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SOUTHLAND PRIMARY SCHOOLS ATHLETICS SPORTS
SATURDAY 7th April 2018
SURREY PARK ATHLETICS STADIUM, INVERCARGILL

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This information is also available on the Sport Southland website

PLEASE FIND ENCLOSED THE FOLLOWING

- On-line entry details
- Pre-meet information for Zone managers
Reminders for 2018, Information for parents and contact people
- **ZONE MANAGERS MEETING SATURDAY 7th April 8.00am. All must attend.**
- Zone responsibilities for 2018
Please check carefully as these may have changed.
ZONES ARE NOT REQUIRED TO BRING ANY GEAR
- 2018 Programme
- Info about events for children with disabilities
- Info about a practice day for children who have qualified to have a run, jump or throw at Surrey Park before April 7th

Online Entry Details and New Events

These are to be entered by or on behalf of Zone Managers

If you have any questions please contact Henry Tudor at the below email address

hjtudor6@gmail.com

- **2018 Entries are all Online.** Please take the time to watch the online entry video if you are the zone manager, as this will guide you through the entry process and answer any questions you may have. Please note that only one person from each zone can create a log in and input data from each zone, you will be logged in as the 'coach', the link is below.

<http://www.goeasyware.com/easysport/easy/index.php>

- The number of entries from a zone is limited by the meeting rules (**two per age group per zone or four per age group for SBHS, SGHS, JHJC, and Eastern**). Please stay within the limits or you may find your top Athletes are not entered.
- Ages are at 31st December 2017.
- **All entries must be entered by 6pm Thursday 29th March 2018**
- **There will be NO on the day entries or changes**, other than scratchings, you **must** have all entries in by the above time or your children will **NOT** be able to compete.
- Any Athlete can only be entered in **four events plus a relay**.
- Mistakes in age, gender, spelling and events are able to be fixed by you up until the close off date. After that time we will only scratch athletes
- Additional AWD entries may be sent directly to Henry Tudor at hjtudor6@gmail.com

- South Otago students may not be the Southland Champion if they are placed first. They will receive the placing and the prize, but the next Southland student will be the Southland champ, this will follow through with certificates for Southland students.
- **Relay teams must be entered online with all other entries**

- The Nerf Throw is **only** available for 11 and 12 year old boys and girls please do not enter younger age groups in this event. Below is a link to examples of right and wrong technique
- <https://www.facebook.com/pages/Southland-Primary-School-Nerf-Throw-2015/851318698242743>

Information for Zone Managers

- Zone Managers Meeting: Saturday 7th April 8.00am. **All must attend.**
- **TRACK:** Ages 7 to 9 may use a crouch or standing start, **no spikes or blocks**
- **TRACK:** Ages 10, 11 and 12 **may** use a crouch start for races up to 400m. If using spikes for races up to 400m- blocks **must** be used.
- There is **no** 9 year old 1,500m.
- **TRACK AND FIELD:** Ages 10 and above **may** use spikes in the 800m, 1500m, Long Jump and High Jump.
- **LONG JUMP:** 12 Year olds will jump off the white board. Everyone else will use the coloured metre mat.
- **THROWS AND PUTS:** Children must wear footwear during these events.
- **HIGH JUMP:** As an association we strongly discourage the use of the Fosbury Flop unless students have been specifically coached in the correct technique. Athletes coached in and using this technique may use it at their own risk, the association accepts no responsibility for any injuries that may occur.
- **RELAYS:** Teams must be confirmed prior to the event with online entries.
- **COMPLAINTS:** Any complaints are to be directed to the Control Room- Jane Muir or Lisa Tou-McNaughton.
- Children and spectators need to be prepared for all weather-wet or fine!

Contact People

- AWD-Lilian Tudor hjtudor6@gmail.com
- On-line entries: hjtudor6@gmail.com

If you need any coaching tips please contact your local athletic club.

