



# The Athletic Challenge

March/ April 2017

**Next Issue:**  
May/June 2017

**Article Deadline:-**  
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**Articles emailed to:-**

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athletics.org.au

**QMA Website:-**

[www.qldmastersathletics.org.au](http://www.qldmastersathletics.org.au)

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to all athletes who competed in the recent  
championships

**WMA World Indoors, Daegu, South Korea**

**Gold Coast Championships,**

**QMA State Championships, Brisbane**

### **Editorial**

This edition of the *QMA Athletic Challenge* heralds the change of season and, for some of us, the end of the track and field season and the beginning of the cross-country season. Of course, with our Australian Championships this year being held in Darwin in June, many athletes will be continuing their training and competition for another few weeks. QMA Brisbane's Track and Field competition has come to an end, but training continues at the track each Wednesday and Saturday mornings. QMA Gold Coast continue their meets on Sundays throughout winter. Details of these can be found in this newsletter.

This time of year is also the time of Annual Meetings of the QMA Regions and the QMA Annual General Meeting. It's a time for considering what contribution you can make to your Association or Region and raising your hand to take on a role, be it on a committee or helping out in a less formal way. You can find the dates and times for these meetings on Page 3.

March and April have seen many Championships. Full results of these events as well as our regular competitions can be found at the end of this edition. Thank you to Jean Hampson for writing an interesting article on her experience of the WMA Indoor Championships in Daegu, South Korea. It will surely inspire others to consider entering the next World Indoors Champs.

Women in sport are currently receiving more coverage in the media than ever before so it is timely to look at how women's participation in Masters Athletics in Queensland has evolved. Our own Heather Doherty was a pioneer in this regard and you can read about this in the article written by Wilma Perkins back in 1987 (and reviewed just a week ago). It's a great read.

To all QMA members travelling to Darwin for the AMA Championships, safe travels and may you all reach your goals.

Kathy Rourke

Editor.

## Letters

Kathy

I would just like to say Farewell to all at QMA.

My last Comp will be in Darwin, as my body has said its time, so it is with many happy memories of 16 years, that I am calling down the curtain on my competitive side of Athletics.

I will still see you all each Saturday, as I will become an Official and coach to any Thrower who wants mentoring.

Once again thanks to all for your friendship and see you in Darwin.

Helen Searle

### National & International Dates for Your Calendar

2017			
World Masters Games	21-30 April	Auckland	New Zealand
AMA Track & Field Championships	9-12 June	Darwin	Northern Territory
QMA Combined Events-Decathlon&Heptathlon	17-18June	Townsville	Queensland
AMA 20km Walk Championship	6 August	Adelaide	South Australia
2018			
Oceania Masters Athletics Championships	20-27 January	Dunedin	New Zealand
AMA Track & Field Championships	26-29 April	Perth	Western Australia
World Masters Athletics T & F Championships	5-16 September	Malaga	Spain

**Reminder**  
**QMA AGM**  
**24 June 2017**  
**Relay Room QSAC, Nathan**



All members are encouraged to attend.  
 Nomination forms will be available in the next couple of weeks.

QMA Gold Coast Annual Meeting will be held on **Sunday 31  
May 2017** at 10am at the GC track.

QMA Brisbane Annual Meeting will be held on **Saturday 3  
June 2017** at 9:30am in the QMA Clubhouse at the SAF,  
Nathan

## **QMA HALF MARATHON CHALLENGE 2017**

This year, QMA has not organised a specific event as the QMA Half Marathon Championship. Instead we are introducing a new event – the Half Marathon Challenge. The aim is to provide more members with the opportunity to have their half marathon performance(s) recognised, regardless of which event you chose to participate in.

The details are as follows:

- Compete in one (or more) half marathons between 1<sup>st</sup> April and 31<sup>st</sup> October 2017.
- The events may be anywhere in Australia.
- Events must be on certified courses and accurately timed
- Participants must complete and submit the entry/result form which is on the QMA website, including a link to the event website for result verification.

Results will be posted on the QMA website as they are received.

NOTE: Finish times which are better than those currently listed as Best Performances on the QMA records listings will be recognised.

For further information - contact [president@qldmastersathletics.org.au](mailto:president@qldmastersathletics.org.au)

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## **FURTHER OUT OF STADIA INFORMATION**

QMA will be holding the 10 km Road Championship at West End and the Marathon Championship at the Gold Coast as usual this year.

However if you complete a Marathon or 10 km road run at some other venue, please let us know your results. Use the form as mentioned above, or just email the details.

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## **QMA CROSS COUNTRY**



*Cross Country season has started. Check QA website for event details.*

QMA members are always welcome to compete at QA Cross Country events: see the QA website for details.

### **QMA Short Course Cross Country Championship**

This will be held at Kedron State High School on Saturday 6 May 2017 in conjunction with the QA Championships. Masters events will be run at 4:15pm. For information and to enter go to the QA website [HERE](#).

## THROWS COACHING

Three throws coaching sessions have been organised with Des Davis. COACHING IS FREE BUT A \$5.00 TRACK FEE APPLIES. Beginners are welcome.

Dates are:

**Discus:** Sunday 23 April

**Javelin:** Sunday 7 May

**Shot Put:** Sunday 21 May

## JUMPS COACHING

Vertical leapers, here is your chance to tune up your technique with High Jump coach Dan O'Sullivan. There will be 3 sessions leading up to the National Championships in Darwin, with the first session on **Sunday the 23rd April** - please check the calendar for more details. COACHING IS FREE BUT A \$5.00 TRACK FEE APPLIES.

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## QMA Brisbane News

### Training

During the off season we continue to hold Sprint training on Wednesdays & Saturdays at QSAC. 7am start. Cost \$5.

While it is directed at sprinters it is also beneficial for all runners to keep those legs turning over.

For more information contact John Wight. Email [wights@tpg.com.au](mailto:wights@tpg.com.au)

See you there.

### Brisbane Annual Meeting

On Saturday June 3 at 9.30am in the clubhouse there will be an Annual Meeting to elect our Regional Council for the next 12 months.

We have been advised that not all the present Council members will be standing for re election. For our Region to continue functioning it is imperative that we have a working Council.

Next month you will receive by email a "Positions Description" and further information regarding the Annual Meeting.

Please consider.

John Wight

QMA Brisbane Secretary.

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Medal Ceremony at QMA State Championships, Brisbane, April 1/2 2017



## **QMA Gold Coast Region Program**

**NOTE:** Entry fee is \$7

Sign in and entry forms are to be completed on arrival.

Entries close 1 hour before last event.

### **30th April**

8.00am 3000/5000m Run/Walk

8.45am 60m

9.00am 100m

9.00am High Jump

9.15am Long Jump/Triple Jump

9.30am 800m

10.00am 200m

Field Events

8.00am start - Shot Put, Discus & Javelin

### **21st May**

8.00am 3000/5000m Run/Walk

8.45am 60m

9.00am 150m

9.00am High Jump

9.15am Long Jump

9.30am 600m

10.00am 300m

Field Events

8.00am start - Discus, Hammer & Combined weight /56Ib Heavy Weight

### **Annual General Meeting.**

Starts at 10.30am after the mornings competition.

### **4th June**

8.00am 3000/5000m Run/Walk

8.45am 60m

9.00am 100m

9.00am High Jump

9.15am Long Jump/Triple Jump

9.30am 1500m

10.00am 400m

Field Events

8.00am start - Shot Put, Discus & Javelin



## World Masters Indoor Athletics Championships, Daegu, South Korea

This was definitely the all-round best most enjoyable Championships I have been to; many athletes from Australia and other countries agree. There were the inevitable hiccups which were quickly and graciously sorted. Travel to and from the stadium was eased by the superb shuttle service, which even operated on occasions with only 2 athletes on board. Organisation, friendliness and courtesy of the officials went a long way in helping athletes lift to their best performances and put Australia at the top of the medal table.

The locals went out of their way to assist and make us welcome. Lost wallets were returned by police, contents intact. Seats were readily given up on trains. Hesitate at a station or bus stop and a friendly smiling local with little or no English would guide us. Children ran up to ask for a photo and wished us well for our competition. My stash of little Koala's depleted quickly – memo to self: take more next time!

The Athletes Dinner was superb, definitely the very best ever. Held at a lovely venue, food plentiful, very enjoyable – TICK ALL! Entertainment bordered on "raunchy" with pretty gyrating girls, supported by a boy band and laser lighting -many eyes pinned to the stage!

Sadly, not many athletes stayed on to enjoy much of the closing ceremony which culminated with Korea's top pop singer Huang Chi Yew - a good looking young male, tremendous voice, huge vocal range.

Many Queensland athletes won individual events and/or relays with Australian Indoor Records, too many to list individually - well done all. My memorable moments worthy of note are:

**Jeanette Flynn –World Indoor Record in the W65 400m.** Jen ran behind the USA runner for the first lap but pulled ahead in her superb style, winning in 1.10.34.

**Wilma Perkins** - competed in 9 individual events with a broken toe, winning 3, with an A:IR in the W65 Pole Vault. She then joined the W65 4x200m relay team in another A:IR.

**Petrina Brown** –after a horrendous face plant a metre from the finish, she crawled over the line to ensure her team's relay win. At the recent QMA Championships Petrina sported a black eye and gouged arm and may have to undergo surgery for a shoulder tear. We wish you a speedy recovery Petrina.

If anyone would like to look at my photos they can be viewed/copied at:  
<https://goo.gl/photos/j4aoFmd1xmhVceuv9>

Jean Hampson  
QMA W70

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### **Vale**

**Laurie Delbridge**

**Born 14 May 1923**

**Passed away on 26 March 2017**

**Aged 93 years**

Laurie joined Qld Veterans/Qld Masters on the 20/11/1978 and was a member for 25 years, her final year of competition being the 2002/03 season. Laurie competed in events from 100 metres to 1500 metres as well as jumps and throws. Laurie set many of the first records in several events including the 100m, 200m 400m, 800m, 1500m, Javelin and Long Jump when in the W55 and W60 age groups. Laurie is remembered as a lovely lady who enjoyed the competition and the company.





# BACK IN 1987

**Written in 1987 by Wilma Perkins** (reviewed and updated in 2017 )

In Melbourne, December 1987, approximately 5000 athletes will gather together to compete in the Seventh World Titles for Veteran Athletes.

A Veteran Athlete is a registered female athlete over the age of 35 years or a male athlete over the age of 40 years. Competition is held in five year age groups – for example, men 50-54 years compete against each other. Similarly women 40-44 years would compete against each other.

Within the history of athletics, women have only competed for a comparatively short time. Even today, women do not compete in as many events as the men. 1984 saw the first Olympic Marathon for women, yet women at the Olympics still do not compete in hammer, pole vault, triple Jump, 4000m or 10,000m.

## **“Equality comes slowly and not without effort”**

World Veteran Athletics Competition is for W35+ and M40+. In Queensland and some other States, competition is for M30+ and W30+. Note that M30-34, M35-39 and W30-34 are called Pre-Vets). Competition is provided in these younger age groups to maintain interest until the Official World age groups are reached. Australian Championship Events are held for W30+ and M35+.

The first Olympic Games were held in 776 B.C. These ancient games were for male competitors and male spectators. The 1890's saw the emergence of an idea for a modern day Olympics. As a result of the dreams and initiative of Baron Pierre de Coubertin, 1896 saw the start of the Modern Olympics. Once again the Olympics and athletics were for men.

## **“Women’s participation in the Olympic Games is absolutely prohibited. (quote:P.de Coubertin)”**

The Amsterdam Olympic Games were held in 1928. They were “chiefly remarkable for the rather grudging inclusion of Female Track and Field competitors for the first time.” (Tyler, 1975: 31) The women had to content themselves with three track and two field events. “In the 800m, many of the competitors (some of whom had never run the distance before), showed signs of distress. The organizers were so disturbed, that the event was subsequently dropped: The distance, they concluded, was too great for the weaker sex.” (Tyler, 1975: 32). The event was not reintroduced until 1960.

Queensland Veterans Athletic Club had its foundation day on 24/09/73. The inaugural Meeting to form the Club was held at the RSL Club, Toowong and was attended by nine men. Election of officers duly took place and the first Track and Field Meeting took place one month later. In April, 1974, a team of eight fellows from Queensland attended the second Australian Veterans Titles in Sydney.

## **“Times they are a’changing”**

Until the 1970's many people had accepted a youth-oriented society and certainly youth-oriented sport. Swimming champions and gymnasts retired at age 16. Women certainly couldn't carry on in sport into their twenties! “Newspapers would refer to Tennis and Golf Professionals who, at age 30, are called “grand old ladies” of sport.” (Ullyot, 1980: 67). For a girl to survive her school years free of permanent damage, especially to her reproductive organs, after active sporting involvement was considered lucky indeed.

But the “Masters” movement was gaining momentum. Medical research was starting to show benefits of sporting activities to all ages – young or old. Old wives’ tales were on the decline.

In the 1975/76 Season, **Heather Doherty** approached the Men’s Veteran Athletics Club in regards to women joining and participating in the athletic events conducted. It would seem that Heather is a very unique individual. It never seemed to dawn on her that women shouldn’t compete in sporting activities. Heather enjoyed athletics so why shouldn’t other women!

As a result of Heather’s approach, any interested women would be able to compete in Invitation Events. Heather continued for some time as the only competing female.

(In the Minutes of the AAVAC, Annual General Meeting of State Delegates, 1976, was the following:

<b><u>FEMALE MEMBERS</u></b>	South Australia	Women interested but not allowed to register
	Victoria	Some women members
	New South Wales	Would mean change of Constitution – Not keen to accept. Prefer to let wives/other women compete unofficially
	Western Australia	Put on event only

At the Australian Championships in 1976, held in Brisbane, there were Invitation Events for women. As there were no age groups for women and few competitors, they competed together.

Additions to the Constitution took place at the conclusion of the above season. Women were not accepted as equals but they did have their ‘foot in the door.’

