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Masters Swimming in Australia,
Queensland Branch Inc.
Trading as

Queensland Masters Swimming

Under Business Names Act 1962-1990 Section 7 (4) Business Number BN6091623

The Masters Swimming Purpose is “To encourage adults regardless of age or ability to swim regularly in order to promote fitness and improve general health”

Incorporated in Queensland on the first day of November 1988 under the
Queensland Associations Incorporation Act of 1981

Incorporation number:	4901
Australian Business Number:	15 804 399 838
Business Address	PO Box 1279 CAPALABA BC 4157
Phone:	(07) 3245 1571
Fax:	(07) 3390 2887
Email:	administrator@qldmastersswimming.org.au
Website:	www.qldmastersswimming.org.au
Office Hours:	Monday - Friday 9.00 a.m. to 5.00 p.m.
Affiliated with:	Masters Swimming in Australia Inc. Q Sport – Sports Federation of Qld Inc. Swimming Queensland National Officiating Program Australian Coaching Council
Funding:	





The Masters Swimming Organisation

Masters Swimming Queensland is an Australian Masters Swimming affiliated organisation, which is also a member of the world-wide Masters Swimming Movement, affiliated with the international association FINA.

It is a program especially developed for all adults 18 years up to 100 and over. You don't have to be a great swimmer: you only need to care about your well being. We regard swimming as a social activity, designed to improve aerobic fitness and mental as well as physical well being.

The Masters Swimming Program is designed for everyone, from the experienced swimmer to those who can only just swim. It caters for those who are more competitive, to those who simply want to belong to a club to keep fit and to have fun.

Most clubs provide training and stroke correction sessions. To keep interest stimulated, the National Aerobic Club 'Pointscore' encourages participation by all club members, regardless of ability.

Aerobic swims make everyone a winner. It is designed to encourage the fitness and times of individual swimmers in a non-competitive environment. To encourage swimmers of all standards, Masters Swimming Australia has award badges that are achievable by everyone by virtue of effort over a period of time.

A calendar of events is compiled every year to cater for the needs of the competitive swimmers. These competitions are held by clubs throughout Queensland. The State Long Course Championships are held every year and the State Short Course event, every second year. Open Water Swims, including an annual State OWS, are becoming a regular feature of the calendar.

A different state or territory is nominated every year to host the National Championships and every second year our members compete in the Pan Pacific Masters Games on the Gold Coast. This event is hosted by Masters Swimming Queensland.



2010 Branch Management Committee

President	Therese Crollick
Vice President (North)	Karen Patrick
(Central)	Trudy Zussino
(Sunshine)	Greg Bott
(South)	Nil
Manager of Recording	Joy Murdock
Manager of Technical Services	Ray Smythe
Manager of Risk Management	John Barrett
Manager of Coaching Services	Steve Cornelius
Treasurer	Lorraine Bole-Brown

Appointees

Registrar	Joy Murdock
Recorder	Joy Murdock
Aerobic Recorder	Nil
Information Technology	Brett Stuart
Minutes Secretary	Cheryl Brodribb
Administrator	Helga Ward



2010 Queensland Masters Affiliated Swimming Clubs

"In 2010 there were 49 clubs Registered with Queensland Masters Swimming"

Albany Creek AUSSI Masters	Mareeba AUSSI Masters
Aqua Jets AUSSI Masters	Maryborough Masters
Aqualicious AUSSI Masters	Mackay Master Swimmers
Atherton Mountaineers AUSSI Masters	Miami Masters
Barbarians Masters Swimming	Noosa AUSSI Challengers
Brisbane Northside Masters	North Mackay Sinkers AUSSI Masters
Brisbane Southside Masters AUSSI	Nudgee Brothers AUSSI Masters
Brisbane Westside Masters	Rats of Tobruk Masters
Caboolture & District Masters	Redcliffe Peninsula Masters AUSSI
Cairns Legends AUSSI Masters	Redlands Bayside AUSSI Masters
Cairns Mudcrabs AUSSI Masters	River City AUSSI Masters
Cairns Sea Eagles AUSSI Masters	Rocky Crocs Masters
Cannon Hill AUSSI Masters	Rum City AUSSI Masters
Duck Creek AUSSI Masters	South Burnett Masters
Enoggera Masters Swim Team	Sunshine Coast Masters
Gateway Allstars	Surfers Masters
Gladstone Gropers Masters	Toowoomba Masters AUSSI
Hervey Bay AUSSI Masters	Toowoomba Milne Bay AUSSI Masters
Herbert River	Townsville Masters
Innisfail Masters	Tully Masters
Ipswich Masters	Twin Towns Masters
Kawana Water Dragons AUSSI Masters	Uni Wahoos Masters
Logan Aquatic	Whitsunday AUSSI Masters
Long Tan Legends AUSSI Masters	Yeronga Park Masters

New club formed late 2010: **Ipswich Vikings**



2010 Committee Reports

President's Report

I would like to begin this report, by acknowledging the work done for this Branch, by our wonderful volunteers and to thank them for the many hours of time and effort that they give to our organisation. Without the officials who run our meets, the club secretaries who let members know what's happening, the coaches who keep our members fit and who always turn up for training sessions no matter how many or how few swimmers may arrive, the members who make the cups of tea and run raffles for their clubs, Masters Swimming would not be able to exist effectively. Each and every one of these plays a vital role in keeping the Branch humming along. One of this Branch's goals in the coming year will be to better recognise and acknowledge both our Branch and club volunteers.

Governance

During the year the Branch Executive committee undertook a complete review and rewrite of the Branch constitution and by-laws. The new constitution will modernise our operations and bring us into line with both our National body and Swimming Queensland; it will also better reflect current corporate constitutions. The by-law changes became a necessity to bring them into line with the changed constitution. The Branch executive is presenting the new constitution at the 2011 AGM for the clubs to vote on and I would like to recommend that clubs support the changes.

Several meetings took place during the year between the MSQ Administrator and President and the SQ CEO and President. These meetings primarily discussed mutual areas of interest and worked on implementing programmes for which both organisations had received government funding, as part of the amalgamation process.

An ongoing problem for the Branch in the last few years was our Administrator only working part time hours. This situation came up for discussion again late in the year and after some consultation between the SQ CEO and the Branch executive committee, the committee decided to employ the Administrator on a full time basis from the beginning of 2011. This will provide greater continuity in the office and should enable the office to take some of the workload off our volunteers.

The Branch Executive Committee had two face-to-face meetings and four teleconference meetings during the year. There is always a lot of business to be dealt with at each of these meetings and I would like to thank the Branch executive members for their professional manner in dealing with the issues that arise and for their hard work throughout the year in their various portfolios, I'd particularly like to mention our Minutes Secretary, Cheryl Brodribb, who provides us with an invaluable service by always producing professional and accurate minutes of our meetings.

Competition

A successful Short Course State Championships was held in Cairns and our thanks go especially to our North Region VP, Karen Patrick and Meet Convenor, Cheryl Brodribb and all the Cairns club members for organising a well run and thoroughly enjoyable meet. Our thanks also extend to the Trinity Anglican College for allowing us to use their excellent facilities and to the sponsors, who support Masters swimming in north Queensland.

A number of MSQ members travelled to the National Championships in Launceston and all swam very well with quite a few medals being brought home. We also we came third in the Branch relay.



There was also a noticeable contingent of MSQ members, who travelled to Gothenburg in Sweden for the World Championships - again some excellent performances with quite a few top ten finishes and several gold, silver and bronze medals. Swimming at a World Championships is always a wonderful experience, but of course the trip afterwards is even better and we all came home with stories to tell from our travels around Europe and Scandinavia.

There were the usual number of club meets conducted during the year with only a couple of clubs having to cancel their planned events and although some meets did experience low numbers, overall attendance was good and seem to have stabilised after several years of declining attendances. Open water swimming continues to grow and this is reflected in the growing number of competitors at events and an increase in the number of events being held. I would encourage all clubs to consider holding an open water event as it is an excellent way in which to publicise Masters' swimming and to encourage adult swimmers to join a Masters club.

Coaching

A very successful course was held in Cairns in August, thanks to North VP, Karen Patrick, for the organisation and to Coaching Director, Steve Cornelius and the local presenters for delivering the lectures over the weekend.

There were several other short coaching clinics presented in conjunction with club meets throughout the year and while we didn't quite achieve our goal of at least one coaching course or coaching clinic in each region, we've made a good start and can build on this in the coming year.

Technical

It was a very successful year for this portfolio with quite a few courses being conducted, mostly in conjunction with club meets, in all regions. We now have a number of officials getting their hours up and our Technical Director, Ray Smythe, is very keen to build on this success and to conduct courses for a wider variety of positions next year. Our thanks go to Ray, Derek Coghill and all the technical officials, who organised and helped to run these courses.

New programmes and future developments

The new fitness programme to be introduced from 1.1.11 in MSQ is our "Lane Warriors", which encourages members to log all their swimming laps, including those done with flippers, pool buoys and kickboards. We are hoping that it encourages our members to swim more and we see it as complementing the existing Million Metres and Aerobic programmes.

New programmes which we are working on, in conjunction with Swimming Queensland, are Participation, Improvement and Excellence programmes. SQ already has these up and running and by adapting what they have to Masters' swimmers, we aim to provide a seamless transition from junior to adult swimming, while also providing something new and challenging to existing MSQ members. These initiatives are being funded through the amalgamation funding that was provided by the Dept of Sport and Recreation and because that funding has a time limit, we have to have the details finalised by the end of June 2011. Expect to see information and promotion of these programmes in the second half of next year and be sure to let all club members know how they can participate.

I will close this 2010 report by once again thanking all those who contribute to the running of Masters swimming in Queensland and pass tribute to Ian Davis, who although only a Queensland member for a few years, made a valuable and appreciated contribution to this Branch. His sudden and untimely passing is a reminder to us all to appreciate and make the most of every day.

