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Below: A happy Jan Jeffrey



Branch News

Since the last "On the Blocks", a lot has happened. We had the Long Course Meet at MSAC and the Nationals in Darwin.

Long Course

We expected 2007 to be a difficult year for us at MSAC, with the FINA Championships having an impact on MSAC staff & swimming facilities well into April. The Swim meet sub-committee was looking at a number of dates (including Anzac day) to run the Long Course. We thought we had locked down the booking to using the indoor pool, immediately after a Swimming Victoria championship final. As it transpired, two weeks before the meet, a casual enquiry of a Swimming Victoria official indicated that they were not due to finish until at least 2:30pm, which was ½ an hour after we had planned to start!

A last minute shuffle enabled us to use the outside pool, which was OK when the sun was out, but got very cool once the sun when down. Hence, it was a learning experience for us all; officials and swimmers alike.

It was disqualification's which were the notable events of this meet, with a large number of relay teams DQ'd for breaking, particularly in the Medley relay. We had the starting block reaction times in use, for both events, but had only identified the freestyle relay breaks after the event had been swum, when it was too late to take action.

Future meets at MSAC will continue to use the reaction timing of the starting blocks for normal starts and relays. It is suggested that Club coaches should start working with their teams to train them to minimise the risk of breaking.

We expect that the MSAC teething problems are behind us and the Long Distance Short Course in June will be an enjoyable and successful meet.

Darwin

The Territorian influence was certainly felt during this Meet, with the whole event being relaxed and friendly.

Several Victorian clubs attended: Malvern Marlins, Powerpoints, Doncaster Dolphins, Yarra Roughies, Geelong Catfish, Hoppers

Crossing, Surrey Park Seahorses, Frankston Peninsula, Casey Seals, Rosebud Ranas, North Lodge Neptunes & Baddaginnie.

Many of the clubs scored well in the total points score, with a large number of clubs scoring in the Top 25. Of the trophies awarded, Victoria achieved 4 of the 5 and even though the Branch Relay was run incorrectly, due to confusion from the recording team, some of whom were learning the ropes for the

Below: Victorious relay clubs- L to R-Casey Seals, Powerpoints, Malvern marlins & Doncaster



Arafura Games, Victoria took out that award too!

Perhaps to cap it off for the meet, Jan Jeffrey (Malvern) won the Female Swimmer of the Meet award, with 4 (yes 4) National records achieved and a complete sweep of the Gold medals for all of her individual events. Aye, it makes a body proud!

Branch news (cont)

Apparently, Jan was heard to comment that she was not expecting to do particularly well at the meet, intending to relax and see what happened.

The social events were also well attended and relaxed affairs, with the Welcome Function at Parliament House and the Presentation Dinner at the Motor Boat Trailer Club, overlooking the Arafura Sea. There was a photographic opportunity at every sunset.

At the closure of the Presentation Night, Victoria formally received the AUSSI Masters National flag for our hosting of the 33rd National swim in 2008.

Congratulations to all of our Clubs who competed and those members who officiated, for a small contingent, you all did very well!

This Darwin meet will be a hard act to follow in 2008, but we look forward to the challenge.

Paul Watmough
President

Melbourne 2007

Masters Swimming Victoria was well represented at the recent 2007 World swimming Championships in Melbourne in March. Below are some "pics"

Below: Rod Clarke from
Doncaster



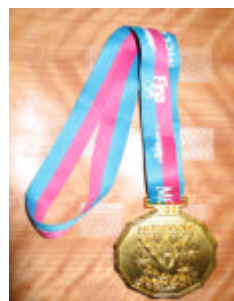
Below: The special number
placed on winners track-
suits



Below: Margot Milne from
Geelong

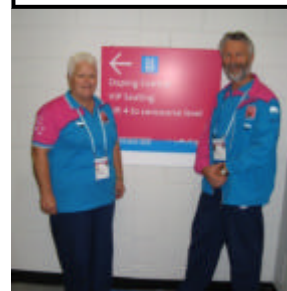


Below: Yarra Roughies—
Lise Mackie & Jim Milne



Above: the gold medal (w e
can wish!)

Below: Jeanette Holowiuk
from Surrey Park & Jim
Milne



Technical Information

Swim Meets without Officials.

Who needs officials at a swim meet? AUSSI swimmers all know the rules and don't push the limits. Even when a race is close they wouldn't be tempted to shave a fraction of a second off a breaststroke turn by only touching with one hand or to get off to a quick start by jumping the gun. Or would they? If you were beaten several times by somebody who consistently touched with only one hand without getting disqualified, would you be tempted to do the same thing to level up the playing field? Normally that is not a consideration because the officials on the pool deck are there to ensure the playing field is level. Metaphorically speaking of course – until we see a swimmer who can tilt their lane so they can swim downhill, we will accept gravity as a known fact and assume that the pool is level.

So what happens if we don't have officials on the pool deck? There are always plenty of people in the stands to watch all the competitors and pick up all their infringements. All we need is an efficient system to get the message to the recorder who is responsible for compiling the results.

Since the results for State meets are compiled by Meet Manager, we could even do this automatically by just hooking up the software with the mobile phone network. There are numerous votes and quizzes conducted on TV using the mobile phone network so it can't be too hard. Our Judges of Stroke and Inspectors of Turns in the stand would simply send an SMS with the event number, heat number, lane number and the DQ code and it can then be processed directly. How you check back after a DQ to find out why you were disqualified, and by whom, could be problematical in this scenario but we will have to work that one through. Getting the AUSSI National Board or FINA to agree to this approach could also be a challenge but then we wouldn't be competing if we didn't like a challenge.

It will take a bit of time to get all the pieces together and running smoothly but we may just have to do it. Why? Because we are currently facing the very real prospect of having to cancel a meet at the last minute because we don't have enough qualified referees to satisfy AUSSI and FINA requirements for every

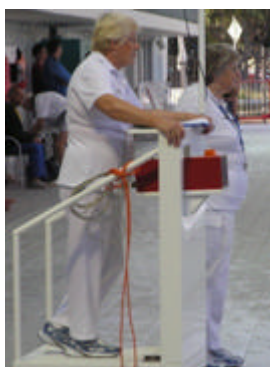
meet. If we only have the minimum number of officials available and somebody takes ill on the day then we can't run the meet.

Since the mobile phone option could actually take years to become operational and accepted, we can only eliminate the risk of cancelling meets in the short term by training more referees.

Being a qualified referee does not mean that you have to officiate at every meet. If we have a large enough pool of qualified and available officials, we will be able organise a roster which allows referees who still wish to compete sufficient opportunity to do so, either by working for only part of a meet or by rostering them off for selected meets.

This requires candidates to be trained. If you feel that you want to put something back in to AUSSI by becoming as official, please contact Jeanette Holowiuk at the State Office. Experience as a swimmer is a distinct advantage but not a prerequisite to being a good referee.

John Marshall Technical Director



Above: June & Grace at the recent Long Course.



