



RUN FOR FUN

Asics Australian Little Athletics Championships

May/June 2010



“Watch Out, Step Back! NSW is on the Track!”

These words formed part of a ferocious and memorable NSW State Team war cry that rang out during the opening ceremony of the 2010 Asics Australian Little Athletics Championships held at the University of Queensland in Brisbane on Saturday April 24. The performance of the war cry drew hearty applause and immediate respect from the spectators. It was apparent to everyone that this group of young athletes was a TEAM in the true respect of the word and was ready to perform for their state and each other.

The hard work and preparation over the last few weeks was about to be put to the test in what was always a hectic, challenging, but immensely enjoyable and rewarding day of team competition.

Over the day, in sometimes difficult wet conditions, nearly 200 athletes from seven states and territories, some of whom were competing in up to six events in six hours, performed their hearts out for their team and their teammates.

The NSW team performed exceptionally well against very strong competition. The Under 13 team achieved twenty-three medals (4 gold; 10 silver; 8 bronze) and finished runners-up to the Victorian team by 23 points for the Trevor Billingham Trophy (overall point score). Queensland was in third place, only nine points behind NSW. The New South Wales Under 13 team also finished sixth in the Allan Triscott Cup (handicap points score); this title was shared by Tasmania and Queensland.

In the Under 15 Multi Event competition, the four NSW team members achieved fourth place in the Life Members Trophy for overall point score and won the bronze medal in the Multi Event Mixed 4 x 100m Relay. Dejanee Defoe won the silver medal in the individual girls' competition with 3599 points and Melissa Farrington was awarded the bronze medal with 3558 points.

A number of team members recorded PBs, which is a wonderful accomplishment when performing at the highest level in Little Athletics. Many team members also achieved significant personal victories that can't be measured on paper but will serve them in their sporting pursuits and lives in general for many years to come.

The 2010 LAANSW State Team proved to be a wonderful group of young people who took their team responsibilities seriously and represented their state with pride. The team's conduct was outstanding and the athletes were very cooperative and easy to get along with. The group attracted positive comments and compliments everywhere they went. The team members will have many special memories that they will treasure for a long time to come and a bond with their fellow team members that has to be experienced to be understood. As they each now know, there is nothing that can quite compare to being part of a NSW Little Athletics State Team. They should be very proud of their efforts.

Many thanks to the NSW parents, supporters and personal coaches whose support and cooperation assisted the team management in the task of building a strong, spirited and determined team which in turn helped to make the campaign such a memorable one. Thank you to the other State Teams for their sportsmanship and the spirit in which they competed. Finally a big thank you to the Queensland Little Athletics Association and the volunteer officials who helped make the day such a great success.

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Special Points of Interest...

- Little Athletics NSW's New logo
- Having fun is more important than winning for most kids
- July School Holiday Clinics

A WORD FROM THE PRESIDENT...

DERECK FINEBERG



Well all of our NSW competitions have now well and truly been completed with the running of our State Championships at SOPAC in March. This event was one of our most successful in recent times and feedback from a number of individuals and Centres supports that view. For that I thank all of our officials, Zone and Centre helpers, office staff as well as members of our Championships and Officials Advisory Committees.

We were honoured to have Australian athletes Dani Samuels and John Steffenson in attendance at State and they were excellent ambassadors for their sport in the way they interacted with everybody, especially our young athletes.

At the time of writing many of us have just returned from Brisbane where we attended the Australian Little Athletics Championship (ALAC) as well as an ALA Board Meeting and conference.

I'd like to congratulate our State Team on their performances at the championships which saw them finish second in the overall point score. Feedback from the athletes and their families suggests they all had a wonderful experience and for that I also thank and congratulate the team managers – Darren, Alvin, Kerry and Brigitte.

It was exciting to see the new ALA logo launched at the ALACs. It is fresh and new and has attracted many positive comments already. It is one that I'm sure all will adopt with pride.

The elections of all 24 Zone Co-ordinators should be close to completion by now along with the committees for all our Centres. Congratulations to those who have been elected and thank you all for being interested enough to declare your availability. I look forward to meeting any new Zone Co's at the ZC workshop in June and to working with all the Zone Co's over the next two seasons.

