



Outlined below is Somerville Hockey Club's training protocol under level 2 lockdown until advised otherwise by the Club Executive. This protocol is developed based on advice from Hockey NZ and Auckland Hockey Association. This will be reviewed and updated as required, and any changes communicated to club members. Please work with us to ensure we keep each other safe and enable as many of our club members to benefit from playing some sport at this stage. If you have any comments, questions or concerns please discuss with Simon Norton, Somerville Coaching Director who will be based at AGS turf on practice nights.

1. Please stay home if you have
  - a. any signs or symptoms of a cold (e.g. fever, runny nose, cough, sore throat). This will include coaches, managers and any support staff.
  - b. Been in contact with anyone who has tested positive for covid as advised by the Auckland regional Public Health Service (ARPHS).
  - c. Been advised by your workplace or ARPHS that you must self-isolate due to an exposure risk.
2. Please arrive at practice at the scheduled time of practice, i.e. don't come early to practice to limit the number of players on the sideline waiting. If you are ride sharing the onus is on you to record that for contact tracing purposes.
3. Hand sanitizer will be available at the entrance to the turf, you should use this on entry and exit of the turf.
4. Please touch only you own equipment, ensure mouthguards remain in your mouth when on the turf, collect balls with sticks and do not touch the cones.
5. Only players and coaches can enter the playing area i.e. turf.
6. The facilities (toilet, changing room) may be closed. You are advised not to use the water tap at the turf. Bring your own full water bottles and go to the bathroom prior.
7. To limit 'lingering' please where practical be ready to train ie shin guards in etc and leave your belongings in the car.
8. Please be aware of and observe the current Government gathering limit eg (10 people per ¼ turf) or (100 people per hockey zone) etc. The current limits are advised on the club website.
9. Please leave the turf in a timely manner after your training and don't linger, leave walkways free. Your team MUST leave the turf before the next team will be allowed to enter, therefore coaches will need to make sure drills are finished at the expected finish time.
10. For purposes of contact tracing, please sign in using the NZ COVID Tracer QR code that will be displayed at the entrance of the turf. Your Manager/coach will also need to record who has attended training and for what period, we recommend using an app like TeamStuff where your trainings and games can be loaded and you indicate if you are coming or not. If requested by the Ministry of Health or local district health board for contact tracing, Somerville Hockey will provide the information (full name, phone number, email and residential address) you provided at registration. You have a right to access and correct any information we hold about you.

### Managers & Coaches

- You are responsible for keeping a record of what players attended each training or game. You will need to ensure you have a correct list for contact details so we can provide these to ARPHS at any time if requested.
- We suggest you should use a team app like Teamstuff which also allows players to indicate if they are attending.
- Those teams that are not operating with a team App must manually record attendance for the session. You will have been forwarded an electronic copy of your team, please use this to check for contact detail discrepancies. You are required to retain these for 30 days from the removal of Level 2 regulations
- Coaches please limit the handling of cones and other equipment to yourself
- Due to hygiene guidelines there will be NO BIBS.
- **Please note:** The eyes of many will be upon us..... it is important to demonstrate sound practice procedures no matter what our personal opinions are.

Somerville Hockey Club is endeavouring to ensure the environment is as safe as possible for your return to sport. If you do not feel this meets your requirements, you may choose to stay away from practice at this stage. Please ensure you notify your coach and/or manager.

Be safe ... be considerate