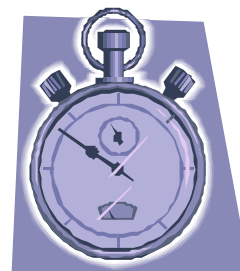
Officials' Workshops

Saturday July 28th: 9.30am

Two workshops will be offered to qualify timekeepers and marshals. If you are interested in volunteering in these important roles, these workshops are for you. You do not need to be a swimmer to attend.

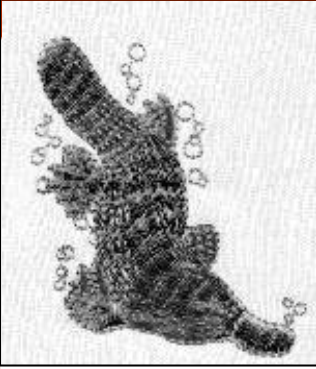
To enrol, or to receive more information, please call Patrick Galvin
Telephone number 9521-1309
Or e-mail deryn@bigpond.com

AUSSI Masters Swimming National Approval number 163



Below: John & Danny at the Frankston meet





Frankston Peninsula

Frankston held it's club meet on May 28th. It must be one of the longest continually run meet in Victoria. Our first meet was in 1982. One year (1999) missed due to the Jubilee Park Pool's roof falling in. We remember the days when we had 120 competitors. Those days are long gone. This year we had 50 swimmers. Quality if not quantity.

The star of the night was Ann Hutchings, who not only gained 2 places in the individuals, she was also a member of the winning relay team. Also a multiple raffle prize winner. Not to mention a PB as well. What a girl!

The night went so smoothly, the caterers had barely enough time to heat the food. Typical of swimmers they didn't seem to mind. Food is food.

We thank all those who attended, and thank our members for their generosity with raffle gifts, food and time. A good time was had by all.
Alice Kinnaird

The WINNERS !

FRANKSTON AUSSI SWIM MEET 26/05/07 - results		
Event 1 - 200 metres Freestyles		
PLACE	NAME	TIME
1 st	Darren Walker	0.24
2 nd	Janet Sayers	0.31
3 rd	Ann Hutchings	0.65
Event 2 - 50 metres Backstroke		
PLACE	NAME	TIME
1 st	Ann Hutchings	0.01
2 nd	Dorothy Dickey	0.16
3 rd	Richard Grant	0.17
Event 3 - 50 metres Breastroke		
PLACE	NAME	TIME
1 st	Patricia Ross	0.01
2 nd	Jesper Hansen	0.12
3 rd	Daphne Briggs	0.18
Event 4 - 50 metres Butterfly		
PLACE	NAME	TIME
1 st	Mark Watcher	0.07
2 nd	Katherine Rogers	0.08
3 rd	Sarah James	0.16
Event 5 - 50 metres Freestyle		
PLACE	NAME	TIME
1 st	Kaye Jarrott	0.01
2 nd	Tony Burt	0.3
3 rd	Sarah James	0.7
Relay won by Casey Seals		
Mike Taylor		
Ann Hutchings		
Narelle McIntyre		
Peter Ebenwalder		



Around the Clubs (continued)

Casey Seals



It was great to see 13 Seals competing at State championships. The weather was cold but we were lucky the wind wasn't too strong; it was character building for all of us!!!!

Congratulations to Mark and Cecilia making their Masters debut. As club captain it was an absolute pleasure being able to make up relay teams, based on age and ability, not just whoever turns up. The relays were all swam well, with Seals teams swimming well above what was expected. There were too many individual successes to name here, but one that should be mentioned is Peter who picked up bronze in the 200 breaststroke, his very first state place in all the time he has been competing.

There were a few Seals (who won't be mentioned!) who must have had some trouble with the blocks, 3 false starts! I think that from now on anyone who "false starts" either has to do push ups or shout a round of beers or chocolate, we will have to discuss it at the committee meeting!!!!

A huge thank to Jan, Steve and Shane who were our volunteers on the day, working behind the scenes to ensure we could all swim.

Darwin Nationals 2007

7 Seals attended Nationals this year, lured by the hot weather,

the big beers or the crocodiles!

Our club won the award for the



Peak-a-Boo!

best relay team in the 120-159 age group. This award is very highly sort after, and generally won by the large clubs. Every seal swimmer competed in at least one relay to assist us winning this award. We came 13th out of the 89 Masters swimming clubs that competed, once again beating many larger clubs.

Notable individual achievements were:

Ebony winning 11 gold and 1



bronze medal. Ann winning 1 gold, 1 silver and 1 bronze. Cecilia winning 2 silver medals. Peter winning 1 bronze in the 200 Breaststroke. Megan winning 2 bronze medals and completing 100 butterfly. Brad achieving many great results, and completing 200m backstroke (swimming 2 armed backstroke!) Malcolm

smashing PB's every day of the meet and completing 800m free-style.

The local Darwin swimmers and officials were great and very friendly. I would recommend everyone come up next time they hold a meet.

Our Club also proved that to swim well at a national level you don't need training, a great suit and strict diet, just lots of alcohol every night!

Back at the club

Training nights are still going strong, we are keeping up our numbers, which is great after open water season and with the cold weather. All the swimmers are asking Ebony for an easy night, which she keeps promising us, but we are yet to see!

We have been going out to dinner after every public holiday training session. Its nice to sit down and have a chat to each other "with our clothes on"!

Plans are well underway for our "seal splash" on July 19th please make sure your entries are received nice and early so no-one misses out.

Our presentation night will be held on the 19th August.

Ann Hutchings

Below: The Seal at the Presentation dinner in Darwin





Surrey Park Seahorses.

8 Club Members, some accompanied by various spouses, partners etc recently traveled to Darwin for the Nationals. Seven of us were swimming and Paul Watmough spent 4 long days in a lovely but small air conditioned office doing the recording along with Pauline Sampson from Hobart. What a fantastic job they did!

It was once again a great national meet, friendly and relaxed. Darwin which is a delightful and laid back type of city was of course hot, somewhere between 33 and 37 degrees each day, however the nights were pleasant. Most Seahorses were very pleased with their swims and our club came home with many medals, some PBs, club records and to our delight our **first ever** Nationals relay Gold in the men's 200-239 freestyle relay. We beat the Seaside Pirates by a small margin and were delighted as their same team had just "pipped" us for Gold in the men's medley the previous day.

Following the meet, some flew home immediately and other Seahorses ventured into Kakadu, Litchfield and as far down as Katherine, Uluru and Alice Springs. It was great to meet other swimmers, many Victorian, on our travels and compare notes, or share a drink or a



meal.

Let's hope Victoria can offer an equally fantastic and friendly meet

for next years Nationals

On the weekend of 25- 27 May, we undertook our annual Swimathon. 21club members (out of a possible 32), swam 98.575 Km over five sessions commencing on the Friday night.



Above: The Seahorse Timekeepers

Swims ranged from 30 minutes to one hour, with the occasional swimmer deciding to reduce a particular swim to 800 metres!