Women in Queensland were to be admitted as Associate Members and their subscription was to be half that of ordinary members. Thus women were officially able to compete in the 1977 Season.

**The official starting date for Australian Women’s records was 1/1/78.** Queensland women competed at the Australian Championships for the first time in 1979.

Heather was approached to form a Women’s Committee within the QVAC. However, Heather declined as she held the belief that veteran athletics should be equal and that they should work together as a united force.

Now Heather had had a long background in athletics and she was well aware of the problems of male and female associations. In Open Athletics (amateur athletics), the men and women, boys and girls had always competed separately, with each sex running their own Associations. Many problems had resulted as a consequence of this set-up.

**Women continued to be Associate Members in the Queensland Veterans Athletics Club. In April 1983, through the Annual General Meeting, Heather pushed for and was supported in having women accepted as full members.** After all, they received the same medals at Championships and they had equal opportunity in competing. Thus they should pay the same fees as the men. The AGM voted in favour of the proposal. In 1984, on the death of Jack Cook, a founding member and Club President, Heather Doherty was voted in as the President at the Annual General Meeting.

Today Heather is still the President of the QVAC. Other women are now on the Club Committee and at the Australian level, the Association has a female Secretary.

The above events seem to be a natural consequence of changes in our society over the past ten to fifteen years. It seems so simple. Yet that is nowhere near the truth. Women’s introduction to veteran athletics was met with a great deal of hostility from some of the competing menfolk. In fact, some were quite vehement in their opposition.

When I first joined the QVAC, I had no idea of the membership system that was operating. I did not realize that I was an Associate Member. In fact, I happily paid my registration without a thought on why it was less than the men’s fees. Thus was my introduction to the QVAC in November 1980.

**“I’ve come a long way since.”**

As for Heather she probably doesn’t realize how important her beliefs and ideas were and the impact they would have. She didn’t take the stand she did because of any following of women’s liberation and equal opportunities.

To Heather it was a case of following through on something she loved and enjoyed. If there was a barrier, Heather hopped in and removed it. She did not stand back and accept it.

Heather's own individual sporting achievements are remarkable.

- \* 15 years as the Queensland Open Javelin Champion
- \* World record holder in javelin in two age groups: 45-49 years and 50-54 years
- \* Queensland representative in cricko, athletics and cricket.
- \* Australian representative in cricket and athletics

As a result of the 1986 AGM of the Australian Veterans Athletics Association, at Easter in Adelaide, hammer and triple jump were added to the women's events. Other than pole vault, veteran women now have the same range of events as their male counterparts.

**“Equal events  
Equal fees  
Equal opportunity”**

Yet one matter is left unanswered. Membership numbers show that males far outweigh females. Perhaps Veterans Athletics now has to wait for society to catch up. One only has to turn to the sporting pages of the Newspaper to see where the media emphasis is placed.

When one considers that “men's cricket, out of season, ranks 11 places higher than top women's sport” (Courier Mail 8/12/84), then there is still a lot of groundwork to be done to create equal interest and support for women in sporting activities.

*Sportspeople are men, the paper says  
As I read my daily news  
Sportspeople are men, the telly says  
As I view it with disdain  
Sportspeople are men, the radio says  
As I listen to the din*

*So how come I like running?  
How come I like to compete?  
I'm a woman, fellows, woman!  
I don't intend to take defeat  
In vets, I run beside you  
In vets, I share the fun  
So media men beware,  
For women's sport has come “*



**Heather Doherty**

**Update 2017**

A lot has certainly changed since 1987. Masters women had started competing in hammer and triple jump and shortly after pole vault and steeplechase within a year or two of the above article being written. Open athletics eventually followed our lead some years later. When Queensland Athletics introduced the hammer for females at their state championships the medals were won by masters women. Their hammer background in masters athletics paid off.

Heather Doherty set a first for masters athletics when she became the first female Australian Masters Athletics President. In 1993 Heather set another world record, this time in shot put. It was broken later that same month by another athlete at the world championships. Heather was a very worthy inductee into the Australian Masters Athletics Hall of Fame in 2015.

In 2001 World Veteran Athletics name changed to World Masters Athletics. Queensland was the first Australian state to change the name to masters.

Specifications for throwing events, hurdles and steeplechase were modified to become more appropriate for older athletes and the 60m was added as an additional event.

But the one thing that has not changed is the media coverage, or should I say, lack of media coverage. Perhaps this is a challenge for others in the future.

Wilma Perkins

# Welcome!

to New Members

## *Brisbane Region*

Kye	Hawgood	33
Rachael	McCallum	41
Greg	Fellows	44
Kevin	Muller	47
David	Peiker	48
Susan	Morrison	51
Darrell	Giles	54
Wayne	Jones	56
Jorge	Domingues	57
Paddy	Kelly	58
Meredith	Connor	61

## *Gold Coast and Southern Region*

Leigh	Mitchell	43
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## *Sunshine Coast and Northern Region*

Catrina	Blacklaw	41
Georgina	Hale	54
Mark	Lepper	55
Maria	Drury	59

## *North Queensland*

Sophie	Gorbacz	34
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Deann Mayfield W55 competing in the High Jump at the QMA State Champs.



Noel Garvey and Hugh Coogan receive their medals for the M80 100m at the QMA State Champs.



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### March Birthdays

Bert	Janes	84
Colin	Woods	82
Ian	Mann	<b>75</b>
Heinz	Steinmann	74
Harry	Giles	73
Rob	McDonald	73
Don	Burt	72
Natascha	Costello	69
Ian	Cameron	63
Kalevi	Hakkinen	62
Ronald	Ensbey	62
Jan	du Preez	61
Anne-Marie	Lawlor	61
Tony	van Kampen	<b>60</b>
Bevan	Valentine	58
Neil	Gray	58
David	Mackay	57
Wayne	Jones	56
Malcolm	Powell	56
Dave	Varley	<b>55</b>
Andrew	Bell	54
Georgina	Hale	54
Brent	Mills	54
Michael	Hughes	53
Stuart	Walker	53
Martin	Fruin	51
Glenn	Munro	<b>50</b>
Julie	Jones	49
James	Castle	49
Adrian	Royce	49
Brett	Spence	48
Stephen	Showell	48
Karen	Bradley	48
Aleisha	Ware	47
Greg	Fellows	44
Chris	Roberts	43
Christopher	Hobson	43
Sharyn	Wells	41
Krispin	Hajkowicz	41
Greg	Costello	39
Bradley	Pease	38
Marita	Eisier	37
Anthony	Eggersdorff	<b>35</b>

Eliza	Moore	<b>35</b>
Justin	Ritchie	33

### April Birthdays

Maurice	Dauphinet	91
Christiane	Dauphinet	86
Colin	Stubblings	83
Una	Lund	76
Stan	Perkins	<b>70</b>
Paul	Crouch-Chivers	69
Franz	Schlechter	<b>65</b>
Ron	Peters	64
Paul	Circosta	64
Wayne	Fielder	63
Ray	Chambers	61
Noela	Ensbey	61
Kay	Shaw	58
Paddy	Kelly	58
Michael	Kirkby	56
Peter	Rosengren	53
Ignacio	Jimenez	52
Erika	Woodward	51
Geoffrey	McCann	51
Michael	Berlin	48
Nicola (Noo)	Bowker	47
Althea	Mackie	47
Theresa	Stolberg	<b>45</b>
Mariya	Todorova	44
Heather	Vaughan	44
Rachael	McCallum	42
Rebecca	Austin	<b>40</b>
Alisia	Bean	<b>40</b>
Rebecca	Stewart	39
Daniel	Mellish	39
Glenn	Hansen	38
Jacqueline	Avery	36
Sara	Wessling	32

## RESULTS 2016/2017 SEASON

### 18/02/2017 QMA BRISBANE MEET SATURDAY QSAC

#### TOM GOULD 300m HANDICAP AND RUTH FRITH, TED & MARY VICKERS JAVELIN HANDICAPS

<u>TOM GOULD 300m HANDICAP - WOMEN</u>				<u>TOM GOULD 300m HANDICAP - M55+</u>			
1	Lynda Flynn	W53	Brisbane 62m 42.18	4	Gary Parkinson	M49	GC&Sthn Scr 37.53
2	Denise Quinn	W60	SC&Nthn 80m 42.95	5	Geoffrey Roennfeldt	M37	Brisbane 60m 38.20
3	Julie Brims	W51	Brisbane Scr 42.96	6	Michael Berlin	M47	Brisbane 15m 38.45
4	Tamara Paterson	W50	Brisbane 50m 44.27	<u>TOM GOULD 300m HANDICAP - M55+</u>			
5	Irene Davey	W69	Brisbane 90m 44.31	1	Paul Chaplain	M68	Brisbane 45m 43.01
6	Petrina Brown	W48	GC&Sthn 40m 44.88	2	Noel Garvey	M82	Brisbane 85m 43.47
<u>TOM GOULD 300m HANDICAP - M30-54</u>				3	Craig Elliott	M59	Brisbane 42m 43.63
1	Steve Jones	M53	GC&Sthn 27m 37.00	4	Rod Walke	M57	Brisbane 12m 44.18
2	Wayne Adams	M45	Brisbane 20m 37.07	5	Emanuel Pippas	M56	Brisbane 33m 44.24
3	Graham Scully	M43	Brisbane Scr 37.14	6	D.James	M55	Brisbane Scr 44.26
*****							
<u>TED &amp; MARY VICKERS JAVELIN HANDICAP - MEN</u>				7	Colin Buyers	M74	Brisbane 35m 44.50
<u>Best H'capResult</u>				8	Peter Reeves	M63	Brisbane 20m 47.94
1	Mills Lafferty	M68	G/C 27.16 24.90m 52.06	9	Ganga Prasad	M58	Bris 19.09 28.00m 47.09
2	Craig Elliott	M59	Bris 25.27 25.50m 50.77	10	Rene Doel	M41	G/C 38.92 8.10m 47.02
3	Ian Kennedy	M77	Bris 23.04 27.00m 50.04	<u>RUTH FRITH JAVELIN HANDICAP - WOMEN</u>			
4	Guy Quarterman	M75	Bris 29.93 20.00m 49.93	<u>Best H'capResult</u>			
5	Ray Chambers	M60	Bris 18.96 30.50m 49.46	1	Denise Quinn	W60	S/C 20.33 10.20m 30.53
6	Peter Frangenheim	M67	S/C 29.09 20.00m 49.09	2	Lorraine Birtwell	W74	Bris 11.92 18.60m 30.52
7	Don Quinn	M72	Bris 16.45 32.60m 49.05	3	Anne Hayes	W60	Bris 18.08 10.10m 28.18
8	David Brain	M33	Bris 43.65 5.00m 48.65	4	Michelle Gibson	W54	Bris 15.87 12.00m 27.87
*****							

### 18/02/2017 QMA BRISBANE MEET SATURDAY QSAC

<u>WOMEN</u>		<u>HIGH JUMP</u>		<u>MEN</u>	
<u>60 METRES</u>		W70	1 Jean Hampson 1.62	M75	1 Paul Adams 12.10
W50	1 Julie Brims 8.22	W55	1 Deann Mayfield 1.52 AR	M80	1 Noel Garvey 11.31
	2 Tamara Paterson 9.95	<u>POLE VAULT</u>		M35	1 Geoffrey Roennfeldt 13.63
	3 Lynda Flynn 10.24	W65	1 Wilma Perkins 1.80	M40	1 Graham Scully 10.84eqQ
W60	1 Noela Brameld 10.71	<u>SHOT PUT - STANDING</u>			2 Wayne Adams 11.85
	2 Denise Quinn 10.76	W30	1 Sara Wessling 5.07		3 Rene Doel 13.03
W65	1 Coral Walsh 12.47	W40	1 Kisa Lealasila 7.45 vis	M45	1 Michael Berlin 11.43
W70	1 Jean Hampson 12.21		2 Michelle McDonough 5.58	M50	1 Robert Hilton 12.37
<u>100 YARDS</u>		W45	1 Althea Mackie 7.83	M55	1 Greg Farmer 12.31
W50	1 Julie Brims 11.96 QR	W50	1 Michelle Gibson 8.67		2 D.James 12.89
	2 Tamara Paterson 14.39	W65	1 Wilma Perkins 7.73		3 Bevan Valentine 13.40
	3 Lynda Flynn 14.79	W70	1 Lorraine Birtwell 5.68	M60	1 Mark McLean 12.35
W60	1 Noela Brameld 15.74	W75	1 Helen Searle 8.86		2 Terry Dauphinot 13.72
	2 Denise Quinn 15.89	W80	1 Heather Doherty 6.16	M65	1 Graeme Cox 14.11
W65	1 Irene Davey 18.00	<u>HAMMER THROW</u>		M75	1 Paul Adams 17.72
	2 Coral Walsh 19.03	W30	1 Sara Wessling 17.10	M80	1 Noel Garvey 16.65
W70	1 Jean Hampson 17.68	W40	1 Kisa Lealasila 21.00 vis	M90	1 Maurice Dauphinot 21.79 QR
W85	1 Christiane Dauphinot 27.00 QR		2 Michelle McDonough 14.45	<u>200 METRES</u>	
<u>200 METRES</u>		W45	1 Althea Mackie 35.93	M40	1 Graham Scully 23.82
W50	1 Tamara Paterson 35.60	W50	1 Michelle Gibson 22.61		2 Harley Wilkinson 26.65
W60	1 Noela Brameld 39.00	W65	1 Wilma Perkins 20.15	M50	1 Robert Hilton 28.11
W70	1 Jean Hampson 41.91	W70	1 Lorraine Birtwell 20.65	M55	1 Les Manz 29.27
<u>1 MILE RUN</u>		W75	1 Helen Searle 26.47		2 Bevan Valentine 30.26
W45	1 Jenny Shard 7.11.78	<u>MEN</u>		M65	1 Paul Chaplain 32.92
<u>1 MILE WALK</u>		<u>60 METRES</u>		M75	1 Paul Adams 43.43
W70	1 Noela McKinven 12.56.20	M35	1 Geoffrey Roennfeldt 9.48	M80	1 Noel Garvey 40.16
W85	1 Christiane Dauphinot 13.29.56 QR	M40	1 Graham Scully 7.67	<u>1 MILE RUN</u>	
<u>3000 METRES</u>			2 Wayne Adams 8.19	M45	1 Dennis Fitzgerald 5.00.48 vis
W30	1 Rie Sugaya 10.17.72 vis	M45	1 Michael Berlin 7.88		2 Chris Bell 5.00.88
W45	1 Jenny Shard 13.22.90	M50	1 Robert Hilton 8.44	M55	1 Con Dimauro 5.27.58
	2 Louise Mortiss 15.55.27	M55	1 Greg Farmer 8.47	M60	1 Ian Cameron 5.12.32
<u>3000m TRACK WALK</u>			2 Les Manz 8.81		2 Peter Reeves 6.10.31
W45	1 Diana Adams 17.35.47 vis		3 D.James 9.00	M70	1 Jim Woodruff 6.11.05
W70	1 Noela McKinven 24.25.53		4 Bevan Valentine 9.01	M75	1 Michael Juckes 7.00.98
<u>LONG JUMP - STANDING</u>			5 Vince DiDato 9.41	<u>1 MILE WALK</u>	
W50	1 Tamara Paterson 2.04		6 Ganga Prasad 10.46	M60	1 Peter Bennett 8.34.45
	2 Lynda Flynn 1.71	M60	1 Mark McLean 8.49	<u>3000 METRES</u>	
W60	1 Denise Quinn 1.63		2 Terry Dauphinot 9.22	M45	1 Dennis Fitzgerald 10.17.78 vis
	2 Noela Brameld 1.62		3 Phillip Rodgers 10.67		2 Chris Bell 10.42.95
W65	1 Wilma Perkins 1.75	M65	1 Graeme Cox 9.92	M50	1 John Treschman 10.35.75
	2 Coral Walsh 1.39			M55	1 Con Dimauro 10.38.41



