

Gold Coast Master Athletics - Ashmore Athletics oval
Throws Results 3 June 2018

Hammer Throw

Men 45		
Rene Doel	30.9	
Men 60		
Lajos Joni	40.75	
Men 65		
Mills Lafferty	30.06	4kg
Men 75		
Guy Quarterman	32.33	
Men 80		
Bill McMullen	20.38	
Women 45		
Althea Mackie	39.68	

Weight Throw

Men 45		
Rene Doel	11.23	
Men 60		
Lajos Joni	17.18	Qld Record
Men 65		
Mills Lafferty	10.18	
Men 75		
Guy Quarterman	12.79	
Men 80		
Bill McMullen	7.67	
Women 45		
Althea Mackie	12.58	

56lb Weight

Men 45	
Rene Doel	6.6
Men 60	
Lajos Joni	6.43
Men 65	
Mills Lafferty	2.81
Women 45	
Althea Mackie	4.94