

ADMINISTRATION & FINANCE



Constitution Review Process Update

Whilst the revised Association Constitution has been available for Centre review and input since just before Christmas, the Constitution Committee have also been reviewing and developing the accompanying Regulations for issue to Centres for their feedback as well.

The Board is also keen to obtain member feedback on the draft Regulations. Both the Constitution and Regulations will be explained in detail and feedback encouraged at the proposed Centre workshop on 12th April with our legal representatives, Lander & Rogers.

If there are strong member concerns about any aspects of the Constitution or Regulations, the Board has indicated a willingness to make amendments to either as long as they do not impede the essential legislative reform aims of the new Act nor seriously challenge contemporary good governance practices.

All Centres will be provided with an update on any amendments that have subsequently been agreed after feedback from the workshop and the ensuing Constitution or Regulation modifications will be highlighted on the Association's website as soon as they are available.

Little Athletics Australia Roll of Excellence

Nominations are now being called for the 2011 induction into the LAA Roll of Excellence. The Roll of Excellence recognises the achievements of individuals and/or families that have been involved in Little Athletics and excelled in their chosen field.

LANSW proposes to put forward one nomination in each of the four categories. Centres are invited to submit suitable persons for consideration by the LANSW Board of Management.

There are four categories for induction:

- Track and Field** - Former Little Athletes who have represented Australia in athletics
- Sportsmen** - Former Little Athletes who have competed at the highest level in Sport
- Achievers** - Former Little Athletes who have achieved in a non-sport related discipline
- Volunteers**

Full criteria for each category can be found on the Little Athletics Australia website littleathletics.com.au.

Submissions close with LANSW on **May 27, 2011**.

LANSW is looking for nominations for inductees into the 2011 LAA Roll of Excellence.

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Feedback of the Zone/Region Review is required by May 27, 2011.

Zone/Region Review

An 'information pack' containing a summary of the background and approach taken to the Zone/Region Review and the process going forward; the actual breakdown of the Zones and Regions and a set of Q&A's will be distributed to Centres on April 15.

All feedback, comment, questions and constructive suggestions are requested to be submitted to the Association by **Friday, May 27, 2011** at the latest, preferably earlier so that they can be collated for discussion at the Zone Co's Workshop on June 4 & 5.

Registrations

Centres are asked to please check the **Registration Numbers Not Returned List** [here](#) or in the Centre Login section of the website. If your Centre has already returned outstanding numbers and still appear on the list, please contact the Association office as soon as possible to determine the reason for the discrepancy. If your Centre has not returned outstanding numbers, please do so as a **matter of urgency**.

Annual Reporting

Annual reporting season will soon be upon us and Centres are again reminded of the need to furnish appropriate financial and annual reporting data to the Association as well as the Office of Fair Trading, promptly following Annual General Meetings.

Call for Discussion Items

Centres are hereby invited to submit Discussion Items for the LANSW 2011 Annual Conference to be held in Orange on July 16 & 17, 2011. Discussion Items are to be in writing and signed by the President and Secretary of the Centre after the proposed item has been approved by the Executive of the Centre. Each item is to contain an explanation as to the reasons behind the submission of the item. Proposed Discussion Items are to be received at the Association office by **Friday, June 3, 2011**.

Gala Day dates for Calendar of Events

LANSW will again be producing a 'calendar' which will outline dates for gala days, championship events, camps, coaching courses, etc. A sufficient quantity of this calendar will be supplied to all Centres for distribution to families at the time of registration. In order to include as many events as possible, Centres and Zones are requested to provide information regarding activities, gala days, etc. To allow time for compilation and printing of the calendar, all information must be received at the Association office no later than **Friday, May 27, 2011**.

Click [here](#) to see memo.

Nominations for the LANSW Board of Management & Returning Officer

Nominations are being sought for the following positions on the LANSW Board of Management, which will be declared vacant at the 2011 Annual General Meeting of the Association.

- i) President
- ii) Business Development Director
- iii) Officials Director
- iv) Business Assurance Director

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Reminder: Volunteer of the Year nominations close on May 27, 2011.

Nominations are also called for the position of Returning Officer of the Association.

Nominations to the Board and for Returning Officer are open to any adult person who has been proposed by an affiliated Centre. Each nomination must be in writing and signed by the nominee, as well as the Secretary and the President/Chairperson of the proposing Centre.

Nominations and resume are to be received at the Association office **by Friday, June 3, 2011 and must be addressed to** The Returning Officer.

Click [here](#) for further information and position descriptions.

IGA Docket Competition

A reminder to Centres that the submission of dockets for the IGA Docket Competition closes soon. In order to be considered in the final tally, dockets must be received by IGA no later than the end of the first week in May (i.e. by **May 6**). Dockets are to be sent to IGA at 37 Bessemer St, Blacktown, 2148. Don't forget there is a \$15,000 prize pool available.

Membership Satisfaction Survey

The membership Satisfaction Survey mentioned in the March newsletter was distributed to members via email on April 12. Please encourage as many members as possible to complete the survey.

Volunteer of the Year

Application forms for the 2011/2012 Volunteer of the Year are now available in the Centre Login section of the website. Nominations will close on **Friday, May 27, 2011**. If you have someone in your Centre who is deserving of this award, please make sure that they are nominated.

Risk Management

As we are approaching the end of a current season, with only the ALAC championships on 30th April and the July Cross Country and Road Walk Championships to go, we have experienced another successful season in terms of event safety performance.

We would like to thank those who were charged with event safety responsibilities for their continuing diligence in season 2010/11.

