Wayne Cousins	1998	12.01
M55)	Mick Pirie	1980	11.9
M55)	Wayne Cousins	2002	12.01
M55)	Bernie Hogan	1976	11.5 <b>A</b>
M60	Bernie Hogan	1981	12.15 <b>A</b>
M65	Mick Pirie	1994	12.62 <b>A</b>
M70	Hugh Coogan	2009	13.34
M75	Hugh Coogan	2012	13.86
M80	George Harrod	2009	15.76
M85	Charlie Hankins	2002	17.0
M90	Harry Gathercole	1997	19.99
M100	Les Amey	2000	58.29 <b>A</b>

### 100 YARDS

M30	Travis Venema	2006	10.54
M35	Travis Venema	2015	10.78
M40)	Travis Venema	2016	10.84
M40)	Graham Scully	2017	10.84
M45)	Greg Potts	2015	11.08
M45)	Gary Parkinson	2015	11.08
M50	Gary Parkinson	2018	11.21
M55	Wayne Cousins	2002	11.51
M60	John Wight	2006	11.75
M65	Col Buyers	2008	12.05
M70	Hugh Coogan	2006	12.73
M75	Hugh Coogan	2012	13.14
M80	George Harrod	2012	15.33
M85	Maurice Dauphinet	2012	16.75
M90	Maurice Dauphinet	2017	21.79

### 200 METRES

M30	Harry Giles	1977	22.4
M35	Kevin Silver	1987	22.1
M40)	Heinz Steinmann	1984	22.5
M40)	Dave Irvine	1987	22.5
M45	Heinz Steinmann	1988	23.45
M50	Heinz Steinmann	1995	23.9
M55	John Wight	2002	24.7
M60	Bernie Hogan	1981	25.23
M65	Bernie Hogan	1985	25.6 <b>A</b>
M70	Hugh Coogan	2005	26.84 <b>A</b>
M75	Hugh Coogan	2011	28.44
M80	Charlie Hankins	1997	33.83
M85	Harry Gathercole	1993	35.99
M90	Harry Gathercole	1997	44.24

### 300 METRES

M30	Scott Tuohy	2017	36.77
M35	Rafal Witelus	2012	37.52
M40	Graham Scully	2017	37.02
M45	Gary Parkinson	2016	37.17
M50	Gary Parkinson	2018	38.12
M55	Joe Begley	2011	41.50
M60	Colin Buyers	2005	40.76
M65	Colin Buyers	2008	41.75
M70	Hugh Coogan	2007	43.54
M75	Hugh Coogan	2012	45.03
M80	Colin Woods	2016	55.08
M85	Maurice Dauphinet	2011	76.37

### 400 METRES

M30	Murray Goodwin	2018	46.24 <b>A</b>
M35	Nev Appleby	1991	50.4
M40	Tony Blue	1977	50.5
M45	Gary Parkinson	2016	52.60
M50	Gary Parkinson	2018	53.72
M55	John Cooper	1995	55.51
M60	Colin Buyers	2005	57.35
M65	Colin Buyers	2007	58.90 <b>A</b>
M70	Hugh Coogan	2006	60.77 <b>A</b>
M75	Hugh Coogan	2011	64.10 <b>A</b>
M80	Colin Woods	2016	77.72
M85	Harry Gathercole	1993	1.33.50
M90	Alex Pittendrich	1997	1:57.78
M95	Alex Pittendrich	2001	2:50.1 <b>A</b>

### 800 METRES

M30	Jeff Tarrant	1982	1.56.4
M35	Nev Appleby	1990	1.55.0
M40	Tony Blue	1977	1.54.80
M45	Alan Bradford	1987	1.58.65 <b>A</b>
M50	Alan Bradford	1989	2.00.40 <b>A</b>
M55	Peter Hawes	2011	2.07.87
M60	Alan Bradford	1999	2.10.42 <b>A</b>
M65	Alan Bradford	2004	2.22.15
M70	Alan Bradford	2009	2.28.78
M75	Hugh Coogan	2012	2.40.26
M80	Colin Woods	2016	3.10.71
M85	Alex Pittendrich	1993	4.13.0
M90	Alex Pittendrich	1997	4.28.20 <b>A</b>

### 800 METRES INDOOR (not Qld)

M30	Brendan Whelan	2008	2.04.24 <b>A</b>
M55	Peter Hawes	2012	2.14.87 <b>A</b>

### 1000 METRES INDOOR (not Qld)

M70	Ken Daniels	2010	4.40.41 <b>A</b>
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### 1500 METRES

M30	Aidan Hobbs	2018	3.56.99
M35	Peter Edwards	1991	4.00.33
M40	Tony Blue	1977	3.57.3
M45	Alan Bradford	1984	4.03.16
M50	Alan Bradford	1989	4.08.09
M55	Alan Bradford	1995	4.27.40
M60	Alan Bradford	1999	4.35.18
M65	Alan Bradford	2004	4.52.2
M70	Merv Jenkinson	1979	5.11.8
M75	Norm Gulbransen	1991	5.49.02
M80	Colin McLeod	2016	6.32.17
M85	Norm Pearce	2010	9.03.28
M90	Alex Pittendrich	1998	11.04.39
M100	Les Amey	2000	16.46.41 <b>W</b>

### 1 MILE

M30	Brendan Whelan	2006	4.25.25
M35	Peter Bracken	2018	4.34.72
M40	Shane George	2006	4.34.5
M45	David Sweeney	2006	4.39.82
M50	David Sweeney	2011	4.44.3
M55	Alan Bradford	1996	4.52.5
M60	Peter Reeves	2014	5.03.37
M65	Alan Bradford	2004	5.14.9
M70	Alan Bradford	2010	5.59.27
M75	Colin Woods	2010	6.53.02
M80	Colin McLeod	2016	7.01.40

### 1 MILE INDOOR (not Qld)

M30	Brendan Whelan	2008	4.31.43 <b>A</b>
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### 3000 METRES

M30	Aidan Hobbs	2018	8.33.95
M35	Patrick Nispel	2017	8.45.36
M40	Shane George	2006	8.51.25
M45	David Sweeney	2008	8.56.46
M50	David Sweeney	2012	9.13.53
M55	David Sweeney	2017	9.36.27
M60	Peter Reeves	2014	9.57.08
M65	Alan Bradford	2004	10.30.50
M70	Colin McLeod	2006	11.26.8
M75	Colin McLeod	2012	12.56.02
M80	Colin McLeod	2016	13.35.60

### 3000 METRES INDOOR (not Qld)

M30	Brendan Whelan	2008	9.02.38 <b>A</b>
M50	Alan Stacey	2017	10.53.45 <b>A</b>

### 5000 METRES

M30	Aidan Hobbs	2017	14.56.13
M35	Brian Enders	1989	15.11.46
M40	Shane George	2007	15.15.24
M45	David Sweeney	2007	15.29.64
M50	Alan Bradford	1991	15.51.2
M55	Alan Bradford	1994	16.03.9
M60	Alan Bradford	1999	17.11.9
M65	Colin McLeod	2001	17.51.34
M70	Colin McLeod	2006	19.20.5
M75	Colin McLeod	2012	20.58.75
M80	Colin McLeod	2016	22.58.42 <b>A</b>

### 10,000 METRES

M30	Rod Stones	1978	31.15.0
M35	Ron Irwin	1978	31.17.0
M40	Joe Patterson	1975	31.57.0
M45	Ron Peters	2001	31.48.69
M50	Ron Peters	2003	32.54.8
M55	David Sweeney	2016	33.15.16
M60	Alan Bradford	1999	35.51.81
M65	Colin McLeod	2001	37.02.3
M70	Colin McLeod	2008	41.08.6
M75	Colin McLeod	2013	45.03.69
M80	Colin McLeod	2016	47.13.84 <b>A</b>

### 2000M STEEPLECHASE

M60	Alan Bradford	1999	6.54.31A
M60	Alan Bradford	2002	7.18.9
M65	Alan Bradford	2004	7.18.2 <b>A</b>
M70	Alan Bradford	2009	8.20.95
M75	Michael Juckes	2015	10.14.82
M80	Fred Black	2018	11.26.02

