11/09/05 Q.M.A. LONG COURSE CHAMPIONSHIPS

Women 10km

W50	1	Judy Moller	1:05.50
W60	1	Noela McKInven	1:12.49
W70	1	ChristianeDauphinet	1:14.42

Men 20km

M45	1	Peter Bennett	1:51.10
M50	1	Bob Coleman	2:08.33

Men 10km

M65	1	Patrick Sela	1:07.22