

SOUTHLAND JUNIORS' BEST PERFORMANCES

The best performances in this booklet are covered by **IAAF, Athletics New Zealand and New Zealand Children's** equipment requirements dated from September 2011.

Southland Children's records were started around the 1982 season and could only be broken at the pinnacle event of the season "The Southland Champs". At the start of the 2012 season the rules were changed to allow athletes to be able to break the best performances at all Athletics Southland events. Some records from the field events have been converted where needed from imperial weights to metric weights.

The group of events which are no longer competed for under normal **IAAF, Athletics New Zealand and New Zealand Children's** rules dated from September 2011 are listed at the end of this booklet.

Junior Athletics Competition Guide for; Hurdles

Age Group	Distance	Height	No. of Flights	First Hurdle from Start	Spacing	Last Hurdle from Finish
G9 & B9	60m	450mm	6	12m	7m	13m
G10 & B10	60m	600mm	6	12m	7m	13m
G11 & B11	60m	600mm	6	12m	7m	13m
G12 & B12	80m	762mm	8	12m	8m	12m
G13 & B13	80m	762mm	8	12m	8m	12m
G14	80m	762mm	8	12m	8m	12m
B14	100m	840mm	10	13m	8.5m	10.5m

Throwing Weights 2015

BOYS					GIRLS				
Age Group	Shot Put	Hammer	Discus	Javelin	Age Group	Shot Put	Hammer	Discus	Javelin
7	1.0kg	-	500g	-	7	1.0kg	-	500g	-
8	1.5kg	-	500g	-	8	1.5kg	-	500g	-
9	1.5kg	-	500g	-	9	1.5kg	-	500g	-
10	2.0kg	-	750g	-	10	2.0kg	-	750g	-
11	3.0kg	-	750g	-	11	2.0kg	-	750g	-
12	3.0kg	-	1.0kg	-	12	3.0kg	-	750g	-
13	4.0kg	-	1.0kg	-	13	3.0kg	-	1.0kg	-
14	5.0kg	5.0kg	1.25kg	700g	14	3.0kg	3.0kg	1.0kg	500g

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Abbreviation

CLUBS		CLUBS		OTHERS	
Bluff	BLF	Fiordland	FIO	Electronic timed	(E)
Gore	GOR	Invercargill	INV	Hand timed	(H)
Otautau	OTA	Remarkables	REM		
Riverton	RIV	St Pauls	STP		
Winton	WIN	Wyndham	WYN		

GIRLS 5					
EVENT	NAME	CLUB	RESULT		YEAR
60m	M Ward	WIN	10.8	(H)	1990
80m	M Ward	WIN	14.3	(H)	1990
100m	A Leighton	BLF	18.1	(H)	1983
Long Jump	M Eckhold	INV	2.84		1991
Junior Shot	C Scherp	WIN	4.58		2013
Quoit Throw	C Hawkes	STP	13.78		2017
GIRLS 6					
EVENT	NAME	CLUB	RESULT		YEAR
60m	S Mavor	OTA	10.5	(H)	1981
	R Bulling	WYN	10.5	(H)	1985
	K Marie	BLF	10.5	(H)	1986
	M Ward	WIN	10.5	(H)	
80m	J Arnott	WYN	12.2	(H)	1983
100m	K McMinn	INV	17.17	(E)	1999
Long Jump	J Arnott	WYN	3.20		1983
Junior Shot	M Manson	OTA	6.03		2014
Quoit Throw	T Areaiiti	INV	15.11		1991

