

# RESULTS

**Q.M.A. 22/01/07 SATURDAY S.A.F.**

## LADIES

### 100 METRES

W30	E.Holden	13.8	vis
W35	1 M.Edwards	15.4	
W55	1 H.McDonnell	15.6	

### 200 METRES

W30	E.Holden	28.4	vis
W35	1 M.Edwards	31.9	
W45	1 P.Kwok	32.4	
W55	1 H.McDonnell	32.1	
	2 F.McNeill	32.3	

### 400 METRES

W35	1 M.Edwards	76.2
W45	1 M.Sheer	71.1
W55	1 F.McNeill	68.5
	2 W.Perkins	79.6
	3 H.McDonnell	84.3

### 800 METRES

W45	1 P.Kwok	3.18.8
W55	1 I.Davey	3.38.3

### 10,000m TRACK WALK

W60	1 N.McKinven	72.57.5
W75	1 C.Dauphinat	77.03.0

### LONG JUMP

W35	1 R.Zimmerman	3.85
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### HIGH JUMP

W35	1 R.Zimmerman	1.30
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### JAVELIN THROW

W35	1 R.Zimmerman	21.83
W45	1 K.Cleveland	18.57
W50	1 C.Boyd	13.40

### SHOT PUT

W45	1 K.Cleveland	6.11
W50	1 C.Boyd	7.07
W55	1 W.Perkins	8.54
	2 H.McDonnell	6.68

### 4 x 800m RELAY

W55	1 Jeanette Flynn		
	Kathy Heagney		
	Betty Menzies		
	Faye McNeill	10.31.0	ARp

W40	2 Marcy Sheer		
	Linda Watson		
	Julie Brims		
	Jean Hampson	11.27.1	ARp

## MEN

### 100 METRES

M40	1 D.Chique	12.2
	2 D.Dunn	12.5
M45	1 I.McLean	11.8

	2 W.Nock	12.2
	3 G.Denman	12.5
	4 P.Edwards	12.7
	5 C.McInnes	13.9
	6 G.Davis	14.0
	7 C.Elliott	14.8

M50	1 J.Furlong	12.7
	2 J.Boyd	13.1
M55	1 V.Jermacans	13.4
	2 B.Bodsworth	14.1
	3 D.Humes	14.5

M60	1 C.Buyers	13.4
	2 H.Giles	13.6
	3 J.Moroney	14.4
	4 A.McGill	16.0
M75	1 R.Grigg	19.8

M80	1 M.Dauphinat	16.9
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### 200 METRES

M30	1 S.Mathews	25.8
M40	1 D.Chique	24.9
M45	1 I.McLean	24.7
	2 W.Nock	24.9
	3 P.Edwards	25.8

	4 G.Denman	25.9
M50	1 J.Boyd	28.1
M55	1 V.Jermacans	27.7
	2 D.Humes	30.1

M60	1 C.Buyers	26.8
	2 J.Moroney	30.1
	3 A.McGill	35.5
M65	1 J.Cooper	27.4

### 400 METRES

M40	1 D.Chique	56.8
M45	1 G.Denman	58.5
	2 P.Edwards	59.2
	3 C.Elliott	83.2

M50	1 B.Grayson	61.9
M60	1 C.Buyers	63.9

### 800 METRES

M30	M.Steele	2.13.7	vis
	1 P.Moran	2.21.7	
M45	1 G.Denman	2.47.5	
M50	1 B.Grayson	2.17.8	

	2 E.Salmon	2.23.6
M55	1 B.Bodsworth	2.36.1
M65	1 A.Bradford	2.28.6
M70	1 H.Coogan	2.47.8
M80	1 M.Dauphinat	4.08.2

### 10,000 METRES

M40	1 S.Fetting	39.55.7
M45	1 I.Kent	37.39.4
M55	1 D.Stapleton	48.49.0
M60	1 E.Ryhanen	46.46.4
	2 E.Egan	50.21.3

### 10,000m TRACK WALK

M40	1 A.Ludwig	53.03.3
M50	1 P.Bennett	53.23.6
M55	1 B.Coleman	63.09.4

### LONG JUMP

M45	1 C.McInnes	3.85
M50	1 J.Boyd	4.40
M55	1 V.Jermacans	4.42
M65	1 S.Herft	4.34

### HIGH JUMP

M35	1 R.Franke	1.55
M45	1 C.Elliott	1.35
M55	1 V.Jermacans	1.25
M60	1 P.Kennedy	1.40
M65	1 S.Herft	1.25
M75	1 R.Grigg	1.05

### JAVELIN THROW

M35	1 R.Franke	35.92
M45	1 G.Davis	31.48
	2 C.Elliott	26.94
M55	1 D.Stapleton	27.84
M60	1 P.Kennedy	30.15
M65	1 S.Herft	32.98
	2 I.Rogers	19.89
M75	1 R.Grigg	13.43
M80	1 M.Dauphinat	21.40

### SHOT PUT

M35	1 R.Franke	9.85
M45	1 C.Elliott	7.41
M60	1 P.Kennedy	10.07
M70	1 A.Ropelin	10.39
M75	1 R.Grigg	5.66

### 4 x 800m RELAY

M50	1 Ron Peters	
	Greg Cowley	
	Don Stapleton	
	Dick Dunstan	12.27.2