This year we again supported Peter Mac and when final monies are counted we expect to raise close to two thousand dollars.

Over the past few years, we have supported World Vision, Wheelchair Sports and the Juvenile Arthritis Foundation.

In terms of numbers participating this was our best year ever and will assist our total points and participation rate in the Aerobics Competition which we have un-

dertaken for many years and which is an important social and fitness part of our club.

On **Saturday July 28th** we will be holding our second Trivia Night which has replaced our relay meet as the major fundraiser for the club. Many of you will remember the fun of a "relay only" meet in the outdoor pool at Box Hill prior to the Long Course and our fantastic spit roast suppers, however last year we opted for a change and had an extremely successful and most enjoyable night, with lots of hotly challenged questions.

This year it will be at the **Latrobe Golf Club in Alphington**, com-

mencing at 7.30pm. Cost is \$25per head which will include a fantastic supper and drinks are at less than bar prices. Tables will be for 8 or 10 and if any other clubs would like to join us and challenge our brighter members and their friends for the winner's prizes, please contact **Ian Bett on 98905837** after hours. We also hope to offer a Dutch Auction as part of the entertainment.

Catherine Watmough,
Club Captain



Visit the website for more information.
<http://www.2008finamasters.org>

Around the Clubs (continued)



GLAMOURHEADS WELCOME ALL SWIMMERS TO THE ASIA PACIFIC OUTGAMES IN MELBOURNE 2008

The Glamourhead Sharks swimming club will be undertaking the biggest challenge in the club's history, hosting the swim competition for the Melbourne 2008 Asia Pacific Outgames.

The Asia Pacific Outgames swimming competition is sanctioned by AUSSI Masters Swimming Australia and the Glamourheads welcome all Masters Swimmers to join in the competition and fun.

"We are excited to be hosting swimmers from across the Asia Pacific region including New Zealand, Singapore, Thailand and Malaysia and encourage Melbourne swimmers to come along and join in the fun." says Alan Shepherd, president Glamourhead Sharks Aquatic Club.

The event will be held at MSAC across 3 days from Friday 1st to Sunday 3rd February and the program will feature a range of events up to 400m. Starting on the Friday evening, continuing all day Saturday and finishing on the Sunday morning there will be enough competition to keep even the most dedicated swimmers busy!

This event will be the perfect opportunity for all AUSSI Masters Swimmers to get some practice in the lead-up to the National Swim in late March. Early Bird registrations for the Outgames are expected to open on August 1st.

Jump in and enjoy a swim with our neighbours!

Further information is available from the Glamourheads president, Alan Shepherd on swim-info@glamourheads.org or you can find more information about the Outgames at www.melbourneoutgames.org





Notes from Underwater
(Yarra Roughies)

FINA World Championships

The talent of the Yarra Roughies has extended beyond their performances in the pool to performing in non-competitive tasks on dry land for the 12th FINA World Championships in March. Roughies champion swimmer, Lisé Mackie, spent four months as a paid employee of FINA as Coordinator Swimming. During this time Lisé breathed, spoke, ate, slept and dreamt the Championships (literally – as for the two weeks of the event her bed was a mere 200m from the pool deck!)

Lisé worked with the Manager Swimming to organise the swimming competition of the Championships and make sure it adhered to FINA rules and regulations. She helped plan how the meet would run, an exercise which was made more complex because of the venue which is not normally used for swim meets. Lisé also recruited, trained and managed approximately 160 sport specific volunteers to ensure the swim meet ran smoothly. A task which posed its own challenges considering the meet took place during work hours and outside school holidays.

Lisé had to work many long hours thus wasn't spotted in the Roughies camp from late last November; she resurfaced

at the State Long Course Championships at MSAC in April. We knew she was around because we saw her photo in the March edition of On The Blocks. An elated Lisé got to swim in the pool at Rod Laver Arena twice.

We know she didn't get much sleep in the lead up to the event but her rewards were seeing all her hard work paying off as the event progressed and seeing, amazingly, 15 World Records broken.

She got to work in an area that she is passionate about, not to mention work with some fantastic people who share her passion for swimming.

Two other regular Roughies competitors, Carol Cooke and Jim Milne, volunteered their services during the event. Jim was one of the volunteers recruited by Lisé and spent a number of evenings below the pool deck (so we didn't get to see him on TV!) as part of the team getting the medal winning swimmers organized for each award ceremony. He was rewarded for his many evenings of work by sharing in the excitement of a number of relatively unknown swimmers who were ecstatic at having made it to the podium, even if it was in third place. There was the young Italian who couldn't stop talking and then rang his mother on his mobile phone as he was walking to the presentation area and she couldn't stop talking; there was the young Russian who was so happy that she started crying and then stopped and then started again and again and again; there was the Dutch relay team who were "sooooo happy because we usually come 4th!". Carol has many

interesting stories from her time as a volunteer with her highlight coming during the Open Water Swim at St Kilda beach. She recounts that the Egyptian male swimmer taking part in the 10km Open Water Swim approached her when she was working on the Information Desk asking if he could get changed in her office. She politely replied that there was an athlete's lounge two doors down that he could use but he protested and said that it was too crowded. Those of you who know Carol know that she would have gone out of her way to help any swimmer so how could she refuse to help a swimmer who was just about to compete. Much to the astonishment of Carol's younger male co-volunteers, the swimmer (with the body of a male model) whipped off his bathers, wrapped himself in a towel and pulled on his racing bathers. The swimmer then thanked Carol, left the office and proceeded to the start of the race. Carol was a little stunned by the scene that unfolded before her as it was not one of the scenarios covered in the training session for volunteers manning the Information Desk. (And who said working at the Information Desk was boring!) Carol felt justified in her actions when her GQ-looking swimmer led most of the way in his event and ended up coming fourth.

Competitions

The Yarra Roughies were well represented at the State Long Course Championships at MSAC in April. The Mixed 120-159 200m Medley Relay team of Frank Braun, Sarah James, Oliver Wilkinson and Lisé Mackie not

Around the Clubs (continued)

Yarra Roughies (cont)

only won their event but also set a new State record.

The relay success continued at the Nationals in May where our girls made us proud. The team of Sarah James, Carol Cooke, Emma Sherry and Lisé Mackie headed to Darwin with Coach Dave Chambers. They all swam well including first place in both the 120-159 200m Freestyle and 200m Medley Relays.

FINA releases an annual World Masters Top 10 Tabulation and three Yarra Roughies swimmers have made it to the list for 2006. Congratulations to Sarah James (for breaststroke) Lise Mackie (for freestyle and butterfly) and Frank Braun (for freestyle)

Club Bits

The Yarra Roughies will be easier to spot in and out of the pool with

our new club uniform. Our swimmers will be strutting their stuff in black T-shirts and hooded tops and will be hitting the water in their new black caps. So look out for black clad swimmers at a pool near you.

Also check out our new club website at www.yarraroughies.com for all our details

Lucy Minato



Malvern Marlins have competed very successfully in National Championships at Darwin and State Long Course Championships at MSAC.