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GIRLS 7					
EVENT	NAME	CLUB	RESULT		YEAR
60m	E Young	WIN	9.7	(H)	1986
100m	J Arnott	WYN	15.6	(H)	1984
200m	J Arnott	WYN	33.8	(H)	1984
60m Hurdles	H Middlemass	WIN	14.11	(E)	2015
Long Jump	J Arnott	WYN	3.57		1984
Shot Put	M Manson	OTA	6.08		2015
Discus Throw	C Cameron	WYN	16.11		1988
GIRLS 8					
EVENT	NAME	CLUB	RESULT		YEAR
60m	R Bulling	WYN	9.1	(H)	1987
100m	J Rule	WIN	15.0	(H)	1983
200m	J Rule	WIN	31.0	(H)	1983
60m Hurdles	N Green	FIO	13.30		2014
Long Jump	L Weller	GOR	3.53		2011
Shot Put	I MacCallum	RIV	6.85		2016
Discus Throw	L Cook	STP	18.39		1982
GIRLS 9					
EVENT	NAME	CLUB	RESULT		YEAR
60m	S Aitken	FIO	9.07	(E)	2000
100m	J Butler	INV	14.6	(H)	1983
200m	S Aitken	FIO	30.09	(E)	2000
400m	J Arnott	WYN	1:10.3	(H)	1986
60m Hurdles	B Peterson	INV	11.89	(E)	2013
Long Jump	J Arnott	WYN	4.12		1986
High Jump	A Clark	GOR	1.19		2005
Shot Put	I MacCallum	RIV	8.49		2017
Discus Throw	B Spark	REM	23.71		2009

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GIRLS 10					
EVENT	NAME	CLUB	RESULT		YEAR
100m	J Arnott	WYN	13.9	(H)	1987
200m	J Arnott	WYN	28.9	(H)	1987
400m	K Mitchell	WYN	1:08.6	(H)	1985
800m	T Kingi	INV	2:36.7	(H)	1982
1500m	N Collins	STP	5:13.3	(H)	1984
60m Hurdles	E Knowler	STP	11.90	(E)	2013
Long Jump	J Arnott	WYN	4.52		1987
High Jump	L Weller	GOR	1.33		2013
Shot Put	B Spark	REM	8.22		2010
Discus Throw	K Hape	WYN	22.98		1985
GIRLS 11					
EVENT	NAME	CLUB	RESULT		YEAR
100m	M Fraser	FIO	13.2	(H)	1983
200m	M Fraser	FIO	28.3	(H)	1983
400m	C Cameron	WYN	1:06.5	(H)	1992
800m	M Adamson	INV	2:34.99	(E)	2009
1500m	N Collins	STP	5:14.3	(H)	1985
60m Hurdles	T-R Templeton	STP	11.16	(E)	2013
Long Jump	T Young	WIN	4.57		1989
High Jump	L Weller	GOR	1.45		2014
Shot Put	T Ashley	RIV	10.09		2014
Discus Throw	K Hape	WYN	27.53		1986

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GIRLS 12					
EVENT	NAME	CLUB	RESULT		YEAR
100m	M Fraser	FIO	12.9	(H)	1984
200m	E Hopcroft	GOR	26.90	(E)	2011
400m	G Michaels	GOR	1:03.67	(E)	2017
800m	E McCall	GOR	2:28.13	(E)	2014
1500m	E McCall	GOR	5:09.55	(E)	2014
80m Hurdles	D Shepherd-Oates	FIO	14.78	(E)	2013
Long Jump	J Arnott	WYN	4.82		1989
High Jump	C Hopcroft	GOR	1.54		2013
Shot Put	A Skerrett	STP	10.10		2015
Discus Throw	D Shepherd-Oates	FIO	31.61		2013
GIRLS 13					
EVENT	NAME	CLUB	RESULT		YEAR
100m	D Lindsay	STP	12.8	(H)	1993
200m	E Hopcroft	GOR	27.06	(E)	2012
400m	E Hopcroft	GOR	1:02.51	(E)	2012
800m	E McCall	GOR	2:22.15	(E)	2015
1500m	E McCall	GOR	4:57.94	(E)	2015
80m Hurdles	Y van Baarle	GOR	13.68	(E)	2013
Long Jump	A Skerrett	STP	5.00		2016
High Jump	J O'Neill	GOR	1.52		2004
Shot Put	A Skerrett	STP	11.87		2016
Discus Throw	A Skerrett	STP	32.02		2016