Good luck to all Centre committees. I hope you get the support you deserve from all the families in your respective Centres. It really has to be a team effort from the LAANSW Board of Management all the way

down to the many officials and helpers at Centre level. We are all in it together as we try and make the Little As experience a special one for all our young athletes.

Good luck too to those athletes competing at the LAANSW Cross Country and Road Walks in July.

I look forward to seeing all of the Centre delegates at our Annual Conference in Port Macquarie in July. I hope all attendees derive some benefit for themselves and their centres from their attendance. I encourage you to contribute to discussions and/or ask questions. We can all learn something from one another. I have said many times – the BOM does not own all the answers or solutions. We listen to and respect the opinions of others.

For now though, I hope you all enjoy a well earned rest from Little As whether that is taking part in a winter sport or some other activities. I also hope that you all return refreshed for the 2010/11 season. However, I know for many of us involved in various boards, committees etc the 'break' between seasons is still a busy period and I wish you all the best with the planning and preparations that must occur.

Cheers,

Dereck Fineberg (OAM)
PRESIDENT

editorial

At the 2010 Australian Little Athletics Championships in Brisbane on 24 April 2010, current world discus champion (and former Little Athlete) Dani Samuels officially launched the new brand for Australian Little Athletics.

In a spirit of cooperation and unification, each Little Athletics State Association has adopted a version of the new Little Athletics logo.

When you look closely at our new logo you will see the blue and green which represents the sky above us and the ground beneath, and the free flowing spirit of the athlete. Some people may question why change our logo at all. Apart from "modernising" the logo, it also represents a brand and branding is more than the visual representation of a corporate logo, it is the feelings, associations and values that everyone involved shares.

Melbourne Company Paoli Smith was engaged to assist with the design and implementation of a new brand for Little Athletics. As part of this process, they identified these key aspects about our new branding:

Brand Values

The attractive qualities that define our brand:

Accessible / Professional / Safe / Honest /
Inclusive / Diverse / Progressive / Innovative /
Encouraging / Everywhere

Brand Personality

Our personality communicates our differentiation:

Fun / Caring / Friendly / Approachable /
Dedicated / Inspirational / Confident / Respectful /
Trusted / Fair

Brand Benefits

The benefits offered to clients by our brand:

- Fitness / Physical activity / Social inclusion / Develop communication and motor skills

Brand Essence


- The core of our brand:
- Having a go



Brand Attributes

The key distinguishing features of our brand:

- Healthy lifestyle through family and community involvement in athletic activities
- With all State Associations adopting this new logo, it demonstrates a desire by all to create a stronger bond and united front that helps promote and advance our sport.



The ROC

(The Rules of Competition)

Did you know.....

MARSHALLING

Athletes competing at LAANSW championship carnivals must report to the marshalling area prior to joining their event. The main exceptions to this are:-

1. An athlete competing in clashing events who is taken to their event by an official.
2. When the carnival management makes an announcement to the contrary, i.e. when an announcement is made instructing athletes to report directly to the first field event.

UNACCEPTABLE BEHAVIOUR

Bad and/or unacceptable behaviour is not condoned at Little Athletics carnivals.

The appropriate Referee will speak to an athlete who displays unacceptable or unsporting behaviour. While speaking to the athlete, the Referee will hold up a yellow flag indicating that the athlete is being warned. Any repetition of that behaviour, either at that carnival or at subsequent carnivals, the athlete will be disqualified.

The Carnival Manager will notify the athlete's Centre team manager. If the team manager is not present at the carnival a letter will be sent to the Centre.

If the offence is of a serious nature then immediate disqualification may occur.

The Association is to be notified by the Zone Co-ordinator/ Carnival Manager, if an athlete has been given a yellow flag. The information will be passed on to the Manager of the next Association carnival.

TEAM MANAGER

Centres must nominate the name/s of the Centre Team Manager/s to the Information Officer of the Championships at least 30 minutes prior to the start of the carnival. This is to be done on the Association supplied form. If no Team Manager is named, it will result in Centres not being able to lodge any protests.

What is the ROC?

The ROC is the LAANSW Inc Rules of Competition. It contains the requirements for competition for LAANSW Carnivals. Whilst the basic rules for athletic competition are contained in the IAAF Competition Rules we have modified those rules to suit children. These modified rules are contained in the ROC

Where can I find the ROC?