### 3000M STEEPLECHASE

M30	Aidan Hobbs	2018	9.09.64
M35	Brian Enders	1986	9.56.5
M40	Doug Worling	1975	9.24.3
M45	Doug Worling	1981	9.41.49
M50	Alan Bradford	1989	9.51.62 <b>A</b>
M55	Alan Bradford	1994	10.14.00 <b>A</b>

### 80 METRES HURDLES

M70	Garvin Brown	1999	14.42
M75	Pio Bunin	2016	18.77
M80	Vic Younger	1993	19.51os
M85	Vic Younger	2000	26.65 <b>A</b>

### 100 METRES HURDLES

M50	Harry Giles	1994	15.42
M55	Harry Giles	2001	16.14
M60	Harry Giles	2007	16.34
M65	Harry Giles	2010	17.73

### 110 METRES HURDLES

M30	Stuart Anderson	2012	14.47
M35	Harry Giles	1979	15.6
M40	Harry Giles	1988	15.9
M45	Harry Giles	1992	15.5 <b>A</b>

### 200 METRES HURDLES

M80	Bernie Smith	2018	53.33
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### 300 METRES HURDLES

M60	Harry Giles	2006	46.8
M65	Harry Giles	2010	50.39

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M70	Alan Bradford	2009	53.10
M75	Alan Bradford	2015	60.72
M80	Russell Grigg	2008	1.53.14
M85	Vic Younger	1998	1.59.8 A

### 400 METRES HURDLES

M30	Harry Giles	1977	52.2
M35	Harry Giles	1981	56.09
M40	Harry Giles	1988	56.73
M45	Harry Giles	1989	58.02 A
M50	Harry Giles	1994	62.14
M55	Bruce Bodsworth	2006	67.47

### 1500m TRACK WALK

M30	Michael Day	2016	10.54.00
M35	Andrew Ludwig	2002	6.24.70
M40	Dean Nipperess	2014	6.06.67
M45	Peter Bennett	2002	6.25.06
M50	Peter Bennett	2006	6.44.38
M55	Peter Bennett	2011	6.48.21
M60	Peter Bennett	2016	7.23.00
M65	Ian Richardson	2010	7.49.63
M70	Frank Clark	2015	8.58.39
M75	Richard Lynch	2004	9.18.56
M80	Dick Keatinge	2003	10.33.46
M85	Dick Keatinge	2008	11.07.00 A
M90	John Alroy	1999	12.56.85

### 1 MILE TRACK WALK

M40	Dean Nipperess	2011	7.15.75
M45	Argenis Guevara	2016	8.14.76
M50	Ignacio Jimenez	2016	7.28.50
M55	Peter Bennett	2014	7.29.75
M60	Peter Bennett	2016	7.55.53
M65	Ian Richardson	2014	8.22.08
M75	Patrick Sela	2015	11.13.83
M80	Richard Lynch	2011	12.10.37
M85	Russell Grigg	2015	15.42.38
M90	Russell Grigg	2017	15.44.37

### 2000m TRACK WALK

M85	Russell Grigg	2013	18.40.0 A
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### 3000m TRACK WALK

M30	Ignacio Jimenez	1996	12.45.81 A
M35	Dave Smith	1994	11.34.1
M40	Dave Smith	2000	12.08.42
M45	Dave Smith	2001	13.20.2
M50	Ignacio Jimenez	2018	13.42.09
M55	Peter Bennett	2011	14.03.00
M60	Peter Bennett	2016	14.31.38
M65	Ian Richardson	2014	16.17.71
M70	Richard Lynch	2000	18.11.87
M75	Richard Lynch	2014	19.07.78
M80	Dick Keatinge	2003	20.46.80
M85	Dick Keatinge	2008	21.42.09
M90	John Alroy	1995	25.33.9

### 3000m TRACK WALK INDOOR (not Q)

M40	Dean Nipperess	2014	13.19.77 A
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### 5000m TRACK WALK

M30	Ignacio Jimenez	1996	21.38.52 A
M35	Dave Smith	1994	19.53.0 A
M40	Dave Smith	2000	20.47.7
M45	Dave Smith	2001	22.30.1 A
M50	Ignacio Jimenez	2018	23.22
M55	Peter Bennett	2011	24.13.78
M60	Peter Bennett	2016	24.58.78
M65	Ian Richardson	2014	29.02.85
M70	Richard Lynch	2001	30.49.35
M75	Richard Lynch	2004	32.19.64
M80	Dick Keatinge	2003	34.50.11
M85	Dick Keatinge	2008	37.27.25
M90	John Alroy	1995	43.08.0

### 10,000m TRACK WALK

M30	Ignacio Jimenez	1996	44.45.4
M35	Andrew Ludwig	2004	47.07.04
M40	Dave Smith	2000	44.04.84
M45	Peter Bennett	2001	48.28.4
M50	Iggy Jimenez	2018	49.25.76
M55	Robert Mee	1994	49.50.3
M60	Peter Bennett	2016	52.14.64

M65	Patrick Sela	2005	63.22.1
M70	Eric Bailey	1994	63.09.5
M75	Richard Lynch	2005	67.39.25
M80	Dick Keatinge	2003	72.09.6
M85	Dick Keatinge	2008	75.34.0

### LONG JUMP

M30	Matt McEwen	2004	7.20
M35	John Davis	1992	6.42
M40	Garry Donaldson	1988	6.22
M45	Harry Giles	1990	6.19
M50	Garry Donaldson	1994	5.82
M55	Harry Giles	2002	5.36
M60	Harry Giles	2004	4.98
M65	Spencer Herft	2003	4.79
M70	Spencer Herft	2008	4.43
M75	Garvin Brown	2004	3.85
M80	Vic Younger	1993	3.37
M85	Vic Younger	1999	3.17 A
M90	Maurice Dauphiné	2016	2.44
M95	Alex Pittendrich	2001	1.67 A

### LONG JUMP INDOOR (not Qld)

M55	Viddy Jermacans	2006	4.99 A
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### TRIPLE JUMP

M30	Lance Faulkner	2016	13.26
M35	Richard Anderson	1989	12.77
M40	Derek Boosey	1982	14.02
M45	Derek Boosey	1989	12.88
M50	Jim Christian	1988	11.33
M55	Tony Collins	2012	10.80
M60	Spencer Herft	1998	10.28
M65	Spencer Herft	2003	9.78
M70	Spencer Herft	2008	9.23
M75	Maurice Dauphiné	2004	8.00
M80	Vic Younger	1993	7.95
M85	Vic Younger	1998	6.59
M90	Alex Pittendrich	1996	5.51 A
M95	Alex Pittendrich	2001	3.55 A

### TRIPLE JUMP INDOOR (not Qld)

M55	Viddy Jermacans	2006	8.88 A
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### HIGH JUMP

M30	Matt McEwen	2004	1.97 A
M35	John Howard	1991	1.85
M40	Rob Pethybridge	2012	1.78
M45	Ben Dickson	2011	1.80
M50	Ben Dickson	2014	1.77 A
M55	Brian Key	2016	1.60
M60	Brian Prideaux	2004	1.52
M65	Alan Rolfe	1994	1.47
M70	Alan Rolfe	1999	1.41 A
M75	Lynton Lewis	2015	1.25
M80	Vic Younger	1994	1.19
M85	Vic Younger	1999	1.10 A
M90	Alex Pittendrich	1999	0.85

### HIGH JUMP INDOOR (not Qld)

M70	Ken Daniels	2010	1.14 A
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### POLE VAULT

M30	Matt McEwen	2004	4.90 A
M35	Howard Arbuthnot	2004	4.80
M40	Rob Hill	2010	4.80 A
M45	Rob Hill	2015	4.60 A
M50	Howard Arbuthnot	2018	4.20 A
M55	Nelson Viney	2003	3.36
M60	Allan Cameron	2012	3.00
M65	Garvin Brown	1994	3.15
M70	Garvin Brown	2000	3.14 A
M75	Garvin Brown	2003	2.85 A
M80	Vic Younger	1995	1.76
M85	Vic Younger	2000	1.74 A