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GIRLS 14					
EVENT	NAME	CLUB	RESULT		YEAR
100m	J Arnott	WYN	12.5	(H)	1991
200m	J Arnott	WYN	26.3	(H)	1991
400m	J Arnott	WYN	59.6	(H)	1991
800m	E McCall	GOR	2:15.69	(E)	2016
1500m	E McCall	GOR	4:52.54	(E)	2016
80m Hurdles	Y van Baarle	GOR	13.01	(E)	2014
Long Jump	E Hopcroft	GOR	5.22		2013
High Jump	C Hopcroft	GOR	1.58		2014
Shot Put	A Skerrett	STP	12.83		2017
Discus Throw	D Shepherd-Oates	FIO	33.00		2015
BOYS 5					
EVENT	NAME	CLUB	RESULT		YEAR
60m	I Smith	STP	11.2	(H)	1986
	J Roberts	WIN	11.2	(H)	1986
	M Hawkins	WYN	11.2	(H)	1987
80m	S McRae	RIV	13.9	(H)	1994
100m	M Cooper	GOR	18.4	(H)	1993
Long Jump	S Byme	GOR	2.91		1985
Junior Shot	J Rhodes	WYN	5.36		2016
Quoit Throw	B Baldy	STP	14.35		1995
BOYS 6					
EVENT	NAME	CLUB	RESULT		YEAR
60m	C Dermody	WYN	10.1	(H)	1987
80m	B Hanley	GOR	12.5	(H)	1994
100m	M Woodward	INV	16.9	(H)	1982
Long Jump	D Cockeram	WIN	3.06		1992
Junior Shot	C Holland	GOR	7.48		2017
Quoit Throw	C Holland	GOR	18.01		2017

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BOYS 7					
EVENT	NAME	CLUB	RESULT		YEAR
60m	T Baldy	STP	9.5	(H)	1992
100m	T Ryan	OTA	15.5	(H)	1995
200m	K Turner	INV	32.5	(H)	1987
60m Hurdles	A Stevens	STP	13.06	(E)	2015
Long Jump	B Rule	WIN	3.52		1985
Shot Put	S Heath-Tree	RIV	7.56		2015
Discus Throw	C Dimond	BLF	20.14		1989
BOYS 8					
EVENT	NAME	CLUB	RESULT		YEAR
60m	J Crawford	STP	8.9	(H)	1987
100m	J Crawford	STP	14.5	(H)	1987
200m	J Crawford	STP	30.5	(H)	1987
60m Hurdles	C Hopcroft	RIV	12.58		2014
Long Jump	R Walsh	STP	3.98		1986
Shot Put	T Hogg	STP	7.47		2012
Discus Throw	D Cockeram	WIN	25.28		1994
BOYS 9					
EVENT	NAME	CLUB	RESULT		YEAR
60m	J Crawford	STP	8.6	(H)	1988
100m	W Dent	INV	14.0	(H)	1984
	J Crawford	INV	14.0	(H)	1988
200m	D Kawau	GOR	28.9	(H)	1993
400m	J Kawau	GOR	1:09.3	(H)	1991
60m Hurdles	C Faulkner	INV	11.25	(E)	2013
Long Jump	D Thompson	REM	4.27		1999
High Jump	J Stewart	INV	1.23		2010
Shot Put	Q Hartley	INV	10.01		2014
Discus Throw	J Munro	GOR	35.84		1992

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BOYS 10

EVENT	NAME	CLUB	RESULT		YEAR
100m	N Story	WYN	13.6	(H)	1985
200m	J Crawford	STP	28.2	(H)	1989
400m	J Crawford	STP	1:05.4	(H)	1989
800m	G Arnott	WYN	2:32.9	(H)	1985
1500m	G Arnott	WYN	5:06.4	(H)	1985
60m Hurdles	J Potter	GOR	11.24	(E)	2013
Long Jump	J Stewart	INV	4.75		2011
High Jump	M O'Brien	STP	1.35		1992
Shot Put	J Stewart	INV	9.23		2011
Discus Throw	D Gibson	FIO	32.31		1986

