

Southland Senior Track & Field Championship 2019

ENTRY FORM SENIOR MEET

Please email this form after direct crediting the correct payment (as written below under Entry Fees) to Athletics Southland Secretary@athleticsouthland.co.nz or handed in at Athletics Southland Senior Meets to the Secretary at the finish line tent.

Competition grades:

Age is determined as of the 31 December 2019

Male: U18, U20, Senior, Masters

Female: U18, U20, Senior, Masters

Senior Southland Track & Field Championships Programme

Day One (Saturday) February 16, 2019

12.30pm

Hammer All Grades

1.00pm

100m (Heats) All Grades

1500m All Grades

High Jump All Grades

80/100/110m Hurdles All Grades

Javelin All Grades

100m (Final) All Grades

400m All Grades

Triple Jump All Grades

4 x 100m Relays All Grades

Day Two (Sunday) February 17, 2019

12.30pm

Steeplechase All Grades

1.00pm

200m (Heats) All Grades

Shot Put All Grades

300/400m Hurdles All Grades

800m All Grades

Discus All Grades

200m (Final) All Grades

Long Jump All Grades

5000m Senior Grades

4 x 400m Relays All Grades

Programme will be run as Officials become available for each event

Entry Fee:

- Registered Athlete is **\$8.00 first event**, then **\$3.00** per event thereafter
- Non Registered Athlete is **\$12.00 first event**, then **\$3.00** per event thereafter

Payment by direct credit to account **03-1750-0085175-00**

Please ensure that you include under the following;

- Particulars: SSC2019**
- Code: First Name**
- Reference: Surname**
- And the correct entry fee amount.**

Late Fees:

(in place from after the 8 Feb 2019 - Friday Night Twilight Meet up to 5pm, 14 Feb 2019)

- Registered Athlete is **\$13.00 first event**, then **\$3.00** per event thereafter
- Non Registered Athlete is **\$17.00 first event**, then **\$3.00** per event thereafter
- Late Entry for Track events will only be accepted if spare lanes are available.

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PLEASE PRINT WHEN FILLING OUT THIS FORM					
NAME			YOUR CLUB		
ADDRESS					
PHONE NUMBER			GRADE		
DATE OF BIRTH			MALE / FEMALE		
SIGNATURE OF ATHLETE			PARENT IF UNDER 16 YEARS		
DAY 1			DAY 2		
EVENT	TICK	FEE	EVENT	TICK	FEE
100m			200m		
400m			800m		
1500m			5000m		
Hammer			Shot Put		
Javelin			Discus		
Triple Jump			Long Jump		
80m Hurdles			300m Hurdles		
100m Hurdles			400m Hurdles		
110m Hurdles			2k Steeplechase		
High Jump			3k Steeplechase		
(Day One) TOTAL		\$	(Day Two) TOTAL		\$
TOTAL ENTRY FEE IS: \$					
OFFICE USE ONLY:					
Total No. Events			Total Paid	\$	
Checked			Confirmed Secretary:		

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Basic Rules for Track Area:

- No usage of back track for warming up while Hammer Throw event is on.
- Reporting times for all individual events is fifteen (15) minutes prior to the scheduled start of that event.
- If heats are not required for an event, the final will still be run at finals time.
- Non Southland Registered Athletes and Non-Registered Athletes are not eligible to take Southland titles or trophies.
- Southland Masters' Championship placings in Sprints, Distance, Throws and Jumps will be determined on age-graded performances achieved during individual events of the Southland Championships.
- Relay Teams to be confirmed by 2pm on day of competition.

Safety:

In the interests of safety to athletes, coaches, officials, volunteers and spectators the following should be adhered to at all times:

- Spikes are only to be worn on the Track and/or Field of competition or in relevant warm-up areas.
- Entry to the competition area is to be made by athletes under control of officials.
- Athletes are not to cross the infield area.
- Warm-ups must be supervised by a coach and done within the relevant warm-up area only.
- No glass is permitted within the competition area.
- Throwing implements should only be picked up when directed by officials.
- Athletes should take care crossing the track at all times and adhere to directions from officials regarding the crossing of the track.
- Read the Safety notice on the fencing around the track and abide by the Health and Safety plan
- No unauthorized person(s) shall be allowed in the competition area