The Club is thrilled that our President, Jan Jeffrey was "Female Swimmer of the Meet" at National Championships.

With fourteen swimmers at Darwin, the Club won 37 gold medals. This is the highest tally for any Club at the meet.

Our 240 plus relay team won five events and the age group relay trophy.

Victorian relay teams were very successful with Casey Seals win-

ning the 120 plus trophy and Power Points the 160 plus trophy.

The Victorian team of Helen Whitford (VPP), David Leslie (VSP), Jan Jeffrey (VMV) and Patrick Devine (VMV) won the Interstate Relay Challenge Handicap.

Besides Jan Jeffrey, very successful Marlin swimmers at Darwin included Tom Currie, Tony Burt, Gerry Tucker and Patrick Devine. We finished fourth on the overall points score table.

The strong participation of Marlin members and the wide range of ages within our membership contributed to the Club being successful at State Long Course Championships.

Marlin members will be encouraged to participate in forthcoming competitions

Patrick Devine.

Below: This article appeared in the local newspaper- The Progress Leader. Congratulation Jan!



Above: The Darwin Boys!- Gerry Tucker, Brian Davis, Patrick Devine and John Stanton



Left : The Darwin Girls!- Pam Kempson, Jan Jeffrey, Ros Devine & Joan Simpson

State Long Course Championships

A short report on the day's activities.

After a few minor problems the meet went ahead on a bright but cold Sunday in the outdoor pool at MSAC. Although it was "fresh" it is a great venue with a lot more room around pool deck & in the AOE room. The Marshalling room is great with about 50% more space than the indoor venue.

There wereswimmers from 22 clubs. There were 2 national records broken. Both from the Powerpoints club– Jennie Bucknell & their relay team in 160-199 age group
 There were 23 Individual Branch records broken as well as 1 relay record.

I would like to thank the clubs that assisted in specific duties at the Meet. Powerpoints (Awards & Information); Yarra Roughies (Catering) and Steve from Casey Seals (Recording).
 To all the clubs for their "manning" of their allocated lanes for timekeeping. It was the first time in a few years that we did not the announcement "Timekeepers required". Congratulations everyone!
 Another big thank you to the technical officials on pool deck & in the Marshalling room. Without these hardworking people our Meets could not be run.
 I must also thank the Meet Referee, John Marshall & the Meet Recorder, Paul Watmough. Thanks also to Jan Williams who ensures all the official get their refreshments.

Thank you to Lee from Casey Seals for the photos on the opposite page..

Below is the final club point scores for the Meet. Malvern Marlins back on top again.

Place	Club	Club Scores	Points
1	Malvern Marlins	VMV	1,580
2	Powerpoints	VPP	1,384
3	Doncaster Dolphins	VDC	816
4	Yarra Roughies Masters	VYR	567
5	Casey Seals	VCS	459
6	Glamourhead Sharks	VGS	379
7	Surrey Park Seahorses	VSP	352
8	Frankston Peninsula	VFR	347
9	North Lodge Neptunes	VNL	329
10	Heidelberg Flyers	VHM	226
11	Western Alligators	VWA	190
12	Geelong Catfish	VGL	152
13	Hoppers Crossing Masters	VHC	120
14	Northcote Yabbies	VNC	100
14	Boroughcoulas Masters	VBC	100
16	Warrnambool Whales	VWB	83
17	Gippsland Flippers	VGP	74
18	Bendigo Breakers	VBG	47
19	Sale Sadast	VSA	40
20	Baddaginnie Aussi	VBD	30
21	Silver Sharks Masters Swimming	VSS	29
22	Nunawading Orca's	VNA	28



Left:: Casey Seals members

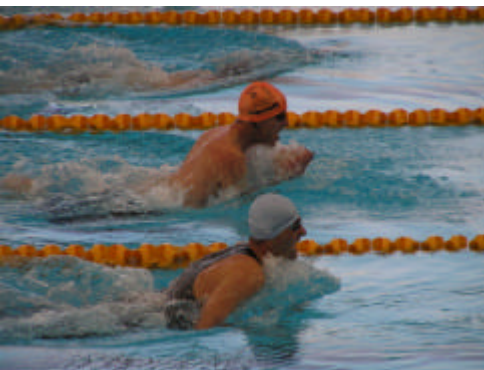


Above: The grandstand a the outdoor pool

More Pics!



Left: A great shot of the swimmers behind the blocks & the grandstands.



Above: Mark & Greg showing us how breaststroke is supposed to be done!



Below: The recording Team, L to R: Geoff, Paul & Steve

Right: Action shot!



Below: Carole- makes all announcements easy to hear!



Above: Jan from Casey Seals-the catering guru!



Above: On your marks!! Lane 1 is Peter from Casey Seals

Right: Who said it was too cold to have a meet outdoors!



State Short Course Information

EVENT DETAILS

DATE Saturday August 4th 2007
TIME Warm up - 8.00 am to 8.45 am
 (Cool down/warm up facilities will exist for the remainder of the meet in separate pool)
 Start – 9.00am
VENUE Melbourne Sports and Aquatic Centre (MSAC)
 Aughtie Drive Albert Park (Melways – 2K D7)
 25m Indoor Pool
COST Registration \$15
 Individual Event \$5 per event (Max. 5)
 Relay Event \$15 per team
CONTACT/
ENTRIES TO: Masters Swimming Victoria. Marked- SC Entries
 148A Ferguson Street Williamstown VIC. 3016
 Phone: 9399 8861 e-mail: sportadmin@aussimasters.com.au

PROGRAMME OF EVENTS

1.	4 x 25m Mixed Medley Relay		10.	4 x 50m Mixed Freestyle Relay
2.	100m Backstroke		11.	200m Individual Medley
3.	200m Freestyle		12.	100m Freestyle
4.	50m Breaststroke		13.	50m Butterfly
5.	100m Individual Medley		14.	200m Backstroke
6.	200m Breaststroke		15.	100m Breaststroke
7.	50m Backstroke		16.	50m Freestyle
8.	100m Butterfly		17.	200m Butterfly
9.	4 x 50m Mixed Medley Relay	15 Minutes BREAK	18.	4 x 25m Mixed Freestyle Relay

IMPORTANT INFORMATION FOR CLUB SECRETARIES

Closing date for Club Entries is Wednesday July 18th 2007

IMPORTANT INFORMATION FOR ALL SWIMMERS

Maximum of five (5) individual events per swimmer

Note: Please ensure your entry time is correct for the event distance. Once you entered an event you cannot change to another event or change the entry time.

To be eligible to swim in a relay team, a swimmer must have entered at least one individual event. Swimmers may compete in only one relay team per event

Individual: Medals for first place and ribbons for second and third place will be awarded for all age groups and sexes in the individual events, based on fastest times.

Relays: Only members of Relay Team A will be awarded ribbons for all places, based on fastest times.

Visiting interstate and international swimmers are eligible for awards.

