

Q.M.A. MENS' RECORDS AS AT 1ST JANUARY, 2018

Record times up to and including 800m must be set with Electronic Timing to be accepted as Queensland /Australian/World Records to conform to World and/or Australian Masters Rules, and a Wind Gauge reading is required for Sprints. 3 Watch Times are needed for any other distance longer than 800m to be recognised. Lap Scoring is required for distances longer than 1500 metres.

60 METRES

M30	Pasquale Vescio	2005	7.14
M35	Robin Mirshahi	2014	7.25
M40	Travis Venema	2016	7.34
M45	Stephen Jones	2009	7.40
M50	Wayne Cousins	2011	7.40 A
M55	John Wight	2001	7.41 A
M60	John Wight	2006	8.00
M65	Rob McDonald	2010	8.10 A
M70	Glen Wilson	2011	8.41 A
M75	Hugh Coogan	2012	8.78
M80	Tom Brown	1999	9.42 A
M85	Charlie Hankins	2001	10.45 A
M90	Maurice Dauphinet	2016	13.01

60 METRES INDOOR (not Qld)

M45	Stephen Jones	2010	7.57
M50	Steve Jones	2017	7.81

100 METRES

M30)	Travis Venema	2007	11.0
M30)	Matt McEwen	2004	11.19
M35	Kevin Silver	1987	10.94
M40	Heinz Steinmann	1984	10.9
M45	Ted Eden	1977	11.4
M50	Wayne Cousins	1998	12.01
M55)	Mick Pirie	1980	11.9
M55)	Wayne Cousins	2002	12.01
M55)	Bernie Hogan	1976	11.5 A
M60	Bernie Hogan	1981	12.15 A
M65	Mick Pirie	1994	12.62 A
M70	Hugh Coogan	2009	13.34
M75	Hugh Coogan	2012	13.86
M80	George Harrod	2009	15.76
M85	Charlie Hankins	2002	17.0
M90	Harry Gathercole	1997	19.99
M100	Les Amey	2000	58.29 A

100 YARDS

M30	Travis Venema	2006	10.54
M35	Travis Venema	2015	10.78
M40)	Travis Venema	2016	10.84
M40)	Graham Scully	2017	10.84
M45)	Greg Potts	2015	11.08
M45)	Gary Parkinson	2015	11.08
M50	Steve Jones	2014	11.51
M55	Wayne Cousins	2002	11.51
M60	John Wight	2006	11.75
M65	Col Buyers	2008	12.05
M70	Hugh Coogan	2006	12.73
M75	Hugh Coogan	2012	13.14
M80	George Harrod	2012	15.33
M85	Maurice Dauphinet	2012	16.75
M90	Maurice Dauphinet	2017	21.79

200 METRES

M30	Harry Giles	1977	22.4
M35	Kevin Silver	1987	22.1
M40)	Heinz Steinmann	1984	22.5
M40)	Dave Irvine	1987	22.5
M45	Heinz Steinmann	1988	23.45
M50	Heinz Steinmann	1995	23.9
M55	John Wight	2002	24.7
M60	Bernie Hogan	1981	25.23
M65	Bernie Hogan	1985	25.6 A
M70	Hugh Coogan	2005	26.84 A
M75	Hugh Coogan	2011	28.44
M80	Charlie Hankins	1997	33.83
M85	Harry Gathercole	1993	35.99
M90	Harry Gathercole	1997	44.24

300 METRES

M30	Scott Tuohy	2017	36.77
M35	Rafal Witelus	2012	37.52
M40	Graham Scully	2017	37.02
M45	Gary Parkinson	2016	37.17
M50	Gary Parkinson	2017	38.29
M55	Joe Begley	2011	41.50
M60	Colin Buyers	2005	40.76
M65	Colin Buyers	2008	41.75
M70	Hugh Coogan	2007	43.54
M75	Hugh Coogan	2012	45.03
M80	Colin Woods	2016	55.08
M85	Maurice Dauphinet	2011	76.37

400 METRES

M30	Matt McEwen	2004	49.27
M35	Nev Appleby	1991	50.4
M40	Tony Blue	1977	50.5
M45	Gary Parkinson	2016	52.60
M50	Gary Parkinson	2017	54.95
M55	John Cooper	1995	55.51
M60	Colin Buyers	2005	57.35
M65	Colin Buyers	2007	58.90 A
M70	Hugh Coogan	2006	60.77 A
M75	Hugh Coogan	2011	64.10 A
M80	Colin Woods	2016	77.72
M85	Harry Gathercole	1993	1:33.50
M90	Alex Pittendrich	1997	1:57.78
M95	Alex Pittendrich	2001	2:50.1 A

800 METRES

M30	Jeff Tarrant	1982	1:56.4
M35	Nev Appleby	1990	1:55.0
M40	Tony Blue	1977	1:54.80
M45	Alan Bradford	1987	1:58.65 A
M50	Alan Bradford	1989	2:00.40 A
M55	Peter Hawes	2011	2:07.87
M60	Alan Bradford	1999	2:10.42 A
M65	Alan Bradford	2004	2:22.15
M70	Alan Bradford	2009	2:28.78
M75	Hugh Coogan	2012	2:40.26
M80	Colin Woods	2016	3:10.71
M85	Alex Pittendrich	1993	4:13.0
M90	Alex Pittendrich	1997	4:28.20 A

800 METRES INDOOR (not Qld)

M30	Brendan Whelan	2008	2:04.24 A
M55	Peter Hawes	2012	2:14.87 A

1000 METRES INDOOR (not Qld)

M70	Ken Daniels	2010	4:40.41 A
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1500 METRES

M30	Aidan Hobbs	2017	3:57.66
M35	Peter Edwards	1991	4:00.33
M40	Tony Blue	1977	3:57.3
M45	Alan Bradford	1984	4:03.16
M50	Alan Bradford	1989	4:08.09
M55	Alan Bradford	1995	4:27.40
M60	Alan Bradford	1999	4:35.18
M65	Alan Bradford	2004	4:52.2
M70	Merv Jenkinson	1979	5:11.8
M75	Norm Gulbransen	1991	5:49.02
M80	Colin McLeod	2016	6:32.17
M85	Norm Pearce	2010	9:03.28
M90	Alex Pittendrich	1998	11:04.39
M100	Les Amey	2000	16:46.41 W

1 MILE

M30	Brendan Whelan	2006	4:25.25
M35	Brendan Whelan	2011	4:39.3
M40	Shane George	2006	4:34.5
M45	David Sweeney	2006	4:39.82
M50	David Sweeney	2011	4:44.3
M55	Alan Bradford	1996	4:52.5
M60	Peter Reeves	2014	5:03.37
M65	Alan Bradford	2004	5:14.9
M70	Alan Bradford	2010	5:59.27
M75	Colin Woods	2010	6:53.02
M80	Colin McLeod	2016	7:01.40

1 MILE INDOOR (not Qld)

M30	Brendan Whelan	2008	4:31.43 A
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3000 METRES

M30	Aidan Hobbs	2017	8:34.79
M35	Patrick Nispel	2017	8:45.36
M40	Shane George	2006	8:51.25
M45	David Sweeney	2008	8:56.46
M50	David Sweeney	2012	9:13.53
M55	David Sweeney	2017	9:36.27
M60	Peter Reeves	2014	9:57.08
M65	Alan Bradford	2004	10:30.50
M70	Colin McLeod	2006	11:26.8
M75	Colin McLeod	2012	12:56.02
M80	Colin McLeod	2016	13:35.60

3000 METRES INDOOR (not Qld)

M30	Brendan Whelan	2008	9:02.38 A
M50	Alan Stacey	2017	10:53.45 A

5000 METRES

M30	Aidan Hobbs	2017	14:56.13
M35	Brian Enders	1989	15:11.46
M40	Shane George	2007	15:15.24
M45	David Sweeney	2007	15:29.64
M50	Alan Bradford	1991	15:51.2
M55	Alan Bradford	1994	16:03.9
M60	Alan Bradford	1999	17:11.9
M65	Colin McLeod	2001	17:51.34
M70	Colin McLeod	2006	19:20.5
M75	Colin McLeod	2012	20:58.75
M80	Colin McLeod	2016	22:58.42 A

