Sunshine Coast

Sunday 16th February 2014

QMA 3000m Run Championships 2014

M50

	Name	Age	Team	Finals	Age-Grading
1	Wiesner, Johan	M52	GC & Sthrn	12:59.79	11:11.09 65.57%

W55

	Name	Age	Team	Finals	Age-Grading
1	Ryan, Anne	W58	Brisbane	12:28.65	9:33.25 87.47%

M60

	Name	Age	Team	Finals	Age-Grading
1	Circosta, Paul	M60	Brisbane	17:52.34	14:22.49 51.02%

M65

	Name	Age	Team	Finals	Age-Grading
1	Woodriff, Jim	M67	SC & Nthn	12:08.65	9:10.14 79.98%
2	Ryhanen, Erkki	M68	SC & Nthn	14:03.82	10:31.10 69.72%
3	Mason, Lester	M67	Brisbane	18:54.24	14:16.36 51.38%

W65

	Name	Age	Team	Finals	Age-Grading
1	Davey, Irene	W66	Brisbane	15:36.56	10:35.65 78.88%