Please enter on the Individual Entry Form and ensure that your State registration is current at the time of entering the Meet.

Submit the completed form and payment to your Club Secretary. Individual entries WILL NOT be accepted - all entries are to be submitted through your Club.

CLOSING DATE Please contact your Club Secretary

PROGRAMME The programme for the Meet will be computer generated from the Individual Entry and Relay Forms. The programme will be available on the AUSSI Victoria website (<http://www.aussivic.com.au>) 2 days prior to the meet. Only a very limited number of printed programs will be available on the day

Please check the program prior to the meet (available on the AUSSI Victoria website).

ENTRIES If you discover a recording mistake or an event is missing, you may contact the AUSSI Victoria Office via mail, email (see above) or in person and provide the following details: Name, event, heat, lane, time and description. All changes to the program must be submitted to the AUSSI Victoria Office by Thursday August 2nd 2007 12pm. No changes will be made on the day of the meet.

Individual Entry Form

INDIVIDUAL ENTRY FORM

- Please complete this Individual Entry form clearly and accurately and hand it, with your entry fee, to your Club Secretary.
- Your Club Secretary will produce a Summary Sheet from these Individual Entry Forms.
- You **must be financial with the State Branch** before you complete your entry, in order to swim
- You must have entered at least one individual event to compete in a relay team for your Club
- **All** details to be completed. **Incomplete forms will be returned unprocessed.**

AUSI Number			
Surname		First Name	
Gender	M / F (circle)	Age (as at 31/12/07)	
Date of Birth	/ /	Age group	-
Club Code		Club Name	
Medical Disability	Yes / No (You must have this already registered with your Branch)		

<u>Emergency Contact during the Meet</u>			
Name		Contact Telephone	

Registration Fee	@ \$ 15.00	\$ 15.00
Entry per Event (max 5)	Number of Events: _____	@ \$ 5.00
Total enclosed (Payable to your Club)		\$

ENTRY DETAILS

- Make sure your events are listed clearly and in order
- Times must be submitted. **No time - No entry.**
- There is a maximum of five (5) individual events
- Do not enter relay events on this sheet (will be completed by your Club Secretary)
- All details to be completed, correct and the declaration (below) to be signed

Event No.	Distance	Stroke	Nominated Time
<i>Example</i>			
7	200m	Individual Medley	<u>0 3 : 4 5 . 5 0</u>

Declaration

I the undersigned, in consideration of and as a condition of my entry in the 2007 Victorian Short Course Masters Swimming Championships for myself, heirs, executors and administrators hereby waive all and any claim, right or cause of action which I or they may otherwise have for or arising out of my life or injury damage or loss of any description whatsoever which I may suffer or sustain in the course of or consequent upon my entry or participation in the said event and admit that I participate in the event solely at my own risk. The waiver release and discharge shall be and operate separately in favour of all persons, corporations and bodies involved or otherwise engaged in promoting or staging the event and the servants agents, representatives and officers of them and includes but is not limited to AUSI Masters Swimming Victoria Branch Incorporated, medical and paramedical personnel, police officers and so shall operate whether or not the loss or injury is attributable to the act or neglect of any or more of them. I also declare this to be my entry, the above numbers as being for the events in which I wish to participate.

Signed _____ Date ____ / ____ / ____ Telephone Number _____

Around the Clubs (continued)



Come Swim with Powerpoints Masters Swimming Club

We invite all Masters Swimmers to come and swim with us at the premier aquatic facility in Melbourne! Powerpoints Master's swimming club in combination with MSAC is now offering a fantastic deal to all AUSSI members.

This includes:

- 20 card swim pass to MSAC at concession rates (currently \$73.00).
- 5 Coached 1.5 hour sessions for all AUSSI members.

Session times:

- Monday & Wednesday Mornings: 8am to 7.30am in the outdoor pool.
- Monday & Thursday Evenings: 6.30pm to 8pm in either the outdoor or indoor pool (depending on availability).
- Saturday Morning: 9am to 10.30am in the outdoor pool. This is usually followed by breakfast at a local café.

Session details:

1. Pay your own pool entry (preferably with 20 card swim pass).
2. Pay coach \$5.00 for session. Then sign and record your AUSSI number on the sheet on pool deck.
3. Please introduce yourself, so we can make you feel welcome.

We would love to see you at one of our sessions. We also like to get to know who our competitor's are so we can race you off the block!
If you would like to swim just one session or swim with us on a regular basis you are most welcome! See you in the pool!



BADDAGINNIE AUSSI INTERNATIONAL POSTAL EVENT

Sponsored by AUSSI MASTERS SWIMMING
Jackie Mc PUGH

BADDAGINNIE ANIMALS ARE AWESOME

ANIMAL is defined as a guppy performer who can do 800m Freestyle, 200m Breaststroke, 200m Backstroke, 200m Butterfly and 400m Individual Medley, all in one day.

Enter this postal challenge, swim the listed events in one day and receive a T-shirt proclaiming that you are a "Baddaginnee Animal".

Send your entry form, certification and \$4000.00 (inc. GST) or equivalent for Short Sleeve T-shirt (\$4000.00 Inc. GST) or equivalent for Long Sleeve T-shirt and we'll send your Baddaginnee T-shirt.

No swim times are needed. Club entries (with one check) are appreciated, especially from overseas.

No overseas postal orders please - overseas personal cheques are OK but it costs \$4000.00 to process each one!

ENTRIES TO: Baddaginnee AUSSI Animal Event
2/4 Dimes Street,
Box Hill North, Victoria 3129
AUSTRALIA
DEADLINE: Postmarked September 30, 2007

Overseas entries returned by sea mail (if you approx. three months)

AC _____

ENTRY FORM

NAME: _____ CLUB: _____

ADDRESS: _____

CITY: _____ STATE: _____ POSTCODE: _____

COUNTRY: _____ PHONE: _____

I certify that I swim the following events in one day: 800m Freestyle, 200m Breaststroke, 200m Backstroke, 200m Butterfly and 400m Individual Medley.


DATE: _____

I attest and verify that I have full knowledge of the risk involved and am physically fit and sufficiently trained to participate in this event.

*T-shirt size and style: (please tick) S H L XL XXL *Short Sleeve \$4000
*Long Sleeve \$4000

SIGNATURE: _____

ADDRESS: _____



2006/2007 ANNUAL GENERAL MEETING (AGM)

The Annual General Meeting of Masters Swimming Victoria will be held on

Tuesday August 21st 2007 at 7.30 pm

at the

High Street Road Uniting Church
Cnr Stewart St & High Street Rd Mount Waverley
Room 3 (Melways ref- Map 61- G 12)

PLEASE NOTE

Proposed Agenda items
must be received at 148A Ferguson Street Williamstown Vic 3106 no later than
5.00pm Tuesday July 31st 2007

Club Annual Reports & Board Directors' Reports *
must be received at 148A Ferguson Street Williamstown Vic 3016 no later than
5.00pm Tuesday July 31st 2007

*Each club and Board Director is required to submit a Report of the Year 2005/2006 for inclusion in the Branch's Annual Report. In the case of Clubs, the report should be typed on your Club's letterhead, does not need to be long and should summarise your club's activities, highlights in 2005/2006. For Board directors, please report on your duties and highlights for your portfolio for the year.