### POLE VAULT INDOOR (not Qld)

M40	Howard Arbuthnot	2010	4.40 A
M60	Craig Elliott	2018	2.60 A

### JAVELIN 800grms (M30-49)

M30	Matt McEwen	2004	61.60
M35	Mark Stevens	1989	59.52
M40	Michael Frawley	1992	56.28
M45	John Kay	2008	52.26

### JAVELIN 700grms (M50-59)

M50	John Kay	2009	54.37
M55	John Kay	2015	44.62

### JAVELIN 600grms (M60-69)

M60	Hans Beste	2003	38.26
M60	Des Frawley	1984	46.26os
M65	Guy Quarterman	2007	39.55
M65	Colin Murraylee	1995	42.18os

### JAVELIN 500grms (M70-79)

M70	Erkki Saarinen	2006	42.00 A
M75	Erkki Saarinen	2010	38.12 A

### JAVELIN 400grms (M80+)

M80	Erkki Saarinen	2013	33.80 A
M85	Vic Younger	2000	21.98 A
M90	Maurice Dauphiné	2016	17.11 A

### DISCUS 2kg (M30-49)

M30	Warren Evans	2003	47.03
M35	Darron Haworth	2008	54.15 A
M40	Darron Haworth	2009	54.35 A
M45	Peter Lonsdale	2012	50.28

### DISCUS 1.5kg (M50-59)

M50	Peter Lonsdale	2016	49.64
M55	Warwick Selvey	1995	44.42

### DISCUS 1kg (M60+)

M60	Warwick Selvey	2001	53.43 A
M65	Warwick Selvey	2005	45.76
M70	Charlie Rann	2000	38.92
M75	Charlie Rann	2003	36.88 A
M80	Feliks Jekabsons	2006	28.08
M85	Feliks Jekabsons	2008	25.28 A
M90	Maurice Dauphiné	2016	19.33

### SHOT PUT 7.26kg (M30-49)

M30	Dean Cowan	2002	15.65 A
M35	Peter Phillips	1978	15.89
M40	Peter Lonsdale	2000	15.06
M45	Peter Phillips	1987	14.19

### SHOT PUT 6kg (M50-59)

M50	Peter Lonsdale	2016	15.52
M55	Peter Clark	2001	12.25

### SHOT PUT 5kg (60-69)

M60	Mike Katmadas	1999	12.92
M65	Arvo Ropelin	2002	11.81

### SHOT PUT 4kg (M70-79)

M70	Feliks Jekabsons	1993	12.66
M75	Feliks Jekabsons	1998	11.24
M80	Feliks Jekabsons	2003	9.41 A
M85	Vic Younger	1998	7.17
M90	Ken Buttsworth	2005	3.94

### New WMA Specifications for M80+ 3kg

M80	Feliks Jekabsons	2006	10.19
M85	Feliks Jekabsons	2008	9.66 A
M90	Feliks Jekabsons	2014	6.95 A

### HAMMER 7.26kg (M30-49)

M30	Brad Monk	1995	58.88
M35	Darron Haworth	2008	54.85
M40	Ron Frawley	1991	50.20
M45	Bob Wagner	2006	51.95

### HAMMER 6kg (M50-59)

M50	Bob Wagner	2007	53.98
M55	Bob Wagner	2012	46.42

### HAMMER 5kg (M60-69)

M60	Jim Davis	1994	43.08
M65	Colin Murraylee	1993	40.60

### HAMMER 4kg (M70-79)

M70	Charlie Rann	1999	44.09
M75	Charlie Rann	2003	38.31
M80	Feliks Jekabsons	2004	29.39
M85	Ken Buttsworth	2002	18.28
M90	Ken Buttsworth	2005	14.33

### New WMA Specifications for M80+ 3kg

M80	Charlie Rann	2008	34.13
M85	Feliks Jekabsons	2008	27.36
M90	Feliks Jekabsons	2014	19.12

### WEIGHT THROW 15.88kg (M30-49)

M30	David Allan	2005	17.05 A
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M35 Darron Haworth 2008 17.05  
M40 Darron Haworth 2010 14.57

M45 Bob Wagner 2004 16.11 A  
**WEIGHT THROW 11.34kg (M50-59)**

M50 Bob Wagner 2006 19.78 A  
M55 Bob Wagner 2011 17.58

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#### **WEIGHT THROW 9.08kg (M60-69)**

M60 Lajos Joni 2018 16.20  
M65 Warwick Selvey 2005 14.23

#### **WEIGHT THROW 7.26kg (M70-79)**

M70 Colin Murraylee 1999 15.85  
M75 Feliks Jekabsons 1998 14.25

#### **WEIGHT THROW 5.45kg (M80+)**

M80 Feliks Jekabsons 2004 12.81  
M85 Feliks Jekabsons 2008 10.83  
M90 Ken Buttsworth 2005 7.05

#### **THROWS PENTATHLON (Rescored)**

M30 Dean Cowan 2002 2875  
M35 Darron Haworth 2008 3672 A  
M40 Peter Lonsdale 2006 3469  
M45 Bob Wagner 2005 3333  
M50 Grant Edwards 2015 3302  
M55 Erik Hedendahl 2003 3339  
M60 Warwick Selvey 2002 3573  
M65 Jim Davis 2001 3524  
M70 Guy Quarterman 2013 3644  
M75 Jim Davis 2009 3566  
M80 Feliks Jekabsons 2013 3423  
M85 Vic Younger 2010 2768

#### **New WMA Specifications for M80+**

#### **For Shot and Hammer (Rescored)**

M80 Feliks Jekabsons 2006 3616  
M85 Feliks Jekabsons 2008 3897 A  
M90 Maurice Dauphinat 2017 2751

#### **HEAVY WEIGHT RECORDS**

##### **56lb WEIGHT**

M30 Michael Day 2017 7.90 A  
M35 Darron Haworth 2008...10.94 A  
M40 Darron Haworth 2010 10.48  
M45 Richard Harris 2016 7.45  
M50 Tim Lowrey 2018 6.16  
M55 Michael Kirkby 2018 5.43  
M60 Lajos Joni 2017 6.46  
M65 Phillip Rowlands 2017 5.37  
M70 Phillip Rowlands 2018 5.55  
M75 Ian Kennedy 2018 4.00  
M80 Bill McMullen 2016 3.21

##### **100lb WEIGHT (not Qld Records)**

##### **QMA Members Best Results**

M30 Michael Day 2017 4.16 A  
M35 Darron Haworth 2008 5.57 A  
M45 Tim Lowrey 2016 2.86  
M50 Tim Lowrey 2017 3.39  
M60 David Haggith 2015 2.52  
M65 Don Quinn 2011 2.62  
M70 Phillip Rowlands 2018 2.63  
M75 Cornel Vena 2011 1.21  
M80 Felix Jekabsons 2007 1.66

#### **HEAVY WEIGHT PENTATHLON**

##### **(Rescored with 2016 Scoring)**

M30 Michael Day 2017 2850  
M35 Darron Haworth 2008 4352 A  
M40 Darron Haworth 2010 4595  
M45 Tim Lowrey 2016 2213  
M50 Tim Lowrey 2018 2609  
M55 Grant Chapman 2010 2663  
M60 Don Quinn 2009 3568  
M65 Don Quinn 2010 3849  
M70 Phillip Rowlands 2018 3710  
M75 Bill McMullen 2010 3295  
M80 Cornel Vena 2012 3378

#### **PENTATHLON (Rescored)**

M30 Warren Evans 2003 3275 A  
M35 Greg Newnham 1996 2791  
M40 Eddie Czarniecki 1994 2957  
M45 Harry Giles 1990 2974  
M50 Bruce Bodsworth 2002 2934  
M55 Dave Varley 2018 3091  
M60 Mark McLean 2017 3219  
M65 Ken Daniels 2003 3438  
M70 Ken Daniels 2008 3084  
M75 Maurice Dauphinat 2002 2588