M60	1	Peter Reeves	13.22.39	M50	1	Michael Hughes	2.30	M65	1	Mills Lafferty	7.83
				M55	1	Craig Elliott	2.30		2	Peter Frangenheim	7.28
				<b>JAVELIN THROW</b>				M70	1	Don Quinn	9.40
				M40	1	Rene Doel	40.30	M75	1	Guy Quarterman	9.15
				M50	1	John Hanlon	23.65		2	Ian Kennedy	7.62
				M55	1	Vince DiDato	30.32		3	Sapapa Inivale	7.50
				M60	1	Ray Chambers	19.37	<b>HAMMER THROW</b>			
				M65	1	Peter Frangenheim	30.05	M40	1	Rene Doel	28.22
				M70	1	Don Quinn	18.59	M50	1	Laini Inivale	35.65
				M75	1	Guy Quarterman	28.70		2	Michael Hughes	22.89
					2	Spencer Herft	24.00	M55	1	Ganga Prasad	13.68
					3	Ian Kennedy	22.65	M60	1	Ray Chambers	28.26
				M80	1	Ron Vaughan	16.52	M65	1	Mills Lafferty	29.72
				M90	1	Maurice Dauphinat	15.77		2	Peter Frangenheim	20.04
				<b>SHOT PUT - STANDING</b>				M70	1	Don Quinn	27.57
				M40	1	Rene Doel	9.31	M75	1	Guy Quarterman	30.69
				M50	1	Laini Inivale	13.27		2	Ian Kennedy	25.83
					2	Michael Hughes	7.73		3	Sapapa Inivale	16.35
				M55	1	Ganga Prasad	6.03				
				M60	1	Ray Chambers	9.13				
					2	Phillip Rodgers	5.20				

### **OPEN & MASTERS COMPETITION 2016/2017 QMA FINANCIAL MEMBERS RESULTS**

#### **TRACK EVENTS**

##### **16/02/17 UNI SUNSHINE COAST**

###### **KATE CARMICHAEL W60**

60 Metres	3	9.78
100 Metres	5	15.95
200 Metres	6	35.97
Long Jump	3	3.11

###### **BRENT MILLS M50**

Javelin Throw	4	23.34
Discus Throw	2	30.32
Hammer Throw	1	24.70

###### **PETER FRANGENHEIM M65**

Javelin Throw	3	28.70
Discus Throw	3	25.37
Hammer Throw	2	20.72

##### **18/02/17 QA BENITA WILLIS**

###### **SHIELD MAIN STADIUM QSAC**

###### **WOMEN**

###### **SARA WESSLING W30**

Discus- Masters 30-39	1	19.02
Hammer - Masters 30-39	1	15.63

###### **KERRI HODGE W40**

5000m - Masters 40-49	1	18.22.32
5000m - QA Champs Ht1	9	18.22.32

###### **OLIVIA LENNON W40**

5000m - Masters 40-49	2	18.53.53
5000m - QA Champs Ht2	3	18.53.53

###### **ELIZABETH COX W45**

5000m - Masters 40-49	4	20.34.41
5000m - QA Champs Ht2	14	20.34.41

###### **ALTHEA MACKIE W45**

Discus - Masters 40-49	1	23.83
Hammer - Masters 40-49	1	36.62

###### **JULIE BRIMS W50**

100 Metres - Masters 50-59	1	12.65
200 Metres - Masters 50-59	1	25.99

###### **MEN**

###### **LANCE FAULKNER M30**

Pole Vault - Masters 30-39	1	3.80
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###### **AIDAN HOBBS M30**

5000m - Masters 30-39	1	14.56.13	QR
5000m - QA Champs Ht1	6	14.56.13	QR

###### **PATRICK McCARTHEY M30**

100 Metres - Masters 30-39	1	11.98
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###### **DANIEL MELLISH M35**

800 Metres - Masters 30-39	1	2.05.37
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###### **DARRIN NORWOOD M35**

Discus - Masters 30-39	1	41.43
Hammer - Masters 30-39	1	40.01

###### **PETER BRACKEN M35**

5000m - Masters 30-39	3	16.07.07
5000m - QA Champs Ht2	7	16.07.07

###### **PATRICK NISPEL M35**

5000m - Masters 30-39	2	15.58.73
5000m - QA Champs Ht1	18	15.58.73

###### **HOWARD ARBUTHNOT M45**

Pole Vault - Masters 40-49	1	4.00
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###### **MATT MACDONALD M40**

5000m - Masters 40-49	1	15.28.81
5000m - QA Champs Ht1	16	15.28.81

###### **DAVID SWEENEY M55**

5000m - Masters 50-59	1	16.37.60
5000m - QA Champs Ht2	10	16.37.60

##### **23-26/02/17 QA CHAMPIONSHIPS**

###### **QSAC**

###### **WOMEN**

###### **SARA WESSLING W30**

Hammer Throw - Open	7	17.77
Shot Put - Open Ambulent	4	5.27

Discus - Open Ambulent	5	20.49
Javelin - Open Ambulent	1	12.34

###### **ALTHEA MACKIE W45**

Hammer Throw - Open	6	37.06
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###### **JULIE BRIMS W50**

100 Metres - Open	5	Ht 12.74
200 Metres - Open	6	Ht 26.85

###### **MEN**

###### **LANCE FAULKNER M30**

110m Hurdles - Open	5	16.38
Pole Vault - Open	3	4.10

###### **AIDAN HOBBS M30**

1500 Metres - Open	3	Ht 3.57.66	QR
1500 Metres - Open	9	Fnl 4.01.74	

3000m Steeple - Open	3	9.24.76	QR
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###### **DARRIN NORWOOD M35**

Shot Put - Open	3	14.42
Discus Throw - Open	7	43.30

Hammer Throw - Open	5	43.53
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###### **HOWARD ARBUTHNOT M45**

Pole Vault - Open	4	4.00
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###### **PETER LONSDALE M50**

Shot Put - Open	4	13.38
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#### **ROAD RUN**

##### **12/02/17 BRISBANE ROAD**

###### **RUNNERS 5 MILE CLUB**

###### **CHAMPIONSHIP**

###### **WOMEN**

W40	1	Kerri Hodge	19.19.6	AGR
W45	1	Nicola Bowker	20.33.4	
W65	1	Irene Davey	31.26.7	

###### **MALE**

M35	1	Christopher Dalby	18.54.1	
M55	1	David Sweeney	17.35.3	AGR
M60	1	Ian Cameron	19.24.7	
	3	John Dempster	34.02.0	
M65	1	John Sheer	24.51.6	
	4	John Harris	29.53.4	
M70	1	Erkki Ryhanen	27.43.0	

##### **26/02/2017 QMA GOLD COAST MEET SUNDAY GRIFFITH UNI, GOLD COAST**

###### **WOMEN**

###### **60 METRES**

W35	1	Tami Lebovics	10.06
W40	1	Mariya Todorova	10.62
W45	1	Nikki Liddell	10.23
W65	1	Carol Davis	9.33
W70	1	Jean Hampson	12.15
W85	1	Christiane Dauphinat	17.83

###### **150 METRES**

W45	1	Nikki Liddell	24.63
W65	1	Carol Davis	22.96
W70	1	Jean Hampson	30.35
W85	1	Christiane Dauphinat	45.17

###### **600 METRES**

W65	1	Carol Davis	1.59.28
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###### **3000m TRACK WALK**

W45	1	Nyle Sunderland	17.12.56
W55	1	Kay Shaw	19.24.24
	2	Debbie Lindenberg	21.52.18

###### **LONG JUMP**

W35	1	Tami Lebovics	3.61
W70	1	Jean Hampson	2.99

###### **JAVELIN THROW**

W35	1	Tami Lebovics	15.65
W45	1	Althea Mackie	19.14
W65	1	Carol Davis	17.56

###### **DISCUS THROW**

W40	1	Michelle McDonaugh	11.88
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W45	1	Althea Mackie	25.06
W75	1	Eunice Jenkins	14.59

###### **SHOT PUT**

W45	1	Karen Bradley	8.72
W65	1	Carol Davis	6.67

###### **HAMMER THROW**

W40	1	Michelle McDonaugh	14.83
W45	1	Althea Mackie	36.07

W75	1	Eunice Jenkins	21.50
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###### **HEAVY WEIGHT 56lbs**

W45	1	Althea Mackie	4.47
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###### **MEN**



<u>60 METRES</u>		
M30	1 Patrick McCarthy	7.64
M40	1 Graham Scully	7.65
M45	1 Gary Parkinson	7.73
	2 Andrew Barkworth	8.11
M50	1 Steve Jones	7.91
M55	1 Michael Kirkby	8.56
	2 D.James	9.09
M90	1 Maurice Dauphinat	14.08

<u>150 METRES</u>		
M30	1 Patrick McCarthy	18.05
M40	1 Graham Scully	17.66
M45	1 Gary Parkinson	17.88
	2 Andrew Barkworth	19.29
M50	1 Steve Jones	19.40
M55	1 Michael Kirkby	20.39
	2 D.James	21.23
M90	1 Maurice Dauphinat	38.33

300 METRES

M40	1 Graham Scully	38.79
M45	1 Gary Parkinson	39.01
M50	1 Steve Jones	42.58
M55	1 D.James	46.90

600 METRES

M35	1 Daniel Mellish	1.29.48
M40	1 Graham Scully	1.47.52
M55	1 D.James	1.47.37

3000m TRACK WALK

M50	1 Paul Lindenberg	18.33.05
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JAVELIN THROW

M40	1 Leigh Mitchell	22.23
M45	1 Richard Harris	31.81
	2 Andrew Barkworth	27.05
M50	1 Tim Lowrey	22.95
M55	1 Michael Kirkby	35.61
M65	1 Mills Lafferty	24.65
M80	1 Bill McMullen	14.48
M90	1 Maurice Dauphinat	15.63

DISCUS THROW

M40	1 Leigh Mitchell	23.54
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M45	1 Richard Harris	33.63
	2 Andrew Barkworth	19.64
M50	1 Tim Lowrey	22.00
M55	1 Michael Kirkby	32.24
M65	1 Mills Lafferty	23.43
M80	1 Bill McMullen	14.59
M90	1 Maurice Dauphinat	17.17

HAMMER THROW

M40	1 Leigh Mitchell	20.22
M45	1 Richard Harris	30.09
M50	1 Tim Lowrey	26.95
M55	1 Michael Kirkby	27.44
M65	1 Mills Lafferty	28.05
M80	1 Bill McMullen	21.01
M90	1 Maurice Dauphinat	12.92

HEAVY WEIGHT 56lbs

M50	1 Tim Lowrey	4.67
M55	1 Michael Kirkby	4.36
M65	1 Mills Lafferty	2.85

01/03/2017 QMA BRISBANE MEET WEDNESDAY NIGHT QSAC

WOMEN

60 METRES

W50	1 Julie Brims	8.40
	2 Lynda Flynn	10.28
W65	1 Coral Walsh	12.30

100 METRES

W50	1 Julie Brims	13.27
	2 Lynda Flynn	16.88
W65	1 Coral Walsh	21.09

200 METRES

W50	1 Lynda Flynn	35.73
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800 METRES

W65	1 Jeanette Flynn	2.50.61
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5000m TRACK WALK

W70	1 Noela McKinven	41.54.62
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LONG JUMP

W65	1 Wilma Perkins	3.03
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HIGH JUMP

W65	1 Wilma Perkins	1.08
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DISCUS THROW

W70	1 Lorraine Birtwell	16.17
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SHOT PUT

W65	1 Wilma Perkins	7.36
W70	1 Lorraine Birtwell	5.27

MEN

60 METRES

M30	1 Patrick McCarthy	7.69
M40	1 Graham Scully	7.73
	2 Harley Wilkinson	8.44
M45	1 Gary Parkinson	7.82
	2 Michael Berlin	7.95
M50	1 Steve Jones	8.04
	2 Robert Lasker	9.03