For Parents, Spectators and Teachers

- The programme of events will be available at your school, on the Sport Southland website and can be purchased on the day.
- Results from the day will also be posted on the Sport Southland website.
- Food will be available for purchase but please ensure your child has food and refreshments.
- Please ensure your child has clothing for **all** conditions.
- There is a charge for spectators: \$1 Child, \$2 Adult.

Zone Responsibilities

Please ensure that your zone has your event fully manned for the duration of the day!

TRACK	
Starter	Southland Children's Athletic Association
Assistant starter	Southland Children's Athletic Association
Marshalls	Southern (2)
End of track judges	SGHS (2) Southern (2)
End of track recorders	Phoenix (2)
Time keepers	Phoenix (2)
AWD's	Athletics Sub Committee
FIELD	
High Jump Morning Afternoon	Pit 1 Central (4) Northern (4) Pit 2 Eastern (4) All Day
Long Jump Morning Afternoon All Day (West pit)	LMV/Menzies (4) until 12.15 Suburbs (4) 1.00 and 1.45 round South Otago (4)
Shot Put 1	Avenal (4)
Discus 1 (inside track)	Western (4)
Discus 2 (back field)	Suburbs (4) 9.15, 10.45 and 2.30 rounds
Nerf throw	James Hargest (4)
Relays Report 3.15 pm Control	Athletics sub committee SBHS (6)
CONTROL ROOM	
Announcer Morning Afternoon	TBC TBC
Canteen	Athletics Assoc
First Aid (Situating in the Invercargill Athletics Club Rooms)	TBC
Control Room & Results Morning Afternoon All Day	James Hargest (3) Verdon/All Saints (3) Kiwi (2) SGHS (2)

AWD

60m, Shot and Discus and Long Jump

There will be three age classifications

Years 1-3

Years 4-6

Years 7-8

You are able to enter two students per category on the spread sheet, however if you have more please send them directly to Henry Tudor. If AWD Long jump is not be on the entries spreadsheet just email the names of the children wanting to do AWD LJ directly to Henry Tudor at the below email address.

hjtudor6@gmail.com

Athlete with Disability/ **Intellectual**: Students who are below their peers in their intellectual functions and who receive 5 or more teacher aide hours per week. If the student is in a special needs centre and doesn't receive the teacher aide hours they still qualify.

Athlete with Disability/ **Wheelchair User**: Students who use a manual wheelchair for mobility, students who have a loss of function in their lower limbs.

Athlete with Disability/ **Physical**: Students who are disadvantaged in relation to their peers due to a physical impairment such as cerebral palsy, spina bifida, prosthetic limb, etc.

Athlete with Disability/ **Visually Impaired**: Student who qualifies to be a member of the Royal NZ Foundation of the Blind.

Tell these children to meet at 10.30am by the LJ pit closest to the finish line

PROGRAMME

SOUTHLAND PRIMARY SCHOOL ATHLETIC CHAMPIONSHIPS

SATURDAY 7th April 2017

SURREY PARK INVERCARGILL

TIMETABLE

Field			
Event No.	Time	Age Group	Event
1.	9.15-10.00	9B	Long Jump (W)
2.		9G	Long Jump (E)
3.		10G	High Jump
4.		10B	Discus (back field)
5.		11B	Shot Put
86.		12B	Nerf Throw
Track			
6.	9.00	10G	1500m
7.		10B	1500m
8.	9.15	11G	1500m
9.		11B	1500m
10.	9.30	12G	1500m
11.		12B	1500m
Presentations 10.00am in front of the Grandstand by the track			
Field			
12.	10.00-10.45	12B	Long Jump (W)
13.		12G	Long Jump (E)
14.		9B	High Jump
15.		10G	Discus (Inside)
16.		11G	Shot Put
Track			
17.	10.05	7G	100m Heats
18.	10.10	7B	100m Heats
19.	10.15	8G	100m Heats
20.	10.20	8B	100m Heats
21.	10.25	10G	100m Heats
22.	10.30	10B	100m Heats
23.	10.35	11B	100m Heats
24.	10.40	11G	100m Heats
25.	10.45	12G	100m Heats

