**Southern Metropolitan Cross Country Course Map – Ballam Park 2011**



START

No 7

**LEGEND**

**YELLOW LINE = 3KM COURSE**

**RED LINE = 2KM COURSE AND 5KM EXTENSION**

No 14

No 13

No 12

No 11

No 10

No 9

No 8

No 6

No 5

No 4

No 3

No 2

No 1

FINISH