M55	1 D.James	9.04
	2 Ganga Prasad	11.33
M60	1 Mark McLean	8.49
M70	1 John Wight	9.36
	2 Ray Riethmuller	12.51
M75	1 Paul Adams	12.24

100 METRES

M30	1 Patrick McCarthy	12.20
M40	1 Graham Scully	12.10
	2 Harley Wilkinson	13.41
M45	1 Gary Parkinson	12.36
	2 Michael Berlin	12.65
M50	1 Steve Jones	12.89
	2 Robert Lasker	14.59
M55	1 D.James	14.24
	2 Emmanuel Pippas	15.85
M70	1 John Wight	15.08
	2 Ray Riethmuller	22.27
M75	1 Paul Adams	20.72

200 METRES

M40	1 Graham Scully	24.48
	2 Harley Wilkinson	27.24
	3 Julian Bahlmann	27.27
M45	1 Gary Parkinson	24.49
	2 Michael Berlin	26.16
M50	1 Steve Jones	27.14
M55	1 D.James	28.75
	2 Emmanuel Pippas	32.49
M60	1 Mark McLean	28.08
M65	1 Paul Chaplain	33.56
M75	1 Paul Adams	44.70

800 METRES

M40	1 Wayne Adams	2.13.45
	2 Julian Bahlmann	2.23.32
	3 Paul Shard	2.48.28

M45	1 Anthony Houston	2.26.81
	2 Chris Bel	2.44.23
M50	1 Robert Lasker	2.47.58

5000 METRES

M40	1 Wayne Spies	16.58.99
	2 Paul Shard	18.16.42
M45	1 Chris Bell	18.05.21
M55	1 Con Dimauero	18.08.46
	2 Greg Coulter	20.22.91
M60	1 John Dempster	30.36.39
M65	1 Sean Ryan	25.33.37
M80	1 Colin Woods	28.16.53

LONG JUMP

M55	1 Ganga Prasad	3.14
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TRIPLE JUMP

M45	1 Michael Berlin	10.61
M55	1 Ganga Prasad	6.29

HIGH JUMP

M45	1 Michael Berlin	1.60
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DISCUS THROW

M40	1 Michael Mullarvey	27.97 Tas
M55	1 Ganga Prasad	19.29
M60	1 Mark McLean	26.71
	2 Ray Chambers	25.24
M65	1 Kevin Ryall	31.00
M75	1 Guy Quarterman	25.22

SHOT PUT

M40	1 Michael Mullarvey	10.38 Tas
M55	1 Ganga Prasad	5.86
M60	1 Ray Chambers	9.16
	2 Mark McLean	8.82
M65	1 Kevin Ryall	9.37
M75	1 Guy Quarterman	9.1

04/03/2017 QMA BRISBANE MEET SATURDAY QSAC

WOMEN

60 METRES

W45	1 Lee-Anne Nelson	8.93
W50	1 Lynda Flynn	10.20
W55	1 Julia Nicholas	10.23
W60	1 Kate Carmichael	9.73
	2 Denise Quinn	11.00
W65	1 Wilma Perkins	10.23
	2 Coral Walsh	12.15
W70	1 Jean Hampson	12.30

100 METRES

W45	1 Lee-Anne Nelson	14.32
W50	1 Lynda Flynn	16.49
W60	1 Kate Carmichael	16.05
	2 Denise Quinn	17.83

W65	1 Coral Walsh	21.05
W70	1 Jean Hampson	20.08

1500 METRES WALK

W70	1 Noela McKinven	11.58.29
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3000 METRES

W45	1 Lee-Anne Nelson	13.29.11
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3000m TRACK WALK

W70	1 Noela McKinven	24.25.51
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LONG JUMP

W30	1 Samantha Bush	3.79
W55	1 Julia Nicholas	3.28
W60	1 Kate Carmichael	3.22
	2 Denise Quinn	3.05

TRIPLE JUMP

W30	1 Samantha Bush	8.10
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HIGH JUMP

W30	1 Samantha Bush	1.20
W55	1 Deann Mayfield	1.53 AR
W60	1 Kate Carmichael	1.10

POLE VAULT

W65	1 Wilma Perkins	1.80
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DISCUS THROW

W30	1 Samantha Bush	21.18
W35	1 Finn Conors	21.19
W45	1 Althea Mackie	26.38
W50	1 Michelle Gibson	20.28
W70	1 Lorraine Birtwell	16.82

HAMMER THROW

W30	1	Samantha Bush	18.92
W35	1	Finn Connors	37.65 <b>QR</b>
W45	1	Althea Mackie	38.44
W50	1	Michelle Gibson	22.01
W65	1	Wilma Perkins	22.26
W70	1	Lorraine Birtwell	18.98
W75	1	Helen Searle	27.27

**WEIGHT THROW**

W30	1	Samantha Bush	8.06
W35	1	Finn Connors	10.65
W45	1	Althea Mackie	11.51
W50	1	Michelle Gibson	7.09
W70	1	Lorraine Birtwell	6.81
W75	1	Helen Searle	9.04

**MEN**

**60 METRES**

M30	1	Koffi Agbaleti	7.54	vis
	2	Patrick McCarthy	7.69	
M40	1	Wayne Adams	8.32	
M45	1	Michael Berlin	7.87	
M50	1	Steve Jones	7.86	
	2	Robert Lasker	8.80	
M55	1	Les Manz	8.79	
	2	Rod Walke	8.86	
	3	D.James	8.90	
	4	Bevan Valentine	8.94	
	5	Ganga Prasad	12.31	
M60	1	Terry Dauphinet	9.25	
	2	Phillip Rodgers	10.72	
	3	Franz Schlechter	11.01	
M70	1	Brian Davies	9.35	
M75	1	Glen Wilson	10.45	
M80	1	Noel Garvey	11.39	

**100 METRES**

M30	1	Koffi Agbaleti	11.88	vis
	2	Patrick McCarthy	12.14	
M40	1	Graham Scully	11.97	
	2	Wayne Adams	13.32	
	3	David Bell	13.86	
M45	1	Michael Berlin	12.67	
M50	1	Steve Jones	12.78	
	2	Robert Lasker	14.11	
M55	1	Les Manz	14.07	
	2	Rod Walke	14.30	
	3	D.James	14.42	
	4	Bevan Valentine	14.53	

M60	1	Terry Dauphinet	14.95
M75	1	Glen Wilson	17.07
M80	1	Noel Garvey	18.31

**400 METRES**

M40	1	Graham Scully	53.09
	2	Wayne Adams	56.61
	3	Harley Wilkinson	59.41
	4	David Bell	68.11
M45	1	Gary Parkinson	54.05
M50	1	John Treschman	64.98
M55	1	Walter Nock	62.33
	2	D.James	62.40
	3	Steve Davies-Evans	62.91
	4	Rod Walke	65.89
M65	1	Paul Chaplain	1.27.19

**1500 METRES**

M40	1	Tadashi Nawagawa	5.19.52
M50	1	John Treschman	4.59.52
M55	1	Con Dimauro	4.57.21
M60	1	Robert Gunningham	5.50.20

**1500 METRES WALK**

M50	1	Iggy Jimenez	7.06.35
M60	1	Peter Bennett	7.53.97
	2	Bruce O'Connor	11.58.97

**3000 METRES**

M60	1	Robert Gunningham	12.03.20
		<b><u>3000m TRACK WALK</u></b>	
M50	1	Iggy Jimenez	14.34.07
M60	1	Peter Bennett	15.52.09

**4 x 400m RELAY**

M30	1	Michael Berlin 47	
		Patrick McCarthy 33	
		Rod Walke 57	
		Wayne Adams 44	49.19
M40	1	Steve Jones 53	
		Graham Scully 43	
		D. James 55	
		Gary Parkinson 49	48.81

**LONG JUMP**

M45	1	Michael Berlin	5.18
M55	1	Les Manz	4.02
	2	Ganga Prasad	3.01
M60	1	Bruce O'Connor	3.76
	2	Franz Schlechter	2.93
	3	Phillip Rodgers	2.55
M70	1	Peter Kennedy	4.06

**TRIPLE JUMP**

M50	1	Michael Hughes	8.53
M55	1	Ganga Prasad	5.42
M60	1	Bruce O'Connor	7.84
M70	1	Peter Kennedy	8.78

**HIGH JUMP**

M45	1	Michael Berlin	1.65
M50	1	Robert Lasker	1.53
M55	1	Brian Key	1.50

**POLE VAULT**

M50	1	Michael Hughes	2.20
M70	1	Peter Kennedy	2.55

**DISCUS THROW**

M35	1	Darrin Norwood	40.61
M40	1	Leigh Mitchell	23.02
M45	1	Richard Harris	35.22
M50	1	Michael Hughes	29.27
M55	1	Ganga Prasad	19.59
M60	1	Ray Chambers	25.61
	2	Franz Schlechter	25.54
	3	William Gibson	24.55
M65	1	Gary Smith	23.34
	2	Mills Lafferty	23.29
	3	Peter Frangenheim	22.82
M70	1	Peter Kennedy	30.20
M75	1	Guy Quarterman	24.79

**HAMMER THROW**

M35	1	Darrin Norwood	41.43
M40	1	Leigh Mitchell	22.50
M45	1	Richard Harris	29.60
M60	1	Ray Chambers	28.78
	2	William Gibson	23.87
M65	1	Mills Lafferty	27.62
	2	Peter Frangenheim	21.01
M70	1	Brian Davies	25.15
M75	1	Guy Quarterman	31.08

**WEIGHT THROW**

M35	1	Darrin Norwood	15.23
M40	1	Leigh Mitchell	8.54
M45	1	Richard Harris	10.15
M55	1	Ganga Prasad	6.42
M60	1	Ray Chambers	11.72
	2	William Gibson	9.87
M65	1	Mills Lafferty	10.12
	2	Peter Frangenheim	7.99
M70	1	Brian Davies	13.90
M75	1	Guy Quarterman	12.53

**04/03/2017 QMA 10,000 METRES CHAMPIONSHIPS SATURDAY QSAC**

**WOMEN**

W40	1	Kerri Hodge	38.07.16
W45	1	Elizabeth Cox	42.48.99
W60	1	Cynthia Cliff	51.02.20

**MEN**

M30	1	Aidan Hobbs	32.22.01
M35	1	Patrick Nispel	32.38.59
M40	1	Wayne Spies	34.55.72
	2	Nigel Peacock	36.19.23

M45	1	Adrian Royce	37.53.44
M50	1	Darrell Giles	43.18.78
M55	1	Davis Sweeney	33.56.26
M65	1	John Sheer	47.36.69

**11/03/2017 QMA BRISBANE MEET SATURDAY QSAC**

**WOMEN**

**60 METRES**

W35	1	Kate Dawson	9.90	vis
W50	1	Julie Brims	8.34	
	2	Tamara Paterson	10.01	
	3	Lynda Flynn	10.24	
W60	1	Noela Brameld	10.87	
	2	Denise Quinn	11.11	
W65	1	Coral Walsh	12.17	
W70	1	Jean Hampson	12.11	
W85	1	Christiane Dauphinet	17.61	<b>QR</b>

**100 METRES**

W30	1	Simone Furnari	14.31	
W35	1	Kate Dawson	15.53	vis
	2	Nora Turner	18.46	vis
W50	1	Tamara Paterson	16.04	
	2	Lynda Flynn	16.19	
W60	1	Noela Brameld	17.32	

	2	Denise Quinn	17.54	
W65	1	Coral Walsh	20.78	
W70	1	Marge Allison	16.66	
	2	Jean Hampson	19.56	
W85	1	Christiane Dauphinet	28.39	<b>QR</b>

**200 METRES**

W30	1	Simone Furnari	29.62	
W35	1	Kate Dawson	33.08	vis
	2	Nora Turner	39.10	vis
W50	1	Tamara Paterson	35.75	
W70	1	Marge Allison	35.27	
	2	Jean Hampson	41.59	

**800 METRES**

W35	1	Nora Turner	3.33.88	vis
W65	1	Irene Davey	3.59.26	

**5000 METRES**

W45	1	Diana Adams	24.15.80	vis
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**5000m TRACK WALK**

W70	1	Noela McKinven	40.14.83	
		<b><u>80m HURDLES</u></b>		
W70	1	Marge Allison	17.94	<b>AR</b>

**LONG JUMP**

W30	1	Samantha Bush	3.71	
W60	1	Noela Brameld	3.08	

**TRIPLE JUMP**

W30	1	Samantha Bush	8.26	
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**HIGH JUMP**

W55	1	Deann Mayfield	1.50	
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**JAVELIN THROW**

W30	1	Samantha Bush	24.19	
	2	Sara Wessling	11.34	
W50	1	Michelle Gibson	16.04	
W55	1	Julia Nicholas	18.32	
W60	1	Lorraine Birtwell	20.16	

