

ADMINISTRATION & FINANCE

McDonald's Little Athletics Scholarship

A reminder that McDonald's and LANSW will again be awarding McDonald's Little Athletics Scholarships this year. A total of 4 scholarships are available (1 for Region 4, 1 for Region 5 and 2 for the Sydney Metro area). Each successful nominee will receive a \$500 scholarship. Each Zone is to nominate 1 athlete from the U13 age group or above, who has reached State Championships standard.

Centres are encouraged to put forward the names of potential nominees to their respective Zone Co. Nominations close from Zone Co-ordinators on February 28, 2011. [Click here](#) for a copy of the nomination form.

Proposed Association Constitution

The necessary revisions to the Association's Constitution to ensure its compliance with either legislative requirements or best practice in the governance of sporting organisations was circulated to Centres for comment and feedback prior to the Christmas/New Year break.

Whilst that timing may not have been the most opportune, it was the Association's intent to provide its constituent Centres with the maximum opportunity to review this important documentation and provide their input.

Centres should feel free to raise questions or provide feedback via email to assist their understanding of the rationale behind the not insignificant changes.

A hardcopy of the proposed Constitution will also be distributed to all Centres to assist in their review or it can be downloaded [here](#).

It is also intended to hold a series of 4 workshops to provide interested Centres with an opportunity to raise matters directly with our legal consultants and DSR personnel. These workshops are to occur at the end of March or in the first half of April 2011.

One will be metropolitan based whilst the other 3 will be appropriately located to provide opportunities for Centres located in the south, west and north of the state to attend.

It is intended that all questions/comments will be addressed through the feedback process and at these forums, leaving only the actual vote for ratification at the Annual Conference.

A draft of the new LANSW Constitution is now available. ALL Centres are encouraged to review it.

ADMINISTRATION & FINANCE

Flood Affected Centres in Queensland

Thank you to those NSW Centres and Zones that have already undertaken fundraising activities and/or made offers of support to Queensland Little Athletics Centres that were affected by the floods.

A total of 14 Centres were affected in some way, with many of those suffering damage to venues and loss of all equipment.

If your Centre wishes to help, please feel free to do so via LANSW (we will liaise with LAQ as to how to best utilise the funds) or you may contact Queensland Centres directly to offer your assistance. Details of the affected Centres can be found on the LAQ website here.

Centre Grants

Centre Grant applications for 2010/2011 have closed and are currently being reviewed. Successful applicants will be advised after April 1st, 2011.

CHAMPIONSHIPS & OFFICIALS



2011 Australian Little Athletics Championships (ALAC)

Plans are now well progressed for the 2011 ALAC, being held at the Sydney Olympic Park Athletic Centre on Saturday, April 30, 2011.

We are encouraging as many families as possible to come along and lend their support to the competing athletes. We have some great prizes on offer and the first 400 Little Athletes through the gate on the day will receive a free gift.

A flyer advertising the event will be distributed to participants at each of the 5 Regions on February 19 & 20. Thanks to Tom Murphy at Starr Partners Fairfield for the donation of these flyers.

Trans Tasman

The Auckland team arrived on 2 Qantas flights on Monday 10th January and the next day competed at the carnival hosted by Lake Illawarra LAC at Shellharbour. Then they visited Sydney and on Thursday competed at another carnival at Blacktown Olympic Park. This carnival was also the compulsory carnival for the NSW team and reserves. Friday was the day the NSW team and reserves took out a Kiwi team member for the day, followed on Saturday by Parklea Markets.

The Trans Tasman Challenge was held on Sunday, January 16th at Blacktown Olympic Park and showed the strength of competitiveness between the two teams. After a very warm day, at the completion of all events, it was announced that the NSW team had won The Challenge Cup which was proudly accepted by the NSW team captains.

On Monday, the NZ team went out with their family members and Tuesday had a great day at Jamberoo before leaving the next day for Auckland.

CHAMPIONSHIPS & OFFICIALS

An invitation has been issued by the Auckland team captains for the Little Athletics NSW team to compete against the Auckland team from 5-17 January, 2012 and also compete in the North Island Colgate Games.

Zone Championships

Despite rain and heat, all Zones are now completed and Region Championships are next on our busy calendar.

Uniforms

The Association requires athletes to be in correct uniform, including compulsory numbers, when competing at Association Carnivals. This includes:-

- Registration Number (clearly visible on front of uniform)
- Centre Number (rear of uniform)
- Age patch (from left hand side)
- IGA patch (top right hand side).
- Uniform has comply with colours that your Centre submitted and were approved by the Association
- Compression pants, which have large logos or contrast stitching cannot be worn as outer garments.
- Uniform cannot extend below top of knee.

The uniforms are checked at Association carnivals and if the athlete is not in correct uniform they may not be allowed to compete. Events will NOT be held up waiting for athletes to fix their uniforms.

It is recommended that Centre's Team Managers bring along spare age patches, IGA patches and Centre numbers (plus pins).

Accreditation Practicals

To obtain an Officials Accreditation the candidate has to successfully pass both a theory exam and a practical assessment. Many candidates are able to successfully pass the theory exam but do not complete the accreditation process and don't sit for the practical assessment.

Officials who need to do their practical assessments should contact their Zone Coordinator through their Centre's Officer for Officials to arrange a time to complete this assessment. The assessments may be completed at Regional carnivals.