26.	10.50	12B	100m Heats
49.	11.00	AWD	60 m Final
Event No.	Time	Age Group	Event
Field			
27.	10.45-11.30	8B	Long Jump(W)
90.		AWD	Long Jump (E)
29.		11B	High Jump
30.		9G	Discus (back field)
31.		9B	Shot Put
32.		AWD	AWD Discus, By 1,500m start
48.		AWD	AWD Shot Put
49.		AWD	AWD 60m
87.		12G	Nerf Throw
Track			
33.	10.55	9G	100m Heats
34.	11.00	9B	100m Heats
35.	11.10	10G	200m Heats
36.	11.15	10B	200m Heats
37.	11.20	11G	200m Heats
38.	11.25	11B	200m Heats
39.	11.30	12G	200m Heats
40.	11.35	12B	200m Heats
41.	11.40	9G	200m Heats
42.	11.45	9B	200m Heats
Track Lunch Break			
Field			
43.	11.30-12.15	10B	Long Jump (W)
44.		10G	Long Jump (E)
45.		11G	High Jump
46.		12G	Discus (Inside)
47.		12B	Shot Put
Presentations 12.15 in front of the Grandstand by the track			
Field Lunch Break			
Track			
50.	12.40	7G	60m Heats
51.	12.45	7B	60m Heats
52.	12.50	8G	60m Heats
53.	12.55	8B	60m Heats

21F.	1.05	10G	100m Final
22F.	1.10	10B	100m Final
Event No.	Time	Age Group	Event
23F.	1.15	11B	100m Final
24F.	1.20	11G	100m Final
25F.	1.25	12G	100m Final
26F.	1.30	12B	100m Final
17F	1.35	7G	100m Final
18F	1.40	7B	100m Final
19F	1.45	8G	100m Final
20F	1.50	8B	100m Final
33F	1.55	9G	100m Final
34F	2.00	9B	100m Final
Field			
Presentations 2.00 in front of the Grandstand by the track			
54.	1.00-1.45	11B	Long Jump(W)
55.		11G	Long Jump(E)
56.		12B	High Jump
57.		9B	Discus (inside)
58.		10G	Shot Put
Track			
59.	2.10	10G	800m
60.	2.15	10B	800m
61.	2.20	11G	800m
62.	2.25	11B	800m
63.	2.30	12G	800m
64.	2.35	12B	800m
65.	2.40	9G	800m
66.	2.45	9B	800m
50F.	2.55	7G	60m Final
51F	3.00	7B	60m Final
52F	3.05	8G	60m Final
53F	3.10	8B	60m Final
35F	3.25	10G	200m Final
36F	3.30	10B	200m Final
37F	3.35	11G	200m Final

38F.	3.40	11B	200m Final
39F.	3.45	12G	200m Final
40F.	3.50	12B	200m Final
41F.	3.55	9G	200m Final
42F.	4.00	9B	200m Final
Field			
67.	1.45-2.30	10B	High Jump
68.		12B	Discus (Inside)
69.		9G	Shot Put
28.		8G	Long Jump (E)
89.		11G	Nerf
70.	2.30-3.15	12G	High Jump
71.		11G	Discus (Back field)
72.		10B	Shot Put
88.		11B	Nerf
Presentations 4.00 in front of the Grandstand by the track			
Track			
73.	4.10	8G	Relay
74.	4.15	8B	Relay
75.	4.20	9G	Relay
76.	4.25	9B	Relay
77.	4.30	10G	Relay
78.	4.35	10B	Relay
79.	4.40	11G	Relay
80.	4.45	11B	Relay
81.	4.50	12G	Relay
82.	4.55	12B	Relay
Field			
83.	3.15-4.00	11B	Discus (Inside)
84.		12G	Shot Put
85.		9G	High Jump
Presentations 4.55 in front of the Grandstand by the track			