10,000 METRES

M30	Rod Stones	1978	31:15.0
M35	Ron Irwin	1978	31:17.0
M40	Joe Patterson	1975	31:57.0
M45	Ron Peters	2001	31:48.69
M50	Ron Peters	2003	32:54.8 A
M55	David Sweeney	2016	33:15.16
M60	Alan Bradford	1999	35:51.81
M65	Colin McLeod	2001	37:02.3
M70	Colin McLeod	2008	41:08.6
M75	Colin McLeod	2013	45:03.69
M80	Colin McLeod	2016	47:13.84 A

2000M STEEPLECHASE

M60	Alan Bradford	1999	6:54.31 A
M60	Alan Bradford	2002	7:18.9
M65	Alan Bradford	2004	7:18.2 A
M70	Alan Bradford	2009	8:20.95
M75	Michael Juckes	2015	10:14.82
M80	Russell Grigg	2008	16:53.77

3000M STEEPLECHASE

M30	Aidan Hobbs	2017	9:24.76
M35	Brian Enders	1986	9:56.5
M40	Doug Worling	1975	9:24.3
M45	Doug Worling	1981	9:41.49
M50	Alan Bradford	1989	9:51.62 A
M55	Alan Bradford	1994	10:16.00 A

80 METRES HURDLES

M70	Garvin Brown	1999	14.42
M75	Pio Bunin	2016	18.77
M80	Vic Younger	1993	19.51os
M85	Vic Younger	2000	26.65 A

100 METRES HURDLES

M50	Harry Giles	1994	15.42
M55	Harry Giles	2001	16.14
M60	Harry Giles	2007	16.34
M65	Harry Giles	2010	17.73

110 METRES HURDLES

M30	Stuart Anderson	2012	14.47
M35	Harry Giles	1979	15.6
M40	Harry Giles	1988	15.9
M45	Harry Giles	1992	15.5 A

200 METRES HURDLES

M80	Bernie Smith	2017	62.52
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300 METRES HURDLES

M60	Harry Giles	2006	46.8
M65	Harry Giles	2010	50.39

Q.M.A. MENS' RECORDS AS AT 1ST JANUARY, 2018

M70	Alan Bradford	2009	53.10
M75	Alan Bradford	2015	60.72
M80	Russell Grigg	2008	1.53.14
M85	Vic Younger	1998	1.59.8 A

400 METRES HURDLES

M30	Harry Giles	1977	52.2
M35	Harry Giles	1981	56.09
M40	Harry Giles	1988	56.73
M45	Harry Giles	1989	58.02 A
M50	Harry Giles	1994	62.14
M55	Bruce Bodsworth	2006	67.47

1500m TRACK WALK

M30	Michael Day	2016	10.54.00
M35	Andrew Ludwig	2002	6.24.70
M40	Dean Nipperess	2014	6.06.67
M45	Peter Bennett	2002	6.25.06
M50	Peter Bennett	2006	6.44.38
M55	Peter Bennett	2011	6.48.21
M60	Peter Bennett	2016	7.23.00
M65	Ian Richardson	2010	7.49.63
M70	Frank Clark	2015	8.58.39
M75	Richard Lynch	2004	9.18.56
M80	Dick Keatinge	2003	10.33.46
M85	Dick Keatinge	2008	11.07.00 A
M90	John Alroy	1999	12.56.85

1 MILE TRACK WALK

M40	Dean Nipperess	2011	7.15.75
M45	Argenis Guevara	2016	8.14.76
M50	Ignacio Jimenez	2016	7.28.50
M55	Peter Bennett	2014	7.29.75
M60	Peter Bennett	2016	7.55.53
M65	Ian Richardson	2014	8.22.08
M75	Patrick Sela	2015	11.13.83
M80	Richard Lynch	2011	12.10.37
M85	Russell Grigg	2015	15.42.38
M90	Russell Grigg	2017	15.44.37

3000m TRACK WALK

M30	Ignacio Jimenez	1996	12.45.81 A
M35	Dave Smith	1994	11.34.1
M40	Dave Smith	2000	12.08.42
M45	Dave Smith	2001	13.20.2
M50	Ian Richardson	1997	13.48.6
M55	Peter Bennett	2011	14.03.00
M60	Peter Bennett	2016	14.31.38
M65	Ian Richardson	2014	16.17.71
M70	Richard Lynch	2000	18.11.87
M75	Richard Lynch	2014	19.07.78
M80	Dick Keatinge	2003	20.46.80
M85	Dick Keatinge	2008	21.42.09
M90	John Alroy	1995	25.33.9

3000m TRACKWALK INDOOR(not Q)

M40	Dean Nipperess	2014	13.19.77 A
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5000m TRACK WALK

M30	Ignacio Jimenez	1996	21.38.52 A
M35	Dave Smith	1994	19.53.0 A
M40	Dave Smith	2000	20.47.7
M45	Dave Smith	2001	22.30.1 A
M50	Robert Mee	1993	23.57.42
M55	Peter Bennett	2011	24.13.78
M60	Peter Bennett	2016	24.58.78
M65	Ian Richardson	2014	29.02.85
M70	Richard Lynch	2001	30.49.35
M75	Richard Lynch	2004	32.19.64
M80	Dick Keatinge	2003	34.50.11
M85	Dick Keatinge	2008	37.27.25
M90	John Alroy	1995	43.08.0

10,000m TRACK WALK

M30	Ignacio Jimenez	1996	44.45.4
M35	Andrew Ludwig	2004	47.07.04
M40	Dave Smith	2000	44.04.84
M45	Peter Bennett	2001	48.28.4
M50	Klaus Maurer	1994	50.45.7
M55	Robert Mee	1994	49.50.3
M60	Peter Bennett	2016	52.14.64
M65	Patrick Sela	2005	63.22.1
M70	Eric Bailey	1994	63.09.5

M75	Richard Lynch	2005	67.39.25
M80	Dick Keatinge	2003	72.09.6
M85	Dick Keatinge	2008	75.34.0

LONG JUMP

M30	Matt McEwen	2004	7.20
M35	John Davis	1992	6.42
M40	Garry Donaldson	1988	6.22
M45	Harry Giles	1990	6.19
M50	Garry Donaldson	1994	5.82
M55	Harry Giles	2002	5.36
M60	Harry Giles	2004	4.98
M65	Spencer Herft	2003	4.79
M70	Spencer Herft	2008	4.43
M75	Garvin Brown	2004	3.85
M80	Vic Younger	1993	3.37
M85	Vic Younger	1999	3.17 A
M90	Maurice Dauphinat	2016	2.44
M95	Alex Pittendrich	2001	1.67 A

LONG JUMP INDOOR (not Qld)

M55	Viddy Jermacans	2006	4.99 A
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TRIPLE JUMP

M30	Lance Faulkner	2016	13.26
M35	Richard Anderson	1989	12.77
M40	Derek Boosey	1982	14.02
M45	Derek Boosey	1989	12.88
M50	Jim Christian	1988	11.33
M55	Tony Collins	2012	10.80
M60	Spencer Herft	1998	10.28
M65	Spencer Herft	2003	9.78
M70	Spencer Herft	2008	9.23
M75	Maurice Dauphinat	2004	8.00
M80	Vic Younger	1993	7.95
M85	Vic Younger	1998	6.59
M90	Alex Pittendrich	1996	5.51 A
M95	Alex Pittendrich	2001	3.55 A

TRIPLE JUMP INDOOR(not Qld)

M55	Viddy Jermacans	2006	8.88 A
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HIGH JUMP