Therese Crollick



Treasurer's Report

This year has been a rather interesting year for Masters Swimming Queensland. An amalgamation took place with Swimming Queensland, which saw some slight changes. One of these changes is that our MSQ Administrator is employed by Swimming Queensland and in 2011 she will be working full time instead of only three days per week. Our Administrator is dedicated and doing a great job! We do have a Service Level Agreement with Swimming Queensland which equates to \$13,750.00 per Quarter, which is an added expense. The SLA gives us access to some clerical duties being done for us by Swimming Queensland. Most of this process is to better align Masters Swimming Queensland with Swimming Queensland.

January 2010 through December 2010				
	This Year	Last Year	\$ Difference	% Difference
Income				
Government Grants	\$46,112.00	\$43,220.00	\$2,892.00	6.70%
State & National Swims				
PANPACS				26,646.02
Renewal	\$26,043.62	\$55,385.09	(\$29,341.47)	-53.00%
New	\$12,205.44	\$36,951.64	(\$24,746.20)	-67.00%
Other	\$448.18	\$0.00	\$448.18	NA
IMG On line Payments	\$10,305.42	\$3,593.20	\$6,712.22	186.80%
Affiliation Fees	\$672.71	\$2,628.18	(\$1,955.47)	-74.40%
Sanction 2011	\$454.50	\$409.10	\$45.40	11.10%
Total Club Affiliation	\$50,129.87	\$98,967.21	(\$48,837.34)	-49.30%
Coaching Courses	\$3,283.62	\$0.00	\$3,283.62	NA
Total Income	\$153,399.81	\$243,954.57	(\$90,554.76)	-37.10%
Gross Profit				
	\$146,065.71	\$243,939.57	(\$97,873.86)	-40.10%
Expenses				
Affiliation Fee	\$409.10	\$0.00	\$409.10	NA
Membership fees - other	\$50.00	\$2,255.00	(\$2,205.00)	-97.80%
Membership Fees				
Membership Fees - Renewals	\$23,567.26	\$27,035.45	(\$3,468.19)	-12.80%
Membership New Members	\$6,603.64	\$7,840.00	(\$1,236.36)	-15.80%
Membership Refund	\$61.00	\$129.82	(\$68.82)	-53.00%
Service Leave Agreement	\$57,916.66	\$27,500.00	\$30,416.66	110.60%
PANPACS				9,874.54
Nationals 2009				
Coaching				
Education Courses / Materials	\$354.54	\$0.00	\$354.54	NA
Coaching Courses / Materials	\$1,109.09	\$0.00	\$1,109.09	NA
Coaching Courses/Guest Speaker	\$477.27	\$0.00	\$477.27	NA
Total Expenses	\$174,080.44	\$191,379.43	(\$17,298.99)	-9.00%
Operating Profit				
	(\$28,014.73)	\$52,560.14	(\$80,574.87)	-153.30%
Net Surplus / (Deficit)				
	(\$24,647.18)	\$52,560.14	(\$77,207.32)	-146.90%



On the previous page is a summarised version of the Profit and Loss for the ease of reporting. A full profit and loss and balance sheet are attached to this report.

At a glance we can see that a loss was incurred from \$243K in 2009 to \$153K this year, which is substantial at 37%. Part of this is what looks like a drop in Membership. The reality is that the Membership was paid and deposited in January 2011 and will not be shown in these figures. Hopefully the end of 2011 will see a proportional increase in Membership. We received a grant of \$46,112.00 from the Government; however, our Service Level Agreement is \$57,916.66. The advantage of the Service Level Agreement is that a saving is made on Rent, Telephone, Stationery and other associated Administration costs borne by Swimming Queensland.

A National Swim was not held during the year (by MSQ). It made quite a substantial profit in the previous year i.e. 2009. The Pan Pacific Masters Games did not generate a large enough profit – part of that was the overhead costs to the Miami Club for hosting the meet. \$26K was received as Income and almost \$10K in Expenses with yet more to be issued once the Miami Club passes on their receipts. The best option for future meets is that the Clubs host them as a voluntary meet with substantial opportunities to generate some income. It is important for Masters Swimming Queensland to generate a better profit. The State Swim generated almost no profit; in fact there was more spent than received. This could be in part because it was part of the Cairns Mudcrabs meet, which saw a loss in profits for MSQ.

The merchandise as part of the assets has been sold and merchandise will become a thing of the past as MSQ is now outsourcing the merchandise; we will gain a small percentage profit for this.

We can also see on the balance sheet that Net Assets have declined by 16%, which is largely due to the decline in Membership payments, but also the assets have been utilised and/or expensed out such as the medals and merchandise. The assets have been transferred to the *Cost of Goods Sold* accounts as the assets on hand are part of our income; the medals are issued at events and swimming caps are part of the welcome pack issued to new members.

There is a decline in our cash account due to the possibility of membership payments coming through and being banked in January 2011. The good news is the investment accounts are generating interest.

Overall it appears that there is more work to be done in obtaining profits such as an increased membership and through fundraising.

I wish to thank MSQ and its members, for the privilege of being able to look after the Treasury position. Due to outside commitments I am now moving on to study further and concentrate on building my business.

Lorraine Bole-Brown



AUSSI, Masters Swimming In Australia, Queensland Branch Inc.

Statement of Income and Expenditure Year Ended 31st December 2010

	2010	2009
Income		
Bank Interest	\$4,919	\$2,626
Grants	46,112	43,220
State & National Swims	22,609	83,187
PANPACS	26,646	4,607
Open Water Swim	0	736
Sales of Merchandise	1,120	7,938
Membership	50,130	98,967
Courses & Events	3,284	1,385
Miscellaneous Income	500	1,288
Official Fees Reimbursements	216	0
Expense write back	<u>1,232</u>	<u>0</u>
Total Income	156,767	243,955
Expenses		
Supplies	\$4,936	\$11,474
Depreciation	2,701	1,520
Registrations	30,630	37,130
Membership Refund	61	130
Refund on Registrations	0	30
Refund for Merchandise	0	173
Legal & Accounting	833	1,310
Service Leave Agreement	57,917	27,500
Employment Expenses	2,895	26,845
Committee Expenses	9,295	10,238
Stationery	0	180
Telephone	38	59
Travel Exp	113	561
Meals	0	141
Technical Services	3,363	1,121
Office Expenses	18,267	23,171
Events	39,362	48,407
Coaching	3,471	1,039
Meals	<u>0</u>	<u>366</u>
Total Expenses	<u>173,880</u>	<u>191,395</u>
Operating Surplus	<u>(\$17,113)</u>	<u>\$52,560</u>



**AUSSI, Masters Swimming In Australia,
Queensland Branch Inc.**

**Statement of Assets and Liabilities
As at 31st December 2010**

	2010	2009
Assets		
Current Assets		
Cash On Hand	\$128,908	\$159,970
Stock on Hand	<u>7,334</u>	<u>29,217</u>
Total Current Assets	136,242	\$189,186
Non Current Assets		
Plant & Equipment	11,373	14,074
Furniture & Fixtures	<u>1,010</u>	<u>1,010</u>
Total Non Current Assets	<u>12,383</u>	<u>15,084</u>
Total Assets	148,625	204,270
Liabilities		
Current Liabilities		
Trade Creditors	\$525	\$100
QS Services accrued	13,750	0
Govt Grants Received in Advance	0	46,112
GST Liabilities	(1,114)	3,980
Payroll Liabilities	<u>0</u>	<u>1,501</u>
Total Current Liabilities	<u>13,161</u>	<u>51,693</u>
Total Liabilities	<u>13,161</u>	<u>51,693</u>
Net Assets	<u>\$135,464</u>	<u>\$152,577</u>
Association's Funds		
Funds at Start of Year	\$152,577	\$100,017
Surplus (Deficit) from operations	<u>(17,113)</u>	<u>52,560</u>
Funds at End of Year	<u>\$135,464</u>	<u>\$152,577</u>



AUSSI Masters Swimming in Australia, Queensland Branch Inc.

Notes to and Forming Part of the Financial Statement Year Ended 31 December 2010

Note 1: Statement of accounting policies

These financial statements are a special purpose financial report in order to satisfy the financial reporting requirements of the Associations Incorporation Act 1981 (*Qld*). The committee has determined that the association is not a reporting entity and therefore there is no requirement to apply accounting standards and other mandatory professional reporting requirements in the preparation and presentation of these statements.

The statements have been prepared in accordance with the requirements of the Associations Incorporation Act 1981 (*Qld*) and the following accounting standards.

AASB 110 Events occurring after balance date

AASB 1031 Materiality

No other Australian accounting standards have been intentionally applied.

The statements are prepared on an accruals basis from the records of the Branch. They are based on historic costs and do not take into account changing money values or, except where specifically stated, current valuations of non current assets. The following specific accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of these financial statements.

(a) Inventories

Stock is carried at the lower of cost and net realizable value

(b) Taxation

The Branch is exempt from income tax but is subject to Goods and Services Tax on its transactions.

Note 2 Mortgages, charges and securities

As at 31 December 2010 there were no mortgages, charges or securities over, on behalf of or affecting any asset of the Branch.



Independent Audit Report

To the members of AUSSI, Masters Swimming in Australia, Queensland Branch Inc.

Report on the financial report

I have audited the attached special purpose financial report comprising the Statement of Income and Expenditure and Statement of Assets and Liabilities and notes applicable to both for the year ended 31st December 2010.

Branch committee's responsibility for the financial report

The Branch's committee of management is responsible for the preparation and presentation, free of material misstatement, whether due to error or fraud, of the financial report and the information contained therein, and has determined that the accounting policies used are consistent with the financial reporting requirements of the Branch's constitution and are appropriate to meet the needs of the members. To accomplish this, the committee has such internal controls as it determines necessary

Auditor's responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance about whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of risk of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal controls relevant to the Branch's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Branch's internal controls. An audit also includes evaluating the appropriateness of accounting policies used as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence that we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of matter

We draw attention to note 1 to the financial statements, which states that the financial report is prepared in accordance with a special purpose framework. Accordingly it may not be suitable for other purposes. The audit opinion is not modified in respect of this matter.

Independence

In our audit we have complied with the independence obligations imposed by the auditing and ethical standards.

Audit Opinion

In my opinion, the financial report presents fairly the payments and receipts of AUSSI Masters Swimming in Australia, Queensland Branch Inc for the year ended 31st December 2010 and the assets and liabilities as at 31st December 2010 in accordance with the accounting policies contained in Note 1 to the financial statements..