<b><u>SHOT PUT</u></b>			M60 1 Terry Dauphinet	14.80	M60 1 Bruce O'Connor	1.20	
W30 1	Samantha Bush	7.96	2 Bruce O'Connor	16.19	M75 1 Ian Kennedy	1.07	
	2 Sara Wessling	5.31	M70 1 John Wight	14.30	<b><u>POLE VAULT</u></b>		
W40 1	Tina Eilola	8.98	2 Brian Davies	15.55	M50 1 Ian Doyle	2.40 vis	
	2 Michelle McDonough	5.90	M75 1 Alan Bradford	17.44	M55 1 Craig Elliott	2.10	
W50 1	Michelle Gibson	8.11	2 Paul Adams	20.64	M70 1 Peter Kennedy	2.40	
W55 1	Julia Nicholas	6.93	M80 1 Noel Garvey	18.39	<b><u>JAVELIN THROW</u></b>		
W60 1	Denise Quinn	6.86	M90 1 Maurice Dauphinet	23.68	M40 1 Leigh Mitchell	25.98	
W65 1	Wilma Perkins	7.87	<b><u>200 METRES</u></b>			M45 1 Richard Harris	33.24
W70 1	Lorraine Birtwell	5.90	M30 1 Koffi Agbaleti	25.56 vis	M50 1 Robert Lasker	23.13	
W75 1	Helen Searle	9.09	M35 1 Ryan Goff	24.14 vis	M55 1 Vince DiDato	33.09	
<b><u>HAMMER THROW</u></b>			2 Geoffrey Roennfeldt	30.64	2 Craig Elliott	21.82	
W30 1	Samantha Bush	20.46	M40 1 Graham Scully	23.73	M60 1 Mike Mabbutt	26.73	
	2 Sara Wessling	16.81	2 David Bell	28.13	2 Franz Schlechter	20.93	
W35 1	Finn Connors	36.95	3 Andrew Willey	28.34	3 Ray Chambers	20.06	
W40 1	Tina Eilola	22.67	M45 1 Michael Berlin	25.00	4 William Gibson	18.62	
	2 Michelle McDonough	13.98	M50 1 John Treschman	30.59	5 Phillip Rodgers	14.25	
W45 1	Althea Mackie	39.75	M55 1 Dave Varley	26.61	M65 1 Peter Frangenheim	30.56	
W50 1	Michelle Gibson	21.27	2 Walter Nock	27.16	M70 1 Peter Kennedy	31.24	
W65 1	Wilma Perkins	21.44	3 Steve Davies-Evans	27.84	2 Brian Davies	24.90	
W70 1	Lorraine Birtwell	17.70	4 Rod Walke	28.47	3 Don Quinn	17.24	
W75 1	Helen Searle	26.67	5 Bevan Valentine	29.19	M75 1 Guy Quarterman	26.79	
<b><u>WEIGHT THROW</u></b>			6 Les Manz	29.33	2 Ian Kennedy	23.77	
W30 1	Samantha Bush	7.70	M65 1 Paul Chaplain	32.76	M90 1 Maurice Dauphinet	16.14	
W40 1	Tina Eilola	8.71	M70 1 Colin Buyers	31.21	<b><u>SHOT PUT</u></b>		
	2 Michelle McDonough	6.02	2 Brian Davies	32.47	M40 1 Leigh Mitchell	8.31	
W50 1	Michelle Gibson	8.09	M80 1 Colin Woods	38.50	M45 1 Richard Harris	10.49	
W75 1	Helen Searle	9.42	2 Noel Garvey	39.62	M50 1 Ian Doyle	8.93 vis	
<b><u>MEN</u></b>			<b><u>800 METRES</u></b>			M55 1 Vince DiDato	8.16
<b><u>60 METRES</u></b>			M40 1 Wayne Adams	2.13.38	2 Les Manz	7.65	
M30 1	Patrick McCarthy	7.69	2 Andrew Willey	2.17.19	M60 1 Ray Chambers	10.27	
M35 1	Ryan Goff	7.79 vis	3 Graham Scully	2.41.42	2 William Gibson	9.21	
	2 Geoffrey Roennfeldt	9.34	M50 1 John Treschman	2.24.83	3 Mike Mabbutt	8.79	
M45 1	Michael Berlin	7.86	2 Stephen Kelly	2.25.80	4 Phillip Rodgers	5.59	
	2 Johnny Chessa	8.27 vis	M60 1 Ian Cameron	2.26.26	M65 1 Mills Lafferty	8.00	
M50 1	Ian Doyle	8.87 vis	M80 1 Colin Woods	3.23.24	2 Peter Frangenheim	7.11	
M55 1	Les Manz	8.80	<b><u>5000 METRES</u></b>			M70 1 Peter Kennedy	10.74
	2 Rod Walke	8.83	M35 1 Clay Dawson	16.23.01	2 Don Quinn	9.30	
	3 Bevan Valentine	9.04	M40 1 John Adams	26.03.63 vis	M75 1 Guy Quarterman	9.51	
	4 Vince DiDato	9.50	M45 1 Chris Bell	17.21.97	2 Ian Kennedy	8.30	
	5 Craig Elliott	10.05	M55 1 Con Dimauro	18.22.20	<b><u>HAMMER THROW</u></b>		
M60 1	Terry Dauphinet	9.22	M65 1 John Sheer	23.18.62	M40 1 Leigh Mitchell	21.17	
	2 Bruce O'Connor	10.07	<b><u>5000m TRACK WALK</u></b>			M45 1 Richard Harris	31.28
	3 Phillip Rodgers	10.82	M50 1 Iggy Jimenez	25.00.47	M55 1 Craig Elliott	17.25	
	4 Franz Schlechter	10.92	M60 1 Peter Bennett	26.14.61	M60 1 Mike Mabbutt	35.62	
M65 1	Graeme Cox	9.81	<b><u>80m HURDLES</u></b>			2 William Gibson	22.64
M70 1	John Wight	9.07	M70 1 Peter Kennedy	15.56	3 Franz Schlechter	19.91	
M75 1	Alan Bradford	10.59	M75 1 Alan Bradford	20.16	M65 1 Mills Lafferty	27.08	
	2 Paul Adams	12.39	<b><u>100m HURDLES</u></b>			2 Peter Frangenheim	21.29
M80 1	Noel Garvey	11.35	M50 1 Robert Lasker	22.56	M70 1 Don Quinn	27.62	
M90 1	Maurice Dauphinet	14.07	<b><u>3000m STEEPLECHASE</u></b>			M75 1 Guy Quarterman	29.65
<b><u>100 METRES</u></b>			M55 1 Craig Elliott	22.42.4h	2 Ian Kennedy	24.91	
M30 1	Koffi Agbaleti	11.95 vis	<b><u>LONG JUMP</u></b>			<b><u>WEIGHT THROW</u></b>	
	2 Patrick McCarthy	12.19	M45 1 Johnny Chessa	4.87 vis	M40 1 Leigh Mitchell	8.04	
M35 1	Ryan Goff	12.28 vis	M50 1 Robert Lasker	4.08	M45 1 Richard Harris	9.99	
	2 Geoffrey Roennfeldt	15.17	M55 1 Vince DiDato	3.96	M60 1 Mike Mabbutt	13.45	
M40 1	Graham Scully	11.94	M60 1 Bruce O'Connor	3.68	2 Ray Chambers	11.61	
	2 David Bell	13.80	2 Franz Schlechter	3.26	3 William Gibson	9.20	
M45 1	Michael Berlin	12.60	3 Phillip Rodgers	2.42	M65 1 Mills Lafferty	10.20	
	2 Johnny Chessa	13.49 vis	<b><u>TRIPLE JUMP</u></b>			2 Peter Frangenheim	8.36
M55 1	Dave Varley	13.20	M60 1 Bruce O'Connor	8.12	M70 1 Brian Davies	13.08	
	2 Rod Walke	13.96	<b><u>HIGH JUMP</u></b>			2 Don Quinn	12.55
	3 Les Manz	14.04	M50 1 Robert Lasker	1.50	M75 1 Guy Quarterman	11.50	
	4 Bevan Valentine	14.40	2 Ian Doyle	1.35 vis	2 Ian Kennedy	11.18	
	5 Craig Elliott	15.59	M55 1 Brian Key	1.50			
			2 Craig Elliott	1.30			

**12/03/2017 QMA GOLD COAST MEET SUNDAY GRIFFITH UNI, GOLD COAST**

**WOMEN**

**60 METRES**

W35 1	Tami Lebovics	9.95
W40 1	Mariya Todorova	10.64
W45 1	Nikki Liddell	10.17
W70 1	Jean Hampson	12.35

**100 METRES**

W35 1	Tami Lebovics	16.22
W45 1	Nikki Liddell	16.23
W70 1	Jean Hampson	20.01

**200 METRES**

W45 1	Nikki Liddell	34.87
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**3000m TRACK WALK**

W55 1	Kay Shaw	19.45.72
	2 Debbie Lindenberg	22.21.94

**LONG JUMP**

W70 1	Jean Hampson	2.86
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**JAVELIN THROW**

W35 1 Tami Lebovics 16.33  
 W45 1 Althea Mackie 19.78

**SHOT PUT**

W35 1 Tami Lebovics 8.36  
 W45 1 Althea Mackie 8.36

**WEIGHT THROW**

W45 1 Althea Mackie 12.08

**HEAVY WEIGHT 56lbs**

W45 1 Althea Mackie 4.61

**MEN****60 METRES**

M30 1 Patrick McCarthy 7.60  
 M35 1 Robin Mhrshahi 7.56  
 M40 1 Scott Beatson 8.21  
 2 Graham Scully 8.75  
 M45 1 Michael Berlin 7.87  
 2 Sam Ansari 8.56  
 M50 1 Steve Jones 7.90  
 M55 1 Michael Kirkby 8.49  
 M65 1 Paul Chaplain 9.76

**100 METRES**

M30 1 Patrick McCarthy 11.96  
 M35 1 Robin Mhrshahi 12.05  
 M40 1 Graham Scully 12.06  
 2 Scott Beatson 13.38  
 M45 1 Michael Berlin 12.56  
 2 Andrew Barkworth 13.02  
 3 Sam Ansari 13.86  
 M50 1 Steve Jones 12.75  
 M55 1 Michael Kirkby 13.73  
 M65 1 Paul Chaplain 15.96

**200 METRES**

M45 1 Michael Berlin 25.66  
 2 Andrew Barkworth 26.11  
 M55 1 Michael Kirkby 31.42  
 M65 1 Paul Chaplain 32.60

**800 METRES**

M45 1 Sam Ansari 2.40.93  
 M65 1 Bruce Bodsworth 3.05.42

**3000m TRACK WALK**

M50 1 Paul Lindenberg 17.58.86

**LONG JUMP**

M35 1 Robin Mhrshahi 5.59

M45 1 Sam Ansari 3.68

**TRIPLE JUMP**

M35 1 Robin Mhrshahi 11.71

**JAVELIN THROW**

M45 1 Andrew Barkworth 39.57  
 M55 1 Michael Kirkby 34.97  
 M65 1 Bruce Bodsworth 34.11  
 M80 1 Bill McMullen 13.20

**SHOT PUT**

M45 1 Andrew Barkworth 8.67  
 M55 1 Michael Kirkby 9.82  
 M65 1 Kevin Ryall 9.52  
 M80 1 Bill McMullen 7.75

**WEIGHT THROW**

M55 1 Michael Kirkby 11.47  
 M65 1 Mills Lafferty 9.90  
 M80 1 Bill McMullen 8.27

**HEAVY WEIGHT 56lbs**

M55 1 Michael Kirkby 4.79 QR  
 M65 1 Mills Lafferty 3.31  
 M80 1 Bill McMullen 2.56

**22/03/2017 QMA BRISBANE MEET WEDNESDAY NIGHT QSAC****WOMEN****100 METRES**

W40 1 Rachael McCallum 18.79  
 W50 1 Lynda Flynn 16.40

**400 METRES**

W40 1 Rachael McCallum 1.42.01

**10,000m TRACK WALK**

W70 1 Noela McKinven 1:24.01.44

**MEN****100 METRES**

M35 1 Fred Leone 12.47 vis  
 2 Daniel Mellish 12.62  
 M40 1 Harley Wilkinson 13.21  
 M45 1 Michael Berlin 12.57  
 M50 1 Robert Hilton 13.83  
 2 Robert Lasker 14.15  
 M55 1 Greg Farmer 13.86  
 M65 1 Paul Chaplain 15.92

M70 1 John Wight 15.35  
 2 Colin Buyers 15.59

**400 METRES**

M35 1 Ryan Goff 52.07 vis  
 2 Daniel Mellish 55.68  
 3 Fred Leone 60.40 vid  
 M40 1 Harley Wilkinson 61.35  
 2 Andrew Willey 64.52  
 M45 1 Michael Berlin 56.76  
 M55 1 Steve Davies-Evans 62.73  
 M65 1 Paul Chaplain 1.21.88

**1500 METRES**

M40 1 Andrew Willey 4.45.67  
 2 Paul Shard 4.47.84  
 3 Wayne Adams 4.48.38  
 M45 1 Chris Bel 4.49.18  
 M55 1 Con Dimauro 4.58.04  
 M65 1 John Sheer 6.28.11  
 M70 1 Jim Woodriff 5.57.65

**10,000 METRES**

M45 1 Adrian Royce 37.59.99  
 M55 1 Greg Coulter 41.49.46

**10,000m TRACK WALK**

M50 1 Iggy Jimenez 51.40.47  
 M60 1 Peter Bennett 55.52.05

**HIGH JUMP**

M30 1 David Brain 1.64  
 M50 1 Robert Lasker 1.40  
 M55 1 Brian Key 1.55

**JAVELIN THROW**

M30 1 David Brain 40.04  
 M65 1 Mills Lafferty 17.91  
 M75 1 Guy Quarterman 25.51

**SHOT PUT**

M50 1 Michael Hughes 7.92  
 M65 1 Mills Lafferty 7.85  
 M75 1 Guy Quarterman 8.96

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**19-25/03/2017 WORLD MASTERS ATHLETICS INDOOR CHAMPIONSHIPS – DAEGU, KOREA****QMA MEMBERS RESULTS****A:In = Australian Indoor Record****WOMEN****PETRINA BROWN W45**

200 Metres 5 Prel 31.94

**ALTHEA MACKIE W45**

Discus Throw 2 26.28

Hammer Throw 1 38.61

Weight Throw 1 12.06A:In

**JULIE BRIMS W50**

60 Metres 1 Prel 8.20A:In

60 Metres 1 Fnl 8.08A:In

200 Metres 1 Prel 26.58A:In

200 Metres 1 Fnl 26.11A:In

**JEANETTE FLYNN W65**

400 Metres 1 Prel 1.18.52

400 Metres 1 Fnl 1.10.34W:In

800 Metres 1 2.44.45A:In

**WILMA PERKINS W65**

60 Metres 2 9.74

60m Hurdles 1 11.61

**MEN****GARY PARKINSON M45**

60 Metres 1 Prel 7.73

Long Jump 1 3.30  
 High Jump 2 1.11  
 Pole Vault 1 1.80A:In  
 Javelin Throw 2 20.56  
 Shot Put 4 7.86  
 Hammer Throw 3 22.26  
 Weight Throw 3 8.53