M30	Matt McEwen	2004	1.97 A
M35	John Howard	1991	1.85
M40	Rob Pethybridge	2012	1.78
M45	Ben Dickson	2011	1.80
M50	Ben Dickson	2014	1.77 A
M55	Brian Key	2016	1.60
M60	Brian Prideaux	2004	1.52
M65	Alan Rolfe	1994	1.47
M70	Alan Rolfe	1999	1.41 A
M75	Lynton Lewis	2015	1.25
M80	Vic Younger	1994	1.19
M85	Vic Younger	1999	1.10 A
M90	Alex Pittendrich	1999	0.85

HIGH JUMP INDOOR (not Qld)

M70	Ken Daniels	2010	1.14 A
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POLE VAULT

M30	Matt McEwen	2004	4.90 A
M35	Howard Arbuthnot	2004	4.80
M40	Rob Hill	2010	4.80 A
M45	Rob Hill	2015	4.60 A
M50	Howard Arbuthnot	2017	4.10 A
M55	Nelson Viney	2003	3.36
M60	Allan Cameron	2012	3.00
M65	Garvin Brown	1994	3.15
M70	Garvin Brown	2000	3.14 A
M75	Garvin Brown	2003	2.85 A
M80	Vic Younger	1995	1.76
M85	Vic Younger	2000	1.74 A

POLE VAULT INDOOR (not Qld)

M40	Howard Arbuthnot	2010	4.40 A
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JAVELIN 800grms (M30-49)

M30	Matt McEwen	2004	61.60
M35	Mark Stevens	1989	59.52
M40	Michael Frawley	1992	56.28
M45	John Kay	2008	52.26

JAVELIN 700grms (M50-59)

M50	John Kay	2009	54.37
M55	John Kay	2015	44.62

JAVELIN 600grms (M60-69)

M60	Hans Beste	2003	38.26
M60	Des Frawley	1984	46.26os
M65	Guy Quarterman	2007	39.55
M65	Colin Murraylee	1995	42.18os

JAVELIN 500grms (M70-79)

M70	Erkki Saarinen	2006	42.00 A
M75	Erkki Saarinen	2010	38.12 A

JAVELIN 400grms (M80+)

M80	Erkki Saarinen	2013	33.80 A
M85	Vic Younger	2000	21.98 A
M90	Maurice Dauphinat	2016	17.11 A

DISCUS 2kg (M30-49)

M30	Warren Evans	2003	47.03
M35	Darron Haworth	2008	54.15 A
M40	Darron Haworth	2009	54.35 A
M45	Peter Lonsdale	2012	50.28

DISCUS 1.5kg (M50-59)

M50	Peter Lonsdale	2016	49.64
M55	Warwick Selvey	1995	44.42

DISCUS 1kg (M60+)

M60	Warwick Selvey	2001	53.43 A
M65	Warwick Selvey	2005	45.76
M70	Charlie Rann	2000	38.92
M75	Charlie Rann	2003	36.88 A
M80	Feliks Jekabsons	2006	28.08
M85	Feliks Jekabsons	2008	25.28 A
M90	Maurice Dauphinat	2016	19.33

SHOT PUT 7.26kg (M30-49)

M30	Dean Cowan	2002	15.65 A
M35	Peter Phillips	1978	15.89
M40	Peter Lonsdale	2000	15.06
M45	Peter Phillips	1987	14.19

SHOT PUT 6kg (M50-59)

M50	Peter Lonsdale	2016	15.52
M55	Peter Clark	2001	12.25

SHOT PUT 5kg (60-69)

M60	Mike Katmadras	1999	12.92
M65	Arvo Ropelin	2002	11.81

SHOT PUT 4kg (M70-79)

M70	Feliks Jekabsons	1993	12.66
M75	Feliks Jekabsons	1998	11.24
M80	Feliks Jekabsons	2003	9.41 A
M85	Vic Younger	1998	7.17
M90	Ken Buttsworth	2005	3.94

New WMA Specifications for M80+ 3kg

M80	Feliks Jekabsons	2006	10.19
M85	Feliks Jekabsons	2008	9.66 A
M90	Feliks Jekabsons	2014	6.95 A

HAMMER 7.26kg (M30-49)

M30	Brad Monk	1995	58.88
M35	Darron Haworth	2008	54.85
M40	Ron Frawley	1991	50.20
M45	Bob Wagner	2006	51.95

HAMMER 6kg (M50-59)

M50	Bob Wagner	2007	53.98
M55	Bob Wagner	2012	46.42

HAMMER 5kg (M60-69)

M60	Jim Davis	1994	43.08
M65	Colin Murraylee	1993	40.60

HAMMER 4kg (M70-79)

M70	Charlie Rann	1999	44.09
M75	Charlie Rann	2003	38.31
M80	Feliks Jekabsons	2004	29.39
M85	Ken Buttsworth	2002	18.28
M90	Ken Buttsworth	2005	14.33

New WMA Specifications for M80+ 3kg

M80	Charlie Rann	2008	34.13
M85	Feliks Jekabsons	2008	27.36
M90	Feliks Jekabsons	2014	19.12

WEIGHT THROW 15.88kg (M30-49)

M30	David Allan	2005	17.05 A
M35	Darron Haworth	2008	17.05
M40	Darron Haworth	2010	14.57
M45	Bob Wagner	2004	16.11 A

Q.M.A. MENS' RECORDS AS AT 1ST JANUARY, 2018**WEIGHT THROW 9.08kg (M60-69)**

M60 Lajos Joni 2017 15.68
M65 Warwick Selvey 2005 14.23

WEIGHT THROW 7.26kg (M70-79)

M70 Colin Murraylee 1999 15.85
M75 Feliks Jekabsons 1998 14.25

WEIGHT THROW 5.45kg (M80+)

M80 Feliks Jekabsons 2004 12.81
M85 Feliks Jekabsons 2008 10.83
M90 Ken Buttsworth 2005 7.05

THROWS PENTATHLON (Rescored)

M30 Dean Cowan 2002 2875
M35 Darron Haworth 2008 3672 A
M40 Peter Lonsdale 2006 3469
M45 Bob Wagner 2005 3333
M50 Grant Edwards 2015 3302
M55 Erik Hedendahl 2003 3339
M60 Warwick Selvey 2002 3573
M65 Jim Davis 2001 3524
M70 Guy Quarterman 2013 3644
M75 Jim Davis 2009 3566
M80 Feliks Jekabsons 2013 3423
M85 Vic Younger 2010 2768

New WMA Specifications for M80+**For Shot and Hammer (Rescored)**

M80 Feliks Jekabsons 2006 3616
M85 Feliks Jekabsons 2008 3897 A
M90 Maurice Dauphinat 2017 2751

HEAVY WEIGHT RECORDS**56lb WEIGHT**

M30 Michael Day 2017 7.90 A
M35 Darron Haworth 2008...10.94 A
M40 Darron Haworth 2010 10.48
M45 Richard Harris 2016 7.45
M50 Michael Kirkby 2015 6.10
M55 Michael Kirkby 2017 4.79
M60 Lajos Joni 2017 6.38
M65 Phillip Rowlands 2017 5.37
M70 Don Quinn 2017 3.81
M75 Ian Kennedy 2017 3.66
M80 Bill McMullen 2016 3.21

100lb WEIGHT (not Qld Records)**QMA Members Best Results**

M30 Michael Day 2017 4.16 A
M35 Darron Haworth 2008 5.57 A
M45 Tim Lowrey 2016 2.86
M50 Tim Lowrey 2017 2.70
M60 David Haggith 2015 2.52
M65 Don Quinn 2011 2.62
M70 Don Quinn 2015 2.33
M75 Cornel Vena 2011 1.21
M80 Felix Jekabsons 2007 1.66