M80 Maurice Dauphinat 2011 2626  
M85 Vic Younger 2000 1556  
M90 Maurice Dauphinat 2016 2955 A

#### **DECATHLON (Rescored)**

M30 Matt McEwen 2003 7705 A  
M35 John Gan 2006 5298  
M40 Troy McLaren 2006 5175  
M45 Howard Arbuthnot 2015 5309  
M50 Howard Arbuthnot 2018 5901  
M55 Dave Varley 2017 6537 A  
M60 Mark McLean 2016 6445  
M65 Ken Daniels 2004 6232  
M70 Peter Kennedy 2017 6278  
M75 Frank Pieters 2004 3740

#### **Old Specifications (Rescored)**

M80 Vic Younger 1993 5050  
M85 Vic Younger 1999 4705A

#### **4 x 100 METRES RELAY**

M30 Richard Rodgers  
2011 Travis Venema  
Aaron McMahon  
Graham Scully 45.25

M35 Robin Mhrshahi 35  
2015 Travis Venema 39  
Graham Scully 41  
Darren Felsman 48 45.47

M40 Travis Venema 40  
2016 Graham Scully 42  
Gary Parkinson 48  
Steve Jones 52 45.53

M45 Gary Parkinson 47  
2015 Steve Jones 51  
Glenn Munro 47  
Darren Felsman 48 46.90

M50 John Wight  
1999 Nelson Viney  
Frank Rissman  
Mal Storey 48.33

M55 Wayne Cousins  
2002 John Wight  
Mal Storey  
Colin Buyers 47.92

M60 John Cooper  
2000 Hugh Coogan  
Alan Bradford  
Tom O'Keeffe 52.64

M65 Don Burt  
2012 Rob McDonald  
John Wight  
Hugh Coogan 53.36

M70 Ken Daniels  
2011 Hugh Coogan  
Alf Lakin  
Noel Garvey 61.52

M80 George Harrod  
2010 Maurice Dauphinat  
Hugh Thomsen  
Russell Grigg 77.06

#### **4 x 200 METRES RELAY**

M30 Richard Norris  
2009 Greg Hamilton  
Travis Venema  
Jason Burt 1.38.49

M35 Robin Mhrshahi  
2015 Travis Venema  
Graham Scully  
Brett MacKenzie 1.37.48

M40 Gary Parkinson 47  
2015 Wayne Adams 42  
Ian Adams 44  
Graham Scully 41 1.40.72

M45 Geoff Bramley  
2009 Craig Bruce  
Callum McInnes  
Joe Begley 1.45.36

M50 Jim Furlong  
2011 Joe Begley  
Garry Moran  
Hugh Bristow 1.49.62

M55 Hugh Bristow  
2011 Joe Begley  
Jim Furlong  
Ian Malouf 1.49.66

M60 Ian Malouf 61  
2016 Joe Begley 62  
Paul Chaplain 67  
Terry Dauphinat 63 1.59.63

M65 Hugh Coogan  
2007 Alf Lakin  
Colin Buyers  
Ivan Rogers 2.07.89

M70 John Wight 70  
2017 Pio Bunin 75  
Peter Kennedy 70  
Colin Buyers 74 2.17.89

#### **4 x 400 METRES RELAY**

M30 Warren Evans  
2003 David Hill  
Bruce Hill  
Grant Barton 3.35.4

M35 Gary Parkinson 50  
2018 Graham Scully 44  
Peter Bracken 37  
Daniel Mellish 39 3.41.63

M40 Jim Furlong  
1999 Peter Hawes  
Michael Warburton  
Shaun McLaughlin 3.40.3

M45 Jim Furlong  
2001 Shaun McLaughlin  
Peter Hawes  
Bill Kovacevic 3.40.44

M50 Bruce Bodsworth  
2003 Bob Grayson  
Colin Buyers  
Ken Dohnt 3.52.4

M55 Bruce Bodsworth  
2007 Bob Grayson  
Rob White  
Colin Buyers 4.03.0

M60 John Cooper  
2000 Hugh Coogan  
Alan Bradford  
Tom O'Keeffe 4.11.51

M65 Hugh Coogan  
2008 Col Buyers  
Colin McLeod  
Alan Bradford 4.32.61

M70 Noel Garvey  
2011 Alan Bradford  
Ken Daniels  
Hugh Coogan 5.04.12

#### **4 x 800 METRES RELAY**

M30 Gary Parkinson  
2008 David Hill  
Bruce Hill  
Brendan Whelan 8.30.74 AR

M35 Matt Cooper 36  
2017 Clay Dawson 36  
Peter Bracken 37  
Daniel Mellish 39 8.41.58 AR

M40 Wayne Adams 44  
2017 Paul McIntosh 44  
Andrew Willey 40  
Julian Bahlmann 41 8.55.74

M45 Paul Shard 45  
2017 Anthony Canfell 46  
John Treschman 53  
Chris Bell 46 9.26.21

M50 Peter Reeves  
2011 Con Dimauro

Phil Davies  
David Sweeney 9.05.22

## Q.M.A. MENS' RECORDS AS AT 1<sup>ST</sup> OCTOBER, 2018

M55 Jason Collie  
2008 Bruce Bodsworth  
Bob Grayson  
Terry Dauphinat 9.34.44 **AR**

M60 Peter Reeves  
2013 Jason Collie  
Bob Grayson  
Sean Ryan 10.29.12

M65 Alan Bradford  
2008 Brian Morling  
Colin McLeod  
Colin Buyers 11.15.37

M70+ Pio Bunin 74  
Noel Garvey 81  
Don Burtt 70  
Colin Woods 80 15.25.31

**4 x 1500 METRES RELAY**  
M30 Ross Nicholls  
2008 Steven Bell  
Joshua Bridge  
Brendan Whelan 19.57.62

M35 Iain McKee  
2010 Martin John  
Greg Beerling  
Brendan Whelan 18.44.10

M40 Chris Bell 46  
2018 Paul Shard 45  
Anthony Canfell 47  
Andrew Willey 41 18.36.44 **AR**

M45 Mark Jones  
2007 David Sweeney  
Andy Clowes  
Peter Hallahan 18.31.73

M50 Peter Reeves  
2011 David Sweeney  
Con Dimauro  
Phil Davies 18.37.91

M55 Peter Reeves 60  
2014 Ian Cameron 60  
Phil Davies 57  
Con Dimauro 55 19.58.67 **AR**

M60 John Shaw 62  
2016 Ron Peters 62  
Ian Cameron 61  
Peter Reeves 62 19.28.03 **AR**

M65 Bob Grayson 66  
2018 Roger Carter 66  
John Sheer 70  
Bruce Bodsworth 6627.09.98

### RELAYS: MEMBERS WHO SET RECORDS IN AN AUST TEAM IN NATIONAL AND INTERNATIONAL COMPETITION.

**4 x 100m RELAYS:**  
M45+ Jim Furlong 2001 45.35 **A**  
Arch Moore 2001 45.35 **A**  
M55+ Heinz Steinmann 2001 47.46 **A**  
John Wight 2001 47.46 **A**  
M60+ Hugh Coogan 1997 48.95 **A**  
M65+ Col Buyers 2009 50.5 **A**  
Heinz Steinmann 2009 50.5 **A**  
Rob McDonald 2009 50.5 **A**

M70+ John Wight 2016 53.67 **A**  
M75+ Pio Bunin 2016 59.95 **A**  
M80+ Hugh Thomsen 2012 68.43 **A**  
George Harrod 2012 68.43 **A**

M70+ Hugh Coogan 2011 4.29.57 **A**  
M75+ Pio Bunin 2016 5.12.41  
M80 George Harrod 2012 5.32.29 **W**

**4 x 400m RELAYS:**  
M50+ Gary Parkinson 2018 3.37.78 **A**  
M55+ John Cooper 1997 3.48.87 **A**  
M65+ Colin Buyers 2009 4.02.62 **W**  
Heinz Steinmann 2009 4.02.62 **W**

**4 x 800m RELAY**  
M50+ Peter Hawes 2011 8.39.01 **W**  
**4 x 200m RELAY INDOOR**  
M40+ Steve Jones 2010 1.37.56 **A**  
M50+ Steve Jones 2017 1.46.24 **A**

### QUEENSLAND BEST PERFORMANCES (RECORDS) - MEN: AT 1<sup>ST</sup> OCTOBER, 2018

#### TRACK EVENTS

These QBP Times for 60 Metres, 100 Yards and 300 Metres are not recognised as Queensland Records. All Records up to and including 800m must be set with Electronic Timing. The remaining QBP'S will be deleted when bettered by an Official Record.