**JEAN HAMPSON W70**

60 Metres 2 11.55

200 Metres 2 39.49

400 Metres 2 1.34.15

Long Jump 1 3.05A:In

**NOREEN PARRISH W75**

60 Metres 2 Fnl 11.42A:In

200 Metres 2 41.54A:In

400 Metres 2 1.51.08A:In

**JOAN PURCELL W75**

3000m Track Walk 1 22.05.70A:In

10,000m Road Walk 1 1:15.16.00

60 Metres 2 Sf 7.70

60 Metres 7 Fnl 7.80

400 Metres 1 Prel 55.75

“ W65 Teams 1

**4 x 200m RELAY**

**W45** 1 Petrina Brown Q

Julie Peksis

Janelle Delaney

Amanda Coombe 2.10.27

**W50** 1 Julie Brims Q

Gianna Mogentale

Phillipa Wight

Janet Naylor 1.57.02A:In

**W65** 1 Wilma Perkins Q

Jeanette Flynn Q

Paula Moorehouse

Lyn Peake 2.19.47A:In

**W70** 1 Noreen Parrish Q

Jean Hampson Q

Frances Harris

Lavinia Petrie 2.49.19A:In

400 Metres 2 Sf 54.89

400 Metres 4 Fnl 53.69

4x200m Relay 3 1.38.52

<b>STEVE JONES M50</b>		
60 Metres	1 Prel	7.84A:In
60 Metres	2 Sf	7.82A:In
60 Metres	6 Fnl	7.81A:In
200 Metres	3 Prel	26.18
400 Metres	3 Prel	59.20
400 Metres	6 Sf	59.60

<b>ALAN STACEY M50</b>		
800 Metres	3 Pre	2.30.07
3000 Metres	9	10.53.45A:In
3000m Trk Walk	6	16.52.57
<b>4 x 200m RELAY</b>		

<b>M40</b>	3	Gary Parkinson	Q
		Geoffrey Gibbons	
		Andrew Wilcox	
		Ken Telfer	1.38.52

<b>M50</b>	5	Steve Jones	Q
		Colin Smith	
		George Jankowski	
		Dean Taylor	1.46.24A:In

**MEDAL COUNT**

<b>Australia:</b>	
Gold	59
Silver	40
Bronze	25
<b>Total:</b>	<b>124</b>

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**26/03/2017 QMA GOLD COAST CHAMPIONSHIPS SUNDAY GRIFFITH UNI, GOLD COAST**

**WOMEN**

**60 METRES**

W30	1	Samantha Bush	9.93
W35	1	Brony Anscombe	9.04
W40	1	Mariya Todorova	10.62
W45	1	Nikki Liddell	9.97
W60	1	Noela Brameld	10.56
	2	Denise Quinn	10.65
W65	1	Carol Davis	9.35

**100 METRES**

W35	1	Brony Anscombe	14.55
	2	Tami Lebovics	15.89
W40	1	Mariya Todorova	17.49
W45	1	Nikki Liddell	15.84
	2	Laura Broy	16.51
W60	1	Noela Brameld	17.37
	2	Denise Quinn	17.41
W65	1	Carol Davis	15.33
W70	1	Marge Allison	17.05
W85	1	Christiane Dauphinat	28.37 QR

**200 METRES**

W35	1	Brony Anscombe	30.66
W45	1	Nikki Liddell	34.64
W60	1	Noela Brameld	37.51
	2	Denise Quinn	38.78
W65	1	Carol Davis	31.69
W70	1	Marge Allison	34.83

**400 METRES**

W65	1	Carol Davis	72.91
W70	1	Marge Allison	1.23.72

**800 METRES**

W45	1	Laura Broy	3.18.76
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**1500 METRES**

W35	1	Erika O'Reilly	5.17.28
W45	1	Laura Broy	6.49.65

**1500m TRACK WALK**

W60	1	Robyn Wales	13.48.61
W85	1	Christiane Dauphinat	12.35.04

**5000M TRACK WALK**

W45	1	Nyle Sunderland	29.11.87
W55	1	Debbie Lindenberg	39.21.77

**LONG JUMP**

W30	1	Samantha Bush	3.90
W35	1	Brony Anscombe	4.09
	2	Tami Lebovics	3.47
W45	1	Nikki Liddell	3.00
W60	1	Denise Quinn	3.09
W70	1	Marge Allison	2.77

**TRIPLE JUMP**

W30	1	Samantha Bush	7.98
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**JAVELIN THROW**

W30	1	Samantha Bush	24.06
W35	1	Tami Lebovics	17.06
W60	1	Denise Quinn	19.57
W75	1	Eunice Jenkins	7.28

**DISCUS THROW**

W30	1	Samantha Bush	21.78
W40	1	Michelle McDonough	11.71
W75	1	Eunice Jenkins	14.04

**SHOT PUT**

W30	1	Samantha Bush	7.74
W35	1	Tami Lebovics	7.83
W40	1	Michelle McDonough	5.50
W75	1	Eunice Jenkins	5.35

**HAMMER THROW**

W30	1	Samantha Bush	20.17
W40	1	Michelle McDonough	15.93
W60	1	Robyn Wales	14.06
W75	1	Eunice Jenkins	21.65

**WEIGHT THROW**

W30	1	Samantha Bush	8.23
W75	1	Eunice Jenkins	7.41

**MEN**

**60 METRES**

M35	1	Greg Costello	7.93
M40	1	Graham Scully	7.68
M45	1	Michael Berlin	7.76
	2	James Castle	8.74
M55	1	Michael Kirkby	8.50
	2	Toufic Lawand	9.03
	3	Ganga Prasad	11.72
M60	1	Phillip Rodgers	10.59
M65	1	Paul Chaplain	9.74
M70	1	Brian Davies	9.57
M75	1	Pio Bunin	9.83
	2	Colin Mancey	10.51
M90	1	Maurice Dauphinat	14.14

**100 METRES**

M35	1	Greg Costello	12.55
M40	1	Graham Scully	11.70
M45	1	Michael Berlin	12.25
	2	Andrew Barkworth	12.51
	3	James Castle	14.01
M50	1	Joseph Phelan	13.12
M55	1	Michael Kirkby	13.35
	2	Toufic Lawand	14.56
	3	Ganga Prasad	18.97
M60	1	Terry Dauphinat	14.84
	2	Phillip Rodgers	17.50
M65	1	Paul Chaplain	15.24
M70	1	Brian Davies	15.52
M75	1	Pio Bunin	16.05
	2	Colin Mancey	16.96
	3	Ian Kennedy	20.97
M90	1	Maurice Dauphinat	23.67

**200 METRES**

M35	1	Greg Costello	25.81
M40	1	Graham Scully	23.37
M45	1	Michael Berlin	24.79
	2	Andrew Barkworth	25.53
	3	James Castle	29.79
M50	1	Joseph Phelan	26.65
M55	1	D.James	28.79
	2	Michael Kirkby	29.57
M60	1	Terry Dauphinat	30.57
	2	Bruce O'Connor	33.44
M65	1	Paul Chaplain	32.30
M75	1	Pio Bunin	36.66
	2	Colin Mancey	37.94

**400 METRES**

M50	1	Stephen Kelly	58.85
M55	1	Steve Davies-Evans	61.51
	2	D.James	65.81
	3	Michael Kirkby	1.25.23
M65	1	Paul Chaplain	78.27
M75	1	Pio Bunin	1.23.00
	2	Colin Mancey	1.39.08

**800 METRES**

M40	1	Tadashi Nawagawa	2.23.70
M50	1	Stephen Kelly	2.22.94
M75	1	Pio Bunin	3.22.58
	2	Colin Mancey	3.27.03

**1500 METRES**

M35	1	Greg Costello	5.30.69
M40	1	Paul Shard	4.48.78
	2	Marc-Paul Trevethan	5.15.53
M75	1	Colin Mancey	7.46.34

**5000 METRES**

M70	1	Jim Woodriff	22.00.68
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**1500m TRACK WALK**

M60	1	Bruce O'Connor	11.53.92
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**5000m TRACK WALK**

M50	1	Paul Lindenberg	31.39.33
M80	1	George Megas	41.15.14

**LONG JUMP**

M35	1	Greg Costello	5.05
M55	1	Michael Kirkby	3.90
	2	Ganga Prasad	2.80
M60	1	Bruce O'Connor	3.79
	2	Phillip Rodgers	2.76
M65	1	Mills Lafferty	2.13
M75	1	Alf Lakin	2.52

**TRIPLE JUMP**

M55	1	Ganga Prasad	6.20
M60	1	Bruce O'Connor	6.75
M65	1	Mills Lafferty	4.73
M75	1	Alf Lakin	3.73

**JAVELIN THROW**

M35	1	Greg Costello	40.23
M40	1	Matthew Cooper	26.85
	2	Leigh Mitchell	24.68
M45	1	Richard Harris	31.76
	2	Andrew Barkworth	29.32
M50	1	Tim Lowrey	21.41
M55	1	Michael Kirkby	34.11
	2	Ganga Prasad	19.54
M60	1	Franz Schlechter	22.55
	2	Bruce O'Connor	21.68
	3	William Gibson	18.91
M65	1	Peter Frangenheim	28.96
	2	Phillip Rowlands	26.83
	3	Kevin Ryall	21.50
M70	1	Don Quinn	17.21
M75	1	Guy Quarterman	27.47
	2	Ian Kennedy	22.87
M80	1	Bill McMullen	13.68
M90	1	Maurice Dauphinat	16.69

**DISCUS THROW**

M35	1	Greg Costello	34.46
M40	1	Rodney Watson	31.66nsw

GC	1	Leigh Mitchell	24.38	2	Phillip Rowlands	8.08	GC	1	Tim Lowrey	11.26	
GC	2	Matthew Cooper	23.16	3	Ray Richardson	7.58	3	Ian Doyle	8.52 NT		
M45	1	Richard Harris	33.54	4	Peter Frangenheim	7.33	M55	1	Michael Kirkby	12.09	
M50	1	Ian Doyle	30.06 NT	M70	1	Don Quinn	9.05	2	Ganga Prasad	6.11	
GC	1	Tim Lowrey	22.36	M75	1	Guy Quarterman	9.04	M60	1	William Gibson	8.40
M55	1	Michael Kirkby	35.64	2	Ian Kennedy	8.26	M65	1	Phillip Rowlands	11.94	
2	Ganga Prasad	19.15	M80	1	Bill McMullen	7.11	2	Mills Lafferty	9.36		
M60	1	William Gibson	22.99	<b>HAMMER THROW</b>			3	Ray Richardson	8.74		
2	Bruce O'Connor	20.05	M40	1	Rodney Watson	33.70nsw	4	Peter Frangenheim	7.53		
M65	1	Kevin Ryall	31.50	GC	1	Matthew Cooper	29.48	M70	1	Don Quinn	12.85
2	Ray Richardson	25.44	GC	2	Leigh Mitchell	22.48	2	Brian Davies	12.80		
3	Phillip Rowlands	24.50	M45	1	Richard Harris	29.44	M75	1	Guy Quarterman	11.47	
4	Peter Frangenheim	23.11	M50	1	Laini Inivale	34.87Auck	2	Ian Kennedy	10.89		
M70	1	Don Quinn	31.22	GC	1	Tim Lowrey	28.02	M80	1	Bill McMullen	8.37
M75	1	Guy Quarterman	24.25	M55	1	Michael Kirkby	27.39	<b>56lb HEAVY WEIGHT THROW</b>			
2	Ian Kennedy	22.97	2	Ganga Prasad	13.49	M35	1	Greg Costello	6.92		
3	Alf Lakin	18.19	M60	1	William Gibson	23.35	M40	1	Rodney Watson	6.88nsw	
M80	1	Bill McMullen	20.10	2	Franz Schlechter	16.36	GC	1	Matthew Cooper	5.31	
M90	1	Maurice Dauphinat	16.71	M65	1	Phillip Rowlands	28.61	GC	2	Leigh Mitchell	5.11
<b>SHOT PUT</b>				2	Mills Lafferty	27.90	M45	1	Richard Harris	6.30	
M35	1	Greg Costello	9.76	3	Ray Richardson	23.24	M50	1	Laini Inivale	6.44Auck	
M40	1	Rodney Watson	11.19nsw	4	Peter Frangenheim	20.67	GC	1	Tim Lowrey	5.13	
GC	1	Leigh Mitchell	7.97	M70	1	Don Quinn	33.01	3	Ian Doyle	3.62 NT	
GC	2	Matthew Cooper	7.96	2	Brian Davies	26.55	M55	1	Michael Kirkby	4.66	
M45	1	Richard Harris	10.37	M75	1	Guy Quarterman	29.56	2	Ganga Prasad	3.31	
2	James Castle	8.71	2	Ian Kennedy	26.65	M65	1	Phillip Rowlands	5.37 QR		
M50	1	Laini Inivale	13.82Auck	M80	1	Bill McMullen	22.39	2	Mills Lafferty	3.36	
GC	1	Tim Lowrey	9.28	M90	1	Maurice Dauphinat	13.65	M70	1	Don Quinn	3.81 QR
M55	1	Toufic Lawand	10.67	<b>WEIGHT THROW</b>			2	Brian Davies	2.25		
2	Michael Kirkby	9.55	M40	1	Rodney Watson	10.92nsw	M75	1	Guy Quarterman	3.35 QR	
3	Ganga Prasad	6.61	GC	1	Matthew Cooper	9.53	2	Ian Kennedy	3.18		
M60	1	William Gibson	9.02	GC	2	Leigh Mitchell	8.49	M80	1	Bill McMullen	2.31
2	Phillip Rodgers	5.60	M45	1	Richard Harris	10.29					
M65	1	Kevin Ryall	9.61	M50	1	Laini Inivale	13.39Auck				