All Centres should have a copy of the ROC. The ROC can also be found in the Competitions section of the LAANSW website.



Championship News

State Cross Country and Roadwalks

Did you know that any Little Athlete who was registered for last summer can run in the Cross Country events for the Under 7 to Under 17 and/or walk in the Road Walk events for the Under 9 to Under 17?

The State Cross Country and Roadwalks are being held at Tuncurry on the Mid North Coast on Sunday 4th July starting at 10am.

Entries can be made online at littleathletics.com.au and they close on Wednesday 23rd June at 5pm. Cost is \$10 per athlete.

There will be no entries taken on the day.

After the entries close, each Centre will be emailed a list of who has entered and there can be no changes/additions to these entries.

The first three athletes in each event will be presented with a State medal and 1st, 2nd and 3rd placed Centre teams will also receive a State medal. Teams are made up of the first 3 athletes over the finish line from each Centre.



For further information visit the NSW Little Athletics Association website and go to Competitions.

ANNUAL GENERAL MEETING & ANNUAL CONFERENCE

17th & 18th July 2010
Panthers, Port Macquarie

The Proposed Program

FRIDAY 16th JULY

7.30pm Registration and 'Meet & Greet'

SATURDAY 17th JULY

8.00am Registration

8.45am Official Opening & 2010 Annual General Meeting & Season Review

10.00am Discussion Items; Budget; Questions on Conference Book

10.30am Morning Tea

10.45am Discussion Items; Budget; Questions on Conference Book

12.45pm Lunch

1.30pm **Keynote Speaker:** TBC

2.00pm **Breakout Session 1 - Workshops**

- ☐ Introducing Skill Development
- ☐ Behaviour Standards
- ☐ Online Official Exams
- ☐ Committee Roles
- ☐ Skill Development - Practical

3.15pm Afternoon Tea

3.30pm **Presentation:** Centre / Local Council Relationships

4.15pm **Breakout Session 2 - Centre Best Practice Presentations**

- ☐ Recruiting & Retaining Volunteers
- ☐ Centre Management Practice
- ☐ PB & Award Systems

5.15pm Conclusion of Day 1

7.00pm **Annual Dinner & Award Presentations**

SUNDAY 18th JULY

9.00am **Breakout Session 3 - Zone Forum / Networking**

- ☐ Open discussion in Zone groups

9.45am **Breakout Session 4 - Workshops**

- ☐ Introducing Skill Development
- ☐ Get That Grant
- ☐ Online Registrations
- ☐ Managing Volunteers
- ☐ Skill Development - Practical

11.00am Morning Tea

11.15am **Presentation:** Australian Little Athletics - A new logo & a united direction

11.45am **Breakout Session 5 - Networking / Group Feedback**

- ☐ What is the one thing your Centre does really well?
- ☐ What can the Association do better?

12.45pm Lunch

1.30pm **Future Directions Forum**

2.45pm **Presentation:** A New Association Constitution - the path forward

3.30pm Closing & Thank You



Join in
the fun
and have
your say!

Delegates AND
Observers from ALL
Centres are welcome
to attend.





COACHES CORNER



Having Fun More Important Than Winning for Most Kids

Young athletes are not pint-sized professional athletes. They don't earn performance-based bonuses. They aren't going to be paid for breaking a state record or winning the final or making the NSW State Team.

So we need to treat them as kids, not elite athletes.

Fun tops reasons for sports participation

In an oft-cited study, the Institute for the Study of Youth Sports at Michigan State University asked ten thousand junior high and high school students to list their twelve top reasons for participating in sports. At the top of the list for both boys and girls was "to have fun." Girls ranked winning as the least important reason; boys rated winning eighth.

Ask kids about what they want to get out of sports, and the vast majority will say competitive games in which everyone plays and has fun. Given a choice between fun and winning, most would say having fun. They would rather play on a losing team than sit on the bench of a winning team. Believe it or not, this attitude persists through high school, where you would think that kids would begin to value winning over playing. Three out of four high school athletes, regardless of gender, would still prefer to play and lose than sit and win (although twice as many boys than girls said winning was essential for an enjoyable sports experience).

