

RESULTS

Q.M.A. 13/01/07 SATURDAY S.A.F.

LADIES			2 B.Valentine	8.0	M50 1 R.Peters	10.00.2		
60 METRES			3 G.Davis	8.5	2 P.Marshall	11.35.9		
W30	E.Holden	8.6	4 G.Denman	8.7	J.Woolley	12.03.1	vis	
W55	1 H.McDonnell	9.8	M50 1 H.Bristow	7.9	M60 1 E.Ryhanen	12.31.9		
	2 K.Rourke	10.5	2 J.Boyd	8.2	2 T.Donnet	13.16.0		
W60	1 B.Duffy	13.9	3 I.Malouf	8.8	3 E.Egan	13.29.0		
W75	1 L.Thompson	15.8	M60 1 J.Moroney	8.9	4 I.Richardson	13.30.5		
			2 A.McGill	10.5	M65 1 A.Bradford	11.38.1		
100 METRES			M65 1 J.Cooper	8.7	M80 1 N.Pearce	18.22.4		
W30	E.Holden	13.7	M75 1 R.Grigg	12.1	3000m TRACK WALK			
W55	1 H.McDonnell	15.7	M80 1 M.Dauphinat	10.6	M40 1 I.Jimenez	14.38.4		
	2 K.Rourke	16.4	100 METRES				M50 1 P.Bennett	15.46.2
W60	1 M.Allison	15.2	W30 1 P.Moran	12.7	M70 1 B.Janes	19.44.6		
200 METRES			M40 1 D.Chique	12.3	M75 1 R.Grigg	25.48.5		
W30	C.Newman	28.6	2 D.Dunn	12.5	LONG JUMP			
	E.Holden	29.0	3 M.Konemann	13.8	M50 1 J.Boyd	3.45		
W35	1 M.Edwards	31.9	M45 1 W.Nock	12.3	M65 1 S.Herft	4.30		
W55	1 H.McDonnell	32.6	2 B.Valentine	12.9	M80 1 M.Dauphinat	3.02		
	2 K.Rourke	36.2	3 G.Denman	13.1	TRIPLE JUMP			
W60	1 M.Allison	31.3	4 G.Davis	13.6	M65 1 S.Herft	9.04		
300 METRES			5 K.Davis	14.2	HIGH JUMP			
W30	C.Newman	46.6	M50 1 H.Bristow	12.4	M35 1 R.Franke	1.50		
W35	1 M.Edwards	51.7	2 P.Drewe	12.7	M40 1 M.Konemann	1.50		
W55	1 H.McDonnell	58.2	3 J.Boyd	12.8	M45 1 J.Watts	1.65		
	2 K.Rourke	64.4	4 I.Malouf	14.0	M65 1 S.Herft	1.15		
W60	1 M.Allison	50.4	M55 1 W.Spalding	15.4	M75 1 R.Grigg	1.00		
1500 METRES			M60 1 J.Moroney	14.1	DISCUS THROW			
W40	1 S.Cockcroft	6.42.2	2 P.Kennedy	14.3	M30 1 C.Campodonico	31.14		
W50	1 A.Ryan	6.55.6	3 A.McGill	16.6	M35 1 R.Franke	31.21		
W55	P.Moorhouse	6.32.2	M65 1 J.Cooper	13.3	M40 1 D.Dunn	18.36		
W60	1 B.Menzies	5.44.2	2 S.Herft	15.1	M45 1 V.DiDato	22.24		
3000 METRES			M80 1 M.Dauphinat	17.3	2 K.Davis	19.28		
W40	1 G.Banaghan	10.20.4	200 METRES				3 G.Davis	19.13
W65	1 D.Southern	19.18.4	M35 R.Norris	26.8	M50 1 A.Haralampou	26.86		
3000m TRACK WALK			M40 1 D.Chique	24.8	M55 1 P.Teys	34.17		
W55	1 Y.Jarman	22.26.9	2 D.Dunn	26.3	2 P.Drewe	22.96		
W60	1 N.McKinven	20.38.8	3 M.Konemann	27.5	3 J.Collie	12.37		
W75	1 C.Dauphinat	22.10.5	M45 1 W.Nock	24.8	M60 1 P.Clark	39.72		