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## 1&2/04/2017 QMA STATE CHAMPIONSHIPS SATURDAY & SUNDAY QSAC & SAF

<u>WOMEN</u>			<u>200 METRES</u>			<u>5000m TRACK WALK</u>					
<b>60 METRES</b>			W40	1	Theresa Stolberg	29.87	W70	1	Noela McKinven	40.15.22	
W30	1	Samantha Bush	10.04	2	Catrina Blacklaw	31.40	<b>2000m STEEPCHASE 1/4</b>				
W40	1	Rachael McCallum	10.86	W45	1	Lee-Anne Nelson	28.12	W40	1	Kerri Hodge	7.40.70 QR
W45	1	Lee-Anne Nelson	8.83	2	Nikki Liddell	34.24	W60	1	Cynthia Cliff	11.09.33	
	2	Laura Broy	10.17	3	Laura Broy	35.60	<b>80m HURDLES</b>				
	3	Nikki Liddell	10.18	W50	1	Julie Brims	27.78	W40	1	Theresa Stolberg	16.18
W50	1	Julie Brims	8.65	2	Tamara Paterson	34.12	<b>LONG JUMP</b>				
	2	Tamara Paterson	10.08	3	Lynda Flynn	34.81	W30	1	Samantha Bush	3.60	
	3	Lynda Flynn	10.18	W55	1	Maria Drury	43.65	M45	1	Lee-Anne Nelson	4.30
W55	1	Maria Drury	12.00	W60	1	Kate Carmichael	36.69	2	Nikki Liddell	3.23	
W60	1	Kate Carmichael	10.03	2	Noela Brameld	37.32	3	Julie Jones	3.09		
	2	Noela Brameld	10.65	3	Denise Quinn	38.67	W55	1	Maria Drury	2.78	
	3	Denise Quinn	10.82	W65	1	Carol Davis	32.37	W60	1	Kate Carmichael	3.33
W65	1	Carol Davis	9.60	<b>400 METRES</b>			2	Denise Quinn	3.28		
	2	Coral Walsh	11.98	W30	1	Samantha Bush	1.22.76	<b>TRIPLE JUMP</b>			
<b>100 METRES</b>			W40	1	Theresa Stolberg	67.58	W30	1	Samantha Bush	8.50	
W40	1	Rachael McCallum	18.31	2	Catrina Blacklaw	70.13	W50	1	Tamara Paterson	8.00	
W45	1	Lee-Anne Nelson	14.10	W45	1	Lee-Anne Nelson	63.35	<b>HIGH JUMP</b>			
	2	Nikki Liddell	16.42	2	Jodie Watson	77.66	W30	1	Samantha Bush	1.25	
W50	1	Julie Brims	13.41	W50	1	Tamara Paterson	1.22.58	W55	1	Deann Mayfield	1.50
	2	Georgina Hale	14.89	W65	1	Jeanette Flynn	70.26	2	Maria Drury	1.00	
	3	Tamara Paterson	16.09	2	Carol Davis	74.14	W60	1	Kate Carmichael	1.10	
	4	Lynda Flynn	16.52	<b>800 METRES</b>			<b>JAVELIN THROW</b>				
	5	Karen Lakin	18.33	W45	1	Elsie Norbury	2.42.67	W30	1	Samantha Bush	23.72
W55	1	Maria Drury	19.78	2	Catherine Kirkwood	2.59.43	2	Sara Wessling	12.42		
W60	1	Kate Carmichael	16.36	3	Laura Broy	3.18.30	W40	1	Theresa Stolberg	26.55	
	2	Denise Quinn	17.50	<b>1500 METRES</b>			W45	1	Lee-Anne Nelson	26.45	
	3	Noela Brameld	17.50	W35	1	Erika O'Reilly	5.12.97	2	Althea Mackie	19.24	
W65	1	Carol Davis	15.57	W40	1	Kerri Hodge	5.01.81	3	Julie Jones	12.46	
	2	Coral Walsh	20.76	W45	1	Jodie Watson	5.46.26	W50	1	Michelle Gibson	16.25
				2	Jenny Shard	6.35.90	W55	1	Julia Nicholas	18.83	
<b>W30+ 100 METRE SPRINT</b>			<b>5000 METRES</b>			2	Karel McClintock	16.99			
<b>CHAMPION OF CHAMPIONS</b>			W35	1	Erika O'Reilly	20.01.20	3	Maria Drury	16.14		
1	Julie Brims	W51 Bris	11.27	W40	1	Kerri Hodge	18.23.17	W60	1	Denise Quinn	19.90
2	Carol Davis	W66 G/C	11.52	2	Olivia Lennon	18.39.78	W65	1	Kathy Rourke	11.45	
3	Kate Carmichael	W62 S/C	12.42	W45	1	Elizabeth Cox	20.33.01	W80	1	Heather Doherty	11.95
4	Noela Brameld	W63 S/C	13.34	W55	1	Louisa Abram	18.52.36 QR				
5	Tamara Paterson	W50 Bris	13.55	W60	1	Cynthia Cliff	25.12.37				
6	Lynda Flynn	W53 Bris	13.62								
7	Denise Quinn	W60 S/C	13.66								

**SHOT PUT**

W30	1	Samantha Bush	8.00
	2	Sara Wessling	5.29
W35	1	Finn Connors	7.17
W40	1	Tina Eilola	8.75
	2	Theresa Stolberg	8.68
	3	Michelle McDonough	5.85
W45	1	Lee-Anne Nelson	9.26
	2	Althea Mackie	8.42
W50	1	Michelle Gibson	8.11
W55	1	Karel McClintock	8.48
	2	Marie Drury	7.06
W60	1	Denise Quinn	6.77
W65	1	Kathy Rourke	5.89
W75	1	Helen Searle	9.08
W80	1	Heather Doherty	5.96

**DISCUS THROW**

W30	1	Samantha Bush	21.61
	2	Sara Wessling	20.38
W35	1	Fionnula Connors	23.23
W40	1	Tina Eilola	22.99
	2	Michelle McDonough	12.20
W45	1	Althea Mackie	25.28
	3	Julie Jones	13.45
W50	1	Michelle Gibson	20.28
W55	1	Karel McClintock	22.41
	3	Maria Drury	16.24
W60	1	Denise Quinn	17.19
W70	1	Lorraine Birtwell	17.28
W80	1	Heather Doherty	16.89

**HAMMER THROW**

W30	1	Samantha Bush	20.57
	2	Sara Wessling	17.86
W35	1	Fionnula Connors	35.26
W40	1	Michelle McDonough	16.27
W45	1	Althea Mackie	38.32
	2	Julie Jones	14.97
W50	1	Michelle Gibson	23.05
W55	1	Karel McClintock	23.43
W60	1	Cynthia Cliff	13.78
W70	1	Lorraine Birtwell	17.67
W75	1	Helen Searle	27.31
W80	1	Heather Doherty	19.45

**WEIGHT THROW**

W30	1	Samantha Bush	8.19
	2	Sara Wessling	4.26
W35	1	Fionnula Connors	10.08
W40	1	Tina Eilola	9.01
	2	Michelle McDonough	6.32
W45	1	Althea Mackie	11.97
	2	Julie Jones	6.03
W50	1	Michelle Gibson	7.98
W55	1	Karel McClintock	8.51
W60	1	Cynthia Cliff	6.81
W70	1	Lorraine Birtwell	7.58
W75	1	Helen Searle	9.16

**MEN****60 METRES**

M30	1	Kye Hawgood	7.57
M40	1	Graham Scully	7.73
M45	1	Gary Parkinson	7.84
	2	Michael Berlin	7.91
M50	1	Steve Jones	8.02
	2	Robert Hilton	8.61
M55	1	Craig Parker	8.03
	2	Greg Farmer	8.48
	3	Michael Kirkby	8.61
	4	Rod Walke	9.06
	5	Neil Gray	9.13
	6	Manuel Pippas	9.81
M60	1	Mark McLean	8.49
	2	Phillip Rodgers	10.61
M65	1	Graeme Cox	9.68
	2	Paul Chaplain	9.79
M70	1	John Wight	9.06
	2	Brian Davies	9.75
	3	Ray Riethmuller	13.20

M75	1	Pio Bunin	9.87
	2	Glen Wilson	10.45
	3	Colin Mancey	15.62
M80	1	Hugh Coogan	9.96
	2	Noel Garvey	11.16

**100 METRES 1/4**

M30	1	Kye Hawgood	12.15
	2	Patrick McCarthy	12.35
M35	1	Daniel Mellish	12.94
M40	1	Graham Scully	12.05
M45	1	Gary Parkinson	12.19
	2	Michael Berlin	12.57
	3	Brett Spence	14.71
M50	1	Steve Jones	12.77
	2	Joseph Phelan	13.13
	3	Robert Hilton	13.90
	4	Robert Lasker	14.28
M55	1	Craig Parker	12.65
	2	Michael Kirkby	13.71
	3	Greg Farmer	13.91
	4	Les Manz	14.23
	5	Rod Walke	14.26
	6	Neil Gray	14.62
	7	Manuel Pippas	15.92
	8	Craig Elliott	16.07
M60	1	Mark McLean	13.56
	2	Bruce O'Connor	15.66
	3	Phillip Rodgers	17.43
M65	1	Paul Chaplain	15.64
M70	1	John Wight	14.28
	2	Colin Buyers	15.35
	3	Brian Davies	15.56
	4	Ray Riethmuller	21.37
	5	Dick Dunstan	21.96
M75	1	Pio Bunin	16.14
	2	Alan Bradford	16.98
	3	Colin Mancey	21.21
	4	Ian Kennedy	21.48
M80	1	Hugh Coogan	16.38
	2	Noel Garvey	18.46

**M30+ 100 METRE SPRINT****CHAMPION OF CHAMPIONS**

1	Craig Parker	M56 S/C	10.92
2	Gary Parkinson	M49 G/C	11.02
3	John Wight	M71 Bris	11.06
4	Hugh Coogan	M81 Bris	11.17
5	Graham Scully	M43 Bris	11.21
6	Steve Jones	M53 G/C	11.23
7	Mark McLean	M60 Bris	11.40
8	Michael Berlin	M47 Bris	11.43

**200 METRES**

M40	1	Graham Scully	23.77
M45	1	Gary Parkinson	24.30
	2	Michael Berlin	25.27
M50	1	Joseph Phelan	26.26
	2	Steve Jones	26.35
	3	Robert Hilton	28.30
M55	1	Craig Parker	26.25
	2	Walter Nock	27.93
	3	Greg Farmer	28.17
	4	Rod Walke	29.33
	5	D.James	29.46
	6	Manuel Pippas	33.10
M60	1	Mark McLean	27.57
	2	Tony van Kampen	31.18
M65	1	Paul Chaplain	32.80
	2	Graeme Cox	32.82
M70	1	John Wight	31.01
	2	Colin Buyers	32.08
	3	Dick Dunstan	53.09
M75	1	Pio Bunin	36.03
	2	Colin Mancey	55.88
M80	1	Hugh Coogan	33.88
	2	Colin Woods	38.07
	3	Noel Garvey	39.67
M35	1	Daniel Mellish	55.68
	2	Peter Bracken	56.81

**400 METRES**

M40	1	Graham Scully	53.71
	2	Wayne Adams	56.57
	3	Julian Bahlmann	57.02
	4	Harley Wilkinson	58.47
M45	1	Gary Parkinson	54.17
M50	1	Joseph Phelan	57.93
	2	Stephen Kelly	58.58
	3	Steve Jones	58.95
M55	1	D.James	65.09
	2	Rod Walke	66.15
	3	Manuel Pippas	73.89
	4	Michael Kirkby	1.40.61
	5	Craig Elliott	1.45.29
M60	1	Mark McLean	65.69
M65	1	Paul Chaplain	79.83
M70	1	Erkki Ryhanen	1.27.53
M75	1	Pio Bunin	1.22.65
	2	Alan Bradford	1.25.52
	3	Colin Mancey	2.06.97
M80	1	Colin Woods	1.23.88
	2	Noel Garvey	1.38.50

**800 METRES**

M35	1	Peter Bracken	2.06.11
	2	Daniel Mellish	2.07.35
M40	1	Andrew Willey	2.11.16
	2	Paul McIntosh	2.11.26
	3	Wayne Adams	2.11.53
	4	Julian Bahlmann	2.14.90
M45	1	Chris Bell	2.14.16
	2	Anthony Houston	2.17.39
	3	James Orford	2.24.53
	4	Adrian Royce	2.32.64
M50	1	Stephen Kelly	2.24.41
	2	John Treschman	2.25.28
M55	1	Mark Lepper	2.18.72
	2	Con Dimauro	2.27.65
M60	1	Peter Reeves	2.33.22
M70	1	Erkki Ryhanen	3.25.01
M75	1	Pio Bunin	3.41.64
	2	Colin Mancey	3.49.70

**1500 METRES**

M35	1	Peter Bracken	4.28.12
M40	1	Andrew Willey	4.37.24
	2	Paul Shard	4.45.13
	3	Tadashi Nawagawa	5.15.78
M45	1	Chris Bell	4.33.60
	2	Anthony Houston	4.41.61
	3	Adrian Royce	4.55.72
M50	1	John Treschman	4.59.87
M55	1	Mark Lepper	4.42.10
	2	Con Dimauro	4.49.11
M60	1	Ian Cameron	4.52.07
	2	Peter Reeves	4.55.16
	3	Robert Gunningham	5.34.18
M65	1	John Sheer	6.19.27
M70	1	Jim Woodruff	6.16.77
	2	Erkki Ryhanen	6.49.31
M75	1	Michael Juckes	6.55.39
	2	Colin Mancey	6.56.20
M80	1	Colin Woods	7.05.15