Children aren't born competing; it's something they learn. The best thing we can do for our kids, as parents and coaches, is to keep the amount of competition in youth sports from becoming excessive, to make having fun and learning the sport as important, if not more important than winning, especially for younger children. They will have a lifetime of competition soon enough.

Fun and athletic success

It is a myth that fun has to be sacrificed if a child is to succeed at sports. Indeed, the only way an athlete will continue to play sports - regardless of level of ability - is if he or she is having fun. Athletes have to practice hard to reach an elite level. If it is all work and no play, they simply won't keep playing. Success is determined by the player's own desire to succeed, which comes from a love of the game.

When children are having fun they are more relaxed and better able to learn. A July 2004 Harris Interactive Youth Query of eight-to eighteen-year-olds found that most quit playing at thirteen or fourteen and that the number-one reason they did, cited by four out of ten, was because they stopped having fun. The survey found that the decision to

quit had less to do with that boy's or girl's own skills-or lack of skills-than with pressure from adults who acted as if each game was the seventh game of the World Series and the child's need to preserve a positive self-image.

A 2008 survey conducted for the Women's Sports Foundation by Harris Interactive of 2,185 grade 3 through 12th-grade girls and boys confirmed that the number one reason for dropping out of sports, was "not having fun" (cited by 38% of girls and 39% of boys).

Competition and collaboration

As children grow, mature, and improve their skills in playing a particular sport, they begin to see a pattern of successes and failures. Trained coaches call this "self-discovery," and it is a very important part of the learning process. Parents should encourage it. Young athletes need the freedom to experiment in practice and games, to take risks and to be creative. If winning is the only measure of "success," such experimentation is stifled and player development stunted. A successful competition is one where:

- I. every athlete does his/her best
- II. respects their opponents
- III. respects the officials and the rules

While encouraging this learning process, keep in mind:

- If you weren't at your child's game or practice, ask, "Tell me about your game" and "Did you and your team have fun today?" instead of "Did you win?" or "How many goals did you score?" Asking your child an open-ended question or whether he had fun invites a response and is more likely to lead to further conversation than asking whether he won because it shows that you are concerned about what matters most to him: having fun.
- In talking with your son or daughter about the sport they are playing, emphasise the strongest aspect of their game and the new skills they are learning. Recount for them the play in which you saw them demonstrate that new skill. This is the type of positive reinforcement that helps your son or daughter to appreciate the new skills they have learned and how to sharpen them.

DEVELOPMENT DIARY



The regular Little Athletics season is over with the 2010 State Cross Country and Road Walks Championships to be held July 4, 2010. This year's venue is the ever popular holiday town of Tuncurry on the beautiful Mid North Coast of NSW. If you are interested in competing at these championships, please remember that entries can only be made online, with NO entries accepted on the day of competition. Entries close at 5.00pm on Wednesday, June 23, 2010.

Big congratulations to the 2010 NSW State Team for their great performance at the 2010 Asics Australian Little Athletics Championships which was held in Brisbane. One of the major highlights of the championships was the memorable NSW "haka-like" war cry delivered by the team to the grand stand prior to the competition starting. The intensity and passion delivered by the team silenced the crowd and cemented NSW's intentions. Competition was very close between all states with many outstanding performances on the day by the NSW Team. A number of team members winning medals and others producing PB's, however, Victoria was once again successful in winning the overall point score. The NSW Team competed on the day to the best of their ability and represented their state with pride. This was a great experience for all of them, with many "life-long" friends made. Well Done Team!!

For the majority of Little Athletes, most of you can now concentrate on school athletics and your other various winter sports. However, it means a very busy time for the Development Team. With the off season now upon us, this signals the busy period for the team and 2010 will be no different.