	2 L.Thompson	23.43.3	2 G.Denman	25.8	2 P.Kennedy	25.30		
LONG JUMP			3 B.Valentine	26.6	M65 1 S.Herft	25.66	pb	
W55	1 H.McDonnell	2.79	M50 1 P.Drewe	26.7	2 I.Rogers	23.56		
TRIPLE JUMP			2 J.Boyd	29.0	M70 1 A.Ropelin	28.59		
W55	1 K.Rourke	7.27	M55 1 W.Spalding	34.2	M75 1 R.Grigg	18.00		
	2 H.McDonnell	6.04	M60 1 J.Moroney	30.6	M80 1 M.Dauphinat	20.93		
DISCUS THROW			M65 1 J.Cooper	28.1	M85 1 T.Vickers	13.55		
W45	1 K.Cleveland	17.05	M75 1 R.Grigg	46.8	SHOT PUT			
W50	1 C.Boyd	19.89	300 METRES				M30 1 C.Campodonico	10.66
	2 N.Avery	12.91	M40 1 D.Chique	39.6	M35 1 R.Franke	9.78		
W55	1 Y.Jarman	9.58	M45 1 G.Denman	40.8	M45 1 V.DiDato	6.97		
W60	1 L.Birtwell	21.02	2 K.Davis	46.4	2 K.Davis	6.83		
W65	1 G.White	13.33	M50 1 P.Drewe	41.4	M50 1 A.Haralampou	10.48		
W70	1 H.Doherty	21.77	M55 1 B.Bodsworth	45.5	2 P.Drewe	8.99		
SHOT PUT			1500 METRES				M55 1 P.Teys	10.25
W45	1 K.Cleveland	6.08	M30 1 B.Whelan	4.35.0	M60 1 P.Clark	11.14		
W50	1 C.Boyd	6.85	M35 1 S.Claydon	4.34.7	2 P.Kennedy	10.53		
	2 N.Avery	5.78	M40 1 M.Konemann	4.53.6	M70 1 A.Ropelin	10.37		
W55	1 H.McDonnell	6.97	M50 1 R.Peters	4.49.2	M75 1 R.Grigg	6.16		
	2 y.Jarman	4.93	2 B.Grayson	4.54.4	M85 1 T.Vickers	5.66		
W60	1 L.Birtwell	7.01	M55 1 J.Collie	5.14.2	HAMMER THROW			
W65	1 G.White	5.57	2 B.Bodsworth	5.49.3	M45 1 K.Davis	18.62	pb	
W70	1 H.Doherty	6.90	3 S.Ryan	6.31.1	2 V.DiDato	15.32	pb	
HAMMER THROW			M80 1 N.Pearce	8.11.5	M50 1 A.Haralampou	24.02		
W45	1 K.Cleveland	17.97	110m HURDLES				2 P.Drewe	15.26
W50	1 N.Avery	19.98	M45 1 K.Davis	20.7	M55 1 M.Lafferty	29.32		
	2 C.Boyd	16.10	DISCOUNT HURDLES 100m				2 P.Teys	26.40
W60	1 L.Birtwell	19.44	M55 1 M.Lafferty	21.6	M60 1 P.Clark	29.29		
W65	1 G.White	18.22	M60 1 P.Kennedy	21.7	M70 1 A.Ropelin	25.42		
W70	1 H.Doherty	19.38	3000 METRES				M75 1 R.Grigg	17.75
			M30 1 B.Whelan	9.37.5	M85 1 T.Vickers	16.44		
MEN			M35 D.FitzGerald	8.54.2	4x100m MIXED RELAY			
60 METRES			1 S.Claydon	9.37.1	1 D.Chique; E.Holden;			
M30	P.Moran	8.3	M40 1 S.George	8.59.5	G.Davis; K.Davis	53.67		
M40	1 D.Chique	7.7	2 M.Konemann	10.46.8	2 M.Konemann; G.Denman			
	2 D.Dunn	7.8	T.Langelaan	11.04.8	J.Cooper; P.Moorehouse	59.48		
M45	1 W.Nock	7.9	M45 1 D.Sweeney	9.14.2			vis	