#### 60 METRES

M30 Travis Venema 2008 7.0

M50 David Lloyd 2001 7.3  
M60 Rob McDonald 2004 7.7  
M60 John Wight 2006 7.7  
M70 Hugh Coogan 2006 8.2

#### 100 YARDS

M50 Joe Begley 2004 11.3  
M55 John Wight 2001 11.4

#### 300 METRES

M60 Colin Buyers 2003 40.1  
M70 Hugh Coogan 2006 43.4

#### ROAD EVENTS

##### HALF MARATHON

M30 Aidan Hobbs 2018 1:11.47  
M35 Peter Bracken 2018 1:10.24  
M40 Peter Connolly 1986 1:10.12  
M45 Ron Peters 1999 1:10.47  
M50 Ron Peters 2003 1:11.32  
M55 Ron Peters 2009 1:12.19

##### AB

M60 Ron Peters 2013 1:15.07  
M65 Colin McLeod 2002 1:19.06  
M70 Colin McLeod 2007 1:28.06  
M75 Colin McLeod 2013 1:39.28  
M80 Robert Horman 2000 1:46.00

##### AB

M85 Robert Horman 2004 2:05.11

##### MARATHON

M30 Aidan Hobbs 2018 2:28.21  
M35 Clay Dawson 2017 2:26.54  
M40 Peter Connolly 1985 2:29.09  
M45 Tony Gray 1999 2:29.52

M50 Colin McLeod 1987 2:35.35  
M55 Ron Peters 2009 2:37.27

##### AB

M60 Ron Peters 2015 2:43.57  
M65 Colin McLeod 2003 2:54.41

##### AB

M70 Colin McLeod 2006 3:04.07  
M75 Robert Horman 1997 3:41.08  
M80 Robert Horman 1998 3:39.18

##### AB

M85 Robert Horman 2004 4:34.55

##### AB

#### 10KM ROAD RUN

M30 Aidan Hobbs 2017 33.37  
M35 Peter Bracken 2018 31.39  
M40 Matt MacDonald 2017 32.57  
M45 Ralf Hamann 2015 35.17  
M50 David Sweeney 2014 32.58  
M55 David Sweeney 2017 33.50  
M60 Peter Reeves 2014 36.23  
M65 John Shaw 2018 38.04  
M70 Jim Woodruff 2017 44.21  
M75 Colin McLeod 2015 47.19  
M80 Colin Woods 2015 55.01

#### CROSS COUNTRY

##### 3000 METRES (3km)

M30 David Hill 2004 9.55  
M35 Bruce Hill 2005 10.06  
M40 Barry Broe 2002 9.57  
M45 David Sweeney 2008 10.02  
M50 Ron Peters 2004 10.08  
M55 Steve Hastie 2006 10.47  
M60 Peter Reeves 2014 10.55  
M65 Bob Grayson 2018 15.25  
M70 Barrie Reiffel 2007 13.13

##### 4000 METRES (4km)

M30 Aidan Hobbs 2018 11.48  
M35 David Hill 2005 12.27  
M40 Shane George 2007 12.41  
M45 Ron Peters 2002 13.00  
M50 Ron Peters 2006 12.49  
M55 Peter Reeves 2010 13.49  
M60 Alan Bradford 2003 14.25  
M65 Alan Bradford 2004 14.49

M70 Colin McLeod 2008 17.44  
M75 Colin McLeod 2013 18.34

#### 5000 METRES (5km)

M35 Stephen Showell 2004 18.02  
M40 Barry Broe 2002 17.49  
M45 Malcolm Powell 2009 17.00  
M50 Ron Peters 2004 17.02  
M55 Peter Reeves 2010 18.37  
M60 Alan Bradford 2000 18.48  
M65 John Sheer 2013 24.10  
M70 Merv Jenkinson 1981 23.35

#### 6000 METRES (6km)

M70 John Sheer 2018 27.14  
M75 Colin Mancey 2018 32.17

#### 8000 METRES (8km)

M30 Brendan Whelan 2006 26.42  
M35 Shawn Claydon 2007 26.38  
M40 Geoff Berkeley 2011 26.04  
M45 Ron Peters 2002 27.06  
M50 Ron Peters 2004 26.32  
M55 David Sweeney 2016 27.18  
M60 Ron Peters 2013 29.29  
M65 Alan Bradford 2014 30.18  
M70 Colin McLeod 2006 34.28  
M75 Colin McLeod 2013 37.02

#### 10,000 METRES (10km)

M30 Aidan Hobbs 2018 35.39  
M35 Colin Green 1994 35.58  
M40 Ron Peters 1997 33.00  
M45 Peter Connolly 1987 33.05  
M50 Alan Bradford 1993 34.47  
M55 Alan Bradford 1996 34.40  
M60 Colin McLeod 2000 37.31  
M65 Julius Keller 1997 44.58  
M70 Eric Bailey 1994 50.07  
M75 Robert Horman 1994 50.04

#### ROAD WALKS

##### 5KM

M35 Ignacio Jimenez 2005 25.42  
M40 Dean Nipperess 2014 23.40  
M45 Peter Bennett 2002 24.18  
M50 Peter Bennett 2007 25.26  
M55 Peter Bennett 2013 24.37  
M60 Peter Bennett 2016 26.07

M65	Patrick Sela	2009	31.52	M90	John Alroy	1999	49.51	M55	Bob Coleman	2007	49.07
M70	Richard Lynch	1999	31.41					M65	Patrick Sela	2009	56.23
M75	Richard Lynch	2005	32.36		<b>8KM</b>			M70	Patrick Sela	2010	51.07
M80	Dick Keatinge	2003	34.57	M35	Dean Nipperess	2011	39.43	M75	Richard Lynch	2007	54.50
M85	Dick Keatinge	2008	37.28	M40	Dean Nipperess	2016	40.59	M80	Richard Lynch	2009	57.48

### QUEENSLAND BEST PERFORMANCES (RECORDS) - MEN: AT 1<sup>ST</sup> OCT, 2018

<b>10KM</b>				<b>20KM</b>				<b>30KM</b>			
M30	Ignacio Jimenez	1995	46.30	M40	Iggy Jimenez	2009	1:14.23	M70	Richard Lynch	2001	2:09.25
	<b>AB</b>			M45	Peter Bennett	2002	1:16.11	M75	Dick Keatinge	2001	2:19.58
M35	Dave Smith	1994	41.53	M50	Iggy Jimenez	2018	1:15.28	<b>50KM</b>			
	<b>AB</b>			M55	Peter Bennett	2011	1:18.02	M30	Ignacio Jimenez	1995	2:29.23
M40	Dave Smith	1999	45.47	M60	Peter Bennett	2016	1:19.31	M35	Peter Bennett	1995	2:34.56
M45	Ignacio Jimenez	2011	48.32	M65	Patrick Sela	2009	1:42.32	M40	Peter Bennett	1997	2:38.35
M50	Ignacio Jimenez	2018	48.42	M70	Patrick Sela	2011	1:39.11	M45	Peter Bennett	2001	2:45.18
M55	Peter Bennett	2013	49.47	M75	Dick Keatinge	2000	1:45.20	M50	Iggy Jimenez	2017	2:52.10
M60	Peter Bennett	2016	50.51	<b>20KM</b>				M55	Peter Bennett	2012	2:48.43
M65	Patrick Sela	2006	1:04.46	M30	Ignacio Jimenez	1997	1:38.02	M60	Peter Bennett	2017	3:12.17
M70	Patrick Sela	2012	1:02.36		<b>AB</b>			M65	Patrick Sela	2009	3:43.53
M75	Richard Lynch	2004	1:05.41	M35	Peter Bennett	1995	1:39.18	M70	Bert Janes	2004	4:13.49
M80	Dick Keatinge	2003	1:11.10	M40	Dean Nipperess	2014	1:38.55	<b>ABP</b>			
M85	Dick Keatinge	2008	1:18.52	M45	Ignacio Jimenez	2011	1:43.07	M30	Ignacio Jimenez	1995	4:40.36
	<b>AB</b>			M50	Ignacio Jimenez	2018	1:40.14	M35	Andrew Ludwig	2003	4:36.02
M90	John Alroy	1994	1:26.32	M55	Peter Bennett	2013	1:45.07	M40	Peter Bennett	1999	4:58.53
<b>15KM</b>				M60	Peter Bennett	2016	1:49.39	M45	Peter Bennett	2001	4:49.28
M30	Ignacio Jimenez	1999	1:15.51	M65	Patrick Sela	2009	1:56.44				
M35	Andrew Ludwig	2004	1:13.59								