HEAVY WEIGHT PENTATHLON**(Rescored with 2016 Scoring)**

M30 Michael Day 2017 2850
M35 Darron Haworth 2008 4352 A
M40 Darron Haworth 2010 4595
M45 Tim Lowrey 2016 2213
M50 Tim Lowrey 2017 2221
M55 Grant Chapman 2010 2663
M60 Don Quinn 2009 3568
M65 Don Quinn 2010 3849
M70 Don Quinn 2015 3341
M75 Bill McMullen 2010 3295
M80 Cornel Vena 2012 3378

PENTATHLON (Rescored)

M30 Warren Evans 2003 3275 A
M35 Greg Newnham 1996 2791
M40 Eddie Czarniecki 1994 2957
M45 Harry Giles 1990 2974
M50 Bruce Bodsworth 2002 2934
M55 Terry Dauphinat 2008 3085
M60 Mark McLean 2017 3219
M65 Ken Daniels 2003 3438
M70 Ken Daniels 2008 3084
M75 Maurice Dauphinat 2002 2588
M80 Maurice Dauphinat 2011 2626

M85 Vic Younger 2000 1556
M90 Maurice Dauphinat 2016 2955 A

DECATHLON (Rescored)

M30 Matt McEwen 2003 7705 A
M35 John Gan 2006 5298
M40 Troy McLaren 2006 5175
M45 Howard Arbutnot 2015 5309
M50 Dave Varley 2016 5800
M55 Dave Varley 2017 6537 A
M60 Mark McLean 2016 6445
M65 Ken Daniels 2004 6232
M70 Peter Kennedy 2017 6278
M75 Frank Pieters 2004 3740

Old Specifications (Rescored)

M80 Vic Younger 1993 5050
M85 Vic Younger 1999 4705A

4 x 100 METRES RELAY

M30 Richard Rodgers
2011 Travis Venema
Aaron McMahon
Graham Scully 45.25
M35 Robin Mirshahi 35
2015 Travis Venema 39
Graham Scully 41
Darren Felsman 48 45.47
M40 Travis Venema 40
2016 Graham Scully 42
Gary Parkinson 48
Steve Jones 52 45.53
M45 Gary Parkinson 47
2015 Steve Jones 51
Glenn Munro 47
Darren Felsman 48 46.90

M50 John Wight
1999 Nelson Viney
Frank Rissman
Mal Storey 48.33

M55 Wayne Cousins
2002 John Wight
Mal Storey
Colin Buyers 47.92

M60 John Cooper
2000 Hugh Coogan
Alan Bradford
Tom O'Keeffe 52.64

M65 Don Burt
2012 Rob McDonald
John Wight
Hugh Coogan 53.36

M70 Ken Daniels
2011 Hugh Coogan
Alf Lakin
Noel Garvey 61.52

M80 George Harrod
2010 Maurice Dauphinat
Hugh Thomsen
Russell Grigg 77.06

4 x 200 METRES RELAY

M30 Richard Norris
2009 Greg Hamilton
Travis Venema
Jason Burt 1.38.49

M35 Robin Mirshahi
2015 Travis Venema
Graham Scully
Brett MacKenzie 1.37.48

M40 Gary Parkinson 47
2015 Wayne Adams 42
Ian Adams 44
Graham Scully 41 1.40.72

M45 Geoff Bramley
2009 Craig Bruce
Callum McInnes
Joe Begley 1.45.36

M50 Jim Furlong
2011 Joe Begley

Garry Moran
Hugh Bristow 1.49.62

M55 Hugh Bristow
2011 Joe Begley
Jim Furlong
Ian Malouf 1.49.66

M60 Ian Malouf 61
2016 Joe Begley 62
Paul Chaplain 67
Terry Dauphinat 63 1.59.63

M65 Hugh Coogan
2007 Alf Lakin
Colin Buyers
Ivan Rogers 2.07.89

M70 John Wight 70
2017 Pio Bunin 75
Peter Kennedy 70
Colin Buyers 74 2.17.89

4 x 400 METRES RELAY

M30 Warren Evans
2003 David Hill
Bruce Hill
Grant Barton 3.35.4

M35 Andrew Keane
2005 Mick Konemann
Peter Edwards
Shaun McLaughlin 3.51.22

M40 Jim Furlong
1999 Peter Hawes
Michael Warburton
Shaun McLaughlin 3.40.3

M45 Jim Furlong
2001 Shaun McLaughlin
Peter Hawes
Bill Kovacevic 3.40.44

M50 Bruce Bodsworth
2003 Bob Grayson
Colin Buyers
Ken Dohnt 3.52.4

M55 Bruce Bodsworth
2007 Bob Grayson
Rob White
Colin Buyers 4.03.0

M60 John Cooper
2000 Hugh Coogan
Alan Bradford
Tom O'Keeffe 4.11.51

M65 Hugh Coogan
2008 Col Buyers
Colin McLeod
Alan Bradford 4.32.61

M70 Noel Garvey
2011 Alan Bradford
Ken Daniels
Hugh Coogan 5.04.12

4 x 800 METRES RELAY

M30 Gary Parkinson
2008 David Hill
Bruce Hill
Brendan Whelan 8.30.74 AR

M35 Matt Cooper 36
2017 Clay Dawson 36
Peter Bracken 37
Daniel Mellish 39 8.41.58 AR

M40 Wayne Adams 44
2017 Paul McIntosh 44
Andrew Willey 40
Julian Bahlmann 41 8.55.74

M45 Paul Shard 45
2017 Anthony Canfell 46
John Treschman 53
Chris Bell 46 9.26.21

M50 Peter Reeves
2011 Con Dimauro
Phil Davies

Q.M.A. MENS' RECORDS AS AT 1ST JANUARY, 2018

		<u>4 x 1500 METRES RELAY</u>			
<u>M55</u>	Jason Collie	<u>M30</u>	Ross Nicholls	<u>M50</u>	Peter Reeves
<u>2008</u>	Bruce Bodsworth	<u>2008</u>	Steven Bell	<u>2011</u>	David Sweeney
	Bob Grayson		Joshua Bridge		Con Dimauro
	Terry Dauphinat		Brendan Whelan		Phil Davies
	9.34.44 AR		19.57.62		18.37.91
<u>M60</u>	Peter Reeves	<u>M35</u>	Iain McKee	<u>M55</u>	Peter Reeves
<u>2013</u>	Jason Collie	<u>2010</u>	Martin John	<u>2014</u>	Ian Cameron
	Bob Grayson		Greg Beerling		Phil Davies
	Sean Ryan		Brendan Whelan		55
	10.29.12		18.44.10		19.58.67 AR
<u>M65</u>	Alan Bradford	<u>M40</u>	Paul Shard	<u>M60</u>	John Shaw
<u>2008</u>	Brian Morling	<u>2016</u>	Steve Nichols	<u>2016</u>	Ron Peters
	Colin McLeod		Chris Bell		Ian Cameron
	Colin Buyers		44		Peter Reeves
	11.15.37		Anthony Canfell		62
<u>M70+</u>	Pio Bunin		45		19.28.03 AR
	74	<u>M45</u>	Mark Jones	<u>M65</u>	Colin Mancey
	Noel Garvey	<u>2007</u>	David Sweeney		Robin Reisenleiter
	81		Andy Clowes		Viddy Jermacans
	Don Burt		Peter Hallahan		67
	70		18.31.73		7433.29.96
	Colin Woods				
	80				
	15.25.31				

RELAYS: MEMBERS WHO SET RECORDS IN AN AUST TEAM IN NATIONAL AND INTERNATIONAL COMPETITION.