Date...9...3...2011

V. J. Knauth

Name: Vince Knauth



AUSSI Masters Swimming in Australia, Queensland Branch Inc.

Office Bearers' Declaration


The officers of AUSSI Masters Swimming in Australia, Queensland Branch Inc. declare that:

- 1 The financial statements and notes present fairly the Branch's financial position as at 31 December 2010.
 - a) Comply with accounting standards as detailed in note 1 to the financial statements and the rules and by-laws of the Branch;
 - b) Give a true and fair view of the financial position of the branch as at 31 December 2010 and the results of its operations for the year then ended and are in accordance with the accounting policies of note 1.
- 2 In the officer bearers' opinion there are reasonable grounds to believe that the Branch will be able to pay its debts as and when they become due and payable.
- 3 As at 31 December 2010 there were no mortgages, charges or guarantees over, on behalf of or affecting the assets of the Branch.

Signed for and on behalf of the Executive, 4 March 2011



.....
President



.....
Treasurer



Manager of Recording

BRANCH REGISTRAR

This year has been another frustrating year for online registrations and a decline in membership. Registrations are still down with a total of 1374 at 15 Nov 2010 – below is a table showing figures. Of this figure, only 355 were made by payment online, which is not very good when compared to other states.

YEAR	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
2008	996	1115	1164	1196	1254	1267	1279	1291	1319	1355	1376	1376
2009	949	1102	1200	1246	1271	1289	1307	1336	1371	1397	1425	1425
2010	1002	10177	1222	1261	1289	1309	1321	1331	1359	1373	1374	

There are several reasons why people are not paying online and they include:

- People being concerned about using a credit card online. IMG is one of the safest sites around for using credit card payments. We should ask them to advertise the integrity of the site's security system for online payments. If a member doesn't have a credit card (and remember people can use Visa debit cards), maybe organise someone at the club to take the money and use their card.
- Older members of a club committee not wanting to change the system.
- Committee members not confident in the use of computer programs – National have been offering training and I have also offered training.

It would make registration much easier if the Club Registrar would at least enter and activate members online and then the Branch Registrar would only have to make members financial on receipt of money. This is not the best option; the best option is that all clubs pay online.

A further frustration is that some club contacts do not always read emails nor their attachments regarding instructions for subscriptions, consequently the need for correcting mistakes is an ongoing and time-consuming exercise.

BRANCH RECORDER

The majority of clubs that ran a swim meet, purchased their own copy of Meet Manager and have done quite well. There have been errors, such as not using the updated registration file that I send out prior to entries closing and also the inconsistency of the spelling of names on Team Manager Lite as compared to what is on Clubs Online. I have asked clubs to check the spelling of Clubs Online against their spelling on Team Manager Lite.

On the next page is a list of competitors per meet for 2010 with two meets to go as well as the list of competitors for 2009 below that. Numbers are still going down



2010

Club	Date		TOTAL	FEMALE	MALE
River City Masters	24-Jan-10	SC	189	93	96
Mareeba Masters	30-Jan-10	LC	51	28	23
Sunshine Coast	06-Feb-10	LC	132	64	68
Rocky Crocs	13-Feb-10	LC	50	25	25
Miami Masters	20-Feb-10	LC	147	82	65
Hervey Bay	27-Feb-10	LC	127	77	50
Branch	12-14 Mar 10	SC	218	110	108
Nudgee Bros	28-Mar-10	LC	127	81	46
Tully Masters	03-Apr-10	LC	CANCELLED		
Whitsunday Masters	17-Apr-10	SC	42	23	19
Albany Creek	01-May-10	SC	194	120	74
Noosa Challengers	15-May-10	LC	151	80	71
Cairns Sea Eagles	22-May-10	SC	57	29	28
Caboolture Crays	04-Jul-10	SC	93	49	44
South Burnett	17-Apr-10	SC	95	58	37
Atherton Mountains	24-Jul-10	SC	58	37	21
Rum City	14-Aug-10	SC	58	37	21
Brisbane Northside	21-Aug-10	SC	145	75	70
Toowoomba Tadpoles	20-Sep-10	SC	61	28	33
Redlands Bayside	25-Sep-10	LC	104	52	52
Maryborough	03-Oct-10	SC	73	45	28
Twin Towns	18-Oct-10	LC	CANCELLED		
Atherton Mountains	23-Oct-10	LC	40	22	18
Gladstone Gropers	23-Oct-10	SC	54	30	24
Brisbane Southside	30-Oct-10	LC	CANCELLED		
Cairns Mudcrabs	08-Nov-10	LC	39	21	18
Branch	11-13 Nov 10	LC	378	211	167
North Mackay	27-Nov-10	LC	25	12	13
Aqualicious	4-Dec - 10	LC	131	55	76
			2839	1544	1295



2009

Club	Date		TOTAL	FEMALE	MALE
River City Masters	25-Jan-09	SC	172	89	83
Cairns Mudcrabs	31-Jan-09	SC	76	41	35
Sunshine Coast Masters	02-Feb-09	LC	112	61	51
Mareeba AUSSI Masters	14-Feb-09	LC	44	25	19
Rocky Crocs & Yeppoon	21-Feb-09	LC	53	32	21
Miami Masters	21-Feb-09	LC	127	66	61
Cairns Sean Eagles	28-Feb-09	SC	80	40	40
Hervey Bay	07-Mar-09	LC	84	50	34
Tully AUSSI Masters	14-Mar-09	LC	50	27	23
Albany Creek	28-Mar-09	SC	218	119	99
Whitsunday	04-Apr-09	LC	50	28	22
Branch	30 Apr 0 3 May 09	LC	601	296	305
Branch	30 Apr 0 3 May 09	LC	273	142	131
Noosa Challengers	16-May-09	LC	164	92	72
Rum City	Cancelled	SC			
Caboolture & District	05-Jul-09	SC	117	65	52
Sth Burnett	18-Jul-09	SC	80	42	38
Miami Masters	Cancelled	SC			
Brisbane Northside	22-Aug-09	SC	187	98	89
Rats of Tobruk	29-Aug-09	LC	76	39	37
Toowoomba Tadpole	12-Sep-09	SC	84	42	42
Duck Creek	26-Sep-09	LC	96	46	50
Maryborough Masters	04-Oct-09	SC	65	42	23
Redlands Bayside	Cancelled	LC			
Twin Towns	Cancelled		0		
Atherton	24-Oct-09	LC	0		
Gladstone Gropers	31-Oct-09	SC	40	17	23
Townsville Masters	07-Nov-09	SC	44	23	21
Brisbane Southside	21-Nov-09	LC	150	81	69
Innisfail Stingers	Cancelled		0		
North Mackay Sinkers	Cancelled		0		
Cairns Sean Eagles	12-Dec-09	SC	38	20	18
			3081	1623	1458

I can give no reason for the decline except for members not travelling due to financial reasons.

Aerobics

I haven't heard much about the new program, but at least clubs have had the access to dbf files so that they can continue using the old software. I also believe that Rob Lucas has been helping a few clubs out and this has been most appreciated. I should also mention that clubs haven't said much about aerobics this year and I will not be available to enter aerobic swims at the end of the year – so this may be a problem.



Top Ten

We can only hope that the Aerobics Program for 2011 is not the same as in the past. It needs to be revised – NOW. It also needs to be easier for clubs to enter data onto the system. The results for 2010 were initially delayed as a result of the Recorder resigning her position and the results being received from clubs. National really need to update this program and we might get a few more participants in it this year.

Million Metre Awards

These swim are going along well now that members have started using the spreadsheet. There were a couple errors on shirts this year mainly as a result of incorrectly spelt names

My time as Registrar and Recorder has been a very busy time. Old registration software was no longer being used, but we did not have a new one for two years. Training registrars on the new system was very busy and time consuming. The Aerobic program ceased to function properly from 2006 and this was another time consuming and frustrating time.

However, I have had a good time and met some great people who live for fitness, friendship and fun. I would at this time like to acknowledge Helga for all the work, time and effort that she has put into MSQ with her focus on the members of MSQ – thank you. I would also like to acknowledge Amy from SQ for all her assistance in Meet Manager.

Joy Murdock

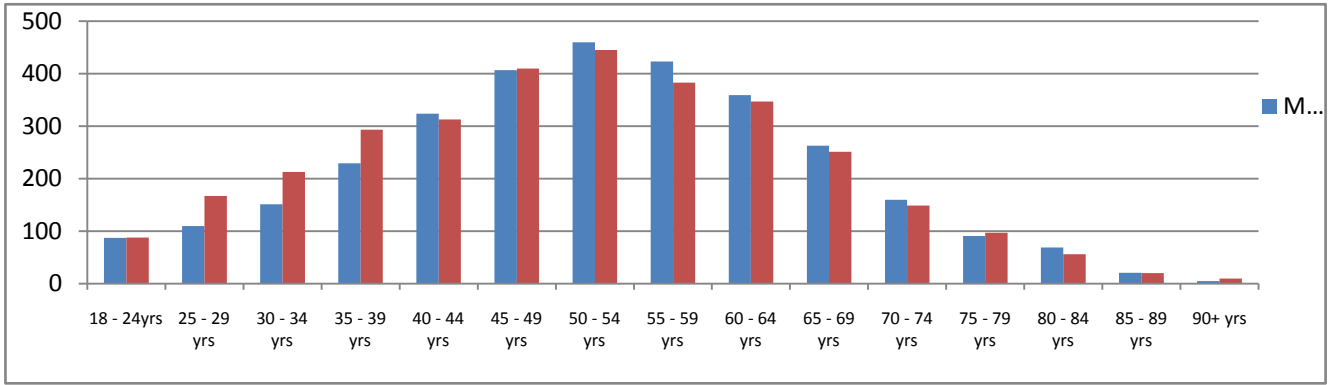
Page 19:

National Membership Trends as at 20th October 2010:

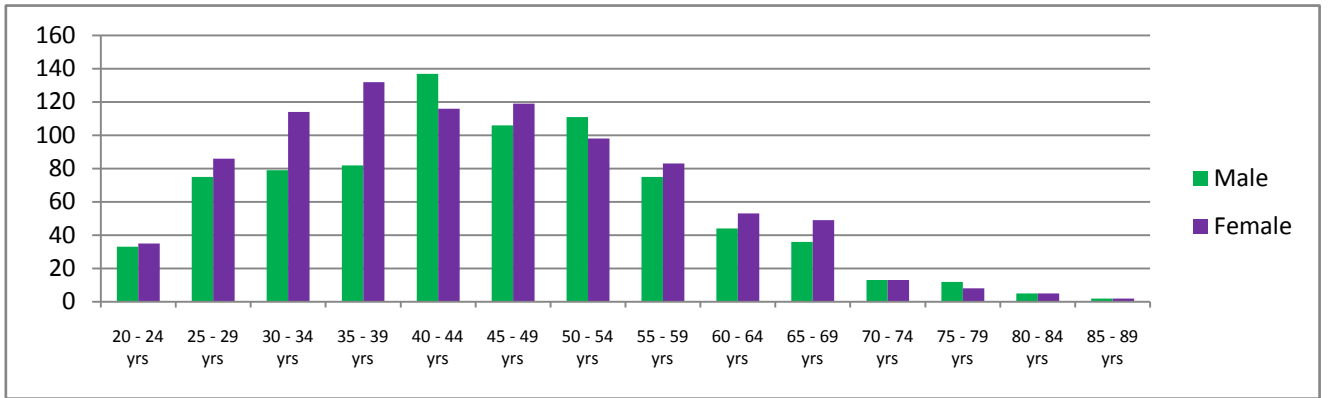
- **Member numbers by gender**
- **New members in 2009 by gender and age**
- **New members in 2010 by gender and age**
- **Discontinued members in 2010 by state**
- **Discontinued members in 2010 by gender and age**



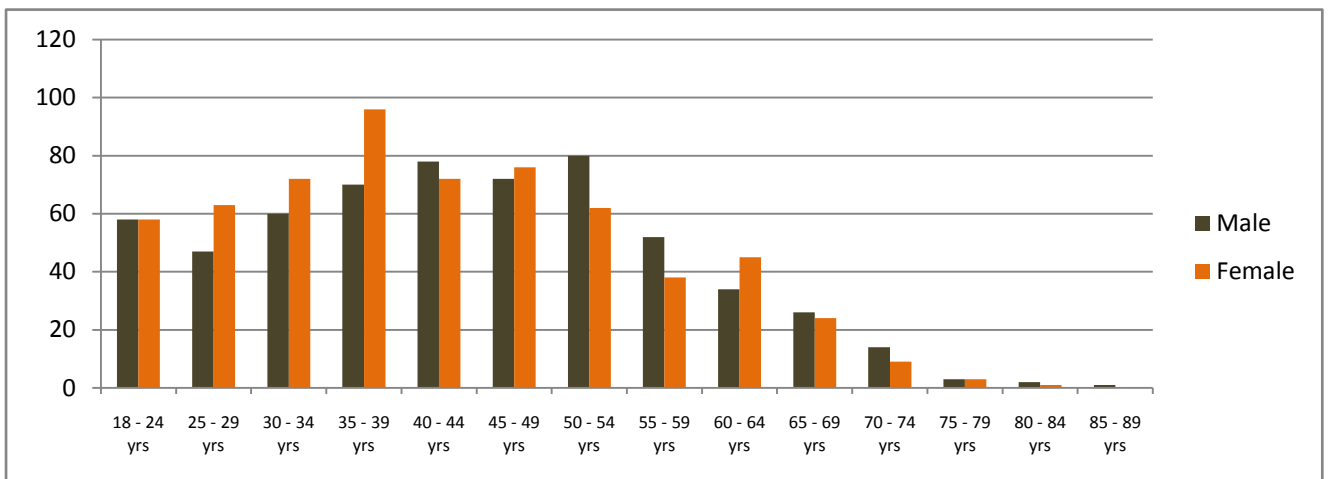
Current 2010 member numbers by gender



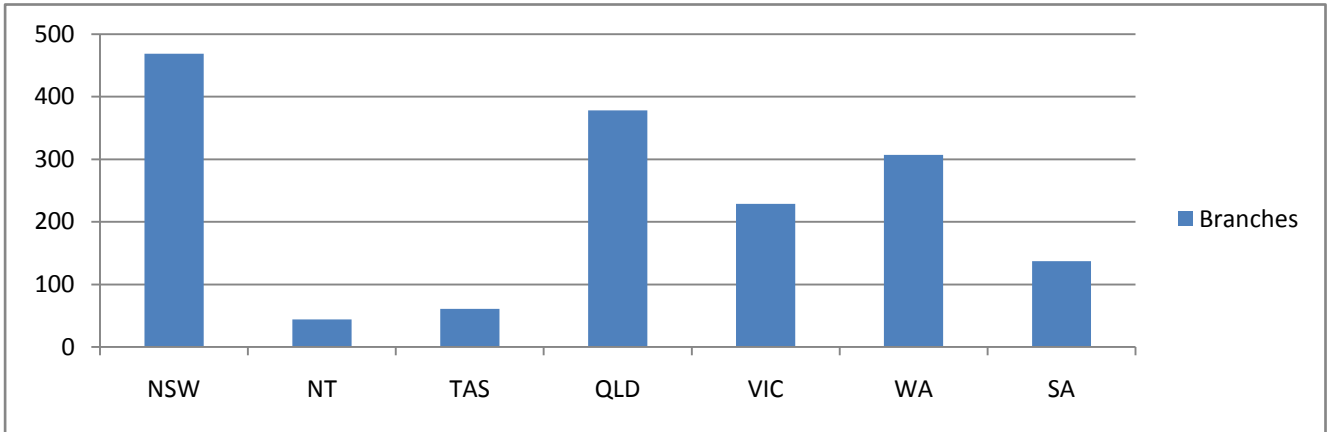
New members in 2009 by gender and age



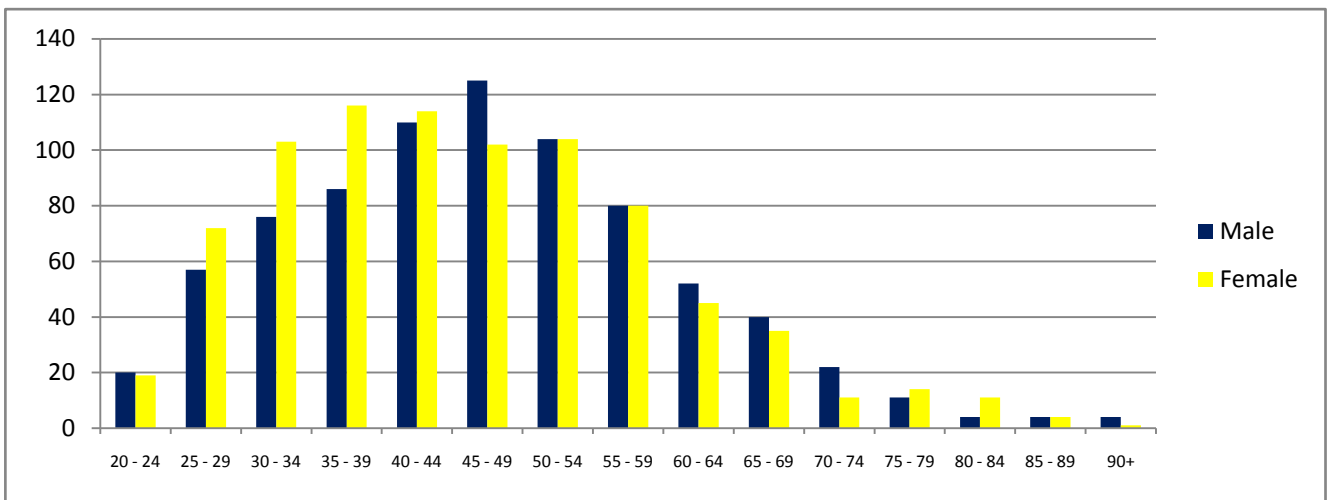
New members in 2010 by gender and age



M€ **Discontinued members in 2010 by state**



Discontinued members in 2010 by Gender and age



Summary of the statistics:

Current membership - Age groups 25 – 40 years – more women than men

Current membership - Age groups 40 onwards – fairly even

New members – Age groups 18-24 - even M&W but double 2009 numbers for the same age group

New members – Age groups 25-39 – More women than men and mirrors the same trend in 2009

New Members – 40+ - even across the M&W

Discontinuing members – 25 – 39 – Steady rise in discontinuing as membership ages

Discontinuing members – 45 – 49 - More men discontinuing in this age group

Discontinuing members – 50+ - Steady decline leaving

Discontinuing members – Overall - Approximately 25% of the membership discontinue each year.

Discontinuing members - NSW – 28% NT – 26% TAS – 18% QLD - 28% VIC – 25%
 WA – 30% SA – 24%

Current as at 20 October 2010. Information taken from Clubs Online.

Manager of Technical Services



In 2010, the year started and ended with River City and Aqualicious, hosting their swim meets. Their enthusiasm ensured that these meets were a success and enjoyed by the competitors.

There were many other meets all over the state with the State Short Course swim at the TAS pool in Cairns and the Pan Pacific Masters Games held at the Miami pool on the Gold Coast being highlights. Both these events were a step up from the sanctioned swim meets in competitiveness and intensity for both swimmers and officials. The officials were kept busy due to the high number of entries and the pressure of occasion.

This year, Technical courses were conducted from Twin Towns in the south and Cairns in the north. Although there have been many course candidates, about half do not complete the log sheets and gain their accreditation.

I commend the Albany Creek club for having a committee position with a portfolio dedicated to Technical matters. There are quite a number of enquiries made that could be answered by a local Technical club member. All clubs should consider appointing a Technical officer.

I would also like to thank all the officials who participated in swim meets. This includes the Timekeepers, Chief Timekeeper, Marshall, Check Starter, Clerk of Course, Inspector of Turns, Starter, Judges of Stroke, and Referees and others.

We are always looking to increase the number of accredited officials, who can contribute to Masters Swimming Queensland. Anyone interested in becoming an official should talk to an official at a swim meet or email me.