### OCEANIA RECORDS - MEN - QMA MEMBERS (As at January, 2018)

<b>60 METRES</b>				<b>HALF MARATHON (Best Perf)</b>				<b>DECATHLON</b>			
M30	Travis Venema	7.19	2008	M35	Brendan Whelan	1:15.18	2010	M60	Viddy Jermacans	5112	2010
M35	Travis Venema	7.40	2010	M60	Colin McLeod	1:19.28	1998	100 Metres	13.92		
M50	Steve Jones	7.83	2015	M65	Colin McLeod	1:22.25	2002	Long Jump	4.35		
M85	Maurice Dauphinat	11.12	2012	M70	Colin McLeod	1:31.58	2008	Shot Put	8.68		
<b>100 METRES</b>				<b>JAVELIN (800g current specif)</b>				High Jump	1.30		
M30	Travis Venema	11.40	2008	M45	John Kay	52.26	2008	400 Metres	67.37		
M70	Hugh Coogan	13.85	2006	<b>JAVELIN ( 500g from 2000)</b>				Hurdles	21.11		
<b>200 METRES</b>				M70	Guy Quarterman	36.51	2012	Discus	29.08		
M65	Colin Buyers	26.20	2008	<b>JAVELIN (400g from 2000)</b>				Pole Vault	2.10		
M70	Hugh Coogan	28.10	2006	<b>DISCUS (2kg)</b>				Javelin	21.60		
<b>400 METRES</b>				M30	Alan White	35.60	2000	1500 Metres	6.20.36		
M65	Hugh Coogan	61.15	2004	<b>DISCUS (1kg)</b>				M70	Ken Daniels	5995	2008
M70	Hugh Coogan	62.28	2006	M80	Feliks Jekabsons	26.96	2006	100 Metres	15.00		
M75	Colin Woods	74.12	2012	<b>SHOT PUT (5kg)</b>				Long Jump	4.14		
<b>1500 METRES</b>				M65	Charlie Rann	12.75	1992	Shot Put	8.31		
M30	Brendan Whelan	4.07.7	2006	<b>SHOT PUT (3kg)</b>				High Jump	1.21		
M40	Alan Bradford	4.07.0	1982	M80	Feliks Jekabsons	10.09	2006	400 Metres	73.03		
M80	Norm Pearce	7.43.0	2006	<b>LONG JUMP</b>				Hurdles	17.88		
<b>5000 METRES</b>				M85	Maurice Dauphinat	2.95	2012	Discus	26.71		
M30	Brendan Whelan	15.25.5	2006	<b>POLE VAULT</b>				Pole Vault	2.00		
M65	Colin McLeod	18.13.1	2002	M35	Rob Hill	4.40	2008	Javelin	31.98		
<b>100m HURDLES (0.840m)</b>				<b>PENTATHLON</b>				1500 Metres	7.00.11		
M60	Harry Giles	16.56	2008	M70	Ken Daniels	3084	2008				
<b>3000m STEEPLECHASE (0.914m)</b>				Long Jump	3.95						
M50	Alan Bradford	10.44.0	1992	Javelin	31.99						
<b>3000m TRACK WALK</b>				200 Metres	31.38						
M35	Peter Bennett	14.28.0	1994	Discus	25.19						
M40	Dean Nipperess	13.10.82	2012	1500 Metres	7.09.23						
M80	Richard Keatinge	21.00.0	2006	<b>THROWS PENTATHLON</b>							
<b>5000m TRACK WALK</b>				M80	Feliks Jekabsons	3539	2006				
M70	Tom Daintry	28.22.0	1984	Hammer	28.97						
M75	Tom Daintry	30.33.0	1990	Shot Put	9.98						
M80	Tom Daintry	33.57.0	1992	Discus	26.96						
<b>10km ROAD WALK (Best Perf)</b>				Javelin	19.30						
M35	Peter Bennett	52.14	1994	Weight	12.43						
M40	Dean Nipperess	47.31	2012								
M80	Tom Daintry	69.01	1992								

### AMA WINTER THROWING CHAMPIONSHIPS – CHAMPIONSHIP RECORDS AS AT OCTOBER, 2018 HELD BY QMA MEMBERS

#### THROWS CHAMPIONSHIPS DISCUS THROW

M30	Michael Day	2016	40.13
M35	Darron Haworth	2008	50.03
M55	Warwick Selvey	1995	42.98

<b>JAVELIN THROW</b>			
M30	Michael Day	2017	42.57
<b>WEIGHT THROW</b>			

M35 Darron Haworth 2008 16.13

M30 Michael Day 2017 4.16  
M35 Darron Haworth 2008 5.57  
M85 Feliks Jekabsons 2007 1.66

**WEIGHT FOR DISTANCE**  
M30 Michael Day 2017 15.83  
M45 Tim Lowrey 2016 12.20  
M50 Tim Lowrey 2017 13.40  
M70 Phillip Rowlands 2018 18.23

**56lb HEAVY WEIGHT**  
M30 Michael Day 2017 7.90  
M35 Darron Haworth 2008 10.94  
M85 Feliks Jekabsons 2007 3.07  
M70 Phillip Rowlands 2018 5.55

**THROWS PENTATHLON**  
M30 Michael Day 2016 2597  
**HEAVY WEIGHT PENTATHLON**  
M35 Darron Haworth 2008 4436

**100lb HEAVY WEIGHT**  
**AMA CHAMPIONSHIP RECORDS HELD BY QMA MEMBERS (as at 21/06/17)**

\* Represented for other States before joining Queensland

M85 Dick Keatinge 1h20.12 2009

**HIGH JUMP**  
M45 Ben Dickson 1.78 2011  
M70 Alan Rolfe 1.41 1999  
M80 Vic Younger 1.17 1994  
M85 Vic Younger 1.05 1998

**60 METRES**  
M65 Rob McDonald 8.10 2010  
M70 Glen Wilson 8.41 2011  
M75 Hugh Coogan 8.92 2011

**LONG JUMP**  
M85 Maurice Dauphinat 2.98 2011  
M90 Alex Pittendrich 2.14 1998

**100 METRES**  
M60 Bernie Hogan 12.15 1981  
M65 John Cooper 12.68 2006  
M75 Hugh Coogan 13.98 2012

**TRIPLE JUMP**  
M40 Derek Boosey 14.01 1987  
M90 Alex Pittendrich 5.50 1998

**200 METRES**  
M35 Kevin Silver 22.29 1987  
M65 John Cooper 26.17 2004  
M75 Hugh Coogan 28.83 2011

**POLE VAULT**  
M30 Warren Evans 3.65 2005  
M40 Howard Arbuthnot 4.20 2011  
M45 Bruce Arnold 3.70 2000  
M50 Bruce Arnold 3.65 2005  
M55 Garvin Brown 3.20 1986  
M85 Vic Younger 1.50 1999