JUNE WILL SEE THE Team:

- Travel to Narrabri and Moree for a week of School Visit Promotion. This involves visiting many schools within the area promoting the benefits of Little Athletics and coaching sessions.
- Involved in the Little Athletics Programs for Schools (LAPS)

JULY WILL SEE THE Team:

- Drive to Tamworth to conduct the 2010 North West Athletics Super Clinic to be held July 6-7, 2010. This clinic is a partnership between LAANSW and Sport and Recreation Communities NSW. This year the clinic will be celebrating its 7th consecutive year. For more information about this clinic, please call Richard Webb on 6766 1200.
- Conduct a "Speed for Sport" Clinic to be held on Friday July 16 in Port Macquarie. The cost of the 3hr clinic will be \$5. For more information, please contact Alvin at the Association Office.
- Present workshops at the 2010 Little Athletics Annual Conference and AGM.
- Begin the 2½ month long School Visit Program. This is where the team travels throughout NSW and visits approx 40,000 school students. The aim is to promote the benefits of becoming a Little Athlete and encourage them to register with their local Centre.

JULY SCHOOL HOLIDAY CLINICS

The cost for each clinic is \$25, or book early and receive the special "early bird" price of \$20.

The clinic is open to all interested children in the U9-U17 age groups, of all standards. The best thing is that you do not have to be a registered Little Athlete to attend, so bring a friend along!

If you and/or a friend wish to attend any of the following clinics, simply register online or download and post a registration form to the Association office.

Nepean LAC Date:	Blair Oval, ST MARYS Tuesday, 6th July, 2010
Girraween LAC Date:	CV Kelly Park, GIRRAWEE Wednesday, 7th July, 2010
Kings Langley LAC Date:	Morgan Power Reserve, KINGS LANGLEY Tuesday, 13th July, 2010
Prospect LAC Date:	William Lawson Reserve, PROSPECT Wednesday, 14th July, 2010

PROPOSED OCTOBER CLINICS:

- Doonside LAC
- Hornsby District LAC
- Riverstone LAC
- Raymond Terrace LAC
- Westlakes LAC

This is only a taste of things to come. Keep an eye on the website for all upcoming events.

Food 4 Life

Beef and Onion Meatballs

Serves: 6

Preparation time: 25 mins

Cooking time: 15 mins

Nutritional Value: Low-fat

Ingredients:

- 600g Extra Premium Beef Mince
- 1 carrot, grated
- Cooking oil spray
- 1 onion, thinly sliced
- 250g mushrooms, sliced
- 1 red capsicum, sliced
- 2 cups Gravox Real Beef Stock
- 400g can LaGina Diced Tomatoes
- 2 tablespoons chopped parsley
- 2 teaspoons cornflour
- 165g packet Gravox Brown Onion Liquid Gravy
- 1 clove garlic, crushed 50g sachet Leggos Basil Pesto
- 2 teaspoons watercooked San Remo Spaghetti, to serve

Method:

Combine mince, carrot, garlic and pesto in large bowl. Roll tablespoons of mixture into balls. Spray large non-stick frying pan with cooking oil. Cook onion until soft. Add mushrooms and capsicum. Cook 2 minutes. Stir in gravy, stock and tomatoes. Bring to boil. Add meatballs. Simmer, covered, 10 minutes or until meatballs are cooked through. Stir in parsley and blended





Under The Spot Light

2010 North West Athletic Super Clinic

The North West Athletic Super Clinic is a partnership between Little Athletics NSW (LAANSW) and Sport and Recreation Communities NSW. The aim is to provide a great boost for the New England Zone and the surrounding areas through opportunities for athletics coaching development. The clinic is administered by Sport and Recreation Communities NSW, while the coaching program is coordinated by LAANSW.

Originally this clinic was a 2-day live in camp with the option to attend as a "day only" participant. 2004 saw the inaugural Tamworth Athletics Development Camp at Farrer Agricultural High School (Farrer continues to be the current venue for the clinic). The first camp attracted seventy-six participants aged 8 – 14 years (34 girls; 33 boys), with fourteen of the group (7 girls; 7 boys) living in at the school. The camp was and still is open to both registered and non-registered athletes. In the first year however, all of the participants were Little Athletics members.

As the years progressed, attendance numbers increased, "live-in" costs also increased with fewer athletes choosing the "living-in" option. Therefore, in 2007, it was decided to change the camp to a 2 day clinic format. This ensured that the clinic could stay affordable with the continuation of quality coaching. The clinic still offers 7 specialised coaching sessions with all Little Athletics events on offer and all meals during the day (morning tea, lunch and afternoon tea).