Ray Smythe

Email: technical@qldmastersswimming.org.au

Manager of Coaching

As this will be my last report on the State Branch activities as MSQ Director of Coaching, I would like to thank all committee members and Helga for your assistance in helping form the activities of the coaching management during the last two years of my involvement.

The committee in this time set out a challenge to have a coaching course run in every region of Qld i.e. South, Sunshine, Central & North Qld Regions. We also endeavoured to have workshops run in every region.

Before we started each Course, we needed to make sure these courses were financially viable. Most Coaching Accreditation courses need eight starters, all paying around \$300 before a course will begin.

We are pleased to report that the North Qld region was the first to have a Level 1 Masters Accreditation Course for anyone to attend. It was held in Cairns with nine attendees.

The National Masters Coaching Accreditation course has had a major framework change. We now have an "Intro Coach" Course of approximately 6 hrs and a "Club Coach" Course of approximately 8 hrs. The prerequisite is that the applicant has to do an ASC Coaching principles course first before the intro which is done before the club coach course. The ASC course is online and takes about 3 hours. All three courses need to be completed and assignments and practical coaching before an Accreditation for L1M is granted.

I wish Mark Erickson all the best in his new position as I wish all of you the very best in the future. I also need to say I have enjoyed my time very much with the Masters Swimming Queensland Committee.

And finally, I hope you all get up to top speed and stay there.

Stephen Cornelius



Vice President North

This is an over view of the activities of Masters Swimming Clubs in the Northern Region for 2010.

Membership

Clubs seemed to have difficulty attracting new members with numbers in the region staying roughly the same. In some cases clubs had trouble retaining existing members due to location and pool access issues. Tobruk Pool in Townsville was closed for three months for renovations and Ignatius Park College was problematic for Townsville Masters. This was reflected in attendance at general club activities and especially at swim meets. Clubs now have the new brochures and posters to promote masters. A coordinated marketing plan in conjunction with Swimming Queensland is needed to encourage new members and retain existing ones.

Swim Meets & Results

Without a doubt the major event for 2010 was Cairns Muddies hosting the 2010 State Short Course Championship at the Trinity Pool. While the Muddies thought that organising the meet was more social than work, the effort of Cheryl Brodribb as Meet Director was much appreciated. While the Branch do much of the work in coordinating entries, running the actual meet and putting out the results the efforts of a club in organising the meet is not reflected in the financial rewards and this may need to be addressed to attract hosts for future state swims.

Mareeba again held the first meet of the year, followed by a great dinner at the Leagues Club. Whitsundays held their short course meet at the Cannonvale School pool shortly after Cyclone Arvu. The pool was green the day before, but recovered enough for Margaret Cunningham, Todd Cunningham and Mark Erickson to set records. Unfortunately, the meet was a week after the National swim and this did affect numbers. The change to the date for the 2011 State Swim will have a similar impact this year. The separation of meets needs to be addressed.

Cairns Sea Eagles Short Course Meet was held at Gordonvale in May and it attracted good numbers including six guest swimmers. Technical courses were conducted in conjunction with the meet. Atherton held their Christmas in July swim (in the heated pool) as well as their October meet. Numbers were low, but a swim clinic held in July was popular and officials were trained in October. The dash for cash was tightly contested.

Cairns Muddies held a long course meet at the Woree Pool with the rivalry in the 50m butterfly between Sam Sakamoto and Larry Forsyth of the Sea Eagles being a highlight. The National Short Course Swim in Launceston was a long way to travel, but it did attract a few swimmers from the North. Larry Forsyth was outstanding and swam so fast that he broke his finger on the touch pads. The cost of travel meant that many Queensland swimmers and officials had to choose between the State or National Championships.

Don Taylor, John Barrett, Kevin Jackson and Rhonda Price swam at the World Masters Championships in Sweden. Don came home with a bronze medal and top ten places. Kevin and John each gained a top ten placing in their pet events. Rhonda and husband Terry (unofficial team manager) came home with back packs and kit after volunteering to time keep on the very first day. Some members managed to attend events in other regions - notably Mackay and Rockhampton. A few attended the Pan Pacific Masters Games where the company of the ladies from Brisbane Southside was much appreciated.

During the year there were a number of outstanding performances by NQ Masters in breaking records, winning medals and achieving personal bests. It seemed that even without the high tech swim suits that some hard training has its rewards.



Open Water Swims

There were no official Masters Open Water Swims conducted in the region during 2010, but a number of events attracted Masters Swimmers. This led to a few queries being raised with the National Office about insurance coverage for guest swimmers if these events were to be sanctioned by Masters Swimming Queensland. Two events were held in the Cairns area - the Ellis Beach Swim (1.5km) and the Green Island Swim (1.5 or 3km). Three events were held in Townsville including the King & Queen of the River Swim (2.7km), the Strand Swim (2.5km or 5km) and the Magnetic Island to Townsville Swim (8km). These swims attract a mixture of Junior, Masters, triathletes, Surf Club and general public swimmers. None of them are conducted in strict accordance with masters' swimming rules and guidelines.

Technical Officials

A number of courses were run during 2010 by Frank Matthews and me, for Timekeepers, Chief Timekeepers, Marshalls and Check Starters. Running the courses in conjunction with meets seems to be the most workable timing although it depends on attendance at the meet. Members are gradually progressing with proficiency in these areas. I hope that some of those doing the courses will continue on to full Referee accreditation and relieve the burden on the two existing referees.

Coaching

A very successful Stroke Correction clinic was conducted by Mark Erickson and Raylene Rasmussen in Proserpine in conjunction with the Whitsundays swim meet. MSQ is very grateful to Mark & Raylene for volunteering their time to run courses.

A Level 1 Coaching Course was organised and conducted in Cairns in August. This was the first course to be conducted for a few years and although it had a few teething problems, the efforts of Steve and Mark were appreciated. There is also some interest in a Level 2 course.

The efforts of club coaches was also very much appreciated at Muddies (Teresa, Gabby, Lesa and Cheryl), at Whitsundays (Mark, Todd et al), at Long Tan Legends (Matt) at Sea Eagles (Don), at Mareeba (June), at Atherton (Penny) and at the Rats (Big Kev and Chris).

Club Activities

Most clubs have a regular time to swim as a club with club coaches and BBQs seen as good incentives to attract members to attend. Club committee members are to be congratulated on their efforts. The action was also out of the pool. Lake Eacham on the Atherton Tableland was a popular spot for social swims after the Atherton Carnival and for the Muddies Christmas break up. Christmas in July is popular with many clubs and Whitsunday Warriors celebrated 20 years as a club. Thelma Bryan celebrated her 80th Birthday with a fundraising swim and the memory of long time leasee of the Cairns Tobruk Pool, Peter Tibbs, was recognised through an invitation relay fundraising event.

2011

I hope that newly trained coaches and officials put their training into practice and that swimmers get the results they are after.

See you in the pool

Karen Patrick (VP North)



Vice President Central

General Comments

Throughout my first year as Vice President, I have regularly communicated with Clubs in the region either by e-mail, telephone and/or face-to-face. It remained difficult to communicate with North Sinkers Mackay and Mackay Mantas – areas that are supposed to be in the Central Region (e-mails and even physical mail were returned). They seem to be in *No Man's land* and this was recently confirmed by Geoff Neale from North Mackay Sinkers, who believed they belonged to the North Region. Neale also mentioned that sharing of information is not required as Helga keeps them informed. So, apart from Rocky Crocs, all Clubs have had an excellent 2010, which is reflected in their annual reports.

In July and August 2010 e-mails were sent to 34 (thirty-four) Swimming Qld Clubs in the region to stimulate interest in participating in our regional Swim Meets. Of the 34 invitations sent 15 were returned *User unknown*, one advised that the Club had folded, three replied to keep them informed of upcoming Swim Meets and 16 didn't answer. Fresh ideas are required to amalgamate the interests of both organisations.

Masters' Clubs in the Region

It has been a pleasure to represent the Members of the active Masters Clubs in this region. Their Annual Reports certainly indicate increased and imaginative activities, which in turn have created a healthy growth of Members in this region.

Précis of reports received in alphabetical order of places:-

Bundaberg – Rum City Masters Swimming Club Inc.

President: Bruce Lovett Secretary: Ros Hodge

2010 has been a busy, exciting and successful year for the Rum City Club and Members are looking forward to an even better 2011. Membership was increased by 15 which is attributed to support from the media thanks to coach Daph Soppa's enthusiasm. Members participated in numerous Swim Meet events with fine results - two Members set State and National Records (Trudy Ford and Ross Clarke) and one team of eight *breaststroke* swimmers won the eagerly contested Great Gropers Relay at the Gladstone Swim Meet. Furthermore their own Swim Meet was a success, which was wrapped up with a poolside barbecue and a Rum Roll. Getting a Vorgee Health Grant was also a *Plus* for the Club as it enabled them to purchase Swim Aids, such as pull buoys to assist with skill & strength building.



Some of Rum City participants at Rockhampton Swim Meet, 2010

Gladstone Gropers Masters Swimming Club Inc.

President: Joan Green Secretary: Trudy Zussino

Gladstone too had an eventful and exciting year. Members who ventured to different venues did well at the various Swim Meets – State, Regional and local. Two of the Club's Members (Don Jones and Russell Ogden) received Australia Day Awards for their achievements in the sport and the Club is growing. Social activities have provided friendship and fun in the Club and there is always laughter at



the, at times, overcrowded lanes at training sessions. The Club Members are grateful to the Coaches (Don, Russell, Rod, John, Doug and, whenever she is available, Sandra) who always provide stimulating programmes.

To promote Masters Swimming, a new Gladstone Gropers pamphlet was designed and widely distributed. Other material that contributed to the increase in Membership are:- The up-to-date Website, regular (free) advertisements in the local paper and the monthly Newsletters. Commitment from the Coaches also has an impact on regular attendance of the Members.