<u>4 x 100m RELAYS:</u>		<u>4 x 400m RELAYS:</u>		<u>4 x 800m RELAY</u>	
<u>M45+</u>	Jim Furlong	<u>M70+</u>	John Wight	<u>M70+</u>	Hugh Coogan
<u>2001</u>	45.35 A	<u>2016</u>	53.67 A	<u>2011</u>	4.29.57 A
	Arch Moore	<u>2016</u>	Pio Bunin	<u>2016</u>	Pio Bunin
	2001	<u>2012</u>	Hugh Thomsen	<u>2012</u>	5.12.41 A
	45.35 A	<u>2012</u>	George Harrod	<u>2012</u>	5.32.29 W
<u>M55+</u>	Heinz Steinmann		2012		
	2001				
	47.46 A				
	John Wight				
	2001				
	47.46 A				
<u>M60+</u>	Hugh Coogan				
<u>1997</u>	48.95 A				
<u>M65+</u>	Col Buyers				
<u>2009</u>	50.5 A				
	Heinz Steinmann				
	2009				
	50.5 A				
	Rob McDonald				
	2009				
	50.5 A				

QUEENSLAND BEST PERFORMANCES (RECORDS) - MEN: AT 1ST JAN, 2018**TRACK EVENTS**

These QBP Times for 60 Metres, 100 Yards and 300 Metres are not recognised as Queensland Records. All Records up to and including 800m must be set with Electronic Timing. The remaining QBP'S will be deleted when bettered by an Official Record.

60 METRES

M30 Travis Venema 2008 7.0

M50 David Lloyd 2001 7.3
 M60 Rob McDonald 2004 7.7
 M60 John Wight 2006 7.7
 M70 Hugh Coogan 2006 8.2

100 YARDS

M50 Joe Begley 2004 11.3
 M55 John Wight 2001 11.4

300 METRES

M60 Colin Buyers 2003 40.1
 M70 Hugh Coogan 2006 43.4

ROAD EVENTS**HALF MARATHON**

M30 Brendan Whelan 2006 1:12.29
 M35 Patrick Nispel 2017 1:11.44
 M40 Peter Connolly 1986 1:10.12
 M45 Ron Peters 1999 1:10.47
 M50 Ron Peters 2003 1:11.32
 M55 Ron Peters 2009 1:12.19
AB
 M60 Ron Peters 2013 1:15.07
AB
 M65 Colin McLeod 2002 1:19.06
 M70 Colin McLeod 2007 1:28.06
 M75 Colin McLeod 2013 1:39.28
 M80 Robert Horman 2000 1:46.00

MARATHON

M30 Wayne Heath 2010 2:39.59
 M35 Clay Dawson 2017 2:26.54
 M40 Peter Connolly 1985 2:29.09

M45 Tony Gray 1999 2:29.52
 M50 Colin McLeod 1987 2:35.35
 M55 Ron Peters 2009 2:37.27
AB
 M60 Ron Peters 2015 2:43.57
 M65 Colin McLeod 2003 2:54.41
AB
 M70 Colin McLeod 2006 3:04.07
 M75 Robert Horman 1997 3:41.08
 M80 Robert Horman 1998 3:39.18
AB
 M85 Robert Horman 2004 4:34.55
AB

10KM ROAD RUN

M30 Aidan Hobbs 2017 33.37
 M35 Peter Bracken 2017 33.33
 M40 Matt MacDonald 2017 32.57
 M45 Ralf Hamann 2015 35.17
 M50 David Sweeney 2014 32.58
 M55 David Sweeney 2017 33.50
 M60 Peter Reeves 2014 36.23
 M65 Jim Woodruff 2014 42.14
 M70 Jim Woodruff 2017 44.21
 M75 Colin McLeod 2015 47.19
 M80 Colin Woods 2015 55.01

CROSS COUNTRY**3000 METRES (3km)**

M30 David Hill 2004 9.55
 M35 Bruce Hill 2005 10.06
 M40 Barry Broe 2002 9.57
 M45 David Sweeney 2008 10.02
 M50 Ron Peters 2004 10.08
 M55 Steve Hastie 2006 10.47
 M60 Peter Reeves 2014 10.55
 M65 Ken Daniels 2007 15.29
 M70 Barrie Reiffel 2007 13.13

4000 METRES (4km)

M30 David Hill) 2004 12.31
 M30 Adian Hobbs) 2017 12.31
 M35 David Hill 2005 12.27
 M40 Shane George 2007 12.41
 M45 Ron Peters 2002 13.00
 M50 Ron Peters 2006 12.49
 M55 Peter Reeves 2010 13.49

M60 Alan Bradford 2003 14.25
 M65 Alan Bradford 2004 14.49
 M70 Colin McLeod 2008 17.44
 M75 Colin McLeod 2013 18.34

5000 METRES (5km)

M35 Stephen Showell 2004 18.02
 M40 Barry Broe 2002 17.49
 M45 Malcolm Powell 2009 17.00
 M50 Ron Peters 2004 17.02
 M55 Peter Reeves 2010 18.37
 M60 Alan Bradford 2000 18.48
 M65 John Sheer 2013 24.10
 M70 Merv Jenkinson 1981 23.35

8000 METRES (8km)

M30 Brendan Whelan 2006 26.42
 M35 Shawn Claydon 2007 26.38
 M40 Geoff Berkeley 2011 26.04
 M45 Ron Peters 2002 27.06
 M50 Ron Peters 2004 26.32
 M55 David Sweeney 2016 27.18
 M60 Ron Peters 2013 29.29
 M65 Alan Bradford 2014 30.18
 M70 Colin McLeod 2006 34.28
 M75 Colin McLeod 2013 37.02

10,000 METRES (10km)

M30 Andrew Ludwig 2000 38.40
 M35 Colin Green 1994 35.58
 M40 Ron Peters 1997 33.00
 M45 Peter Connolly 1987 33.05
 M50 Alan Bradford 1993 34.47
 M55 Alan Bradford 1996 34.40
 M60 Colin McLeod 2000 37.31
 M65 Julius Keller 1997 44.58
 M70 Eric Bailey 1994 50.07
 M75 Robert Horman 1994 50.04

ROAD WALKS**5KM**

M35 Ignacio Jimenez 2005 25.42
 M40 Dean Nipperess 2014 23.40
 M45 Peter Bennett 2002 24.18
 M50 Peter Bennett 2007 25.26
 M55 Peter Bennett 2013 24.37
 M60 Peter Bennett 2016 26.07
 M65 Patrick Sela 2009 31.52
 M70 Richard Lynch 1999 31.41

M75	Richard Lynch	2005	32.36
M80	Dick Keatinge	2003	34.57
M85	Dick Keatinge	2008	37.28
M90	John Alroy	1999	49.51

8KM			
M35	Dean Nipperess	2011	39.43
M40	Dean Nipperess	2016	40.59
M55	Bob Coleman	2007	49.07

M65	Patrick Sela	2009	56.23
M70	Patrick Sela	2010	51.07
M75	Richard Lynch	2007	54.50
M80	Richard Lynch	2009	57.48

QUEENSLAND BEST PERFORMANCES (RECORDS) - MEN: AS AT 1ST JAN, 2018

10KM			
M30	Ignacio Jimenez	1995	46.30
AB			
M35	Dave Smith	1994	41.53
AB			
M40	Dave Smith	1999	45.47
M45	Ignacio Jimenez	2011	48.32
M50	Ignacio Jimenez	2017	49.27
M55	Peter Bennett	2013	49.47
M60	Peter Bennett	2016	50.51
M65	Patrick Sela	2006	1:04.46
M70	Patrick Sela	2012	1:02.36
M75	Richard Lynch	2004	1:05.41
M80	Dick Keatinge	2003	1:11.10
M85	Dick Keatinge	2008	1:18.52
AB			
M90	John Alroy	1994	1:26.32
15KM			
M30	Ignacio Jimenez	1999	1:15.51
M35	Andrew Ludwig	2004	1:13.59