The Coaching team at the Tamworth clinic, has always been, and continues to be, of high quality. There is a mixture of Sydney based and regional coaches who are very experienced, approachable and are always willing to pass on their knowledge to athletes and parents. It is not an uncommon sight to see parents meeting coaches at the end of each session, busily writing notes in a book or video taping coaching sessions to use later on. Parents also use this opportunity to explore the Tamworth area and it is not uncommon for them to use this as quality time to "get away" and "relax".

Today the clinic attracts an average of 80 participants each year from all over NSW and not just the New England area. In the past, athletes have travelled from Queanbeyan, Lennox Head, Western NSW, metropolitan Sydney and of course many local athletes attend.

This is one of the Development Teams favourite clinics. If you are interested in attending, visit the Little Athletics website to download a brochure, or for more information about this clinic, please call Richard Webb on 6766 1200.

I hope to see you there!!!



North West Athletics Super Clinic



How to enrol

By phone

Call (02) 6766 1200 and have your credit card details ready (Visa, Mastercard)

By fax

Complete the enrolment form and fax to (02) 6766 7459.

By mail

Complete the enrolment form, include either your credit card details, a cheque or money order and mail to: Sport and Recreation
PO Box 532
Tamworth NSW 2340.

In person

Complete the enrolment form, include either your credit card details, a cheque or money order and visit us at:
Sport and Recreation,
Level 1, Noel Park House
155 Marius Street
Tamworth NSW 2340.

July 6 and 7, 2010

Sport and Recreation, in conjunction with NSW Little Athletics is conducting a development clinic for athletes who wish to enhance and develop their skills.

Who should attend

Athletes (male and female) aged 8 to 17 years. Participants must be 8 years of age or older at the Clinic.

The clinic is open to athletes of all standards who must have an interest in developing their skills and display ability to warrant attendance at this clinic.

Cost \$145 includes:

- Top class coaching from state/national level coaches
- Souvenir t-shirt and drink bottle
- Morning/afternoon fruit and snack breaks
- Lunch both days

Program coordinated by NSW Little Athletics Development Officer, Alvin Umadhay, and includes State and National level coaches.

Location Farrer Memorial Agricultural High School, Calala Lane, Tamworth

Date Tuesday 6 July and Wednesday 7 July, 2010

Time Registration Tuesday 6 July at 8.30am
Clinic finishes Wednesday 7 July at 3pm

Clinic times:
9am to 3.30pm Tuesday
9am to 3pm Wednesday

Age 8 to 17 years

Closing date for bookings 18 June, 2010.



For more information

call (02) 6766 1200 or visit www.dsr.nsw.gov.au



Communities
Sport & Recreation

Toyota Paralympic Talent Search

Do you have a physical disability, intellectual disability or vision impairment?

The Australian Paralympic Committee will be conducting testing to help identify the next generation of Paralympic athletes. Find out how to get involved in disability sport and progress to elite level competition.

Sunday 6th June 2010

10am - 2pm

Blacktown Leisure Centre

Cnr Stanhope Parkway and Sentry Drive

Stanhope Gardens



Pre registration is required

To register please contact

Anna Muldoon

02 9704 0514

anna.muldoon@paralympic.org.au

www.paralympic.org.au



 **TOYOTA**
oh what a feeling!




Australian Government
Australian Sports Commission



Paralympic Talent Search Program Fact Sheet

What is the Toyota Paralympic Talent Search Program?

The Toyota Paralympic Talent Search Program is an initiative of the Australian Paralympic Committee (APC). Its main goal is to identify people with physical disabilities and vision impairments who display the athletic potential to one day make it to Paralympic level competition. A secondary goal is to help introduce people with disabilities to enter into regular sport and physical activities.

Who is eligible to participate?

The Paralympic Talent Search day is only open to people with disabilities which would enable them to participate in events currently on the Paralympic Games schedule. This includes but is not limited to amputees, people with cerebral palsy, limb deficiencies, people in wheelchairs, people who are blind or have vision impairments and people with an intellectual disability.

The proposed sports for people with intellectual disabilities for the London Paralympic Program are yet to be announced, however people with an Intellectual Disability are welcome to participate understanding the follow up support may be limited until the full program of events is announced by the IPC.

All age groups are welcome to participate in the program however it is difficult to provide specific pathway advice to participants under 10 years of age.

What sports can I do?