The sign-up date on 5 December went well. A barbecue breakfast was served to all who paid on the day. The Club is growing and at the time of writing there are 70 Members; 10 new ones since October, 2010. Several Members have enthusiastically adopted the Lane Warriors programme

Hervey Bay 'Humpbacks' Masters

President: Gary Ullman Secretary: Paula Hewitt

The enthusiasm of the Hervey Bay Masters Club Members knows no boundaries in providing events for Fitness, Friendship and Fun to their Members and Swim Meet participants from around Queensland and beyond. Their own Carnival attracted record participants and visiting Club Members still talk about *the spinning tardis*. Numerous Members participated in National, State, Regional Swim Meets as well as in Pan Pacs and Alice Springs. Medals were won at each event. Their largest team swam in Nanango on a club sponsored bus.

The Club has been trying to obtain finances to build a shed at the local Pool. So far the application for finances has been a long process, but perseverance will eventually pay off.

President Gary thanks all the Members for their continued efforts throughout the year and gives special thanks to Gary D, Rosie, Paula, Janet and the coaches Darryl, Shelly and Caleb for their support and commitment.

N.B. The Club has accepted to hold the 2012 State Titles if it cannot be held in Longreach.

Maryborough Masters Swimming Club Inc.

President: Doug Walker Secretary: Maurice Ambrosoli

A successful year was also reported by President Doug. Of the 30 Members, 18 are active and several swimmers competed in a number of Masters Swim Meets. Their champion, China Johnson (80-84 age group) did exceptionally well, bringing home 10 gold medals (4 from National in Launceston and 6 from the State Championships in Cairns). The Club was rated the best Club for results at Bundaberg and Hervey Bay Swim Meets.

Their own Swim Meet (part of the Maryborough Masters Games) was again a splendid team effort (thanks to Sandra, Kay, Tony W, Tracy and Kevin) and attracted a record 72 entrants. Doug thanks all the Office Bearers, who worked beyond their lines of duty – Secretary Maurice, who often combines Club Captain and Secretary and Treasurer, Tony Wallach, who not only manages funds for future needs, but also looks after the social side such as setting up coffee facilities on Sundays and organising the monthly barbecues.

President Doug stated that challenges lie ahead with the Pool redevelopment, which is to start in July, 2011. Although a sanctioned Meet Date was given for 2 October, 2011, it is unclear whether the Pool is available.

North Mackay Sinkers

President: Hennie Ferreira Secretary: Geoff Neale

The total membership for QNS was 19.

Training nights were reduced to two nights with an additional club night once per month. The latter was very popular and consequently boosted attendance.

On the 27th November the Sinkers hosted their swim meet, with 31 registered swimmers. It did attract sponsors, one of which was a night's accommodation at the Clarion Hotel, which was won by



a Whitsunday swimmer. A number of swimmers also enjoyed success in the Sunshine Coast postal swims.

Members attended a number of swim meets in the central and north regions. Although no new technical officials surfaced, the club was able to continue their training with Greg Born, the resident coach.

The Presentation evening was held on the 3rd July. Gil Puckering was awarded the *Leigh Frost Memorial Trophy* and Geoff Robinson the *John Corcoran Memorial Trophy*. A worthy winner of the prestigious *North Mackay Sinkers Golden Thong Trophy* could not be found, but Jennie Mack was drawn from a hat and her task is to prove that she can indeed be a worthy winner in 2011.

Other notable events were the new pool survey and a fundraising venture at Bunnings, where the club raised a whopping \$901.

Their new website is: www.msmswimmers.com.au

Rocky Crocs Masters Swimming Club

Unfortunately Rocky Crocs is going through a tough phase, but with strong people at the helm such as, Leslie Smith, Dean Gibson and Peter Dudney they will recover. All the Clubs wish them well.

Trudy Zussino (VP Central)

Vice President Sunshine

Carnivals etc

The sunshine area held eight sanctioned swim meets in its region. The clubs which hosted meets were Sunshine Coast, Nudgee Brothers, Albany Creek, Noosa Challengers, Caboolture Crays, Aqualicious, South Burnett and Brisbane Northside. Generally the number of swimmers attending carnivals was down on past years.

Sunshine Coast

The Sunshine Coast has seen a decline in numbers in the club this past year with active members totalling 36. The club is trying a number of ways to attract new members. They competed in a number of meets in the year including the Alice Springs Masters Games, the Pan Pacific Games and the State Short Course Championship. The club also ran its own Swim Meet. Sunshine Coast also has a third Octogenarian member in George Stewart and on the technical side Derek Coghill was recognised as a life member. 2010 saw several members' complete courses in Time Keeping, Check Starting and Judge of Strokes and Turns. QSC conducted a successful State Postal Swim.

Aqualicious

Aqualicious has seen a growth in their club numbers this year to 73. The club targeted 7 club meets this year and sent 20-25 members to these meets. Sadly, Ian Davis passed away at the Noosa Challengers meet on 15 May. The club held its first club meet as a twilight meet and this proved to be a great success. An annual pool party fundraiser was held in Feb 2010 and was attended by over 400 people. Lawrie Fabian continues to be the head coach with Trudee Stafford as the assistant coach.

Nudgee Brothers

Nudgee began with a membership for the year of 26 swimmers. The club attended 18 carnivals this year with Deanne Atkinson breaking the 100m backstroke record and Paul Drew a record in the 50m freestyle. Six swimmers attended the National Championships in Launceston. Five swimmers attended the Special Olympics National Games in Adelaide with Ross Hughes as the flag bearer for the Queensland athletes. Nudgee Brothers hosted their biennial carnival this year and this was a great success. Peter Mellor competed in the Alcatraz (USA) swim in freezing conditions. On the 27th March they hosted a morning tea in aid of cancer research and in October a fashion parade for breast cancer and smile of a child.



Albany Creek

Albany Creek finished the year with 57 members with the club participating in 14 carnivals as well as a number of open water events. They held a successful short course carnival during the year, which was organised by John Bull. Albany Creek hosted its third swim for Cystic Fibrosis in October with the members raising over \$2000. John Rayfield and Karina Horton received their Million Meters Award and Ingrid Wunderlich was the first recipient of a club encouragement bursary. Our members participated in a number of open water swims, including San Francisco (Alcatraz swim) and Hamilton Island's White Haven Beach swim.

Noosa Challengers

It has been another big year for the Noosa club. The club participated in a large number of carnivals and open water swims throughout the year. Club Members attended most of the Masters' swimming carnivals ranging from the National Titles at Launceston to the State Titles at Cairns, as well as meets including Hervey Bay and most of the South East carnivals. At the State titles Jana Clancy finished with 6 Gold medals and she broke the Down Syndrome Oceania World Record in 200, 100 and 50 metre backstroke. Bob Morse broke the State Record in 100m backstroke and Kerry Sinks the 50m and 100m breaststroke. Noosa Challengers celebrated 10 years as a club with 10 year badges. A number of open water swims were entered by Noosa swimmers including Byron Bay, Caloundra and the Townsville Magnetic Island swim. Bob Morse received his 2 million metre award.

Brisbane Northside

The club membership is stable at 48 members. The club remains financially strong with a strong core of members supporting swim meets. The Northside swim meet was a well run event, which received a lot of positive feedback from competitors. The Sunday training continues to attract good numbers and they endeavour to vary the theme and intensity of the sessions. Regrettably, Alina is leaving the club as the coach and she will be replaced by Steve Booker in 2011. Many members enjoyed success at interclub meets, breaking both State and National records. Three club members travelled to Sweden for the World Masters Swim Meet.

Caboolture Crays

The club was represented at many of the carnivals for 2010 with many pleasing results for their swimmers.

Kate D'Orazio had a successful swim at the 2010 Masters Swimming National Championships in Launceston as well as the Pan Pacific Games.

Former Olympian Allan Wood joined their club. He was an Australian freestyle swimmer in the 1960s, who won two bronze medals in the 400m and 1500m freestyle events at the 1964 Summer Olympics in Tokyo.

The Cray's annual carnival held on the 4 July 'The Caboolture Winter Challenge' held true to its name. Despite the chilly day it was well attended and a great time was had by all.

During the later part of the year, the club launched its own website. Although only new, they hope to add photos and other interesting articles during the upcoming year. You can visit their website at www.caboolturecrays.comfypage.com.

The club championships were held over two nights in November, and then their Christmas breakup was held on 5th December at Kate's place where they enjoyed a barby lunch cooked by the club captain, Brian Fernley and where trophies were presented to the club winners.

Greg Bott

VP Sunshine



South Region

(No VP – compiled by Helga Ward)

Clubs

There are sixteen clubs in the South Region, one of which was formed in late 2010.

The clubs are: QAJ - Aqua Jets, QCA - Cannon Hill, QDU - Duck Creek, QGA – Gateway Allstars, QIP – Ipswich, QIV – Ipswich Vikings (new), QLG – Logan Aquatic, QMM – Miami, QRB – Redlands Bayside, QRC – River City, QSM – Brisbane Southside, QSP – Surfers Paradise, QTM – Toowoomba Milne Bay, QTT – Twin Towns, QTW – Toowoomba Tadpoles and QYP – Yeronga Park Yabbies.

Carnivals

The South Region hosted six (6) sanctioned swim meets, all of which enjoyed considerable success. The clubs that hosted a swim meet were: River City, with 189 competitors, Miami (147), Toowoomba Tadpoles (61) and Redlands Bayside (104). Unfortunately, Twin Towns and Brisbane Southside had to cancel their swim meets.

Aqua Jets held their annual postal swim, which encourages members across Australia to participate.

Aqua Jets

President: Lyn Knight

2010 was a busy year for the members of the Aqua Jets club and this was evident in the increased weekly attendance at the pool. Although a number of members participated in a few carnivals, the most successful competitor was Sharen, who managed an equal first at the Southside carnival, finally matching her nemesis. She confined her swimming to her personal goals and therefore sacrificed being active in the aerobic program.

Other notable achievements were Annette's participation in her first OWS and Lyn's Million Metre award. The friendships enjoyed by the club contributed to the cohesion of Aqua Jets, although sadly a couple of members left at the end of the year.

Lyn took on the roles of president, treasurer and registrar and her appreciation and gratitude is extended to the support of the club members and her husband, who stood by her in all aspects of Masters' swimming.