CHAMPIONSHIPS & OFFICIALS



Trans Tasman

The final meeting of the 2011 Trans Tasman Committee will take place this month when each Committee member must present their report on their portfolio during the 2011 Tour. These reports will be collated and presented to the Association at the Conference in July.

Thank you 2011 Trans Tasman Committee of Chris Watt, Marian Bennett, Ron Budd, Maria McConville, Claire Yeo and Sue Stafa.

The 2012 Tour Committee Nomination Form is now on the website and the closing date is April 22, 2011.

State Track & Field Championships

We will all remember the State Championships in March 2011 at SOPAC as one of the wettest ever, but thanks to our team of State Officials and Centre helpers we conducted a very successful Championship. Our athletes adapted amazingly well to the conditions and many pbs were achieved as well as 68 State Records.

We finished well within the required time on Saturday so that the Sydney Track Classic could start at 6pm and quite a few of our families took the opportunity of staying for the evening athletics at no extra cost. It was great for our Under 14 400m finalists to compete at such a prestigious event.

State Multi-Event Championship

The State Multi event on 5th and 6th March at Wagga Wagga was held on the only dry weekend in March. Approximately 500 athletes competed and all age winners are now record holders as the new multi point score was used due to the fact that photo finish was used for the first time.

The 2012 State Multi event will be held at Cessnock.

Officials Thank You

Thank you to the Association Officials and Centre Helpers who officiated/assisted at the State Track and Field Championships. Their efforts in what were at times atrocious conditions helped make this carnival a success.

Online Exams

Whilst we had hoped to have the online exam system up implemented by now we have had difficulties in finding a supplier to design and install an appropriate system. A supplier has now expressed interest and we are continuing talks with them.

2012 Trans Tasman
Committee
nominations close on
April 22, 2011

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2011 School Visit Program

School Visit requests have now closed. However, if you would still like the opportunity to request a visit, contact Alvin or Hayley at the Association office (late requests are not guaranteed, but we will endeavour to allocate you a date).

If you have already registered for the program, you will be receiving your allocated date/s and relevant paperwork within the next few weeks.

Expressions of Interest for Hosting the July and October School Holiday Clinics

Expressions of interest have already been received from some Centres. Should your Centre be interested in hosting a coaching clinic during the July or October school holidays, or if you just want more information, please contact Alvin Umadhay at the Association office.

Tamworth Super Clinic

The 2011 Tamworth Super Clinic will be held July 5-6, 2011, at Farrar Memorial Agricultural High School. This is a joint venture between the Department of Sport and Recreation and LANSW. This 2 day coaching program is conducted by LANSW (the Department of Sport & Recreation is in charge of the clinic administration) and offers 7 specialised coaching sessions. Registration forms are now available for download from the Little Athletics NSW website.

For more information please contact Richard Webb from the Department of Sport & Recreation on 6766 1200 or the Association office.

2011 Pre Conference Speed for Sport Coaching Clinic

Little Athletics NSW invites all interest athletes aged 8-16 years to participate in the Speed for Sport Coaching Clinic.

The aim of the clinic is to provide all participants with the knowledge to improve their sprinting:

- Technique and Speed
- Acceleration
- Agility

Cost: \$6.50

Who: Open to any interested 8-16 year old
(must be at least 8 years old on the day to participate)

Date: Friday, 15 July, 2011

Time: 10.00am – 1.00pm (arrival 9.30am)

Where: Waratah Sports Club,
Telopea Way, ORANGE

“Ask the Coaches” Workshop – Wagga Wagga

In conjunction with the LANSW State Multi Event Championships, Little Athletics NSW conducted an “Ask the Coaches” workshop for athletes and parents on Friday March 4, 5.30pm – 6.30pm at Wagga RSL. A panel of coaches consisting of Mal Baker, Joe Ebejer, Ken Gardiner, Alvin Umadhay and Darren Wensor discussed a

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variety of topics aimed at helping athletes perform their best at the State Multi Event. Specific topics included preparation, warm up, recovery, food and fluid intake, and 800m running tactics. The workshop – the first of its kind conducted by Little Athletics NSW – resulted in a very enjoyable and interesting hour of discussion and the feedback received from those who attended was excellent. Plans are in place to conduct similar workshops again in the future.

Congratulations to David Bruce - ATFCA (NSW) Little Athletics Coach of the Year.

2011 State Team

The first preparatory camp for the 2011 LANSW State Team to compete in Sydney on April 30 was conducted April 1-3 at the Sydney Academy of Sport & Recreation at Narrabeen. The camp was a huge success and featured a number of highlights including some very strong team training sessions, a swim in the Academy pool, some hilarious team icebreakers and games, and the development of a fantastic team war cry. The growth and development of the team that took place in such a short time was remarkable, and everyone is looking forward to team Camp 2 on April 17-19.

Little Athletics Coach of the Year

Congratulations to David Bruce who has been named as the 2010 ATFCA (NSW Branch) Little Athletics Coach of the Year. The award was presented during the opening ceremony of the 2011 LANSW State Track & Field Championships on Saturday March 19. Congratulations also to those coaches who received certificates in recognition of their nomination.

Applications for the 2011-2012 JETS program will be available from July 2011.

Junior Encouragement & Talent Squad (JETS)

Three JETS clinics remain for the 2010-2011 program. The details are:

- Sunday May 22, 2011, 12.30pm – 4.00pm, The Ridge Athletics Track, Lucas Heights
- Sunday June 19, 2011, 12.30pm – 4.00pm, The Crest Athletics Centre, Bass Hill
- Sunday July 31, 2011, 12.30pm – 4.00pm, Venue TBA

The 2011-2012 JETS program will see the introduction of the Under 12 age group. Application for the 2011-2012 program will be available from July 2011.