Nominations for State Committee positions
must be received at 148A Ferguson Street Williamstown Vic 3016 no later than
5.00 pm Tuesday, August 14th 2007

Appointments of Proxy (Clubs only)
must be received at 148A Ferguson Street Williamstown Vic 3106 no later than
5.00 pm Monday, August 20th 2007

Members intending to attend the AGM are asked to advise the Sport Administrator, no later than Friday August 17th by phone on 03 9399 8861 or e-mail: admin@aussivic.com.au

STOP PRESS

Gerry Tucker from Malvern Marlins is now the National Director of Finance.

He officially started his duties on May 29th and takes over from Cathy Codling of NSW.

He has been to the National office in Williamstown on a few occasions and is settling in well.

This bring about a strange twist of fate.

The National Management Committee is now made up of 4 males; 3 from Victoria and one from Tasmania. For the past few years there has been at least one female on this Committee so we will wait and see what the "boys" can do!
Ed.

A Basic Guide to Timekeeping

All swimmers want to know what time they swam, whenever they are in any competition and quite often when they are training. Now, more than ever, Masters Swimmers are taking to timekeeping as well as swimming up and down the pool and have found that it is no big deal. They do not have to have a university degree to operate a watch, but a little common sense will go a long way.

Stopwatches are provided at swim meets, however having your own watch helps with familiarity as all stopwatches are a little different. Always check out the watch you are using, which button to press to start, taking splits, stop and return to zero. Not all brands of watch operate the same way, so checking out the watch you are going to use is important. Depending on the amount of use the watch gets, the battery should be changed about every two years.

The Chief Timekeeper will allocate you to a lane with two others if it is a major meet or with one other if there is a shortage of timekeepers. However there will always be one or two spare timekeepers where records are expected. **Three times are required for National/World records.**

Three timekeepers will give a more accurate time. If the three times are all different, the intermediate time is the official time. If two out of the three are the same time then that time shall be the official time. One of the three timers may act as a Chief Lane Timekeeper, and take responsibility for writing down the three times on the race card and recording the official time in their copy of the program.

When the Referee blows the whistle, check that your watch is set to zero. When the Starter says "*Take your marks*", watch for the flash of the starting gear, press the start button immediately, and then check that your watch is going. You should start your watch whether there is a swimmer in your lane or not as you may be called upon to act as a spare timekeeper if a watch fails or for a record. If your watch fails to start, let the Chief Lane Timekeeper know, so the Chief Timekeeper can be asked to find a replacement.

Always count the number of laps that have been swum, as you don't want to stop a watch too soon or miss the finish. Check the nominated time of the swimmer and the lap times. When the swimmer has about half a lap to go to the finish, position yourself at the lane end so that you can see straight down the wall and when the swimmer touches, stop the watch. Don't anticipate the finish. If the swimmer touches incorrectly, still stop the watch. An incorrect touch is the Referee's concern, not yours. Likewise, if you see any infringement during the race, don't worry, it is up to the Referee to take care of it.

Electronic timing (AOE) takes precedence over manual timing. However manual timing is still very important in case of an electrical malfunction. The Starter activates the electronic starting system and the swimmer stops the system when the pad is touched. There is also an electronic back-up system (SAT) which requires a timekeeper to press a button to turn it off. A timekeeper can only use one watch but can use the back-up system in addition to the watch.

National Technical Committee
(Reprinted from the National newsletter)

Newsletter Jokes

SENIOR DRIVING

As a senior citizen was driving down the freeway, his car phone rang. Answering, he heard his wife's voice urgently warning him, "Herman, I just heard on the news that there's a car going the wrong way on Interstate 77. Please be careful!" "Hell," said Herman, "It's not just one car. It's hundreds of them!"

"I CAN HEAR JUST FINE!"

Three retirees, each with a hearing loss, were playing golf one fine June day. One remarked to the other, "Windy, isn't it?" "No," the second man replied, "it's Thursday." And the third man chimed in, "So am I. Let's have a beer."

2007 Swim Meet Calendar



2007 Calendar of Events

Sunday June 17th (Day 1) and Sunday June 24th (Day 2) Long Distance Short Course
 Melbourne Sports & Aquatic Centre (MSAC) indoor 25m pool
 Start Time - 4:00pm. **Entries close: Day 1 & 2- June 7th. Day 2 only - June 14th**

Saturday July 7th SADAST (Sale) Annual Interclub: SW 07/03
 Venue- Morwell Leisure Centre
 Mc Donald St Morwell 25m indoor pool
 Warm Up- 5.15pm – 5.45pm Start 6.00 pm

Saturday July 21st Seal Splash- Casey Seals Interclub: SW 07/04
 Venue- Monash University Pool
 Wellington Rd Mulgrave 25m indoor pool
 Warm Up- 6.00pm – 6.30pm Start 6.45 pm

NOTE- Change of Start Time

Saturday August 4th State Short Course Championships
 Venue- Melbourne Sports & Aquatic Centre (MSAC)-indoor 25m pool
 Start Time 9.00am
 Warm up- 8.00am to 8.45am

Mildura Masters Games
 August Thursday 23rd to Sunday 26th

Saturday August 25th. Hoppers Crossing 5th Interclub: SW07/06
 Wyndham Leisure and Fitness Centre
 80- 82 Derrimut Rd Hoppers Crossing
 Warm up- 2.00pm to 2.30pm Start 2.45pm

NOTE- Change of Start Time

Saturday September 8th (Day 1) and Saturday September 15th (Day 2) Long Distance Long Course
 Melbourne Sports & Aquatic Centre (MSAC) indoor 50m pool
 Day 1- Start time 1.00pm Warm up- 12.15pm to 12.55pm
 Day 2- Start Time 3.00pm Warm up- 2.15pm to 2.55pm

Friday 5th October to Sunday 7th October- Australasian Masters Games- Adelaide

Saturday October 20th North Lodge Neptunes Pentathlon : SW 07/05
 Venue- Monash University Pool
 Wellington Rd Mulgrave 25m indoor pool
 Warm Up- 6.00pm – 6.30pm Start 6.35 pm

Saturday November 24th State Long Course Relay Meet
 Venue- Melbourne Sports & Aquatic Centre (MSAC) - 50m indoor pool
 Start Time 12.00pm

Interclub Flyers

SADAST ANNUAL INTERCLUB SWIM MEET

SATURDAY 7 JULY 2007

6.00 pm Competition.
5.15 –5.45 pm Warm up.
 (1 Lane of the pool remains available for warm up /cool down)

VENUE: Morwell Leisure Centre,
 McDonald Street,
 MORWELL.
 (Turn at Red Rooster, Left if from Melbourne or Right if from Sale)
POOL: 25 metre indoor heated pool.

