

## Athletics Southland Twilight Senior Meet, Friday Oct 21<sup>st</sup>, Surrey Park

### 100m men 1 (-1.0)

Adam Norman	MU18	Wint	11.95
Tyler Hamilton	MU18	Wint	12.13
Dylan Forde	MU18	Wint	12.19
Fergus Keown	MU18	Wint	12.20
Scot Belesky	MM35	Fio	12.25

### 100m men 2 (-1.2)

AJ Lincoln	B14	StP	12.62
Shaun Woodd	MU18	Wint	12.73
Ben Henderson	MU18	StP	12.94
Joseph Ayoade	B12	StP	13.48
Bruce Thomson	MM55	StP	14.18

### 100m women 1 (-1.3)-1.3)

Andrea McDowell	WU18	StP	13.40
Shophie Woodham	WU18	Remk	13.93
Tyla Adams	WU18	Wynd	14.08
Yvonne van Baarle	WU18	Gore	14.41
Michelle Lindsay	WU20	StP	14.49

### 100m Women 2 (-1.2)

Emma Ryan	WU18	StP	13.67
Dyani Shepheard-Oates	WU18	Fio	14.52
Jessica Senior	WU18	Wint	14.66
Ella Wilson	WU18	Wint	14.80
Sarah Humphries	WU18	Wint	14.94

### 400m mixed

Dylan Forde	MU18	Wint	52.68
Tyler Hamilton	MU18	Wint	54.23
Philip Wilson	MU18	Wint	1:01.33
Bruce Thomson	MM55	StP	1:03.28
Joseph Ayoade	B	StP	1:06.36
Dyani Shepherd-Oates	WU18	Fio	1:11.71
Tyla Adams	WU18	Wynd	1:13.47

### 1500m mixed

Jack McNaughton	MU18	StP	4:21.94
Jaxon Taylor	MU18	StP	4:23.85
Josh Potter	B13	Gore	4:49.11
Tim de Ridder	MM40	StP	4:56.28
Briana Miller	WU18	Gore	5:32.14
Bailey McColl	WU18	StP	5:45.00
Alistair Hatton	MM45	Inv	6:34.52

### 2000m Steeplechase (914mm)

Alan Wilson Woodford	MU18	Wint	6:55.20
Finn Rogers	MU18	StP	7:01.66

### Triple Jump

Emma McColl	WU18	StP	10.81 (0.4)
Andrea McDowell	WU18	StP	10.72 (1.9)
Jade Graham	SW	Gore	10.42 (0.9)
Laura Weller	G13	Gore	9.36 (2.0)
Andrew Allan	MU18	Gore	13.43 (0.4)
Adam Norman	MU18	Wint	12.83 (2.2)

Shaun Woodd	MU18	Wint	10.71 (0.7)
Phillip Wilson	MU18		10.36 (1.1)

### Long Jump

Sophie Woodham	WU18	Remk	4.89 (0.8)
Joseph Ayoade	B12	StP	4.48 (1.7)

### High Jump

Andrew Allan	MU18	Gore	1.60 (j)
Shaun woodd	MU18	Wint	1.60
Tim de Ridder	MM40	StP	1.40
Laura Well	G13	Gore	1.50
Andrea McDowell	WU18	StP	1.45

### Javelin women

Jessica Senior	WU18	Wint	40.67 (Sth G15 R)
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Yvonne van Baarle	WU18	Gore	31.29
Ella Wilson	WU18	Wint	24.86
Andrea McDowell	WU18	StP	23.43
Emma Ryan	WU18	StP	22.36
Laura Weller	G13	Gore	18.99
Teagan Ashley	G14	Rivt	16.99
Emma Wilson	WU18	Wint	16.46
Sarah Humphries	WU18	Wint	15.23

### Javelin Men

Jack Welsh	MU20	StP	44.42
James Tudor	MU20	StP	39.57
Ben Henderson	MU18	StP	36.09
Bradley McMaster	MU18	Wint	35.99
Mark Flaus	MM55	Gre	28.44
Shaun Woodd	MU18	Wint	18.28

### Hammer Women

Emma Ryan	WU18	StP	42.16
Dyani Shepherd-Oates	WU18	Fio	39.51
Emma Wilson	WU18	Wint	35.12
Sarah Humphries	Wint	WU18	23.85
Jessica Senior	Wint	WU18	22.02
Teagan Ashley	G14	Rivt	19.91

### Hammer Men

Jack Welsh	MU20	StP	37.65
Bradley McMaster	MU18	Wint	37.23
Mark Flaus	SM	Gore	32.92