Duck Creek

President: Therese Crollick

Duck Creek experienced a big change when they left their Trinity College Pool and coach of twelve years, Ken Malcolm. He had not only been the club coach, but also a good friend to the members. Fortunately, they found a new venue, when Southern Cross University in Lismore, opened its new heated indoor pool and gym. They were keen to have an adult squad training at their pool and consequently the welcome included a new coach, Mark Walker. The latter had coached adults in Byron Bay and he was therefore familiar with Masters' swimmers.

They were also fortunate in picking up additional members and two more training sessions. Their aim is to attract older swimmers, parents, uni students and shift workers.

Duck Creek numbers remained steady throughout the year and a core of half a dozen competitive swimmers, were seen at various club meets, the State and the National Championships. Therese Crollick also attended the World Masters Championships in Sweden.

Socially the club isn't very active although they are known to occasionally meet for a coffee night and at the uni bar on campus. The local media continued its support of the club by publishing their articles and photos and for that the members of Duck Creek are very appreciative.

They are all looking forward to the State Long Course Championships to be held in Banora – just up the road for its members. Travellers to Lismore are always welcome to join the Duck Creek swimmers.



Ipswich Masters

President: Eric Edgeworth

The Ipswich Club members enjoyed another successful year, which was partially due to the new training arrangements supervised by Greg Fasala (ex Olympian). There was also a slight increase in membership.

The pool venue is still the Grammar School pool and this has been the case since 1993.

Boonah was the venue for three Sunday swims, the first being the mini club championships. Tim Cahill won with a record smallest margin of 0.3 sec. Congratulations to all members, who completed the aerobic swim for 2010. Three of the swimmers completed all 62 swims, including the 400 and 800 IM and Fly. It was also pointed out that Ipswich won the 2009 aerobic trophy.

Janelle and Liz competed in the Brisbane to Gold Coast charity bike ride of over 100km, which was a great effort.

Deb, Tim, Liz and Greg made their debut competition swim in 2010 and although there were generally a few mishaps such as forgetting swimmers and running out of fuel, the year was still a success for its members and they are looking forward to 2011.

Miami

President: Alan Grant

Secretary: Amanda Tzannes

The Miami club experienced another eventful year, including the hosting of the Pan Pacific Games. Club awards for 2009 were presented to numerous members. The success of the club in carnivals extended to the State Short Course in Cairns (3rd in state aggregate) and a win in the Average Point Trophy. Twelve members attended the National Titles in Launceston, where 21 National records were broken.

Two swimmers successfully completed the entire aerobic program, thus achieving top points.

The Miami swim meet in February was a success, both from an event and financial point of view.

Leaders in organising the Pan Pacific Games were Judy Gibson and Steve Cornelius and for the club in terms of a medal haul, it was very successful. Competitors enjoyed the experience.

Denise Robertson and Jane Solomon travelled to Sweden, to compete in the FINA World Masters Championships and there they achieved fantastic results.

The Miami coaches have been highly valued for preparing its swimmers and meeting the needs of a varied group. Socially they have also continued with a selection of activities and in between all this, some members have managed to swim in a few Ocean swims.

The club continued to thrive and they continue to find new ways of encouraging and attracting members.

Twin Towns

President : Ken Liddy

Club Secretary: Freda Shaw

Twin Towns experienced a successful year in 2010. Members attended thirteen carnivals and a record fifteen competitors and two officials attended the National Championships in Launceston. Don, Michael, George and Conrad broke the FINA relay record and are now known as the 'World Champion Relay Team'.

August 2010 will go down in club history as their greatest year regarding International Honours. George Coronos returned from the World Masters Games in Sweden with seven gold and three individual world records. What a wonderful achievement by a good mate and National treasure.

A timekeeper's course was conducted in August and in September. Sadly Linda, their coach gave up her highly valued swim sessions to take up full time employment.

Dave Maynard was awarded "Official of the Year" (2009) and Ken a "Life Member". Mike Fraser, the Board Chairman Twin Towns Services Club, in conjunction with Therese Crollick, MSQ President, Helga Ward, MSQ Administrator and Ray Smythe, Director of Technical Services presented the awards to these highly valued members of QTT and MSQ.



Risk Management

I would like to remind everyone about the need to be serious about risk management and the safety of our members. It may seem like extra paper work, but it is worth it if it can reduce the likelihood or seriousness of an injury to any swimmers, officials or spectators.

The year was marked by the tragic loss of a life during the Noosa Swim meet. Despite appropriate planning this loss occurred and highlights the need for not only meet organisers to be prepared, but for swimmers to also be prepared. Allan Carlisle (Miami) had previously written in the State newsletter (June 2009) about cardio-vascular risks and the December 2010 issue included an article by Dr Simon Hooten recommending medical check-ups. I encourage all Masters' swimmers to visit their Doctor for a check up.

The State Swim in Cairns was run with only minor incidents, each occurring out of the pool. In 2009 the Branch Management Committee seriously considered the protocols and procedures for swimmers stepping onto starting blocks. The real risk is for swimmers to be able to get off the blocks safely, should the need arise. This was a concern for officials in Cairns and a decision to restrict assisting swimmers onto the blocks was required due to the limited space on the pool deck, the height of the blocks and the rainy conditions. The decision was accepted as necessary by swimmers. It is interesting to note that the National rules have been specifically changed in 2010 to allow assistance to swimmers to get onto blocks.

Most of our risk management has been focused on swim meets, but club safety officers also play a role in all club activities. Organisational risks such as club governance and compliance, interaction with pool management and club continuity are areas that I would also like to see considered by clubs. In particular, I am aware of clubs whose continuity has been at risk through access to pools and loss of key personnel such as coaches or club secretaries

In 2010, four incidents were reported from training and swim meets. They included a shoulder injury and head injuries and again highlight the need for medical check-ups and the need to be careful around the pool.

Meet Directors are conducting risk assessments using the template developed by the Queensland Branch. The form is intended to help Meet Directors consider and take action about any issues that may affect safety. Our insurers do follow up on injury/incident reports and are interested to know what we are doing about reducing risks and improving safety. The forms are in addition to the checks conducted by Meet Referees.

The issue of insurance for guest swimmers and trial members was raised particularly in relation to open water swims and masters' games, which attract non-registered and previously registered swimmers. The matter has been referred to National office.

While a level of insurance is in place for members, there were some concerns raised about delays in finalising claims for medical expenses.

For 2011 we will continue to work with clubs on Swim meet risk assessments, the role of safety officers and continuity management. This may seem like a lot for smaller clubs, but information and policies are available from both the Masters Swimming Australia web site and from Swimming Queensland. They are easy to follow to help everybody think about our activities and mitigating any risks that may be involved.

John Barrett



Administrator

2010 In the Swimming Queensland office, was still a settling in period for me as the Administrator. I was assisted by Lorraine Bole-Brown, whose initial one day per week six month contract was extended by Swimming Qld to another twelve months. As I was still working part time, the assistance I received was important. However, the part time status had its disadvantages as well. The continuity of my work was difficult to maintain and it was clear that projects important to MSQ would not necessarily receive the attention it deserved. It was therefore timely, when Swimming Qld invited me to take up full time employment with them in 2011.

The beginning of the year is always the busiest time because our state championships, followed by the AGM are held in March or April every year. It means that the annual reports and swim meet program have to be compiled before then. At the same time nominations for positions on the committee as well as those of official and coach of the year have to be received and sent to clubs within the time frames as per by-laws.

Changes

Throughout the year, I worked on draft documents for updating and to reflect the changes that have occurred since the amalgamation with Swimming Qld: constitution, by-laws, strategic and operational plans and various swim meet manuals. The draft constitution was sent to clubs for their input and the amendments if accepted will be ratified at the 2011 AGM.

Swim Meets

The venue for the 2010 State Short Course was Cairns and the host club was Cairns Mudcrabs. The committee and its club members hosted a very successful event and they are to be commended for their professionalism and efficiency. Cheryl Brodribb, in particular, was a pleasure to work with and her responses to any committee requests or those made by me were met with professionalism. Unfortunately, I was unable to attend the event as I had to travel overseas rather quickly for personal reasons.

Joanne Phillips and Amy Hall, from Swimming Qld stepped in to assist. Their commitments to our event and the work they put into it was very well received. Despite the sad circumstances of my departure, their role at the swim meet was important as it also gave them a better insight into certain aspects of our organisation.

In November, MSQ hosted the Pan Pacific Masters Games with the support of the Miami club. It was their role to assist us in every way. We wish to thank them and in particular, Steve Cornelius and Judy Gibson, for fulfilling the roles of Meet Director and Convenor respectively.

Unfortunately, the online entries conducted by the Gold Coast Events Organisers, caused numerous problems and consequently plans to post the nominations on the website for competitors to check, were unable to be done. The organisers had deviated from a process used in the past and therein lay the problem. They are aware of the difficulties and are keen to accommodate us far better in future such events.

Amalgamation

Having experienced a full year as an employee of Swimming Qld and as the administrator for MSQ, allowed me to also understand and appreciate the benefits of our amalgamation.

It also came to my attention that numerous clubs and committee members did not have a full understanding of the operations of MSQ within the amalgamated body and the benefits that flow from that union.

The amalgamation model SQ and MSQ chose and which was eventually approved by the Dept of Sport and Recreation, determined that each organisation operates independently of each other as far as its board or committee is concerned. In 2010 nothing had effectively changed for MSQ as far as the operations were concerned, i.e. events, registrations, committee roles, swim meets etc were still managed by us.



The only change was the fact that MSQ and SQ drew up a Service Level Agreement, which meant that we purchased administrative services from SQ. Brisbane Swimming and ASCTA do the same. Those administrative services are predominantly carried out by me, as the administrator. However, as an organisation housed in the SQ office, we are supported by staff members of SQ in whichever way, our organisation wishes it to occur. It becomes part of the administrative services we purchase from SQ.

An annual fee MSQ pays SQ was agreed upon and that is reviewed every year in June.

Realistically, the amount of administrative assistance and the access to equipment, material and staff, agreed to in the SLA, is worth more than the agreed fee we pay SQ.

The advantage of working in the professional, creative and innovative environment, for which SQ is known throughout Australia, is a privilege and a tremendous asset to MSQ. We have an opportunity to grow our membership and to develop interesting programs for our members.