The Sale & District AUSSI Swim Team present
PROGRAM OF EVENTS

1. ****50 m freestyle-**"Tom Osborne"
 (Closest to nominated time) Must enter time to 100th of a second. e.g. 36.15 sec
2. **25 m butterfly/sidestroke**
3. **200 m freestyle**
 10 min BREAK
4. **50 m backstroke**
5. **50 m breast stroke**
6. ****Mixed "Norm Fargher"**

Relay (closest to nom time)

IMPORTANT INFORMATION

- ◆ **Entries Close Monday July 2-cost \$25 (incl. Supper); \$17 (no supper)**
- ◆ Entries accepted on the day up to 5.30pm. Cost \$30 (inc supper); \$22 (no supper)
- ◆ All events can be entered.
- ◆ Spectators/officials - please register for supper. (\$8)
- ◆ Medals awarded to 1st, 2nd and 3rd placings in each male and female age group for aggregate points from events 2,3,4,5.
- ◆ Events 1 and 6 are closest to nominated time, and awarded separately. **NO POINTS.**
- ◆ Relay to be entered on yellow cards on the day. Gender and club mix OK.
- ◆ Raffle tickets available on the day.

ENTRIES Club or individual entries on pink and blue cards with payment to
SADAST c/o Val Scott
63 Stevens St
Sale 3850

ENQUIRIES (A/H) 03 51 445 285.
 Email scott@villamaria.com.au

Casey Seals Masters Swimming Club

2007 Seal Splash

Saturday, 21st July 2007
 Warm up: 6:00 - 6:30pm, Start: 6:45pm

Monash University Pool (25m), Wellington Rd, Mulgrave. Melways Map 7D 611.

Enter the main gate (at lights) on Wellington Rd, continue through the carstack, past Robert Blackwood Hall. The pool complex is next on the left and the pool is the last building across the road. Seating is available for upto 100 people. A warm-up/cool-down pool is available during the night.

Guest swimmers are welcome to compete in all events and are eligible for medals.

Entry Costs:

- Early Bird \$25.00 (incl Supper) before Friday 13th July 2007
- On the night. ~~before 6.15pm~~ \$30.00 (incl Supper)
- Spectators \$5.00 (incl Supper)
- Raffle - 3 major prizes - tickets \$1 each
- Pool entry free after 6:00pm. Public admission prices apply before 6:00pm.

Supper includes soup, cold drinks, salad, sandwiches, & lots of other yummy stuff.

Events:

Upto 5 individual events can be entered.
 Entries for individual events on AUSSI VIC pink/blue cards.
 Entries for relay events may be pre-entered or submitted on the night.

1. 100m Freestyle	6. 200m Individual Medley
2. 25m Freestyle	7. 50m Freestyle
3. 25m Breaststroke	8. 50m Breaststroke
4. 25m Backstroke	9. 50m Backstroke
5. 25m Butterfly	10. 50m Butterfly

(If time permits)
 11. 4 x 50m Mixed Freestyle Relay (closest to nominated time)
 12. 4 x 50m Mixed Medley Relay (closest to nominated time)

Awards:

Events 1 to 10 combined points. 1st, 2nd and 3rd age group medals.
 Events 11 & 12 (relays): Medley Prizes for each swimmer in the winning team for each event.
 Awards will be presented after supper and the raffle draw.

Entries to:

Seal Splash
 P.O. Box 2902
 Fountain Gate, Vic 3805

Closing date is Friday 13th July
 Please make cheques payable to "Casey Seals".

Enquiries:
 Seal Splash Coordinator, Jan Williams, 9707 5997
 Email: casey.seals@teltra.com

Meet Director: Jan Williams
Safety Officers: Ebony Eborwaindor, Greg Chaffin

NORTH LODGE NEPTUNES PENTATHLON 2007

DATE Saturday 20th October 2007

VENUE Monash University Pool
 Wellington Road
 Clayton Victoria (Melways Map 7D G11)

TIME 6:00- 6:30pm pm warm up
 6:35 pm start

COST \$25 includes ALL five swims and supper
 \$30 for late entry on the night and supper
 \$ 5 spectator entry and supper

EVENTS **Any five events can be entered**

#1 25m Butterfly	#5 25m Breaststroke
#2 50m Butterfly	#6 50m Breaststroke
#3 25m Backstroke	#7 25m Freestyle
#4 50m Backstroke	#8 50m Freestyle
	#9 100m Individual Medley

(Medals: 1st, 2nd & 3rd for male & female of each age group, with the most points for all 5 events.)

ENTRIES are to be on AUSSI blue and pink cards
Entries by Mail (cards and payment) **close Tuesday 16th October**
 to: Sid Krasey
 11 Alfred Street
 HIGHETT VIC 3190
 Make cheques payable to **NORTH LODGE NEPTUNES**

Late entries limited to 15 swimmers on the night
 Please fill out cards beforehand
Late entries close at 5.30 pm sharp

Supper for Swimmers and Spectators at conclusion of Swim Meet
 Lots of raffle prizes....

ENQUIRIES Sid Krasey 9584 4830

Hoppers Crossing 5th Interclub Swim Meet

Date: 25th August 2007
Start Time: 2.45pm
Venue: Wyncham Leisure and Fitness Centre
 80-82 Derrimut rd, Hoppers Crossing
 (Melways ref: 206 E3)
 50m Indoor pool

Programme
 (Enter 4 Individual Events ONLY)

- 1 50 m FREESTYLE
- 2 50 m BUTTERFLY (Closest to nominated time)
- 3 50 m BREASTSTROKE
- 4 50 m BACKSTROKE

Short Break

- 5 100 m FREESTYLE
- 6 100 m BUTTERFLY
- 7 100 m BACKSTROKE
- 8 4X50 m FREESTYLE RELAY (Closest to nominated time)

Relay to be entered on the night

Entries Closing Date: 17th August 2007

Contact Details
 Lyn Langdon 97491413
 Jim Langdon 0418522164

Mailing Address
 Hoppers Crossing Masters Swimming Club
 6 The Close, Hoppers Crossing 3030.

(A more detailed flyer will be sent out to clubs closer to the event)

2008 National Swim

The Victorian Branch will be hosting the 33rd National Swim on behalf of the National Body.

It will be conducted over 4 days at the Melbourne Sports & Aquatic Centre, Albert Park. There will not be an Open Water Swim.

The dates are as follows:

Welcome Function- Wednesday March 19th

Swimming Dates - Day 1- Thursday March 20th to Day 4- Sunday March 23rd.

Presentation Dinner- Sunday 23rd March

(The Meet will be conducted over the Easter Break) A 2008 National Swim Meet

Committee has been set up with Paul Watmough the Convener. Venues are currently being looked at to hold the various functions.

The program has been set and is below for your information.