BOYS 11

EVENT	NAME	CLUB	RESULT		YEAR
100m	C Butson	INV	12.93	(E)	2004
200m	C Butson	INV	25.67	(E)	2004
400m	C Butson	INV	1:00.47	(E)	2004
800m	D Hanson	GOR	2:25.1	(H)	1989
1500m	D Hanson	GOR	4:53.3	(H)	1989
60m Hurdles	S Colyer	STP	10.53	(E)	2013
Long Jump	C Butson	INV	5.09		2004
High Jump	D George	INV	1.48		1988
Shot Put	B Henderson	STP	9.96		2013
Discus Throw	T Cowie	INV	36.83		2013

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BOYS 12					
EVENT	NAME	CLUB	RESULT		YEAR
100m	C Butson	INV	12.27	(E)	2005
200m	C Butson	INV	24.86	(E)	2005
400m	T Cowie	INV	56.78	(E)	2014
800m	T Cowie	STP	2:15.42	(E)	2014
1500m	J Potter	GOR	4:38.01	(E)	2016
80m Hurdles	S Jones	STP	12.7	(H)	1995
Long Jump	J Crawford	STP	5.37		1991
High Jump	Q Hartley	INV	1.66		2017
Shot Put	U Lavea	STP	12.90		2015
Discus Throw	T Cowie	INV	39.56		2014
BOYS 13					
EVENT	NAME	CLUB	RESULT		YEAR
100m	B Spencer	INV	11.88	(E)	2004
200m	B Spencer	INV	23.79	(E)	2004
400m	B Spencer	INV	52.72	(E)	2004
800m	T Cowie	INV	02:04:35	(E)	2015
1500m	C Mennell	RIV	4:33.8	(H)	1989
80m Hurdles	D Cockeram	INV	12.77	(E)	1999
Long Jump	B Spencer	INV	5.72		2004
High Jump	P Taberner	FIO	1.73		2012
Shot Put	U Lavea	STP	12.60		2015
Discus Throw	T Cowie	INV	44.40		2015

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BOYS 14					
EVENT	NAME	CLUB	RESULT		YEAR
100m	G Clark	WIN	11.6	(H)	1984
200m	G Clark	WIN	23.6	(H)	1984
400m	G Clark	WIN	54.3	(H)	1984
800m	L Turner	WIN	2:05.46	(E)	2014
1500m	J Taylor	STP	4:25.68	(E)	2016
100m Hurdles	S Woodd	WIN	14.71	(E)	2016
Long Jump	R Wilson	WIN	5.95		2013
High Jump	S Cormack	GOR	1.80		2004
Shot Put	N Broughton	INV	13.00		1988
Discus Throw	M Hall	INV	41.63		2003

Record Holders of Events no longer competed for:

GIRLS 5					
Bean Bag Put	B Peterson	INV	4.91		2010
GIRLS 6					
Bean Bag Put	K Quinn	WIN	6.44		1994
GIRLS 7					
Shot Put 1.375kg	H Mahuika	BLF	5.96		1986
GIRLS 8					
Shot Put 1.375kg	H Mahuika	BLF	7.31		1987
GIRLS 9					
Shot Put 1.375kg	H Mahuika	BLF	9.18		1988
GIRLS 10					
Shot Put 1.92kg	H Mahuika	BLF	9.56		1989
GIRLS 12					
70m Hurdles	J Arnott	WYN	12.7	(H)	1989
Shot Put 2.72kg	K Hape	WYN	10.21		1987
GIRLS 13					
Shot Put 3.25kg	M Taito	INV	11.61		1997
GIRLS 14					
Shot Put 3.25kg	M Taito	INV	11.95		1998

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Record Holders of Events no longer competed for:					
BOYS 5					
Bean Bag Put	B Baldy	STP	6.85		1995
BOYS 6					
Bean Bag Put	P McLeod	INV	9.16		1998
BOYS 7					
Shot Put 1.375kg	P McLeod	INV	7.85		1999
BOYS 8					
Shot Put 1.375kg	J Wilson	INV	9.42		1983
BOYS 9					
Shot Put 1.375kg	J Wilson	INV	10.82		1984
BOYS 10					
Shot Put 1.92kg	J Wilson	INV	11.06		1985
BOYS 11					
Shot Put 2.72kg	D Gibson	FIO	10.87		1987
BOYS 12					
Shot Put 3.25kg	D Gibson	FIO	11.95		1988