Finally, the amalgamation had to occur and the alternative was to operate independently without any funding or sponsorship.

2010 was a year of amending documents, which will be ratified in 2011. It was also a year which allowed us to partially reflect on how we wish to progress into the future.

Hopefully 2011 will be a year of consolidation and reviewing programs even further so that we can better streamline our operational procedures.

Lorraine's employment as office assistant was not renewed for 2011, which allowed her to pursue and grow her own business. We wish her all the best in her endeavour.

I would also like to thank Therese and the committee members for all their work and support. Joy Murdock resigned from her position as the Manager of Recording. She was a tremendous support to me and I shall miss her as will clubs. She did an enormous amount of work for MSQ. We wish Joy all the very best in her new home in NSW.

Finally, thank you to all our members throughout Queensland and the club contacts for your support and the wonderful work you all do.

Helga Ward



Aerobic Swims 2010

Club Results: Total Points Placings

	Club Code	Club	Total Points
1	QNA	Noosa Challengers Swim Club Inc	4421
2	QIP	Ipswich City Masters Swimming Inc	3205
3	QGS	Gladstone Gropers Masters Swimming Club	2974
4	QMM	Miami Masters Swimming Club	2492
5	QBN	Brisbane Northside Masters Swimming Club	2292
6	QTT	Twin Towns Services Masters Swimming	1467
7	QTW	Toowoomba Tadpoles Masters Swimming	947
8	QAC	Albany Creek Masters Swimming	736
9	QSC	Sunshine Coast Masters Swimming Inc	658
10	QCN	Cairns Mudcrabs Masters Swimming	495
11	QMK	Mackay Mantas Masters Swimming Club	372
12	QSM	Brisbane Southside Masters Inc	332
13	QHB	Hervey Bay Masters Swimming	196
14	QMB	Maryborough Masters Swimming Inc	141
15	QLG	Logan Aquatic Masters Swimming Club	26
15	QNB	Nudgee Brothers Masters Swimming	26

Club Results: Average points per swimmer placings

	Club Code	Club	Total Points
1	QIP	Ipswich City Masters Swimming Inc	160.25
2	QNA	Noosa Challengers Swim Club	68.02
3	QGS	Gladstone Gropers Masters Swimming Club	50.41
4	QBN	Brisbane Northside Masters Swimming Club	47.75
5	QMK	Mackay Mantas Masters Swimming Club	33.82
6	QMM	Miami Masters Swimming Club	24.92
7	QTT	Twin Towns Services Masters Swimming	24.86
8	QSC	Sunshine Coast Masters Swimming Inc	21.23
9	QAC	Albany Creek Masters Swimming	13.38
10	QCN	Cairns Mudcrabs Masters Swimming	13.03
11	QTW	Toowoomba Tadpoles Masters Swimming	10.52
12	QMB	Maryborough Masters Swimming Inc	7.83
13	QSM	Brisbane Southside Masters Inc	4.15
14	QHB	Hervey Bay Masters Swimming Club	3.70
15	QLG	Logan Aquatic Masters Swimming Club Inc	2.36
16	QNB	Nudgee Brothers Masters Swimming	1.08



Club Participation Placings

	Club Code	Club	Participation Rate %
1	QIP	Ipswich City Masters Swimming Inc	95.00
2	QNA	Noosa Challengers Swim Club	44.62
3	QMM	Miami Masters Swimming Club	33.00
4	QSC	Sunshine Coast Masters Swimming	32.26
5	QCN	Cairns Mudcrabs Masters Swimming	28.95
6	QLG	Logan Aquatic Masters Swimming Club	27.27
6	QAC	Albany Creek Masters Swimming	27.27
8	QTT	Twin Towns Services Masters Swimming	25.42
9	QBN	Brisbane Northside Masters Swimming	25.00
10	QGS	Gladstone Gropers Masters Swimming Club	20.34
11	QMK	Mackay Mantas Masters Swimming Club	18.18
12	QTW	Toowoomba Tadpoles Masters Swimming	16.67
13	QHB	Hervey Bay Masters Swimming Club	15.09
14	QNB	Nudgee Brothers Masters Swimming	12.50
15	QSM	Brisbane Southside Masters Inc	11.25
16	QMB	Maryborough Masters Swimming Inc	5.56

2010 State Short Course Championships - Team Scores

1	QAL	Aqualicious	2,308	16	QSM	Brisbane Southside	160
2	QCN	Cairns Mudcrabs	1,582	17	QGS	Gladstone Gropers	158
3	QMM	Miami	1,216	18	QMB	Maryborough	120
4	QSE	Cairns Sea Eagles	1,008.50	19	QHB	Hervey Bay	116
5	QCS	Cairns Clams	569.50	20	QTW	Toowoomba Tadpoles	113
6	QRT	Rats of Tobruk	503	21	QSC	Sunshine Coast	111
7	QAC	Albany Creek	415	22	QTL	Tully	109
8	QBN	Brisbane Northside	346	23	QNA	Noosa Challengers	108
9	QAT	Atherton	313	24	QDU	Duck Creek Mountain	105
10	QWY	Whitsunday	281	25	QWS	Brisbane Westside	94
11	QLT	Long Tan Legends	273	26	QTV	Townsville	90
12	QEN	Enoggera	263	27	QNB	Nudgee Brothers	60
13	QMA	Mareeba	242	28	QRB	Redlands Bayside	47
14	QBB	Rum City	222	29	QPN	Redcliffe Peninsula	45
15	QGA	Gateway Allstars	167	30	QMK	Mackay Mantas	20



Trophy Winners 2010

Queensland Masters Swimming 2010 Short Course Branch Trophy Awards

The following awards relate to the State Short Course Meet, held in Cairns from the 12th – 14th March 2010

- ❖ **Queensland Branch Trophy:** (Club with the highest aggregate points at the State Swim)
Aqualicious
 - ❖ **Max Gillespie Trophy:** (Based on the club from the **larger clubs** category, with the highest average points at the State Swim)
Miami Masters
 - ❖ **Mary Maina Trophy:** (Based on the club, from the **smaller clubs** category, with the highest average points at the State Swim)
Enoggera
 - ❖ **Zoggs Trophy:** (Best performance by a swimmer 30 - 50 years of age – changed in 2010)
Lynne Hayes (Enoggera Swim Team)
 - ❖ **Vorgee Female Swimmer of the Meet:**
Jane Charuba (Cairns Sea Eagles)
 - ❖ **Vorgee Male Swimmer of the Meet**
Larry Forsyth (Cairns Sea Eagles)
- Other Awards:**
- ❖ **Registrars Award:** (Awarded to the club with the most increased membership for the year)
Redlands Bayside Masters Swimming
 - ❖ **Mary Sweeney Trophy :** (Official of the Year)
Russell Ogden (Gladstone Gropers)
 - ❖ **Oz Sports Trophy:** (Coach of the Year)
Mark Erickson (Whitsunday Masters)
 - ❖ **John Hughes Trophy:** (Aerobic Swimming Highest Club Aggregate)
Noosa Challengers
 - ❖ **Polar Heart Rate Monitor:** (Highest club aerobics average)
Ipswich Masters Swimming
 - ❖ **Rats of Tobruk Open Water Swim Trophy**
Nil
 - ❖ **Life Member:** (nil nominations)



NOTE: The 2008 Polar Heart Rate Monitor Award was won by Ipswich City.

2010 Sanctioned Swim Meet calendar

January	Club	Course	Sanction #	Venue	Region
24 th	River City	SC	01/10	Somerville Aquatic Centre	South
31 st	Mareeba	LC	02/10	Mareeba Memorial Pool	North
February					
6 th	Sunshine Coast	LC	03/10	Cotton Tree, Maroochydore	Sunshine
13 th	Rocky Crocs	LC	04/10	South Rocky Pool	Central
20 th	Miami	LC	05/10	Miami Olympic Pool	South
27 th	Hervey Bay	LC	06/10	Hervey Bay Aquatic Centre	Central
March					
12 th – 14 th	State Championships	SC	07/10	TAS Aquatic Centre, Cairns	North
1 – 31 st	Toowoomba Tadpoles	Postal	08/10		Sunshine
28 th	Nudgee Brothers	LC	09/10	Nudgee College, Boondall	Sunshine
April					
7 th – 10 th	National Championships			Launceston, Tasmania	
17 th	Whitsundays	LC	11/10	Proserpine Memorial Pool	North
May					
1 st	Albany Creek	SC	12/10	Albany Creek Leisure Centre	Sunshine
15 th	Noosa Challengers	LC	13/10	Noosa Aquatic Centre	Sunshine
22 nd	Cairns Sea Eagles	SC	14/10	TAS, Cairns	North
June					
1 st – 31 st July	Sunshine Coast	Postal	15/10		Sunshine
July					
4 th	Caboolture & District	SC	16/10	Burpengary Aquatic Centre	Sunshine
24 th	South Burnett	SC	17/10	South Burnett Aquatic Centre	Sunshine
27 th – 7 th Aug	FINA World M C	LC		Gotheburg	
August					
21 st	Brisbane Northside	SC	18/10	The Valley Pool	Sunshine
September					
1 st – 31 st Oct	Aqua Jets	Postal	19/10		South
11 th	Toowoomba Tadpoles	SC	20/10	Glennie Aquatic Centre	Sunshine
25 th	Redlands Bayside	LC	21/10	Cleveland Aquatic Centre	South
October					
3 rd	Maryborough	SC	22/10	Maryborough Aquatic Centre	Central
16 th	Twin Towns	LC	23/10	Oasis Pool, Banora Point	South
23 rd	Atherton	LC	24/10	Atherton Swimming Pool	North
23 rd	Gladstone Gropers	SC	25/10	John Dahl Pool	Central
30 th	Brisbane Southside	LC	26/10	Chandler	South
November					
6 th	Cairns Muddies	LC	27/10	Woree Pool	North
11 th – 13 th	Pan Pacific Games	LC	28/10	Miami Olympic Pool	South
14 th	OWS		29/10	Lake Hugh Muntz	South
27 th	North Mackay	LC	30/10	Mackay Memorial Pool	Central
December					
4 th	Aqualicious	Relay	31/10	Splash Centenary Pool	Sunshine