**400 METRES**  
M65 Colin Buyers 59.85 2009  
M70 Hugh Coogan 62.17 2006  
M75 Hugh Coogan 65.88 2012

**DISCUS THROW**  
M40 Darron Howarth 50.65 2011  
M55 Warwick Selvey 44.38 1996  
M65 Warwick Selvey 45.76 2005  
M85 Feliks Jekabsons 25.28 2008  
M90 Maurice Dauphinat 19.33 2016

**800 METRES**  
M65 Alan Bradford 2.22.15 2004  
M90 Alex Pittendrich 4.28.2 1997

**SHOT PUT**  
M85 Feliks Jekabsons 3k 9.10 2008  
M90 Maurice Dauphinat 3k 5.70 2017

**1500 METRES**  
M30 Brendan Gray 4.06.17 2004  
M90 Alex Pittendrich 11.04.39 1998

**HAMMER THROW**  
M30 David Allan 57.10 2005  
M50 Bob Wagner 51.93 2007  
M85 Feliks Jekabsons 3k 27.36 2008

**10,000 METRES**  
M50 David Sweeney 33.03.74 2015

**JAVELIN THROW**  
M40 John Kay \*Nsw 61.78 2001  
M45 John Kay \*Nsw 57.18 2006  
M70 Erkki Saarinen 42.00 2006  
M75 Erkki Saarinen 34.83 2011  
M90 Maurice Dauphinat 17.11 2016

**HALF MARATHON**  
M35 Patrick Nispell 1h12.03 2017  
M55 Ron Peters 1h18.20 2013  
M60 Ron Peters 1h18.53 2016

**WEIGHT THROW**  
M30 David Allan 16.32 2005  
M45 Bob Wagner 15.76 2005  
M50 Bob Wagner 19.64 2007

**MARATHON**  
M60 John Shaw 2h45.19 2016  
M65 Colin McLeod 2h54.41 2003  
M70 Colin McLeod 3h04.07 2006

**THROWS PENTATHLON**  
M70 Colin Murraylee 4110 1999  
M85 Feliks Jekabsons ns 3897 2008

**3000m STEEPLECHASE**  
M30 Brendan Gray 10.05.24 2004  
M40 Doug Worling 9.31.6 1975  
M45 Doug Worling 9.50.66 1981  
M50 Alan Bradford 10.15.1 1991  
M55 Alan Bradford 10.29.16 1994

Ns: New Specifications  
**PENTATHLON (with Discus)**  
M50 Ken Daniels \*Act 3209 1989  
M85 Maurice Dauphinat 2770 2011  
M90 Maurice Dauphinat 2955 2016

**2000m STEEPLECHASE**  
M60 Alan Bradford 7.05.51 1999  
M65 Alan Bradford 7.28.46 2004  
M70 Alan Bradford 8.20.95 2009

**DECATHLON**  
M30 Warren Evans 6352 2005  
M55 Nelson Viney 5192 2003

**110m HURDLES (.991m/3'3")**  
M45 Harry Giles 15.5 1990

**CHAMPION of CHAMPIONS**  
**SPRINT**

**100m HURDLES (.914/3')**  
M55 Harry Giles 15.42 1994

1987 Fred Turner \*Nsw M45 12.57 Syd  
1988 Harry Gathercole M80 12.3 Bris  
1998 Mick Pirie M65 nt Bris  
2002 John Wight M55 10.63 Adel  
2005 John Cooper M65 10.20 Bris  
2006 John Cooper M65 10.42 Cbra  
2007 Hugh Coogan M70 10.40 Hob  
2010 Rob McDonald M65 10.33 Per  
2011 Hugh Coogan M75 10.49 Bris  
2012 Hugh Coogan M75 10.21 Melb  
2013 Rob McDonald M65 10.46 Cbra

**100m HURDLES (.840m/2'9")**  
M60 Harry Giles 16.68 2005

**400m HURDLES (.914/3')**  
M35 Harry Giles 56.09 1981  
M40 Harry Giles 56.73 1988  
M45 Harry Giles 58.8 1990

**400m HURDLES (.840/2'9")**  
M50 Harry Giles 62.14 1994

**1500M TRACK WALK**  
M40 Dean Nipperess 6.06.67 2014  
M55 Peter Bennett 6.48.21 2011

**5000m TRACK WALK**  
M30 Iggy Jimenez 22.55.1 1995  
M35 David Smith 20.43.8 1995  
M40 David Smith 21.26.18 1998

**10km ROAD WALK (Best Times)**  
M40 Dean Nipperess 49.39 2012  
M45 Iggy Jimenez 49.27 2011  
M80 Dick Keatinge 1h11.10 2003

**CHAMPION of CHAMPIONS  
THROWS**

2000 Jim Davis M65 Disc 60.20 Hob  
2002 Ted Vickers M82 Shot 18.12 Adel  
2005 Warren Evans M30 Dis 51.80 Bris  
2014 Darrin Norwood M30Jav 45.17 Hob  
2017 Darrin Norwood M35 Sp 21.32 Darw

**ROYCE FOLEY TROPHY  
THROWS PENTATHLON**

**HIGHEST POINTS (no more than  
once in a 5year age group)**

1999 Colin Murraylee M70 4484 Cbra  
2004 Feliks Jekabsons M80 3985 Melb  
2005 Colin Murraylee M75 4272 Bris  
2008 Feliks Jekabsons M85 4505 Syd  
2013 Guy Quarterman M70 3644 Cbra

**AMA CHAMPIONSHIPS Best  
Age Graded Performances**

2010 Rob McDonald Sprints  
2012 Hugh Coogan Sprints

**AMA YEARLY AWARDS**

**SPRINTS HURDLES**

2002 Hugh Coogan M65  
2008 Colin Buyers M65

**MIDDLE DISTANCE/  
STEEPLECHASE**

2000 Alan Bradford M60  
2007 Norm Pearce M80  
2010 Alan Bradford M70

**DISTANCE**

1999 Bob Horman M80  
2002 Ron Peters M45  
2004 Colin McLeod M65  
2014 Ron Peters M60

**MULTI EVENTS/RELAYS**

2009 Ken Daniels M70  
2010 Colin Buyers 4x400m M65  
2010 Heinz Steinmann 4x400 M65

**MOST OUTSTANDING MALE  
ATHLETE**

1999 Vic Younger M85

2006 Hugh Coogan M70  
2007 Hugh Coogan M70  
2012 Hugh Coogan M75

**MOST OUTSTANDING INDIVIDUAL  
PERFORMANCE**

2001 John Kay \*Nsw M40

**ADMINISTRATOR/OFFICIAL**

2015 Ian Mann

**HALL OF FAME**

2009 Alan Bradford

**AMA/AAVAC MERIT AWARD**

2001 Wally Stubbings  
For Services to Queensland  
2001 Bernie Hogan  
For Services to Queensland  
2003 Stan Perkins  
For Services to AMA

**Next Australian Championships Venue**

2017 Darwin  
2018 Perth

**ASIA-PAN PACIFIC MASTERS GAMES - QMA MEMBERS RECORDS AS AT 2016**

**(These are Asia/Pan Pacific Masters Records)**

**60 METRES**

M30 Travis Venema 7.33 2008  
M85 Maurice Dauphinat 11.18 2012

**100 METRES**

M30 Travis Venema 11.48 2006  
M45 Ian McLean 11.84 2008  
M70 Hugh Coogan 13.89 2006  
M85 Maurice Dauphinat 18.46 2012

**200 METRES**

M65 Heinz Steinmann 26.28 2008  
M70 Hugh Coogan 28.09 2006

**400 METRES**

M45 Gary Parkinson 53.44 2012  
M65 Heinz Steinmann 59.70 2008  
M70 Hugh Coogan 63.24 2006