**5000 METRES**

M35	1	Clay Dawson	16.30.54
M40	1	Paul Shard	18.21.76
	2	Chris Bell	17.25.68
	3	Adrian Royce	17.34.21
M50	1	Darrell Giles	20.16.62
M55	1	David Sweeney	16.48.01
	2	Con Dimauro	17.58.95
M60	1	Ian Cameron	17.33.54
	2	Robert Gunningham	20.35.84
M65	1	John Sheer	22.52.79
M70	1	Jim Woodruff	22.12.82
	2	Erkki Ryhanen	25.58.43
M75	1	Michael Juckes	24.27.94

**5000m TRACK WALK**

M50	1	Iggy Jimenez	24.52.69
M60	1	Peter Bennett	26.52.91

**80m HURDLES**



M70	1	Peter Kennedy	15.10	2	Matthew Cooper	30.89	4	Craig Elliott	7.42		
M75	1	Pio Bunin	19.76	3	Leigh Mitchell	28.87	5	Ganga Prasad	6.36		
M80	1	Bernie Smith	24.95	M50	1	Gary Barton	35.44	M60	1	William Gibson	9.29
<b>100m HURDLES</b>											
M55	1	David Varley	17.47	2	Brent Mills	26.76	2	Wayne Fielder	9.18		
	2	Neil Gray	22.12	3	Tim Lowrey	22.46	3	Mark McLean	9.15		
M60	1	Bruce O'Connor	27.58	M55	1	Mike Kirkby	36.58	4	Mike Mabbutt	8.90	
M65	1	Vasyl Shuter	29.09	2	Vince DiDato	31.73	5	Franz Schlechter	7.52		
<b>200m HURDLES</b>											
M80	1	Bernie Smith	62.52	4	Craig Elliott	23.46	M65	1	Kevin Ryall	9.51	
<b>300m HURDLES</b>											
M60	1	Mark McLean	49.78	5	Ganga Prasad	22.80	2	Phillip Rowlands	8.71		
M65	1	Vasyl Shuter	77.70	M60	1	Wayne Fielder	30.88	3	Mills Lafferty	8.25	
M75	1	Pio Bunin	70.85	2	Franz Schlechter	23.41	4	Peter Frangenheim	7.28		
<b>2000m STEEPLECHASE</b>											
M75	1	Michael Juckes	10.27.14	3	William Gibson	19.80	5	Vasyl Shuter	6.99		
<b>LONG JUMP</b>											
M45	1	Michael Berlin	5.55	4	Phillip Rodgers	15.55	M70	1	Peter Kennedy	10.89	
M50	1	Michael Hughes	4.08	M65	1	Peter Frangenheim	29.45	2	Don Quinn	9.24	
M55	1	Les Manz	4.52	2	Phillip Rowlands	27.14	3	Dick Dunstan	6.04		
	2	Neil Gray	4.37	3	Vasyl Shuter	23.83	M75	1	Guy Quarterman	9.25	
	3	Michael Kirkby	3.70	M70	1	Peter Kennedy	32.33	2	Ian Kennedy	8.58	
	4	Ganga Prasad	2.91	2	Brian Davies	22.67	3	Alf Lakin	7.35		
M60	1	Mark McLean	4.69	3	Don Quinn	16.22	M80	1	Ron Vaughan	7.24	
	2	Bruce O'Connor	3.93	4	Dick Dunstan	8.79	<b>HAMMER THROW</b>				
	3	Franz Schlechter	3.58	M75	1	Guy Quarterman	27.61	M40	1	Matthew Cooper	31.06
	4	Phillip Rodgers	2.29	2	Ian Kennedy	21.41	2	Rene Doel	24.47		
M65	1	Vasyl Shuter	3.41	M80	1	Erkki Saarinen	23.35	3	Leigh Mitchell	22.77	
M70	1	Peter Kennedy	4.39	2	Ron Vaughan	17.24	M45	1	Richard Harris	31.89	
	2	Dick Dunstan	2.15	<b>DISCUS THROW</b>				M50	1	Laini Inivale	37.17Auckl
M75	1	Alf Lakin	2.56	M30	1	David Brain	31.76	QM	1	Tim Lowrey	27.02
<b>TRIPLE JUMP</b>											
M30	1	Kye Hawgood	11.33	M40	1	Rene Doel	30.20	QM	2	Gary Barton	23.67
	2	David Brain	10.71	2	Matthew Cooper	25.22	M55	1	Michael Kirkby	26.88	
M45	1	Michael Berlin	10.60	3	Leigh Mitchell	23.54	2	Craig Elliott	20.22		
M50	1	Michael Hughes	8.61	M45	1	Richard Harris	34.39	3	Ganga Prasad	11.48	
M55	1	Ganga Prasad	6.50	M50	1	Michael Hughes	30.77	M60	1	Mike Mabbutt	37.63
M60	1	Bruce O'Connor	8.22	2	Brent Mills	28.65	2	Wayne Fielder	30.25		
M65	1	Vasyl Shuter	7.43	3	Tim Lowrey	25.13	3	William Gibson	23.11		
M70	1	Peter Kennedy	8.19	4	Gary Barton	23.33	4	Franz Schlechter	18.52		
M75	1	Alf Lakin	5.90	M55	1	Mike Kirkby	29.15	M65	1	Phillip Rowlands	28.68
<b>HIGH JUMP</b>											
M30	1	David Brain	1.68	2	Neil Gray	26.04	2	Mills Lafferty	28.44		
M45	1	Michael Berlin	1.68	3	Craig Elliott	22.92	3	Peter Frangenheim	21.43		
M50	1	Robert Lasker	1.55	4	Ganga Prasad	19.97	M70	1	Don Quinn	31.44	
M55	1	Brian Key	1.55	M60	1	Wayne Fielder	33.36	2	Brian Davies	26.22	
	2	Craig Elliott	1.30	2	Franz Schlechter	26.45	M75	1	Guy Quarterman	31.66	
	3	Ganga Prasad	1.05	3	William Gibson	22.15	2	Ian Kennedy	25.80		
M60	1	Tony van Kampen	1.30	M65	1	Kevin Ryall	31.09	M80	1	Ron Vaughan	18.41
	2	Bruce O'Connor	1.20	2	Gary Smith	24.49	<b>WEIGHT THROW</b>				
M65	1	Vasyl Shuter	1.10	3	Phillip Rowlands	23.78	M40	1	Rene Doel	10.72	
M70	1	Peter Kennedy	1.30	4	Peter Frangenheim	23.74	2	Matthew Cooper	9.45		
M75	1	Ian Kennedy	1.05	5	Vasyl Shuter	23.15	3	Leigh Mitchell	9.12		
M80	1	Bernie Smith	1.00	M70	1	Don Quinn	31.18	M45	1	Richard Harris	10.89
<b>POLE VAULT</b>											
M45	1	Howard Arbuthnot	4.10	2	Peter Kennedy	29.37	M50	1	Laini Inivale	15.33Auck	
M50	1	Michael Hughes	2.50	M75	1	Guy Quarterman	24.80	QM	1	Tim Lowrey	11.56
M55	1	David Varley	3.00	2	Ian Kennedy	23.12	QM	2	Gary Barton	11.08	
	2	Craig Elliott	2.50	3	Alf Lakin	19.01	M55	1	Michael Kirkby	12.16	
	3	Neil Gray	2.20	M80	1	Ron Vaughan	17.61	2	Ganga Prasad	6.60	
M65	1	Vasyl Shuter	1.60	<b>SHOT PUT</b>				M60	1	Wayne Fielder	13.64
M70	1	Peter Kennedy	2.40	M40	1	Rene Doel	10.68	2	William Gibson	9.49	
M80	1	Bernie Smith	1.40	2	Leigh Mitchell	8.91	3	Franz Schlechter	8.70		
<b>JAVELIN THROW</b>											
M30	1	David Brain	41.68	3	Matthew Cooper	8.60	M65	1	Phillip Rowlands	11.23	
M40	1	Rene Doel	39.49	M45	1	Richard Harris	10.73	2	Mills Lafferty	10.51	
				M50	1	Laini Inivale	14.05Auck	3	Peter Frangenheim	7.58	
				QM	1	Brent Mills	9.94	M70	1	Don Quinn	12.31
				QM	2	Tim Lowrey	9.40	2	Brian Davies	12.00	
				QM	3	Michael Hughes	8.89	M75	1	Guy Quarterman	11.82
				QM	4	Gary Barton	8.54	2	Ian Kennedy	10.69	
				M55	1	Michael Kirkby	9.54	M80	1	Ron Vaughan	8.47
				2	Neil Gray	7.99					
				3	Les Manz	7.48					

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**OPEN & MASTERS COMPETITION 2016/2017 QMA FINANCIAL MEMBERS RESULTS**

**TRACK & FIELD**

**04/03/17 QA CARLEE BEATTIE**

**SHIELD QSAC**

**WOMEN**

**SARA WESSLING W30**

Discus- Masters 30-39 1 20.15  
 Hammer – Masters 30-39 1 16.63

**ALTHEA MACKIE W45**

Hammer – Masters 40-49 1 34.77

**JULIE BRIMS W50**

100 Metres – Masters 50-59 1 12.84

**10,000 METRES MASTERS 40-49**

1 Kerri Hodge W40 38.07.16  
 2 Elizabeth Cox W45 42.48.99

**10,000 METRES MASTERS 60+**

1 Cynthia Cliff W60 51.02.20

**MEN**

**DANIEL MELLISH M35**

800 Mtrs – Masters 30-39 2 2.05.45

**LANCE FAULKNER M30**

Pole Vault – Masters 30-39 1 3.80

**CRAIG ELLIOTT M55**

Pole Vault – Masters 50-59 1 2.30

**10,000 METRES MASTERS 30-39**

1 Aidan Hobbs M30 32.22.01  
 2 Patrick Nispel M35 32.38.59

**10,000 METRES MASTERS 40-49**

1 Wayne Spies M40 34.55.72  
 2 Nigel Peacock M40 36.19.23  
 3 Adrian Royce M45 37.53.44

**10,000 METRES MASTERS 50-59**

1 David Sweeney M55 33.56.26  
 2 Darrell Giles M50 43.18.78

**10,000 METRES MASTERS M60+**

1 John Sheer M65 47.36.69

**11/03/17 QA GARRY BROWN**

**SHIELD QSAC**

**WOMEN**

**SARA WESSLING W30**

Shot Put - Masters 30-39 1 5.44

Javelin – Masters 30-39 1 11.46

**JULIE BRIMS W50**

100 Metres – Masters 50-59 1 12.78

200 Metres – Masters 50-59 1 26.07

**MEN**

**DANIEL MELLISH M35**

800 Metres – Masters 30-39 1 2.06.98

**DARRIN NORWOOD M35**

Shot Put – Masters 30-39 1 13.76

**TRAVIS VENEMA M40**

100 Metres – Masters 40-49 1 11.77

200 Metres – Masters 40-49 1 24.35

**ANTHONY SHIELD M45**

Javelin – Masters 40-49 1 51.56

**2017 OPEN AUST. CHAMPIONSHIPS**

**3000m STEEPLECHASE**

15 Aidan Hobbs M30 9.37.59

**MEN SHOT PUT OPEN**

15 Darrin Norwood M35 13.16

**CROSS COUNTRY**

**25/03/2017 BRISBANE Race #1**

**SHERWOOD ARBORETUM**

**5000m ALL AGES MALE (Open S/C)**

3 Robert Gunningham M60 23.52  
 9 Kevin Christison M50 28.00

**8000m ALL AGES (Open L/C)**

1 Aidan Hobbs M30 28.52  
 4 Adrian Royce M45 34.35  
 10 John Sheer M65 44.50

**2/04/2017 SUNSHINE COAST #1 3k**

2 M50-59 Johan Wiesner 15.17

**8/04/2017 BRISBANE Race #2**

**MINNIPPI PARKLANDS**

**4000m ALL AGES FEMALE (M/C)**

15 Jean Hampson W70 26.35 QB

**3000m ALL AGES MALE (Open S/C)**

10 Craig Elliott M55 19.38

**4000m ALL AGES MALE (Open M/C)**

2 Paul McIntosh M40 16.31

3 Wayne Adams M40 16.34

13 John Sheer M65 20.12

16 Kevin Christison M50 21.50

18 Bruce Bodsworth M65 23.10

**6000m ALL AGES MALE (Open L/C)**

9 Adrian Royce M45 24.00

17 Robert Gunningham M60 27.02

25 Greg Coulter M55 29.48

**ROAD RUNS**

**09/04/17 BRR HALF MARATHON**

1 Kerri Hodge W40 1:24.31

34 Irene Davey W65 2:31.47

1 Clay Dawson M35 1:13.56

2 David Sweeney M55 1:15.22

6 Ian Cameron M60 1:25.21

15 Bennie Lindeque M50 1:33.22

37 John Sheer M65 1:48.42

50 Erkki Ryhanen M70 2:01.53

57 John Harris M65 2:21.19

**9/04/2017 BRISBANE GREAT**

**SOUTH 10KM ROAD RUN**

4 Matt MacDonald M40 33.11 QB

5 Peter Bracken M35 33.33 QB

28 Steve Nichols M50 38.48

100 Cynthia Cliff W60 51.16 QB

**9/04/2017 BRISBANE GREAT**

**SOUTH HALF MARATHON**

2 Patrick Nispel M35 1:11.44 QB

7 Adrian Royce M45 1:20.34

10 John Shaw M60 1:21.50

13 Peter Reeves M60 1:24.43

16 Phil Davies M55 1:25.36

35 Darrell Giles M50 1:33.38

31 Olivia Lennon W40 1:32.00

123 Jenny Shard W45 1:50.4

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## QMA State Championships Champion of Champions Winners



Women's Champion of Champions, Julie Brims,  
with sponsor, Ian Malouf



Men's Champion of Champions, Craig Parker, with  
Ian Malouf.