M40	Iggy Jimenez	2009	1:14.23
M45	Peter Bennett	2002	1:16.11
M50	Peter Bennett	2009	1:17.42
M55	Peter Bennett	2011	1:18.02
M60	Peter Bennett	2016	1:19.31
M65	Patrick Sela	2009	1:42.32
M70	Patrick Sela	2011	1:39.11
M75	Dick Keatinge	2000	1:45.20
20KM			
M30	Ignacio Jimenez	1997	1:38.02
AB			
M35	Peter Bennett	1995	1:39.18
M40	Dean Nipperess	2014	1:38.55
M45	Ignacio Jimenez	2011	1:43.07
M50	Ignacio Jimenez	2016	1:48.36
M55	Peter Bennett	2013	1:45.07
M60	Peter Bennett	2016	1:49.39
M65	Patrick Sela	2009	1:56.44

M70	Richard Lynch	2001	2:09.25
M75	Dick Keatinge	2001	2:19.58
30KM			
M30	Ignacio Jimenez	1995	2:29.23
M35	Peter Bennett	1995	2:34.56
M40	Peter Bennett	1997	2:38.35
M45	Peter Bennett	2001	2:45.18
M50	Iggy Jimenez	2017	2:52.10
M55	Peter Bennett	2012	2:48.43
M60	Peter Bennett	2017	3:12.17
M65	Patrick Sela	2009	3:43.53
M70	Bert Janes	2004	4:13.49
50KM			
M30	Ignacio Jimenez	1995	4:40.36
M35	Andrew Ludwig	2003	4:36.02
M40	Peter Bennett	1999	4:58.53
M45	Peter Bennett	2001	4:49.28
ABP			

OCEANIA RECORDS - MEN - QMA MEMBERS (As at November, 2015)

60 METRES			
M30	Travis Venema	7.19	2008
M35	Travis Venema	7.40	2010
M50	Steve Jones	7.83	2015
M85	Maurice Dauphinat	11.12	2012
100 METRES			
M30	Travis Venema	11.40	2008
M70	Hugh Coogan	13.85	2006
200 METRES			
M65	Colin Buyers	26.20	2008
M70	Hugh Coogan	28.10	2006
400 METRES			
M65	Hugh Coogan	61.15	2004
M70	Hugh Coogan	62.28	2006
M75	Colin Woods	74.12	2012
800 METRES			
M30	Brendan Whelan	2.01.4	2006
M70	Hugh Coogan	2.37.4	2006
1500 METRES			
M30	Brendan Whelan	4.07.7	2006
M40	Alan Bradford	4.07.0	1982
M80	Norm Pearce	7.43.0	2006
5000 METRES			
M30	Brendan Whelan	15.25.5	2006
M65	Colin McLeod	18.13.1	2002
100m HURDLES (0.840m)			
M60	Harry Giles	16.56	2008
3000m STEEPLECHASE (0.914m)			
M50	Alan Bradford	10.44.0	1992
3000m TRACK WALK			
M35	Peter Bennett	14.28.0	1994
M40	Dean Nipperess	13.10.82	2012
M80	Richard Keatinge	21.00.0	2006
5000m TRACK WALK			
M70	Tom Daintry	28.22.0	1984
M75	Tom Daintry	30.33.0	1990
M80	Tom Daintry	33.57.0	1992
10km ROAD WALK (Best Perf)			
M35	Peter Bennett	52.14	1994
M40	Dean Nipperess	47.31	2012
M80	Tom Daintry	69.01	1992

HALF MARATHON (Best Perf)			
M35	Brendan Whelan	1:15.18	2010
M60	Colin McLeod	1:19.28	1998
M65	Colin McLeod	1:22.25	2002
M70	Colin McLeod	1:31.58	2008
JAVELIN (800g current specif)			
M45	John Kay	52.26	2008
JAVELIN (500g from 2000)			
M70	Guy Quarterman	36.51	2012
JAVELIN (400g from 2000)			
M85	Maurice Dauphinat	21.69	2012
HAMMER (3kg)			
M85	Feliks Jekabsons	22.37	2012
DISCUS (2kg)			
M30	Alan White	35.60	2000
DISCUS (1kg)			
M80	Feliks Jekabsons	26.96	2006
M85	Maurice Dauphinat	21.24	2012
SHOT PUT (5kg)			
M65	Charlie Rann	12.75	1992
SHOT PUT (3kg)			
M80	Feliks Jekabsons	10.09	2006
LONG JUMP			
M85	Maurice Dauphinat	2.95	2012
POLE VAULT			
M35	Rob Hill	4.40	2008
PENTATHLON			
M70	Ken Daniels	3084	2008
	Long Jump	3.95	
	Javelin	31.99	
	200 Metres	31.38	
	Discus	25.19	
	1500 Metres	7.09.23	
THROWS PENTATHLON			
M80	Feliks Jekabsons	3616	2006
	Hammer	28.97	
	Shot Put	9.98	
	Discus	26.96	
	Javelin	19.30	
	Weight	12.43	

DECATHLON			
M55	Viddy Jermacans	4212	2008
	100 Metres	13.81	
	Long Jump	4.40	
	Shot Put	7.62	
	High Jump	1.32	
	400 Metres	69.04	
	Hurdles	22.88	
	Discus	24.85	
	Pole Vault	2.00	
	Javelin	21.54	
	1500 Metres	6.41.42	
M60	Viddy Jermacans	5112	2010
	100 Metres	13.92	
	Long Jump	4.35	
	Shot Put	8.68	
	High Jump	1.30	
	400 Metres	67.37	
	Hurdles	21.11	
	Discus	29.08	
	Pole Vault	2.10	
	Javelin	21.60	
	1500 Metres	6.20.36	
M65	Nick Bannenberg	4552	2008
	100 Metres	15.23	
	Long Jump	3.95	
	Shot Put	10.02	
	High Jump	nh	
	400 Metres	70.93	
	Hurdles	23.00	
	Discus	31.84	
	Pole Vault	1.50	
	Javelin	25.24	
	1500 Metres	6.51.94	
M70	Ken Daniels	5995	2008
	100 Metres	15.00	
	Long Jump	4.14	
	Shot Put	8.31	
	High Jump	1.21	
	400 Metres	73.03	
	Hurdles	17.88	
	Discus	26.71	
	Pole Vault	2.00	
	Javelin	31.98	
	1500 Metres	7.00.11	

AMA WINTER THROWING CHAMPIONSHIPS – CHAMPIONSHIP RECORDS AS AT OCTOBER,2017 HELD BY QMA MEMBERS

THROWS CHAMPIONSHIPS DISCUS THROW

M30	Michael Day	2016	40.13
M35	Darron Haworth	2008	50.03

M55	Warwick Selvey	1995	42.98
JAVELIN THROW			

M30 Michael Day 2017 42.57

WEIGHT THROW
M35 Darron Haworth 2008 16.13
HEAVY WEIGHT 56lb
M30 Michael Day 2017 7.90
M35 Darron Haworth 2008 10.94
M85 Feliks Jekabsons 2007.07
100lb WEIGHT
M30 Michael Day 2017 4.16
M35 Darron Haworth 2008 5.57

M85 Feliks Jekabsons 2007 1.66
WEIGHT FOR DISTANCE
M30 Michael Day 2017 15.83
M45 Tim Lowrey 2017 13.40
THROWS PENTATHLON
M30 Michael Day 2016 2597
HEAVY WEIGHT PENTATHLON
M35 Darron Haworth 2008 4436

AMA CHAMPIONSHIP RECORDS HELD BY QMA MEMBERS (as at 21/06/17)

* Represented for other States before joining Queensland

60 METRES

M65 Rob McDonald 8.10 2010
M70 Glen Wilson 8.41 2011
M75 Hugh Coogan 8.92 2011

100 METRES

M60 Bernie Hogan 12.15 1981
M65 John Cooper 12.68 2006
M75 Hugh Coogan 13.98 2012

200 METRES

M35 Kevin Silver 22.29 1987
M65 John Cooper 26.17 2004
M75 Hugh Coogan 28.83 2011

400 METRES

M65 Colin Buyers 59.85 2009
M70 Hugh Coogan 62.17 2006
M75 Hugh Coogan 65.88 2012