Uniforms will be checked at all upcoming Association Carnivals. Centres must remind athletes of the uniform requirements.

DEVELOPMENT



2011 NSW State Team

The 2011 NSW State Team will compete at the Asics Australian Little Athletics Championships on Saturday April 30 at Sydney Olympic Park Athletic Centre.

The 2011 NSW State Team Selection Policies (Under 13 and Under 15 athletes) are available on the Little Athletics website.

It is the responsibility of all prospective team members, their parents/guardians and their coaches to read and make sure they understand the relevant policy and how it operates.

If anyone has a specific query in relation to the intended meaning or operation of the policies, they can contact Little Athletics NSW (LANSW) on 02 9633 4511 or 1800 451 295 or admin@laansw.com.au. By way of assistance, the following provides a summary of the intended meaning and operation of the policies.

Eligibility

All team members must be registered with Little Athletics NSW as an Under 13 or Under 15 athlete in accordance with the Constitution and rules/regulations of LANSW.

All Under 13 team members must have competed at the 2011 LANSW State Track & Field Championships at Sydney Olympic Park and all Under 15 team members must have competed at the 2011 LANSW State Multi Event Championships in Wagga Wagga. There is no nomination process. Athletes competing at these events are automatically considered for selection, however Under 13 athletes will be asked to complete and submit an "Availability & Contact Form" during the weekend of the State Track & Field Championships.

An athlete's selection is conditional on their availability to attend all team activities listed on the itinerary.

Team Size

Each Association is entitled to send an Under 13 team of up to 22 athletes to compete in the Australian Teams Championships (ATC).

Up to two boys and two girls may be entered in the Under 15 Australian Multi Event Championships (AMEC).

Selection Criteria

The selectors will name twenty-two Under 13 athletes who, in their opinion, have the ability to gain maximum team points for NSW. The discretion of the selectors is absolute.

The Under 15 athletes are selected based on their performances at the LANSW State Multi Event Championships. Selection will be determined on the events contested at the AMEC – 100m, hurdles, long jump, discus, 800m. The two boys and two girls who have scored the highest number of aggregate points in the events contested at the AMEC, using the Australian Little Athletics point score system, will be selected to represent LANSW.

It is the responsibility of all prospective State Team members to review & understand the selection policies.

DEVELOPMENT

Announcement of the Team

Under 13 team members will be advised of their selection via telephone by 9pm on the Monday following the LANSW State Championships. Under 15 team members will be advised of their selection via telephone in the days following the LANSW State Multi Event Championships.

More Information

For all NSW State Team information, go to the NSW section of the Little Athletics website. Click on 'Competitions', then 'Championships' and scroll down to 'Australian Little Athletics Championships – State Team'.

A Successful Way to End 2010 and a Fantastic Way to Begin 2011

Thank you to all the Centres that assisted LANSW promote the 2010 Christmas Camp and 2011 Super Coaching Clinic. Both these coaching initiatives were very successful and I am sure athletes benefited from the coaching sessions. In total 86 athletes attended the Christmas Camp and 79 athletes the Super Clinic. From all reports (from parents, athletes and coaches) everyone had a great time and are looking forward to next camp/clinic.

2011 School Visit Program

DON'T MISS OUT!!!!

Are your numbers down this season? Would you like more members for next season or just want to promote your Centre? "Planning should start now"! It may seem early, however schools are beginning to plan for the rest of the year.

This is an opportunity for Little Athletics NSW staff to conduct promotional visits to schools on behalf of your Centre. Last year approx 40,000 children were contacted in schools throughout NSW. The purpose is to promote the Little Athletics movement and encourage more children to register with their local Centre.

If your Centre would like a school visit, simply register online or complete a School Visit Request Form and return to the Association by Monday April 4, 2011. A link to the online registration page, and a copy of the request form, will be emailed to all Centre Secretaries, Presidents and Zone Co-ordinators.

If you would like more information or need another request form, please contact Alvin Umadhay at the Association Office.

Expressions of interest for hosting the April, July and October School Holiday Clinics

LANSW will be conducting School Holiday Coaching Clinics during all School holidays. Expressions of interests are now being taken from interested Centres. We are now in the process of organising all coaching clinics and regional tours. Any Zone/Region wishing to host a coaching clinic should contact the Association Office to express their interest.

Previous clinics organised in the school holidays during this time have been very successful. They provide quality coaching to current members whilst also providing a 'come and try' experience for interested children within the community especially

Expressions of Interest are now being taken from Centres/Zones wishing to host a coaching clinic during 2011.

DEVELOPMENT

prior to the Little Athletics season. This is a great opportunity for early promotion of your Centre.

Should your Centre be interested in hosting a coaching clinic during the April, July or October school holidays, or if you just want more information, please contact Alvin Umadhay at the Association office.

Tamworth Super Clinic

The 2011 Tamworth Super Clinic will be held July 5-6, 2011, at Farrar Memorial Agricultural High School. This is a joint venture between the Department of Sport and Recreation and LANSW. This 2 day coaching program is conducted by LANSW (the Department of Sport & Recreation is in charge of the clinic administration) and offers 7 specialised coaching sessions

For more information please contact Richard Webb from the Department of Sport & Recreation 6766 1200 or the Association office.