On the day we conduct general sport tests and activities in addition to some sport specific tests for sports that are on the Paralympic program, which include; Archery, Athletics, Boccia, Cycling, Equestrian, 7 a-side CP Football, Goalball, Judo, Powerlifting, Rowing, Sailing, Shooting, Swimming, Table Tennis, Wheelchair Basketball, Wheelchair Tennis, Wheelchair Rugby and Winter Sports.

Participants are encouraged to take part in all activities. Sport specific testing is dependent on coach availability. Therefore we are unable to guarantee that sport specific testing in all PPP sports will be available at all Talent Search Days.

The APC will forward results from the Talent Search day to coaches from these sports for their information and suggested follow up. If you require further information on any of the sports listed above, please visit our website at www.paralympic.org.au





Paralympic Talent Search Program Registration Form

Talent Search Date: Sunday 6th June

Venue: Blacktown Leisure Centre

Your Contact Information:

Name: _____ Contact Number: _____

Address: _____ State: _____ Postcode: _____

E-Mail Address: _____ Date of Birth: _____

If under 18 years of age, please state name of parent/guardian: _____

Emergency Contact: _____ Contact Number: _____

Occupation: _____

If you are a student, which School or University do you attend? _____

About You:

What is your disability? _____

Will you be using a wheelchair for this event? YES/NO _____ If yes: Manual/Electric _____

What sports do you currently play (if any)? _____

At what level do you play/compete? _____

Are you a member of any sporting clubs? Please list them: _____

Are you a member of any disability organisations? Please list them: _____

What do you like about playing sport? _____

Have you previously been Classified? YES/NO _____

If yes, in which Sport/s? _____ If yes, what is your Classification? _____

Have you snow skied before? YES/NO _____ Are you interested in snow skiing? YES/NO _____

What sports are you interested in? Please select from the list below

☐ Athletics ☐ Boccia ☐ Equestrian ☐ Fencing ☐ Cycling ☐ Goalball ☐ Powerlifting

☐ Rowing ☐ Sailing ☐ Shooting ☐ Soccer ☐ Swimming ☐ Table Tennis ☐ Wheelchair Basketball

☐ Wheelchair Tennis ☐ Wheelchair Rugby ☐ Winter Sports

If you do not want to receive further information from the APC, please tick box ☐

Please return this registration form to:

Anna Muldoon

Australian Paralympic Committee

PO Box 596 Sydney Markets NSW 2129

Phone: 02 9704 0514

Fax: 02 9746 0189

E-Mail: anna.muldoon@paralympic.org.au

*Please ensure you have read the "Fact Sheet" for further information about the day and what to bring. If you have any questions please contact Anna Muldoon on the details above.

Find a Word



Vehicles

AMBULANCE
 BICYCLE
 BULLDOZER
 BUS
 CAR
 CHARIOT
 DODGEM
 FIRE ENGINE
 JEEP
 LIMOUSINE
 MOTORBIKE
 SCOOTER
 TANK
 TAXI
 TRACTOR
 TRAIN
 TRAM
 TRUCK
 VAN
 WAGON

T	M	O	T	O	R	B	I	K	E	V	Y	L	A
E	C	R	L	I	L	Z	A	R	C	B	A	E	T
I	H	J	E	F	I	R	E	E	N	G	I	N	E
K	A	O	S	T	M	Z	C	B	A	N	K	M	L
T	R	A	C	T	O	R	R	T	L	C	S	T	C
A	I	W	R	D	U	O	A	V	U	U	R	R	Y
N	O	D	L	N	S	X	C	R	B	A	E	A	C
K	T	L	G	F	I	H	T	S	M	P	J	I	I
A	U	W	F	B	N	L	Q	W	A	G	O	N	B
B	D	O	D	G	E	M	R	S	P	E	E	J	J

To win a \$50 gift voucher from
 The Athletes Foot,
 send completed
 puzzle, along with your
 name & address to LAANSW Locked
 Bag 85, PARRAMATTA NSW 2124 by the
 28th of June 2010.



Name: _____

Centre: _____ Age Group: _____

Address: _____

Postcode: _____

Congratulations

to U10 Little Athlete JACK CALDWELL
 from TEMORA LAC who won last
 edition's Find-a-Word!!

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