800 METRES

M65 Alan Bradford 2.22.15 2004
M90 Alex Pittendrich 4.28.2 1997

1500 METRES

M30 Brendan Gray 4.06.17 2004
M90 Alex Pittendrich 11.04.39 1998

10,000 METRES

M50 David Sweeney 33.03.74 2015

HALF MARATHON

M35 Patrick Nispell 1h12.03 2017
M55 Ron Peters 1h18.20 2013
M60 Ron Peters 1h18.53 2016

MARATHON

M60 John Shaw 2h45.19 2016
M65 Colin McLeod 2h54.41 2003
M70 Colin McLeod 3h04.07 2006

3000m STEEPLECHASE

M30 Brendan Gray 10.05.24 2004
M40 Doug Worling 9.31.6 1975
M45 Doug Worling 9.50.66 1981
M50 Alan Bradford 10.15.1 1991
M55 Alan Bradford 10.29.16 1994

2000m STEEPLECHASE

M60 Alan Bradford 7.05.51 1999
M65 Alan Bradford 7.28.46 2004
M70 Alan Bradford 8.20.95 2009

110m HURDLES (.991m/3'3")

M45 Harry Giles 15.5 1990

100m HURDLES (.914/3')

M55 Harry Giles 15.42 1994

100m HURDLES (.840m/2'9")

M60 Harry Giles 16.68 2005

400m HURDLES (.914/3')

M35 Harry Giles 56.09 1981
M40 Harry Giles 56.73 1988
M45 Harry Giles 58.8 1990

400m HURDLES (.840/2'9")

M50 Harry Giles 62.14 1994

1500M TRACK WALK

M40 Dean Nipperess 6.06.67 2014
M55 Peter Bennett 6.48.21 2011

5000m TRACK WALK

M30 Iggy Jimenez 22.55.1 1995
M35 David Smith 20.43.8 1995
M40 David Smith 21.26.18 1998

10km ROAD WALK (Best Times)

M40 Dean Nipperess 49.39 2012
M45 Iggy Jimenez 49.27 2011
M80 Dick Keatinge 1h11.10 2003

M85 Dick Keatinge 1h20.12 2009

HIGH JUMP

M45 Ben Dickson 1.78 2011
M70 Alan Rolfe 1.41 1999
M80 Vic Younger 1.17 1994
M85 Vic Younger 1.05 1998

LONG JUMP

M85 Maurice Dauphinot 2.98 2011
M90 Alex Pittendrich 2.14 1998

TRIPLE JUMP

M40 Derek Boosey 14.01 1987
M90 Alex Pittendrich 5.50 1998

POLE VAULT

M30 Warren Evans 3.65 2005
M40 Howard Arbuthnot 4.20 2011
M45 Bruce Arnold 3.70 2000
M50 Bruce Arnold 3.65 2005
M55 Garvin Brown 3.20 1986
M85 Vic Younger 1.50 1999

DISCUS THROW

M40 Darron Howarth 50.65 2011
M55 Warwick Selvey 44.38 1996
M65 Warwick Selvey 45.76 2005
M85 Feliks Jekabsons 25.28 2008
M90 Maurice Dauphinot 19.33 2016

SHOT PUT

M85 Feliks Jekabsons 3k 9.10 2008
M90 Maurice Dauphinot 3k 5.70 2017

HAMMER THROW

M30 David Allan 57.10 2005
M50 Bob Wagner 51.93 2007
M85 Feliks Jekabsons 3k 27.36 2008

JAVELIN THROW

M40 John Kay *Nsw 61.78 2001
M45 John Kay *Nsw 57.18 2006
M70 Erkki Saarinen 42.00 2006
M75 Erkki Saarinen 34.83 2011
M90 Maurice Dauphinot 17.11 2016

WEIGHT THROW

M30 David Allan 16.32 2005
M45 Bob Wagner 15.76 2005
M50 Bob Wagner 19.64 2007

THROWS PENTATHLON

M70 Colin Murraylee 4110 1999
M85 Feliks Jekabsons ns 3897 2008

Ns: New Specifications

PENTATHLON (with Discus)

M50 Ken Daniels *Act 3209 1989
M85 Maurice Dauphinot 2770 2011
M90 Maurice Dauphinot 2955 2016

DECATHLON

M30 Warren Evans 6352 2005
M55 Nelson Viney 5192 2003

CHAMPION of CHAMPIONS

SPRINT

1987 Fred Turner *Nsw M45 12.57 Syd
1988 Harry Gathercole M80 12.3 Bris
1998 Mick Pirie M65 nt Bris
2002 John Wight M55 10.63 Adel
2005 John Cooper M65 10.20 Bris
2006 John Cooper M65 10.42 Cbra
2007 Hugh Coogan M70 10.40 Hob
2010 Rob McDonald M65 10.33 Per
2011 Hugh Coogan M75 10.49 Bris
2012 Hugh Coogan M75 10.21 Melb
2013 Rob McDonald M65 10.46 Cbra

**CHAMPION of CHAMPIONS
THROWS**

2000 Jim Davis M65 Disc 60.20 Hob
2002 Ted Vickers M82 Shot 18.12 Adel
2005 Warren Evans M30 Dis 51.80 Bris
2014 Darrin Norwood M30Jav 45.17 Hob
2017 Darrin Norwood M35 Sp 21.32 Darw

**ROYCE FOLEY TROPHY
THROWS PENTATHLON**

**HIGHEST POINTS (no more than
once in a 5year age group)**

1999 Colin Murraylee M70 4484 Cbra
2004 Feliks Jekabsons M80 3985 Melb
2005 Colin Murraylee M75 4272 Bris
2008 Feliks Jekabsons M85 4505 Syd
2013 Guy Quarterman M70 3644 Cbra

**AMA CHAMPIONSHIPS Best
Age Graded Performances**

2010 Rob McDonald Sprints
2012 Hugh Coogan Sprints

AMA YEARLY AWARDS

SPRINTS HURDLES

2002 Hugh Coogan M65
2008 Colin Buyers M65

**MIDDLE DISTANCE/
STEEPLECHASE**

2000 Alan Bradford M60
2007 Norm Pearce M80
2010 Alan Bradford M70

DISTANCE

1999 Bob Horman M80
2002 Ron Peters M45
2004 Colin McLeod M65
2014 Ron Peters M60

MULTI EVENTS/RELAYS

2009 Ken Daniels M70
2010 Colin Buyers 4x400m M65
2010 Heinz Steinmann 4x400 M65

**MOST OUTSTANDING MALE
ATHLETE**

1999 Vic Younger M85

2006 Hugh Coogan M70
2007 Hugh Coogan M70
2012 Hugh Coogan M75

**MOST OUTSTANDING INDIVIDUAL
PERFORMANCE**

2001 John Kay *Nsw M40

ADMINISTRATOR/OFFICIAL

2015 Ian Mann

HALL OF FAME

2009 Alan Bradford

AMA/AAVAC MERIT AWARD

2001 Wally Stubbings
For Services to Queensland
2001 Bernie Hogan
For Services to Queensland
2003 Stan Perkins
For Services to AMA

Next Australian Championships Venue

2017 Darwin
2018 Perth

ASIA-PAN PACIFIC MASTERS GAMES - QMA MEMBERS RECORDS AS AT 2016

(These are Asia/Pan Pacific Masters Records)

60 METRES

M30 Travis Venema 7.33 2008
M85 Maurice Dauphinat 11.18 2012

100 METRES

M30 Travis Venema 11.48 2006
M45 Ian McLean 11.84 2008
M70 Hugh Coogan 13.89 2006
M85 Maurice Dauphinat 18.46 2012

200 METRES

M65 Heinz Steinmann 26.28 2008
M70 Hugh Coogan 28.09 2006

400 METRES

M45 Gary Parkinson 53.44 2012
M65 Heinz Steinmann 59.70 2008
M70 Hugh Coogan 63.24 2006

