

QMA 4KM SHORT COURSE CROSS COUNTRY CHAMPIONSHIPS

Rivermount College, Yatala, 05/05/2018

WOMEN +

W30	1	Sara Griffiths	20.11	
W40	1	Kerri Hodge	14.25	
W45	1	Jodie Watson	18.21	
W50	1	Jodie Craswell	19.54	
W60	1	Cynthia Cliff	20.26	
W70	1	Irene Davey	23.40	QBP
	2	Jan Biggam	27.40	

MEN

M30	1	Aidan Hobbs	11.48	QBP
M40	1	Derrick Leahy	13.15	
M45	1	Anthony Houston	14.54	
	2	Andrew Kariko	15.45	
M50	1	David Smitheram	16.24	
M55	1	Mark Lepper	15.02	
	2	Johan Wiesner	20.27	
M65	1	Roger Carter	18.00	
M70	1	Jim Woodriff	17.56	
	2	John Sheer	19.12	