Q.M.A. 16/10/04 SATURDAY STATE ATHLETIC FACILITY

LADIES

60 METRES

W30	1	L.Murison	9.6
W35	1	J.Brims	8.3
	2	A.Fisher	8.9
	3	P.Prasad	9.0
	4	J.Baker	9.5
W50	1	K.Whiting	9.8
	2	M.Burley	10.1
	3	N.Brameld	10.5
W55	1	J.Hampson	11.1
W60	1	D.Roberts	11.3

100 METRES

W30	1	L.Murison	15.5
W35	1	J.Brims	13.0
	2	A.Fisher	14.6
	3	P.Prasad	15.0
	4	J.Baker	15.4
W50	1	K.Whiting	15.8
	2	N.Brameld	16.8
	3	M.Burley	17.0
W55	1	J.Hampson	18.4
W75	1	L.Thompson	21.0

200 METRES

W30	1	L.Murison	33.5
W35	1	J.Brims	28.0
	2	P.Prasad	30.7
	3	A.Fisher	32.7
	4	M.Edwards	33.6
W50	1	N.Brameld	36.4
W55	1	I.Davey	35.6
	2	J.Hampson	39.2

400 METRES

W35	1	P.Prasad	78.6
	2	J.Brims	78.7
	3	M.Edwards	83.7
	4	A.Fisher	91.1
W55	1	I.Davey	82.8
	2	J.Hampson	93.8

5000 METRES

W60	1	B.Menzies	22.34.4

400M DISCOUNT HURDLES

W35	1	J.Brims	68.0

5KM TRACK WALK

W50	1	L.Woodward	33.55.4
	2	R.Wales	35.05.9
W60	1	S.Lynch	32.10.8
	2	N.McKinven	34.42.0
W70	1	C.Dauphinet	35.28.9
W75	1	L.Thompsn	37.00.9

LONG JUMP

W30	1	L.Murison	4.08
W35	1	J.Brims	4.74
W40	1	P.Kwok	3.75
W50	1	N.Brameld	3.01
W55	1	I.Davey	3.17

TRIPLE JUMP

W40	1	P.Kwok	3.75

DISCUS

W30	1	L.Murison	16.88
W35	1	P.Prasad	21.50
	2	J.Baker	18.33
W40	1	S.Rodgers	10.57
W45	1	J.Downie	14.18
W50	1	K.Whiting	17.37
	2	N.Avery	13.60
W55	1	I.Davey	12.20
W65	1	G.White	14.70
W70	1	H.Doherty	23.46
W80	1	M.Vickers	9.32

SHOT PUT

W35	1	J.Baker	7.61
W40	1	S.Rodgers	4.72
W45	1	J.Downie	4.77
W50	1	N.Avery	5.72
W55	1	W.Perkins	9.24
W65	1	G.White	6.37
W70	1	H.Doherty	7.73
W80	1	M.Vickers	3.50

HAMMER

W35	1	J.Baker	16.46
W40	1	S.Rodgers	15.36
W45	1	J.Downie	11.65
W50	1	N.Avery	20.95
	2	K.Whiting	20.71
W55	1	W.Perkins	28.03
W65	1	G.White	20.06
W80	1	M.Vickers	9.94

MEN

60 METRES

M35	1	M.Konemann	8.6
M45	1	B.Valentine	8.0
	2	H.Bristow	8.3
	3	K.Doolan	8.4
	4	P.Marshall	8.8
M50	1	C.Williams	8.7
M55	1	J.Wight	8.3
	2	R.Milnes	9.2
	3	W.Spalding	9.5
M60	1	J.Lester	8.8
M65	1	H.Coogan	8.6
	2	J.Cooper	8.8
	3	L.Nicol	9.5
M70	1	N.Garvey	9.5
M75	1	M.Dauphinet	10.6

100 METRES

M35	1	M.Konemann	13.8
M40	1	G.Denman	14.9
M45	1	B.Valentine	12.5
	2	H.Bristow	12.9
M50	1	C.Williams	14.7
M55	1	J.Wight	12.9
	2	R.Milnes	15.1
	3	W.Spalding	15.3
M60	1	J.Lester	14.4
	2	A.Lakin	16.0
M65	1	H.Coogan	13.7
	2	J.Cooper	13.9
	3	L.Nicol	16.9
M70	1	N.Garvey	15.5
M75	1	M.Dauphinet	18.1

200 METRES

M40	1	G.Davis	29.5
M45	1	B.Valentine	25.8
M55	1	J.Wight	26.7
	2	R.Milnes	30.6
	3	W.Spalding	35.0
M60	1	J.Lester	30.6
	2	A.Lakin	32.7
M65	1	H.Coogan	27.7
	2	J.Cooper	28.3
	3	L.Nicol	40.9
M70	1	N.Garvey	32.6

400 METRES

M30	1	S.Mathews	56.6	
M40	1	R.Gibson	59.1	
	2	G.Denman	59.5	
M45	1	P.Edwards	57.7	
M60	1	C.Buyers	61.0	
M65	1	H.Coogan	63.4	
	2	J.Cooper	69.0	
M70	1	N.Garvey	76.0	

1500 METRES

M30	1	D.Hill	4.17.6	
	2	B.Hill	4.24.4	
M40	1	S.Lincez	5.52.2	
M55	1	S.Ryan	5.51.1	
M60	1	E.Egan	5.56.2	
M75	1	N.Pearce	6.49.9	

5000 METRES

M35	1	P.Sherman	24.37.0	
M40	1	S.Pritchard	18.35.2	
M45	1	G.Bongioletti	18.56.6	
	2	J.Greedy	19.52.0	
M50	1	M.Wolley	19.10.7	
M55	1	D.Stapleton	20.25.8	

300M HURDLES

M55	1	M.Lafferty	57.9	
M60	1	H.Giles	48.0	**QR**

400M HURDLES

M50	1	B.Bodsworth	67.1	
	2	P.Moran	77.2	

5000M TRACK WALK

M35	1	J.Nash	27.48.1	
M40	1	A.Leggett	26.55.8	
M45	1	P.Bennett	25.45.7	
M50	1	B.Coleman	29.29.0	
M55	1	I.Richardson	27.28.6	
M65	1	P.Sela	30.56.9	**QR**
M75	1	R.Lynch	32.51.3	

POLE VAULT

M50	1	B.Arnold	3.40	
M55	1	N.Viney	3.00	

LONG JUMP

M40	1	S.Lincez	3.74	
M55	1	N.Viney	4.70	

TRIPLE JUMP

M40	1	S.Lincez	8.33	
M55	1	N.Viney	9.63	

DISCUS

M40	1	W.Martell	40.69	
	2	G.Davis	19.41	
M55	1	M.Lafferty	23.00	
M60	1	D.Quinn	41.24	pb
M80	1	T.Vickers	14.78	

SHOT PUT

M35	1	P.Sherman	7.46	
	2	M.Konemann	7.43	
M40	1	W.Martell	13.20	
	2	S.Lincez	7.09	
M45	1	B.Wagner	9.87	
M55	1	M.Lafferty	8.56	
M60	1	D.Quinn	9.74	
	2	A.Lakin	8.24	
M80	1	T.Vickers	6.16	

HAMMER

M40	1	W.Martell	26.30	pb
M45	1	B.Wagner	48.99	
M55	1	M.Lafferty	29.20	
M60	1	D.Quinn	33.80	pb
M80	1	T.Vickers	15.71	