**4x100m Relay**

**QMA Members included in Teams**

M30+ Warren Evans 46.39 2002  
Karl Weber  
Mark Whitman  
Shane Mathews  
M35+ Bevan Valentine 47.69 2002  
Ray Keane  
M45+ Jim Furlong 47.95 2000  
Shaun McLaughlin  
M50+ Steve Bishop 52.54 2010  
Steve Davies-Evans  
Geoff Bramley  
M55+ Joe Begley 52.57 2012  
M60+ Rob McDonald 49.96 2006  
John Wight  
M65+ Noel Garvey 61.82 2002  
Peter Berry  
Charles Crowley  
M70+ Rob McDonald 59.08 2014  
M80+ George Harrod 77.06 2010  
Maurice Dauphinat  
Hugh Thomsen  
Russell Grigg

**4x400m Relay**

**QMA Members included in Teams**

M30+ Warren Evans 3.44.18 2002  
David Hill  
Mark Whitman  
Shane Mathews

M35+ Roscoe McDonnell 3.57.50 2012  
Wayne Adams

M40+ Mike Warburton 3.59.13 2000  
Jason Collie  
Shaun McLaughlin  
Norm Cornwell

M45+ Graeme Rowley 4.12.35 2010  
Craig Bruce  
Callum McInnes

M50+ Bob Grayson 3.58.37 2002  
Bruce Bodsworth  
Ken Dohnt  
Colin Buyers

M55+ Paul Chaplain 4.39.18 2008  
Sean Ryan

M60+ Colin Buyers 4.05.83 2006  
M65+ Colin Buyers 4.11.80 2008  
Heinz Steinmann

M70+ Alf Lakin 5.50.22 2010  
Noel Garvey  
Ken Daniels  
George Harrod

M80+ George Harrod 5.32.29 2012

**800 METRES**

M30 David Hill 1.59.15 2004  
M35 Brian Sax 2.01.33 2010  
M45 Shaun McLaughlin 2.08.22 2000  
M85 Norm Pearce 4.19.67 2010

**1500 METRES**

M30 Brendan Whelan 4.05.74 2006  
M35 Brendan Whelan 4.15.84 2012  
M45 David Sweeney 4.19.67 2006  
M55 Peter Reeves 4.30.78 2010  
M80 Colin Woods 7.06.00 2016  
M85 Norm Pearce 9.03.28 2010

**5000 METRES**

M30 Brendan Whelan 15.23.81 2006  
M35 Brendan Whelan 16.59.05 2012  
M45 Ron Peters 15.37.93 2000  
M50 Ron Peters 16.21.57 2004  
M55 Ron Peters 16.58.80 2008  
M80 Colin Woods 27.25.22 2016

**80m HURDLES**

M85 Vic Younger 26.66 1998

**100m HURDLES**

M55 Harry Giles 17.53 2002

**110m HURDLES**

M30 Warren Evans 16.05 2004  
M35 Joel Stewart 17.26 2008

**300m HURDLES**

M60 Harry Giles 47.47 2006  
M65 Harry Giles 50.53 2010

**400m HURDLES**

M40 Richard Norris 63.26 2012

**2000m STEEPLECHASE**

M60 Colin McLeod 7.38.69 1998

**3000m STEEPLECHASE**

M30 Brendan Whelan 10.25.55 2006  
M40 Bill McLean 10.45.34 2000  
M45 Peter Hall 10.54.79 2000

**3000m TRACK WALK**

M30 Andrew Ludwig 13.48.14 1998  
M35 Andrew Ludwig 13.47.45 2002  
M40 Dave Smith 12.30.54 1998  
M45 Peter Bennett 13.39.21 2002  
M50 Peter Bennett 14.19.48 2006  
M55 Klaus Maurer 15.31.46 1998  
M60 Bob Mee 16.14.67 1998  
M85 Dick Keatinge 22.56.65 2008  
M90 John Alroy 27.44.62 1998

**5000m TRACK WALK**

M30 Andrew Ludwig 23.29.49 2000  
M35 Andrew Ludwig 23.43.45 2002  
M40 Peter Bennett 23.30.27 2000  
M45 Peter Bennett 23.46.13 2002  
M55 Peter Bennett 25.07.95 2012  
M70 Richard Lynch 31.27.84 2000  
M75 Patrick Sela 40.12.05 2016  
M85 Russell Grigg 49.23.68 2014

**10km ROAD WALK**

M30 Andrew Ludwig 50.12.0h 1998  
M35 Andrew Ludwig 49.35.0h 2002  
M40 Dave Smith 45.37.0h 1998  
M45 Peter Bennett 50.20.0h 2002

**4KM CROSS COUNTRY**

M30 Brendan Whelan 13.07.55 2006  
M35 Brendan Whelan 13.36.18 2010  
M40 Matt Macdonald 13.53.00 2016  
M50 Norman Burns 15.43.00 2016  
M55 Phil Davies 15.37.00 2012  
M65 Alan Bradford 15.37.65 2004

**8KM CROSS COUNTRY**

M30	Brendan Whelan	27.57.03	2004
M35	Brendan Whelan	28.20.00	2012
M40	Shawn Claydon	28.40.00	2008
M45	David Sweeney	27.09.53	2006
M50	Ron Peters	28.03.28	2006
M55	Ron Peters	28.36.00	2008

**LONG JUMP**

M30	Warren Evans	6.57	2002
M55	Brent Thompson	5.30	2002
M70	Spencer Herft	4.43	2008
M85	Vic Younger	2.96	1998
M90	Alex Pittendrich	1.99	1998

**TRIPLE JUMP**

M30	Warren Evans	11.72	2004
M85	Vic Younger	6.20	1998
M90	Alex Pittendrich	4.96	1998

**HIGH JUMP**

M45	Bill McLean	1.65	2002
M45	John Musters	1.65	1998
M70	Rob McDonald	1.35	2014
M85	Vic Younger	1.08	1998

**POLE VAULT**

M30	Warren Evans	4.05	2002
M35	Rob Hill	4.60	2008
M40	Rob Hill	4.40	2014

M50	Bruce Arnold	3.67	2004
M55	Nelson Viney	3.20	2004
M70	Garvin Brown	2.70	1998
M75	Garvin Brown	2.70	2004
M85	Vic Younger	1.70	1998

**JAVELIN THROW**

M30	Warren Evans	54.32	2002
M40	John Kay	62.72	2000
M65	Guy Quarterman	38.00	2008
M75	Colin Murraylee	36.25	2004
M85	Maurice Dauphinat	19.94	2012

**DISCUS THROW**

M30	Warren Evans	45.42	2004
M35	Darron Haworth	54.15	2008
M55	Warwick Selvey	41.86	1998
M60	Warwick Selvey	45.47	2000
M75	Colin Murraylee	32.94	2004
M80	Feliks Jekabsons	27.08	2004
M85	Maurice Dauphinat	21.27	2012

**SHOT PUT**

M30	Dean Cowan	14.89	2002
M65	Arvo Ropelin	11.49	2002
M75	Feliks Jekabsons	11.15	1998
M80	Feliks Jekabsons	10.07	2006
M85	Maurice Dauphinat	6.86	2012

**HAMMER THROW**

M30	Dean Cowan	42.19	2002
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M35	Darron Haworth	54.85	2008
M45	Bob Wagner	50.53	2004
M50	Bob Wagner	53.89	2006
M60	Mike Mabbutt	40.34	2016
M80	Feliks Jekabsons	30.71	2006
M85	Russell Grigg	16.52	2016

**WEIGHT THROW**

M30	Dean Cowan	15.42	2002
M35	Darron Haworth	17.05	2008
M45	Bob Wagner	15.74	2004
M50	Bob Wagner	19.77	2006
M60	Mike Katmadas	14.40	2000
M85	Ken Buttsworth	8.78	2002

**THROWS PENTATHLON (at 2010)**

M30	Dean Cowan	2875	2002
M35	Darron Haworth	3672	2008
M60	Mike Katmadas	3258	2000
M65	Jim Davis	3344	2000
M75	Colin Murraylee	4116	2004
M80	Feliks Jekabsons	3239	2004
M85	Ted Vickers	2053	2006