Day 1	Thursday March 20th
1	800m Freestyle Women *
2	800m Freestyle Men *
	Official Opening (will stop Event 1 or 2 for this if necessary)
3	4 x 50m Women's Medley Relay
4	4 x 50m Men's Medley Relay
5	200m Breaststroke
6	100m Backstroke
7	50m Butterfly
Day 2	Friday March 21st (Good Friday)
8	400m Individual Medley
9.	100m Freestyle
10.	4 x 50m Mixed Freestyle Relay
11.	200m Backstroke
12.	50m Freestyle
Day 3	Saturday March 22nd (Easter Saturday)
13.	400m Freestyle Men *
14	400m Freestyle Women *
15.	4 x 50m Women's Freestyle Relay
16.	4 x 50m Men's Freestyle Relay
17.	100m Breaststroke
18.	200m Butterfly
19.	50m Backstroke
Day 4	Sunday March 23rd (Easter Sunday)
20.	100m Butterfly
21.	200m Individual Medley
22.	4 x 50m Mixed Medley Relay
23.	50m Breaststroke
24.	200m Freestyle
* Swimmers 2 to a lane	

Club Contacts as at June 2007

CLUB	Code	Secretary	Secretary's Address	Contact	Email
BADDAGINNIE AUSSI	VBD	Shirley McFarland	1/4 Ovens St Box Hill Nth 3129	9897 4621	mcfarls@alphalink.com.au
BENDIGO BREAKERS	VBG	Carole Blake	7 James Street Strathdale 3550	5441 2236	jtblake@hotmail.com
BOROUGHCOUTAS MASTERS	VBC	Alan Collett	PO Box 2018 Geelong Vic 3220	5222 6285	Alan.Collett@gomatilda.com
BUNDOORA TORPEDOES	VBU	Angela Warland	12 Merrigum Crt Doncaster 3108	9855 8001	angwarl@yahoo.com
CASEY SEALS	VCS	Greg Chaplin	PO Box 2302 Fountain Gate 3805	5996 9616	casey.seals@telstra.com
CEREBUS SALTY'S	VCB	Donna Kean		0400 551 745	Donna.Kean@defence.gov.au
DONCASTER DOLPHINS	VDC	Jane Kinsey	PO Box 2129, Lower Templestowe, 3107	9850 5474	jane.Kinsey@svhm.org.au
FRANKSTON PENINSULA MASTERS	VFR	Con Duyvestyn	52 Weber Drive Mornington 3931	5977 0485	cond@aanet.com.au
GEELONG CATFISH	VGL	Christine Porter	PO Box 1301 Geelong 3220	5221 3278	cmporter@aapt.net.au
GIPPSLAND FLIPPERS	VGP	Sue Graham	20 Lynne Avenue Moe South 3825	5127 5743	psg@vic.australis.com.au
GLAMOURHEAD SHARKS	VGS	Alison Asche	PO Box 198 Prahran 3181	9354 6614	secretary@glamourheads.org
GOULBURN VALLEY CROCS	VGV	Colin Kalms	PO Box 861 Shepparton 3630	5821 7192	colin.kalms@shepparton.vic.gov.au
HEIDELBERG FLYERS	VHM	Richard Poulter	25 Jindalee Avenue, Yallambie 3085	9432 7579	richard.poulter@az1.bp.com
HOPPERS CROSSING MASTERS	VHC	Lyn Langdon	6 The Close Hoppers Crossing 3029	9749 1413	hoppers.crocs@telstra.com
KEW MASTERS	VKM	Juliette Maquignaz	10 Banool Ave Kew 3101	9853 5883	jmaquig@alphalink.com.au
MALVERN MARLINS	VMV	Roslyn Devine	PO Box 20 Malvern 3144	Not provided	secretary@marlins.org.au
MARC	VMC	Andrew Jeffrey	PO Box 5062 Mt Waverley 3149	9561 2111 W	andrewj@monash.vic.gov.au
NORTH LODGE NEPTUNES	VNL	Barbara Brooks	5 Bennett Ave Mt Waverley 3149	9803 4847	brucepam@alphalink.com.au
NORTCOTE YABBIES	VNC	Philip Beart	87-89 The Boulevard Ivanhoe 3079	9499 7126	pbeart@bigpond.net.au
NUNAWADING ORCAS	VNA	Ross Brimer	13 Brook Cres, Box Hill South 3128	9536 3463 (w)	ross_brimer@hotmail.com
POWERPOINTS MASTERS	VPP	Mary Sontrop	PO Box 1175 Hawksburn Vic 3142	0419 930 005	secretary@powerpoints.org.au
RINGWOOD WATER RATS	VRW	Yvonne Cunningham	22 Wellington Park Dve Warranwood 3134	9876 5679	yvonnecunn@bigpond.com
ROSEBUD RANAS	VRB	Maree Tuff	PO Box 60 Mc Crae 3938	0419 528 363	
SALE SADAST AUSSI MASTERS	VSA	Chris Fielding	PO Box 271 Maffra 3860	5147 1770	c&msandycreek@vic.australis.com.au
SILVER SHARKS	VSS	Bruce E. Ripper	10 Hilton Street Mt Waverley 3149	9802 6014	beripp@optusnet.com.au
SURREY PARK SEAHORSES	VSP	Linda Gunzburg	218 Prospect Hill Road, Surrey Hills 3127	9836 3456	gunzburg@bigpond.net.au
WANGARATTA MASTERS	VWG	Shivaun Brown	Post Office, 35 Jones Street Oxley 3678	5727 3335	shivaun.brown@bigpond.com
WARRNAMBOOL WHALES	VWB	Sandra Skillbeck	PO Box 695 Warrnambool 3280	5561 2503	sls33@datafast.net.au
WESTERN ALLIGATORS	VWA	Glen Zueewe	6 Junction St Seddon 3011	9362 7238	glennwz@optusnet.com.au
YARRA ROUGHIES	VYR	Matt Evans	16 Hartley Street Northcote 3070	0421 314 929	evomatt@hotmail.com

CHANGE OF ADDRESS / DETAILS

If the name or address on the computer label is incorrect. Please fill in this form and return it to your Club Secretary. Your Club Secretary will advise AUSSI of your change of address via the Registrar.

PLEASE USE BLOCK LETTERS

NAME: _____ AUSSI # _____

OLD ADDRESS: _____

NEW ADDRESS: _____

PHONE NUMBER : _____ (AH) _____ (BH) _____ (MOB)

E-MAIL: _____

CLUB CODE : V ____

SUBMISSION DEADLINE
AUSSI Clubs and members are encouraged to contribute to "On The Blocks". Contributions may include articles, photos & letters to the editor.
Submissions for the next edition of "On The Blocks" can be sent to: admin@aussvic.com.au or post to the Victorian office at 148A Ferguson Street, Williamstown Vic 3016 by Monday August 27th 2007

ADVERTISING RATES
"On The Blocks" has a distribution of approximately 900 hard copy newsletters. The advertising rates for future issues of "On The Blocks" are as follows:
Full page \$250
Half page \$130
Quarter page \$ 65
For further details contact Jeanette Holowiuk, Sport Administrator on (03) 9399 8861 or sportadmin@aussimasters.com.au

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