4x100m Relay

QMA Members included in Teams

M30+ Warren Evans 46.39 2002
Karl Weber
Mark Whitman
Shane Mathews
M35+ Bevan Valentine 47.69 2002
Ray Keane
M45+ Jim Furlong 47.95 2000
Shaun McLaughlin
M50+ Steve Bishop 52.54 2010
Steve Davies-Evans
Geoff Bramley
M55+ Joe Begley 52.57 2012
M60+ Rob McDonald 49.96 2006
John Wight
M65+ Noel Garvey 61.82 2002
Peter Berry
Charles Crowley
M70+ Rob McDonald 59.08 2014
M80+ George Harrod 77.06 2010
Maurice Dauphinat
Hugh Thomsen
Russell Grigg

4x400m Relay

QMA Members included in Teams

M30+ Warren Evans 3.44.18 2002
David Hill
Mark Whitman
Shane Mathews

M35+ Roscoe McDonnell 3.57.50 2012
Wayne Adams

M40+ Mike Warburton 3.59.13 2000
Jason Collie
Shaun McLaughlin
Norm Cornwell

M45+ Graeme Rowley 4.12.35 2010
Craig Bruce
Callum McInnes

M50+ Bob Grayson 3.58.37 2002
Bruce Bodsworth
Ken Dohnt
Colin Buyers

M55+ Paul Chaplain 4.39.18 2008
Sean Ryan

M60+ Colin Buyers 4.05.83 2006
M65+ Colin Buyers 4.11.80 2008
Heinz Steinmann

M70+ Alf Lakin 5.50.22 2010
Noel Garvey
Ken Daniels
George Harrod

M80+ George Harrod 5.32.29 2012

800 METRES

M30 David Hill 1.59.15 2004
M35 Brian Sax 2.01.33 2010
M45 Shaun McLaughlin 2.08.22 2000
M85 Norm Pearce 4.19.67 2010

1500 METRES

M30 Brendan Whelan 4.05.74 2006
M35 Brendan Whelan 4.15.84 2012
M45 David Sweeney 4.19.67 2006
M55 Peter Reeves 4.30.78 2010
M80 Colin Woods 7.06.00 2016
M85 Norm Pearce 9.03.28 2010

5000 METRES

M30 Brendan Whelan 15.23.81 2006
M35 Brendan Whelan 16.59.05 2012
M45 Ron Peters 15.37.93 2000
M50 Ron Peters 16.21.57 2004
M55 Ron Peters 16.58.80 2008
M80 Colin Woods 27.25.22 2016

80m HURDLES

M85 Vic Younger 26.66 1998

100m HURDLES

M55 Harry Giles 17.53 2002

110m HURDLES

M30 Warren Evans 16.05 2004
M35 Joel Stewart 17.26 2008

300m HURDLES

M60 Harry Giles 47.47 2006
M65 Harry Giles 50.53 2010

400m HURDLES

M40 Richard Norris 63.26 2012

2000m STEEPLECHASE

M60 Colin McLeod 7.38.69 1998

3000m STEEPLECHASE

M30 Brendan Whelan 10.25.55 2006
M40 Bill McLean 10.45.34 2000
M45 Peter Hall 10.54.79 2000

3000m TRACK WALK

M30 Andrew Ludwig 13.48.14 1998
M35 Andrew Ludwig 13.47.45 2002
M40 Dave Smith 12.30.54 1998
M45 Peter Bennett 13.39.21 2002
M50 Peter Bennett 14.19.48 2006
M55 Klaus Maurer 15.31.46 1998
M60 Bob Mee 16.14.67 1998
M85 Dick Keatinge 22.56.65 2008
M90 John Alroy 27.44.62 1998

5000m TRACK WALK

M30 Andrew Ludwig 23.29.49 2000
M35 Andrew Ludwig 23.43.45 2002
M40 Peter Bennett 23.30.27 2000
M45 Peter Bennett 23.46.13 2002
M55 Peter Bennett 25.07.95 2012
M70 Richard Lynch 31.27.84 2000
M75 Patrick Sela 40.12.05 2016
M85 Russell Grigg 49.23.68 2014

10km ROAD WALK

M30 Andrew Ludwig 50.12.0h 1998
M35 Andrew Ludwig 49.35.0h 2002
M40 Dave Smith 45.37.0h 1998
M45 Peter Bennett 50.20.0h 2002

4KM CROSS COUNTRY

M30 Brendan Whelan 13.07.55 2006
M35 Brendan Whelan 13.36.18 2010
M40 Matt Macdonald 13.53.00 2016
M50 Norman Burns 15.43.00 2016
M55 Phil Davies 15.37.00 2012
M65 Alan Bradford 15.37.65 2004

8KM CROSS COUNTRY

M30	Brendan Whelan	27.57.03	2004
M35	Brendan Whelan	28.20.00	2012
M40	Shawn Claydon	28.40.00	2008
M45	David Sweeney	27.09.53	2006
M50	Ron Peters	28.03.28	2006
M55	Ron Peters	28.36.00	2008

LONG JUMP

M30	Warren Evans	6.57	2002
M55	Brent Thompson	5.30	2002
M70	Spencer Herft	4.43	2008
M85	Vic Younger	2.96	1998
M90	Alex Pittendrich	1.99	1998

TRIPLE JUMP

M30	Warren Evans	11.72	2004
M85	Vic Younger	6.20	1998
M90	Alex Pittendrich	4.96	1998

HIGH JUMP

M45	Bill McLean	1.65	2002
M45	John Musters	1.65	1998
M70	Rob McDonald	1.35	2014
M85	Vic Younger	1.08	1998

POLE VAULT

M30	Warren Evans	4.05	2002
M35	Rob Hill	4.60	2008
M40	Rob Hill	4.40	2014

M50	Bruce Arnold	3.67	2004
M55	Nelson Viney	3.20	2004
M70	Garvin Brown	2.70	1998
M75	Garvin Brown	2.70	2004
M85	Vic Younger	1.70	1998

JAVELIN THROW

M30	Warren Evans	54.32	2002
M40	John Kay	62.72	2000
M65	Guy Quarterman	38.00	2008
M75	Colin Murraylee	36.25	2004
M85	Maurice Dauphinat	19.94	2012

DISCUS THROW

M30	Warren Evans	45.42	2004
M35	Darron Haworth	54.15	2008
M55	Warwick Selvey	41.86	1998
M60	Warwick Selvey	45.47	2000
M75	Colin Murraylee	32.94	2004
M80	Feliks Jekabsons	27.08	2004
M85	Maurice Dauphinat	21.27	2012

SHOT PUT

M30	Dean Cowan	14.89	2002
M65	Arvo Ropelin	11.49	2002
M75	Feliks Jekabsons	11.15	1998
M80	Feliks Jekabsons	10.07	2006
M85	Maurice Dauphinat	6.86	2012

HAMMER THROW

M30	Dean Cowan	42.19	2002
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M35	Darron Haworth	54.85	2008
M45	Bob Wagner	50.53	2004
M50	Bob Wagner	53.89	2006
M60	Mike Mabbutt	40.34	2016
M80	Feliks Jekabsons	30.71	2006
M85	Russell Grigg	16.52	2016

WEIGHT THROW

M30	Dean Cowan	15.42	2002
M35	Darron Haworth	17.05	2008
M45	Bob Wagner	15.74	2004
M50	Bob Wagner	19.77	2006
M60	Mike Katmadas	14.40	2000
M85	Ken Buttsworth	8.78	2002

THROWS PENTATHLON (at 2010)

M30	Dean Cowan	2875	2002
M35	Darron Haworth	3672	2008
M60	Mike Katmadas	3258	2000
M65	Jim Davis	3344	2000
M75	Colin Murraylee	4116	2004
M80	Feliks Jekabsons	3239	2004
M85	Ted Vickers	2053	2006