

Somerville HC Junior Trials: 2020

Initial notification to participants will be via email, further notification and team announcements will be via Club website. The Club Calendar will display all relevant Junior trial information.

Trial information.

Players that miss all/some trials will be assessed from historic data and the available time they have made to present themselves to selectors. Players will not necessarily be afforded special attention or extra turf time through planned absence.

Please direct any communication to: coachingdirector@somervillehockey.org.nz

Skill/Physical Assessment: (1 ½ hours)

Skill/Physical assessment data is used by selectors to gain an appreciation of a players' aptitude. This information is added to an assessment of their game awareness to complete the picture. All players must make every attempt to attend the Skill/Physical Assessment session and complete all tests.

Players that miss the Skill/Physical tests may be asked to attend a "catch-up" session at a later date. Skill and physical test results are held on data base and used for historic reference the following season.

You can view previous data and age group averages for the tests in our "Resources" section of this website.

The actual tests can be viewed on the Club website (Junior page).

Physical Testing:

Where a standard hockey field is 91m long the following physical test is required by Y7/8 and Y5/6 players who wish to trial for teams ranked 1 to 3 in the club.

Y7/8 = 8 Lengths

Y5/6 = 6 Lengths

TESTS:	Y7/8	Y5/6	Y3/4	Y1/2
Physical	720m	540m	N/A	N/A
Star		YES	YES	
Slalom	YES	YES		
Hit Power	YES	YES		
Push Power	YES	YES		
Push/Receive	YES	YES		
Yardstick			YES	

Game Assessment:

After the skill and physical tests players are subjectively assessed on their ability to play games (how they interpret situations, their awareness of space and reactivity to the ball etc etc). In some cases, these will be “small field” games which allow a lot of touches and at times “full field” games when age appropriate.

Selectors spend time assessing children, placing those of similar abilities into the same team. In Y7/8 in particular they will take into account the positional requirements of the team. The Grade Coordinators and Coaching Director will also play a part in entering teams into appropriate grades.

The key here is to have children experiencing wins and losses during the season for their development. Sure, winning is important but losing also helps to develop resilience and as a club we would like to think Somerville HC players can be just as gracious in losing as holding trophies aloft at the end of a season.

Above all else the club prides itself on its efforts to ensure all players are taken care of. Although the club has been doing this for over 100 years, we are continually re-evaluating our selection policies and practices to ensure Somerville players are given the best start to their hockey careers and remain “Somerville For Life Members”.

END (01.01.2020)